## Lewis & Clark College

# Professional Mental Health Counseling & Professional Mental Health Counseling – Specialization in Addictions, MHC 582/583, Mental Health Internship

## Syllabus Cover Sheet

**Required Objectives:** 

## Professional Counseling Identity (CACREP 2016 Standards)

1e. advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients.

1i. ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling

1l. self-care strategies appropriate to the counselor role

2h. strategies for identifying and eliminating barriers, prejudices, and processes of intentional and unintentional oppression and discrimination.

3c. theories of normal and abnormal personality development

3d. theories and etiology of addictions and addictive behaviors

3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior

5b. a systems approach to conceptualizing clients

5c. theories, models, and strategies for understanding and practicing consultation

5f. counselor characteristics and behaviors that influence the counseling process

5g. essential interviewing and counseling skills

5k. strategies to promote client understanding of and access to a variety of community based resources

5l. suicide prevention models and strategies

5m. crisis intervention, trauma-informed, and community-based strategies, such as Psychological First Aid

7b. methods of effectively preparing for and conducting initial assessment meetings

7c. procedures for assessing risk of aggression or danger to others, self-inflicted harm, or suicide

7d. procedures for identifying trauma and abuse and for reporting abuse

7e. use of assessments for diagnostic and intervention planning purposes

7m. ethical and culturally relevant strategies for selecting, administering, and interpreting assessment and test results

8b. identification of evidence-based counseling practices

8d. development of outcome measures for counseling programs

8i. analysis and use of data in counseling

## Entry-Level Specialty: Clinical Mental Health Counseling (CACREP 2016 Standards)

C2a. roles and settings of clinical mental health counselors.

C2e. potential for substance use disorders to mimic and/or co-occur with a variety of neurological, medical, and psychological disorders

C2I. legal and ethical considerations specific to clinical mental health counseling

C2m. record keeping, third party reimbursement, and other practice and management issues in clinical mental health counseling

C3a. intake interview, mental status evaluation, biopsychosocial history, mental health history, and psychological assessment for treatment planning and caseload management

C3b. techniques and interventions for prevention and treatment of a broad range of mental health issues

C3c. strategies for interfacing with the legal system regarding court-referred clients

C3d. strategies for interfacing with integrated behavioral health care professionals

C3e. strategies to advocate for persons with mental health issues

#### Methods of Instruction for this Course

Instruction Method	Mark All
	That
	Apply
Lecture	
Small Group Discussion	Х
Large Group Discussion	Х
Course Readings	X
Group Presentation	
Individual Presentation	X
DVD/Video Presentation	X
Supervised Small Group Work	
Individual/Triadic Supervision	X
Group Supervision	X
Case Study	X
Debate	
Class Visitor / Guest Lecturer	

Off-Campus / Field Visit	
Other: Students will also be working with real clients a their internship sites.	

## Key Required Assignments/Student Learning Outcomes

These assignments are required for the course, but will not be the only

<u>requirements/expectations</u>. The chart below lists the assignment, method of submission, and benchmark score/grade. These assignments are set up for upload to Taskstream and/or instructor provides rating for assignment. See syllabus for details.

Theory and Research		Proficient (A)	Benchmark	Emerging	Inadequate/	As	Evaluation
into Practice			(B)	(C)	Fail	evidenced	and
						by:	Remediation
Goal 2 of 6 Human Development							
Demonstrates an understanding of individual and family development	Internship	Highly skilled at identifying the impact individual and family development has on the therapeutic process.:Score: 3	Understands the impact of a person's individual and family development on the therapeutic process: Score 2	Is aware of the impact of a person's individual and family development on the therapeutic process Score: 1	Is unable to apply developme ntal theory with clients Score:0	Internship Evaluation Item 52	Internship Instructor Review/Refe rral to BRC or ARC

Theory and Research into Practice		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate/ Fail	As evidenced by:	Evaluation and Remediation
Goal 3 of 6							
Understands and applies diagnosis	Internship	Uses DSM to diagnose clients, integrates into treatment plan, does not rely only on diagnosis for treatment plan Score:3	Uses DSM to diagnose clients, integrates into treatment plan Score: 2	Unable to diagnose clients, inappropriat ely applies diagnosis Score: 1	Inappropria tely uses diagnosis to pathologize client problems or fails to use diagnosis when needed Score: 0	Internship evaluation Item 35	Internship Instructor Review/Refe rral to BRC or ARC

