

Lewis and Clark College
Graduate School of Education and Counseling
SPSY 532-11: School Safety and Crisis Preparedness
Course Syllabus Summer 2023

Instructor: Pamela Vohnson, Ed.S., NCSP
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Class Day and Time: Scheduled meetings: 6/2 and 6/3 9:00am to 1:00pm
Class Location: York 101
Office Hours: By appointment for individual meetings
Credit: 1 semester hour

SPSY 532 School Safety and Crisis Preparedness

Content: School Safety and Crisis Preparedness is an intensive, interactive and practice-dominated course that utilizes the evidence-based PREPaRE (Prevent, Reaffirm, Evaluate, Provide and Respond, Examine) curriculum to help school psychologists improve and strengthen their school safety and crisis management plans, respond effectively to emergency situations, and identify appropriate evidence-based intervention strategies.

Prerequisites: None.

Attendance policy:

Students are required to watch the 7 recorded lectures as indicated below prior to the in-person meetings on 6/2 and 6/3. Students are required to be present for the entire sessions of the in-person meetings (breaks will be provided).

Materials:

Materials for the PREPaRE Workshop 2 will be provided to students, ordered through the Lewis & Clark and provided by the National Association of School Psychologists. During the first week of the semester (5/8-5/12), students need to have downloaded all participant materials. Have them available on your laptop or other mobile device. Please print the following materials: the .ppt slides in handout form, an Action Planning form, and handouts 14, 38, 40, 41.

IMPORTANT: Prior to beginning this course (that is, before you listen to the first recorded video), you need to have registered and downloaded materials from the NASP website and have completed the PRETEST. The results of the PRETEST do not affect your obtaining a certificate of completion nor your grade in this course. At the conclusion of the two In-person days, you will log back into your online account to complete the POSTTEST and workshop evaluation. Again, these do not affect your grade.

Course objectives:

- Students will become familiar with the variables of crisis events and the levels of crisis intervention. (NASP Domains: 1, 4, 6)
- Students will recognize risk factors that predict psychological trauma and identify warning signs that may indicate such trauma. (NASP Domains: 4, 6, 7, 8)

- Students will learn common crisis reactions and will recognize the differences between common reactions and mental illness (NASP Domains: 4, 6)
- Students will learn the steps in conducting psychological triage following a crisis event. (NASP Domains: 4, 6)
- Students will identify the levels of crisis interventions appropriate for low to high risk of psychological trauma and the elements of each mental health crisis intervention. (NASP Domains: 4, 6, 7, 8)

Grading:

Students who fully participate in all parts of the course will earn an A. Full credit may only be earned by full participation.

Disability Services Statement:

If you have a disability that may impact your academic performance, you may request accommodations by submitting documentation to the Student Support Services Office in Albany Quadrangle (503-768-7192). After you have submitted documentation and filled out paperwork there for the current semester requesting accommodations, staff in that office will notify me of the accommodations for which you are eligible.

The video lectures for each week may be accessed in Moodle. The following is the general outline:

25 April 2023: Meeting during Assessment III for introduction and questions.

8 May 2023: 2 videos to watch (60 minutes and 49 minutes)

1- Background Information

Assignment: reflection on traumatizing potential (see assignment in Moodle)
(note: slide 19 activity with Handout 4 will be done in June)

Moodle Forum: slide 23 activity

2- Evaluation of Psychological Trauma

Assignment: Matching activity (slide 51, Handout 14)

15 May 2023: 2 videos to watch (28 minutes and 44 minutes)

3- Conducting Psychological Triage

4- Social Support

Assignment: information gathered from practicum or internship site on resources for reestablishing social support

22 May 2023: 2 videos to watch (55 minutes and 26 minutes)

5- Psychological Education

Assignment: information gathered from practicum or internship site on resources for conducting psychoeducation

6- Psychological Intervention/Stabilization

30 May 2023: 1 video to watch before synchronous class time (55 minutes)

7- Group Crisis Intervention

2/3 June 2023

Completion of PREPaRE Workshop 2 (Individual Crisis Intervention, Psychological Recovery, Psychotherapy, Care for the Caregiver)

Topics not covered by PREPaRE Workshop 2 to be covered during in-person days:

Grief

Assessing Threats in the School Environment