



**LEWIS & CLARK COLLEGE**

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**GRADUATE SCHOOL OF EDUCATION AND COUNSELING  
CPSY 563: Treatment Issues in Family Therapy: Domestic Violence  
SPRING 2011**

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Time & Day: Jan 20, 21, 22, 2011 10:00 a.m.- 3:30 p.m. Rogers Hall 105

Instructors: Marisol Garcia, MFT, Julie Griggs, MFT

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CATALOG DESCRIPTION

Applications of family systems approach to treatment of families in crisis and transition. Topics include issues such as substance abuse, domestic violence, sexual abuse, trauma and loss, poverty, and chronic illnesses. A portion of this course emphasizes clinical case conceptualization and treatment planning.

COURSE DESCRIPTION

Family therapists are continually confronted with violent relational systems. Family violence is widespread and necessitates competency, awareness, and action from family therapists on an individual, familial, and societal level. This course is designed to provide family therapists with introductory knowledge and skills for the assessment and treatment of family violence. The curriculum is informed primarily by feminist and critical multicultural theories and practices.

COURSE OBJECTIVES

Students in this course will develop a working knowledge of assessing and treating domestic violence in the treatment of individuals, couples, children, and families from a relational/systemic perspective. This includes developing adequate safety and intervention plans.

ASSIGNMENTS

**Readings**

You are expected to complete the assigned readings prior to class and to synthesize and apply them in class. You will be required to give a summary of your assigned readings. Classroom discussions are an opportunity to bring up questions about the assigned readings, deepen your understanding of the issues under study, and integrate course material with your personal and professional experience. Demonstration that reading assignments have been completed is worth 10 points.

You will notice that there are a lot of readings in this course. We included what we feel is the bare minimum for informed and competent practice. That said, we understand that you lead busy lives and that you may not be able to read each and every article/chapter by the time we meet. To ensure an even coverage of the material, we made reading assignments. You will find who is responsible for which readings in the reading section below.

**Resources Paper**

Please provide an overview of reporting practices (mandated reporting laws) in the states of Oregon and Washington in regards to domestic violence. In addition, create a list of referrals to hotlines, group therapy, survivors of domestic violence groups, financial help from state agencies to pay for recovery, and any other resource you can find to provide to your client. Please be prepared to share this paper with your peers. The paper is worth 20 points.

### **Final paper**

You are expected to complete a 6-8 page final paper. A case example will be provided and you will be asked to discuss case conceptualization, treatment options, and relevant self-of-the-therapist issues. You are expected to use theoretical literature and research in support of their ideas and opinions. At least 5 peer-reviewed articles or book chapters should be cited. Instructions for completing the final paper will be provided in class.

The final paper should be double spaced, 12 pt font, and in APA 5 format. The paper should be submitted via e-mail ([garciawestberg@yahoo.com](mailto:garciawestberg@yahoo.com) and [griggs1293@aol.com](mailto:griggs1293@aol.com)) by **February 17, 2011**. Late papers will receive lower grades. The paper is worth 70 points.

Content 30 points

Clarity and organization of ideas 10 points

Use of pertinent literature 20 points

Writing and referencing according to APA style 10 points

**Total 70 points**

### GRADING

A = 93-100

A- = 90-92

B+ = 88-89

B = 83-87

B- = 80-82

C+ = 78-79

C = 73-77

C- = 70-72

### TEXTS AND MATERIALS

Students are expected to read all articles and book chapters listed in the course schedule. Students should be prepared to complete and synthesize the readings prior to class.

### NON-DISCRIMINATION POLICY/SPECIAL ASSISTANCE

Lewis & Clark College adheres to a nondiscriminatory policy with respect to employment, enrollment, and program. The College does not discriminate on the basis of race, color, creed, religion, sex, national origin, age, handicap or disability, sexual orientation, or marital status and has a firm commitment to promote the letter and spirit of all equal opportunity and civil rights laws.

### SPECIAL ASSISTANCE

If you need course adaptations or accommodations because of a disability and/or you have

emergency medical information to share, please contact the instructors via e-mail as soon as possible.