Theory and Research into Practice		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate/ Fail	As evidenced by:	Evaluation and Remediation
Goal 4 of 6							
Understands and applies interventions	Internship	Skillfully implements a range of interventions with adults Score:3	Consistently implements a range of interventions with adults Score:2 as relev.	Begins to implement a range of interventions with adults Score: 1	Fails to implement a range of interventio ns with adults Score: 0	Internship Evaluation 37, adult 84, child/adol 85, family	Internship Instructor Review/Refe rral to BRC or ARC

Theory and Research into Practice		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate/ Fail	As evidenced by:	Evaluation and Remediation
Goal 5 of 6							
Able to gather client data, conceptualize and develop a treatment plan	Internship	Demonstrates high skill at completing intakes and treatment plans consistent with site expectations Score 3 on all	Completes intakes and treatment plans consistent with site expectations Score 2 on both	Fails to complete intakes and treatment plans consistent with site expectation s		Internship evaluation items 31,34,38	Internship Instructor Review/Refe rral to BRC or ARC

(	Benchmark (B)	Emerging (C)	Inadequate/ Fail	As evidenced by:	Evaluation and Remediation
egrated t atment p ns that p et client p ntal health p eds, d gnosis, and g als in c inseling ( t is p nsistent t th student co oretical e entation, t aluation of a literature, p best t sofession.	the literature and best practices in the profession adequate.	Develops treatment plans that meet client needs, but inadequatel y address other areas. Score :1	Does not develop tx plans or develops tx plans that focus on one aspect of client and or one interventio n Score: 0	Internship Case Presentation AND Internship Evaluation Item 40	Internship Instructor Review/Refe rral to BRC or ARC
	oretical ntation, uation of literature, best stices in	retical evaluation of ntation, the literature uation of and best literature, practices in best the profession ettices in adequate. Score: 2	retical evaluation of ntation, the literature uation of and best literature, practices in best the profession etices in adequate. Score: 2	retical evaluation of ntation, the literature uation of and best literature, practices in best the profession etices in adequate. Score: 2	retical evaluation of ntation, the literature uation of and best literature, practices in best the profession etices in adequate. Score: 2 Score: 2

Clinical skill	Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate/ Fail	As evidenced by:	Evaluation and Remediation
Goal 1 of 5						

Students	Internship	Demonstrates	Demonstrates	Demonstrates	Demonstrat	Internship	Internship
develop	Year	high level of	good level of	adequate	es very low	evaluation	Instructor
therapeutic	/Graduatio	therapeutic	therapeutic	level of	level of	Items	Review/Refer
communicatio	n	communicati	communicati	therapeutic	therapeutic	41,42,50	ral to BRC or
ns skills		on skills, is	on skills, is	communicati	communica		ARC
emphasize the		able to	able to	on skills, is	tion skills,		
client-		develop and	develop and	able to	is not able		
counselor		maintain very	maintain very	develop and	to develop		
relationship		strong	strong	maintain	and		
with		counseling	counseling	adequate	maintain		
individuals		relationships	relationships	counseling	counseling		
and families		Score 3 on all	Score 2 on	relationships	relationship		
			most	Score 1 on	S		
				most	0 on most		

Clinical skill		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate/ Fail	As Evidenced by:	Evaluation and Remediation
Goal 2 of 5							
Students facilitate and manage the counseling process with individuals and families	Internship Year /Graduation	Demonstrates high level of able to facilitate and manage the counseling process across longer periods of time and across many different client populations Score 3 on most	Demonstrates good level of able to facilitate and manage the counseling process across longer periods of time and across several different client populations Score 2 on most	Is beginning to be able to facilitate and manage the counseling process across moderate periods of time and across limited client populations Score 1 on most	Is not able to facilitate and manage the counseling process across periods of time and across many different client populations Score 0 on most	Internship evaluation items 44,45,46,47 , 49	Internship Instructor Review/Refer ral to BRC or ARC

Clinical skill		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate/ Fail	As evidenced by:	Evaluation and Remediation
Goal 3 of 5							
Students develop an understanding of group development, dynamics, counseling theories, group counseling methods and skills, and other group work approaches.	Internship Year	Score 3 on most	Scores 2 on most	Score 1 on most	Score 0 on most	Internship evaluation :items 63,64,65,6 6	Internship Instructor Review/Refer ral to BRC or ARC

Clinical skill	Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate/ Fail	As evidenced	Evaluation and
					by:	Remediation

