

**COURSE SYLLABUS COVER SHEET**  
 Lewis & Clark College  
 Graduate School of Education and Counseling

Please attach completed cover sheet to course syllabus.

<b>Course Name</b>	<b>Treatment Planning and Intervention with Children and Adolescents</b>
<b>Course Number</b>	<b>CPSY 523</b>
<b>Term</b>	<b>Spring 2009</b>
<b>Department</b>	<b>Counseling Psychology</b>
<b>Faculty Name</b>	<b>Richard Rosenberg</b>

**Catalogue Description:** Mental, emotional, and behavioral disorders of childhood and adolescents. Topics include identification, diagnosis, and planning of multifaceted intervention and treatment strategies; developmental, social, and cultural influences on diagnoses and interventions; multicultural considerations; and effects of substance abuse on individuals, families, schools, and other environments.

**Guiding Principles/Standards Addressed in Course:**

<b>Guiding Principles/Standards</b>	
<u>Learning and Living Environments</u> Create democratic learning communities in which caring, equity, social justice, and inclusion are practiced and diverse perspectives, supported.	<b>X</b>
<u>Disciplinary Knowledge</u> Integrate fundamental and emergent components of disciplinary knowledge in ways that extend and enhance experiences of the diverse individuals and groups we serve. Use this knowledge to augment our own capacity to solve problems, even as we support individuals and communities in problem solving.	<b>X</b>
<u>Professional Practice</u> Engage individuals, families and the professionals who support them in meaningful learning, counseling and therapy, and community building experiences responsive to individual differences, interests, developmental levels, and cultural contexts.	<b>X</b>
<u>Connection to Community</u> Design learning and counseling activities that cultivate connections between individuals, families and their communities and region.	<b>X</b>
<u>Professional and Technological Resources</u> Incorporate a wide range of professional and technological resources into experiences that support learning, mental health, and community wellbeing.	<b>X</b>
<u>Assessment</u> Assess, document, and advocate for the successful learning and living of all people involved in schools and communities.	<b>X</b>
<u>Research and Reflection</u> Adopt habits of personal and scholarly reflection that examine professional practice and lead to systemic renewal.	<b>X</b>
<u>Leadership and Collaboration</u> Lead and collaborate with others to plan, organize, and implement educational and counseling practices and programs that confront the impact of societal and institutional barriers to academic success, personal growth, and community wellbeing.	<b>X</b>
<u>Professional Life</u> Pursue a professional identity that demonstrates respect for diverse peoples, ideas, and cultures and a commitment to the legal, ethical and professional responsibilities of our profession(s).	<b>X</b>

**Authorization Levels:**

This course addresses preparation at specific authorization levels through readings and in-class discussions (indicate with an "R" in the appropriate box) and/or through a practicum experience (indicate with a "P" in the appropriate box).

<b>Early Childhood</b>	Pre-Kindergarten-4 <sup>th</sup> Grade in a preprimary school, a primary school, or an elementary school.	<b>X</b>
<b>Elementary</b>	3 <sup>rd</sup> -8 <sup>th</sup> Grades in an elementary classroom or in a self-contained 5th or 6th grade classroom in a middle school.	<b>X</b>
<b>Middle Level</b>	5 <sup>th</sup> -9 <sup>th</sup> Grades in an elementary, middle, or junior high school, or high school.	<b>X</b>
<b>High School</b>	9 <sup>th</sup> -12 <sup>th</sup> Grades in Subject/Dept. Assign. in a High School.	<b>X</b>

\*R = Readings and In-class Discussions      \*P = Practicum

**Student Performance:**

Student performance criteria appear on page(s) \_\_\_\_\_ of this syllabus (student performance includes goals, evidence, and levels of performance).

COURSE SCHEDULE  
 CPSY 523—SPRING, 2009  
**Treatment Planning and Interventions  
 With Children and Adolescents**

