

**“In order really to listen, there must be a capacity to hear through many wrappings, and only a mature listener, listening beyond the outer layers of the words that are spoken, is capable of this.” Douglas Steere**

Introduction to Professional Counseling CPSY 503  
Department of Counseling Psychology  
Graduate School of Education and Counseling  
Lewis and Clark College  
Spring 2009

January 12- February 16th  
Mondays 5:30-8:30  
Howard Hall 114

Margaret Eichler PhD LPC NCC  
meichler@lclark.edu  
Office #331 Rogers Hall

Call CPSY office 503-768-6060 for Advising Hours Wed/Thr 4:00-5:00

**Catalogue Description: CPSY 503 Introduction to Professional Counseling**

Basic theoretical assumptions of the counseling profession, with an overview of its historical roots, social, cultural contexts, types of practice, ethical principles, and professional orientation.

**No Required Textbook: Reading is E-mailed selected readings**

**Ethical Guidelines:**

Students will obtain and bring a current copy of the ACA Ethical Guidelines to class.

**Learning Objectives;** Guided by the CACREP standards of learning about professional identity. This class will provide an understanding of:

- ❖ History and philosophy of the counseling profession
- ❖ Professional roles, functions, and relationships with other human service providers
- ❖ Professional organizations like ACA, divisions, functions, and services to members
- ❖ Professional credentialing, certification, licensure, accreditation practices, professional organizations, journals and effects on public policy
- ❖ The role of professional counselor in advocating on behalf of the profession
- ❖ Advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients
- ❖ Ethical standards of ACA and related entities, and applications of ethical and legal considerations in professional counseling
- ❖ The current modes and settings of the counseling practice

- ❖ How to be conversant about philosophical, ethical, and political issues regarding the role of counselors in various settings through both discussion and writing
- ❖ Researching information about counseling which includes the use of technological competence and computer literacy

### **Class Assignments:**

1. Write a three to four page position paper describing your interest in the counseling profession. nclude dynamics of your personal worldview that has informed your decision to become a professional Counselor or Marriage, Couples and Family Therapist. Your world view includes but is not limited to the following elements: *physical ability, culture, race/ethnicity, social and political processes, socioeconomic status, exile/migration, religious and spiritual beliefs, language, education, gender, sexual orientation and age*. In the conclusion include some objectives you have for your studies during graduate school. This paper is not formatted in particular style except to use a 12 font 1 & ½ line space. Please include references if you choose to cite particular authors.
2. One “quiz” on the history of the counseling profession. This will be based on a chapter reading and given during class time. A historical timeline will be developed integrating social and political influences on the development of the counseling profession.
3. Lead/participate in class discussions of readings.
4. Library research:  
Go online to the library and find three current articles (2003 and later) that are related to your academic and counseling interests. Hand in the names/authors/date of these articles as well as four to five sentences about each article. Do not hand in the copy of the article. These should be related to your final power point presentation.
5. Create a 10 minute power point exploring a particular area of interest in the counseling field. Providesome developmental background; theoretical support and current practice. Cite at least three references (can be related to your library research assignment.) Include at least one dynamic of social justice that impacts this area of interest; include some facts related to your advocacy.

### **Late Assignments:**

Assignments are due at the beginning of class (otherwise considered a day late). **5 point deduction for a late assignment per day.**

### **Grading:**

**Professional Interest Paper=20 pts**

**Quiz on History=10**

**Lead/participation in class discussions 3 points each week=15 pts**

**Library assignment=20 pts**

**Power Point=35**

**A 100-90    B 89-80    C 79-70    below 70 failure of class**

## **Confidentiality**

Students are expected to read and abide by the ACA, AMFT, APA or NBCC guidelines. Failure to follow guidelines can be cause to fail the class.

Internet portrayal of class events, shared personal stories and classmate interactions are prohibited.

Discretion is to be employed when discussing class events with others outside the classroom.

## **Attendance:**

Notification of absence required. Any absence requires make-up assignment. More than 1 hour of absence is possible failure to complete the class and is at the discretion of the professor. No absences allowed on the final class night.

## **Laptops and Cell Phones:**

Due the experiential nature of the class laptops may be used only when designated by the instructor. Cell phones must be silenced and text messaging is not allowed during class time. If there is an emergency you may exit the class to use your cell. Laptops and cells phones may of course be used on breaks. Please come prepared to take hand written notes. If an alternate ability requires the use of a laptop please let the instructor know at the beginning of the semester.

**Please notify instructor at the beginning of the semester of any special learning conditions that need to be addressed as covered by the American Disabilities Act.**