Goal 4 of 5							
Students develop an understanding of addiction and co-occurring disorders and counseling skills with clients with addiction and co-occurring disorders.	Internship Year	Score 3 on most	Scores 2 on most	Score 1 on most	Score 0 on most	Internship evaluation :items 70- 78	Internship Instructor Review/Refer ral to BRC or ARC

Clinical skill		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate/ Fail	As evidenced by:	Evaluation and Remediation
Goal 5 of 5							
Students develop an understanding of the impact of trauma on clients and demonstrate skills in trauma counseling.	Internship Year	Score 3 on most	Scores 2 on most	Score 1 on most	Score 0 on most	Internship evaluation :items 67,68.69	Internship Instructor Review/Refer ral to BRC or ARC

Self as		Proficient	Benchmar	Emergin	Inadequat	As	Evaluation
Counselor		(A)	k (B)	g (C)	e/Fail	evidence	and
						d by:	Remediatio
							n
Goal 1 of 5							
Demonstrates awareness of their social locations and impact on their life experiences.	Internship Year/Gradu ation	Demonstrate s high level of skill in negotiating impact of counselor social locations on therapeutic process. Score 3 on most	Demonstrates ability to address the impact of counselor social locations in therapeutic process Score 2 on most	Is able to identify multiple social locations and the impact on personal experience as well as how these impact personal and professiona I worldview Score 1 on most	Is unable or unwilling to explore own worldview Score 0 on one or more	Internship evaluation Items 13,57,59	Internship Instructor Review/Referral to BRC or ARC

Self as	Proficient	Benchmar	Emerging	Inadequat	As	Evaluation
Counselor	(A)	k (B)	(C)	e/Fail	evidence	and
					d by:	Remediatio
						n

Goal 2 of 5							
Demonstrates ability to explore how personal experiences, thoughts, and feelings impact counseling with clients.	Internship	Demonstrates awareness of self, emotional stability, impact of self in the therapeutic relationship, dealing with countertransf erence, and an understanding of need for lifelong learning Score 3	Demonstrates self awareness and emotional stability. Immerging use of self in therapeutic process, uses supervision to continue growth. Sore 2	Demonstrates self awareness and emotional stability. Immerging use of self in therapeutic process, uses supervision to continue growth Score 1	Student demonstrates lack of self awareness that impedes learning or client care. Score 0	Internship Evaluation Item 48B	Internship Instructor Review/Referral to BRC or ARC

Self as Counselor		Proficient (A)	Benchmar k (B)	Emerging (C)	Inadequat e/Fail	As evidence d by:	Evaluation and Remediatio n
Goal 3 of 5 Maintains self care	Internship year	Demonstrates ability to maintain personal wellness to optimize professional competence. Recognizes and proactively addresses early signs of burnout.	Demonstrates ability to perform adequate self care to enhance personal wellness and ability to attend to professional responsibilities. Recognizes signs of burn out before client care is impacted. Score 2 on both	Begins to use self care plan, learns to adapt plan when needed, and seeks supervision and personal therapy as needed. Score 1 on one or more	Engages in inadequate self care that impedes learning ability or client care. Score 0 on one or more	Internship Evaluation Items 14, 24 AND MHC 591: Self care plan	Internship Instructor Review/Referral to BRC or ARC

Self as Counselor		Proficient (A)	Benchmar k (B)	Emergin g (C)	Inadequat e/Fail	As evidence d by:	Evaluation and Remediatio n
Goal 4 of 5							
Demonstrates awareness of competence and limitations	Internship	Demonstrate s clear awareness of competence and limitations, goes above and beyond to seek opportunities for learning	Demonstrates clear awareness of competence and limitations, uses multiple channels to learn/grow (e.g. supervisor, literature search, colleague feedback.	Is under confident or inconsistent in awareness of limitations, unsure when to seek	Overestimat es competence does not recognize limitations	Internship Evaluation Item 25	Internship Instructor Review/Referral to BRC or ARC

		using multiple channels		supervision			
Self as Counselor		Proficient (A)	Benchmar k (B)	Emergin g (C)	Inadequat e/Fail	As evidence d by:	Evaluation and Remediatio n
Goal 5 of 5							
PQE Critical Items: Openness to supervision	Internship	Develops clear supervisory working alliance with faculty, supervisors and peers. Able to determine when/how to express opinions differing from supervisor and to work toward resolution. Score 3 on both	Seeks supervision from faculty, supervisors and peers. Utilizes supervision to grow and develop. Score 2 on both	Same as above Score 1 on one or more	Same as above Score 0 on more or more	Internship Evaluation Items 6,27	Internship Instructor Review/Referral to BRC or ARC