## COURSE SCHEDULE

### **Day 1 Readings: Background**

Bograd, M. (1999). Strengthening domestic violence theories: Intersections of race, class, sexual orientation, and gender. *Journal of Marital and Family Therapy*, 25(3), 275-289. **(Erin & Jennifer)**

Greene, K., & Bogo, M. (2002). The different faces of intimate violence: Implications for assessment and treatment. *Journal of Marital and Family Therapy*, 28(4), 455-466. **(Sarah & Lisa)**

Hernandez, P., Almeida, R., & Dolan-Del Vecchio, K. (2005). Critical consciousness, accountability, and empowerment: Key processes for helping families heal. *Family Process*, 44, 105-119. **(Lauren & Carlie)**

Murray, C. E. (2006). Controversy, constraints, and context: Understanding family violence through family systems theory. *The Family Journal*, 14, 234-239. **(Meghan & Devon)**

Speziale, B., & Ring, C. (2006). Intimate violence among lesbian couples: Emerging data and critical needs. *Journal of Feminist Family Therapy*, 18(1/2), 85-96. **(Nicle & Elizabeth)**

Wilkinson, R. (2004). Why is violence more common where inequality is greater? *Annals of New York Academy of Science*, 1036, 1-12. **(Sara, Gillian, & Nicky)**

### **Day 2 Readings: Assessment**

Blasko, K. A., Winek, J. L., & Bieschke, K. J. (2007). Therapists' prototypical assessment of domestic violence situations. *Journal of Marital and Family Therapy*, 33(2), 258-269. **(Nicky & Sara)**

Bograd, M., & Mederos, F. (1999). Battering and couples therapy: Universal screening and selection of treatment modality. *Journal of Marital and Family Therapy*, 25(3), 291-312. **(Gillian & Elizabeth)**

Chang, J. C., Decker, M. R., Moracco, K. E., Martin, S. L., Petersen, R., & Frasier, P. Y. (2005). Asking about intimate partner violence: advice from female survivors to health care providers. *Patient Education and Counseling*, 59, 141-147. **(Nicole & Meghan)**

Gauthier, L. M., & Levendosky, A. A. (1996). Assessment and treatment of couples with abusive male partners: Guidelines for therapists. *Psychotherapy*, 33(3), 403-417. **(Devon & Carlie & Erin)**

Schacht, R. L., Dimidjian, S., George, W. H., & Berns, S. B. (2009). Domestic violence assessment procedures among couple therapists. *Journal of Marital and Family Therapy*, 35(1), 47-59. **(Lauren & Sarah)**

Todahl, J. L., Linville, D., Chou, L.-Y., & Maher-Cosenza, P. (2008). A qualitative study of intimate partner violence universal screening by family therapy interns: implications for practice, research, training, and supervision. *Journal of Marital and Family Therapy*, 34(10), 28-43. **(Lisa & Jennifer)**

### **Day 3 Readings: Treatment**

Almeida, R. V., & Durkin, T. (1999). The cultural context model: Therapy for couples with domestic violence. *Journal of Marital and Family Therapy*, 25(3), 313-324. **(Meghan, Erin, & Nicky)**

Rosen, K. H. et al. (2003). Negotiated time-out: A de-escalation tool for couples. *Journal of Marital and Family Therapy*, 29(3), 291-298. **(Jennifer & Elizabeth)**

McLeod, A. L., Hays, D. G., & Chang, C. Y. (2010). Female intimate partner violence survivors' experiences with accessing resources. *Journal of Counseling & Development*, 88, 303-310. **(Sarah & Sara)**

Milner, J., Singleton, T. (2008). Domestic violence: solution-focused practice with men and women who are violent. *Journal of Family Therapy*, 30, 29-53. **(Lisa & Nicole)**

Rober, P., Van Eesbeek, D., & Elliott, R. (2006). Talking about violence: A microanalysis of narrative processes in a family therapy session. *Journal of Marital and Family Therapy*, 32(3), 313-328. **(Devon & Carlie)**

Sharma, A. (2001). Healing the wounds of domestic abuse: Improving the effectiveness of feminist therapeutic interventions with immigrant and racially visible women who have been abused. *Violence Against Women*, 7(12), 1405-1428. **(Lauren & Gillian)**