

M.A. Professional Mental Health Counseling
Required Course Sequencing for an 11-Semester Program
Catalog Year 2023-2024
60 Semester Hours Total

Floating Any Semester	Electives (6) Note: 2 CR of Electives must be in PMHC focus area(s)	This course sequence MUST be followed: any deviation from the plan must be approved by a program co-director. These courses are guaranteed to be available to you IF you adhere to the plan (but not a specific section/time of your choosing). If you are approved for a program plan change your graduation date may change significantly.
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YEAR 1

	TERM 1 (Fall)		TERM 2 (Spring)		TERM 3 (Summer)
MHC 503 (2)	Intro to Professional Counseling & Social Justice	MHC 513 (3)	Theory/Philosophy of Counseling	MHC 522 (3)	Diagnosis of Mental/Emotional Disorders
MHC 506 (2)	Life Span Development	MHC 550 (3)	Diversity & Social Justice	MHC 534 (3)	Child and Family Counseling
Elect (1)	Elective (CTSP 519 Pre-Practicum in Community Engagement or other elective)		Work on Completing Portfolio	Elect (1)	Elective
CORE 500	Convocation		Cohort Meeting		Work on Completing Portfolio
	First Advising Session				Cohort Meeting

YEAR 2

	TERM 4 (Fall)		TERM 5 (Spring)		TERM 6 (Summer)
MHC 535 (3)	Research Methods in Counseling	MHC 541 (2)	Intro to Assessment	MHC 523 (2)	Counseling & Interventions with Children & Adolescents
MHC 524 (3)	Counseling & Interventions with Adults	MHC 509 (3)	Practical Skills for Counselors	MHC 532 (2)	Ethical & Legal Issues in Professional Counseling
	Work on Completing Portfolio	Elect (1)	Elective	Elect (1)	Elective
	Cohort Meeting		Work on Completing Portfolio		Work on Completing Portfolio
			Cohort Meeting		Cohort Meeting

YEAR 3

	TERM 7 (Fall)		TERM 8 (Spring)		TERM 9 (Summer)
CTSP 514/515 (3)	Group Counseling with Children/Adolescents OR Group Counseling with Adults	MHC 580 (3)	Practicum I	MHC 580 (3)	Practicum II
MHC 540 (2)	Career Counseling	MHC 536 (2)	Addiction Counseling & Psychopharmacology	MHC 548 (2)	Trauma/Crisis Counseling Across Lifespan
Elect (1)	Elective	MHC 549 (1)	Treatment Planning		Study for and take CPCE Exam (cost approx. \$75-100)
	Portfolio due by November 1. If incomplete may NOT start practicum next semester.		Cohort Meeting		Finalize internship placement, turn in paperwork
	Attend Internship Fair, Begin search/application process				
	Cohort Meeting and Practicum paperwork: obtain insurance, complete contract, practicum preference form				

YEAR 4

	TERM 10 (Fall)		TERM 11 (Spring)	
MHC 582/583 (3)	Mental Health Internship	MHC 582/583 (3)	Mental Health Internship	
Elect (1)	Elective	MHC 591 (1)	Professional Career Development	
	Apply for Graduation		NCE (cost = approx. \$300) Optional – may not be offered on campus	
	Cohort Meeting		Apply for registered intern status with Oregon (OBLPCT) /other state of residence	