Multicultural Competence Goal 1 of 4		Proficient (A)	Benchmar k (B)	Emergin g (C)	Inadequat e/Fail	As evidence d by:	Evaluation and Remediatio n
Students develop awareness of the effect of power, privilege, and difference and their own cultural attitudes, beliefs,	Internship	Addresses impact of therapist cultural attitudes and beliefs on relationship and therapeutic process with client either directly with client or in tx planning as appropriate Score 3 on both	Understands how therapist cultural attitudes and beliefs may impact relationship and therapeutic process with client, begins to develop strategies to address impact Score 2 on both	Understands how therapist cultural attitudes and beliefs may impact relationship and therapeutic process with client with supervisor assistance. Score 1 on one or more	Fails to recognize how therapist cultural attitudes and beliefs impact relationship and therapeutic process with client, and impedes client care. Score 0 on both	Internship Evaluation Item 15,58	Internship Instructor Review/Referral to BRC or ARC

Multicultural		Proficient	Benchmar	Emergin	Inadequat	As	Evaluation
Competence		(A)	k (B)	g (C)	e/Fail	evidence d by:	and Remediatio
C 12 64							n
Goal 2 of 4 PQE Critical	Internship		Score of 2	Score of 1	Score of 0	Internship	Internship
items: Responsibility Item 5 Students will demonstrate the ability to engage in dialogue with people who carry or hold other perspectives in ways that show respect for the other persons and other points of view. Integrity Items 3,4,5 Respect for others	Internship		on most	On most	On most	Evaluation: Disposition s 4, 10, 11	Instructor Review/Referral to BRC or ARC
Multicultural		Proficient	Benchmar	Emergin	Inadequat	As	Evaluation
Competence		(A)	k (B)	g (C)	e/Fail	evidence d by:	and Remediatio
Goal 3 of 4							
Students recognize limitations of theory and research to apply to all people and demonstrates awareness of need to adapt to individual client worldview, culture and social location	Internship	Recognizes client worldview, social locations, and culture and the impact on client problems, and adapts treatment accordingly. Score 3 on both	Recognizes client worldview, social locations, and culture and the impact on client problems and adapts treatment with supervisor assistance Score 2 on both Benchmar	Recognizes , with supervisor assistance, client worldview, social locations, culture and the impact on client problems Score 1 on one or more Emergin	Fails to acknowledge client worldview, social locations, culture and the impact on client problems Score 0 on one or more	Internship evaluation Items 16,60 As	Internship Instructor Review/Referral to BRC or ARC
Competence		(A)	k (B)	g (C)	e/Fail	evidence d by:	and Remediatio n
Goal 4 of 4 Learns strategies	Internship	Score 3	Score 2	Score 1	Score 0	Internship	Internship
for working with gender and gender spectrum issues, diverse populations, ethnic and other non-dominant groups.	memsinp	30010 3	50010 2	SCOLE 1	50000	Evaluation Item 61	Instructor Review/Referral to BRC or ARC

Professional Identity		Proficient (A)	Benchmar k (B)	Emergin g (C)	Inadequat e/Fail	As evidence d by:	Evaluation and Remediatio n
Goal 4 of 6							
Demonstrates ability to complete a career assessment and give feedback to client in role play	Internship year	Provides career evaluation and includes career developme nt in tx plans as regular part of planning	Addresses career issues with clients at intake, includes in tx plan as needed	Fails to consider career in tx planning		Internship Evaluation Item 39	Internship Instructor Review/Referral to BRC or ARC

Professional Identity		Proficient (A)	Benchmar k (B)	Emergin g (C)	Inadequat e/Fail	As evidence	Evaluation and
						d by:	Remediatio
							n
Goal 5 of 6							
Demonstrates Understanding of roles & functions of mental health counselors	Internship					Internship Evaluation	Internship Instructor Review/Referral to BRC or ARC

Ethical Practice		Proficient (A)	Benchmar k (B)	Emergin g (C)	Inadequat e/Fail	As evidence	Review and Remediatio
				8 ( )		d by:	n
Goal 1 of 1							
Understands, and follows ethical standards	Internship	Demonstrate s a strong understandin g and commitment to ethical standards, recognizes ethical issues independentl y, demonstrates ability to recognizes and remediates ethical errors with supervisor consultation. Score 3 on all	Demonstrates an understanding of and commitment to ethical standards, recognizes ethical issues independently , recognizes and remediates errors with supervisor assistance. Score 2 on all	Demonstrat es an understandi ng of and commitmen t to ethical standards, begins to recognize ethical issues with supervision , may make ethical errors without awareness Score 1 on one or more	Does not demonstrate an understanding of ACA Code of Ethics, or does not recognize practical applications. Attempts to hide mistakes or lacks openness to supervision. Score 0 on any	Internship Evaluation 1,9,28,29,30	Internship instructor review. Referral to ARC.