<u>Date</u>	<u>Topic</u>	<u>Reading</u>
1/14	Introduction—Developmental issues, ethics Ethnic issues	Vernon & Clemente, Part I
1/21	Interviewing, assessment, case conceptualization GROUPS MEET	McConaughy--Interviewing O'Conner & Ammons, Chap. 1 & 6
1/28	Play therapy interventions Socially rejected children	O'Conner & Ammons, Chap. 8 Vernon & Clemente, Chap. 5 LeCroy, Chaps. 2 & 5
2/4	Substance abuse issues GROUPS MEET	Adolescent Substance Abuse Disorders Family Response to Adolescence, Youth, and Alcohol LeCroy, Chap. 15 Vernon & Clemente, Chaps. 7
2/11	<b>TREATMENT PLAN #1 DUE</b> Anxiety, OCD	LeCroy, Chap. 11 Banishing OCD (March & Mulle)
2/18	Depression, suicide, bi-polar Bi-Polar Interventions—2 readings	LeCroy, Chap. 12 (Goldberg-Arnold & Fristad) Vernon & Clemente, Chap. 8
2/25	<b>MID-TERM DUE</b> Family treatment approaches—general considerations	McDaniel, Lusterman, Philpot Dishion—Ethical Standards
3/4	Disruptive Behavior Disorders	LeCroy, Chaps. 3, 6, 13 & 16 Taffel—The Divided Self
3/11	Parent-training approaches with ADHD and ODD GROUPS MEET	Vernon & Clemente, Chap. 6 Dishion—Parent Intervention Groups
3/18	Coping with the explosive child GROUPS MEET	Greene & Albon Reading
3/25	<b>SPRING BREAK—NO CLASSES</b>	

- 4/1 **TREATMENT PLAN #2 DUE**  
Autism/Developmental disabilities New York Times article on Sensory Issues  
Treatments for Asperger Syndrome (Ozonoff et al)
- 4/8 **NO CLASS**
- 4/15 Anorexia, Enuresis, Sleep, Obesity Schroeder & Gordon—Toilet Training  
LeCroy, Chap. 14
- 4/22 Present/discuss interviews in class  
**FINAL EXAM DUE**  
**INTERVIEWS DUE**

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Treatment Planning and Intervention  
With Children and Adolescents  
CPSY 523—Spring 2009  
Richard Rosenberg, Ph.D.  
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office hours by appointment—call or e-mail

Required Text:

LeCroy, C.W., ed. (2008). Handbook of Evidence-Based Treatment Manuals for Children and Adolescents, 2<sup>nd</sup> Ed. Oxford University Press.

Vernon, A. & Clemente, R., (2005) Assessment and Intervention with Children and Adolescents: Developmental and Multicultural Approaches, 2<sup>nd</sup> Ed. American Counseling Association.

Other readings available through Moodle

Optional/Recommended:

American Psychiatric Association (2000). Diagnostic and statistical manual of mental disorders (4<sup>th</sup> ed. Text revision) Washington, DC: Author.

Other readings as assigned

**Description:** This course will introduce students to treatment planning and interventions with child and adolescent populations using a general framework of eco-systemic case conceptualization. The model provides for viewing problems of childhood and adolescence by incorporating family, school, community, and cultural contexts. Students will develop skills in the fundamentals of interviewing, diagnosis, case conceptualization, and treatment planning. Students will also become familiar with effective treatment strategies for the most common psychological disorders.

**Goals:** Students will:

1. Demonstrate an understanding of culturally sensitive case conceptualization.
2. Demonstrate the ability to comprehend the material at the application, analysis, and synthesis levels of levels of learning.
3. Conceptualize cases and formulate treatment plans.
4. Identify their emerging theoretical orientation and learn to apply it in treatment planning.
5. Demonstrate in verbal and written form the ability to explain and defend their treatment plan using sound theoretical arguments and knowledge of empirical research.
6. Demonstrate the ability to perform an intake/developmental history interview with parents and children.

**Course Requirements:**

**READINGS:** Complete assigned readings on time and be prepared to ask questions, discuss material and apply the material during in-class assigned work.

**TREATMENT PLANS:** Students will be required to turn in two complete treatment plans from case examples during in-class work group assignments. A format will be provided by the instructor.

**PARENT(S) AND CHILD INTERVIEW:** You will conduct an intake/developmental history interview with a child and one or more parents. It will be your responsibility to find someone willing to let you practice on them. You will be provided with an informed consent form that explains that you are a student in training.

You must videotape the interview with the child. You will choose a 10-minute segment of the video to show in class or to the instructor. Students will work in small groups to give evaluation and feedback on the interview.

You will turn in the notes you take during the interview and a formal written report.

**TESTS:** Midterm and Final, Take Home, one week to complete. Tests will consist of a number of short answer/essay questions where you will be expected to demonstrate understanding of the readings, with an emphasis on synthesis and analysis. There will be one or more case examples which will require a diagnosis and treatment plan.

<u>Grading:</u>	<u>Points</u>
Treatment Plans	40 (2 @ 20 points each—10 pts for conceptualization, 10 pts for treatment plan)
Take Home Tests	40 (2 @ 20 points each)
Interview	20 (10 points for video/10 points for written summary)

A = 90-100 points/%

B = 80-89 points/%