Research and Assessment Goal 5 of 7		Proficient (A)	Benchmar k (B)	Emergin g (C)	Inadequat e/Fail	As evidence d by:	Review and Remediatio n
Develops and Utilizes measureable outcomes with clients supported by research literature	Internshi p	Develops measureabl e outcomes/g oals, supported by the literature and within the therapists theoretical orientation	Develops measureab le outcomes/ goals supported by literature.	Outcom es/goals are not measure able and/or are not supporte d by literatur e	Unable to develop a tx plan	Internshi p Case Presentati on	Internship Instructor Review/Referral to BRC or ARC

Research and		Proficient	Benchmar	Emergin	Inadequat	As	Review
Assessment		(A)	k (B)	g (C)	e/Fail	evidence	and
						d by:	Remediatio
							n
Goal 6 of 7							
Students	Internship	Score 3	Score 2	Score 1		Internship	Internship
demonstrate an	Year					Evaluation:	Instructor

understanding of assessment and evaluation in mental health			Item 36	Review/Referr al to BRC or ARC
counseling				

Research and Assessment		Proficient (A)	Benchmar k (B)	Emergin g (C)	Inadequat e/Fail	As evidence d by:	Review and Remediatio n
Goal 7 of 7							
Students understand social and cultural factors related to assessment and ethical strategies for using assessment in mental health counseling.	Internship	Score 3	Score 2	Score 1		Internship Evaluation; Item 36	Internship Instructor Review/Referr al to BRC or ARC

#### Lewis & Clark Graduate School of Education and Counseling

## MHC / MHCA 582/583: Adult/Child Mental Health Internship



## Fall 2022

INSTRUCT	INSTRUCTOR					
Justin D. H	Justin D. Henderson, Ph.D., NCC					
Assistant I	Assistant Professor   Professional Mental Health Counseling - Addictions					
Office:	Rogers 319					
E-mail:	justinhenderson@lclark.edu					
Office Hours:	By appointment					

#### **REQUIRED TEXTS**

American Counseling Association (2014). ACA code of ethics. Alexandria, VA.

American Psychiatric Association (2013). *Diagnostic and statistical manual of mental disorders (5<sup>th</sup> ed.)*. Washington, D.C.: American Psychiatric Publications.

#### **COURSE DESCRIPTION**

This class provides clinical supervision and education for intern counselors working with adults and/or children in their supervised community experience. The class will emphasize developing and applying a repertoire of concepts and strategies for case conceptualization, treatment planning, intervention strategies and skills, and ethical conduct in working with clients presenting a wide variety of individual and relationship issues.

**Catalogue Description**: Internship in a community setting. Participants engage in counseling and related professional activities under supervision. Students write reports, prepare case histories, and submit work samples for supervisory review.

#### **CTSP DEPARTMENT ATTENDANCE POLICY**

Class attendance is expected and required. Any missed class time will be made up by completing extra assignments designed by the instructor. Missing more than ten percent of class time (i.e., 1.5 hours for a 15 hour class; 1 credit) may result in failure to complete the class. In case of extreme hardship and also at the discretion of the instructor, a grade of incomplete may be given for an assignment or the entire course. In such cases, the work to be submitted in order to remove the incomplete must be documented appropriately and stated deadlines met. Students are expected to be on time to class and tardiness may be seen as an absence that requires make-up work.

#### **DISABILITY SERVICES STATEMENT**

If you have a disability that may impact your academic performance, you may request accommodations by submitting documentation to the Student Support Services Office in the Albany Quadrangle (503-768-7192). After you have submitted documentation and filled out paperwork there for the current semester requesting accommodations, staff in that office will notify me of the accommodations for which you are eligible.

#### **CONFIDENTIALITY AND ETHICS**

Much of our class discussion and most of the written work you do for this class will contain information about clients. All such private information falls within our shared responsibility for maintaining its confidentiality of our clients. Guidelines for fulfilling our responsibilities in this regard include the following:

- Written materials referring to clients should either refer to them by their initials or a by a
  pseudonym. If the materials are copied and contain the client's name, the name should
  be blocked out with a black felt tip pen.
- Video recordings of client counseling sessions should be kept secure (via Ironkey or within the Panopto system) and should be erased when they have been viewed.
- Classroom doors will be closed when we are discussing cases or viewing videos of actual clients.
- Written materials you turn in for review must follow confidentiality guidelines.
- Additionally, what we discuss in the classroom stays in the classroom and should not be subject of discussion outside of this course except for with your supervisor where applicable.

#### ADDITIONAL REQUIRED AND RECOMMENDED READINGS

Additional articles, chapters, and other materials will be used during the course. These materials will be made available electronically or via hard copy handout(s) throughout the semester.

#### Readings (All copies can be found on Moodle):

Each week there may be both electronic readings due. Please read the materials ahead of the class and come prepared to discuss them.

#### **Recommended Readings:**

On Moodle there are also suggested readings and additional resources. They are marked as additional materials and are not required for the course.

## CASE PRESENTATION REQUIREMENT

Structure of Presentations

- Before talking about the client, present a brief overview of your theoretical orientation and your therapeutic relationship up to this point, such as how many sessions you have seen the client for, obstacles/successes in the relationship, etc. Our feedback will be, in part, designed to help you to find a better fit between your theory and your work with clients (about 10 minutes)
- After completing the theoretical orientation presentation and before presenting the client, clearly communicate to the class the reason you chose this client

and the type of feedback you hope to receive. Say what you hope will be different for you after the presentation.

- Handout of presentation MUST INCLUDE ALL CATAGORIES LISTED BELOW.
- Review/present written case emphasizing theoretical conceptualization (15 minutes)
- Class discussion and feedback 20-40 min

## Handouts

Handout must include ALL of following sections/areas. List EACH category as noted below, and if the category is non-applicable, state this under the category. DO NOT OMIT ANY OF THE FOLLOWING CATEGORIES:

- **Consultation Goals**: What you want from the class in relation to feedback, advice, knowledge, etc. Communicate the reason you chose this client <u>and</u> what you hope will be different after your presentation.
- Demographics: Demongraphic data/Cultural considerations
- **Risk Related Concerns:** Suicidality, homocidality, abuse, interpersonal abuse, self-injurious behaviors, etc. Note if a safety plan has been completed.
- Presenting Concern(s): Chief complaint/presenting problem/concerns/issues
- History of Concern(s): History of the present illness
- Family and Relational Data: Family relationships, issues, influences, and relevant history
- **Psychiatric/Medical Data:** Medical/RX history for client and family
- Substance Use, Abuse, Dependence History: Client and Family
- **Cognitive/Affective/Behavioral/Physical Status**: Mini Mental Status Exam, how the client presents in session
- Client strengths/weaknesses
- **Diagnostic Impressions:** DSM-5 diagnosis and brief explanation
- Current Treatment Plan: Treatment plan identifies concerns, goals, and objectives
- Transference/Counter-transference concerns
- Ethical Issues or Concerns:

## **EVALUATION**

## Overview

## **Methods of Evaluation:**

- Sharing current experiences in your internship to sound out with peers
- Participation in discussion and feedback to client/site/supervision issues of peers
- One comprehensive written case conceptualizations and presentation over the semester (video preferred, not required but optional)
- Documentation of work completed
- Site supervisor's evaluation of performance
- Conversations I may have with your site during site visits
- Satisfactory performance on the Professional Qualities Evaluation Form

## **Requirements for credit:**

Complete a minimum of 240 hours of supervised direct counseling/client contact with individuals, couples, families and groups combined over 2 semesters at assigned internship sites, other hours to total 600 over 2 semesters.

- Complete one written case presentation/extended check-in)
- Submit <u>weekly</u> documentation of supervision [CARE note] session to faculty supervisor during class. Submit to Moodle
- Satisfactory evaluations from on-site supervisor and on-campus instructor/supervisor. This includes satisfactory responses to ethical dilemmas and challenges.
- Attendance and active participation in on-campus intern supervision class for two full semesters. If you miss a class you must attend another section the following week.
- Demonstration of ability to accept and respond responsibly to both site and campus supervision.
- Demonstration of ability to work collaboratively with colleagues at the internship site and on campus.

**NOTE:** This is a credit/no credit course for two semesters. Your credit for both semesters will be deferred until you have completed all requirements for the internship after the second semester. This includes completion and documentation of all hourly requirements for client contact and supervision, satisfactory evaluation by your supervisor for both semesters, your evaluation of the internship site, and class requirements listed above.