

Lewis and Clark College
Graduate School of Education and Counseling
SPSY 532-02 and 532-03: School Safety and Crisis Preparedness
Course Syllabus Fall 2020

Instructor: Pamela Vohnson, Ed.S., NCSP

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Class Day and Time: Scheduled meetings:

SPSY 532-02: class is scheduled to meet 9-5:30 on 11/6 and 11/7

SPSY 532-03: class is scheduled to meet 9-5:30 on 11/20 and 11/21

Class time is amended to include 7 asynchronous lectures to be listened to one per week beginning the week of 9/14.

Our synchronous meetings will be from 9:00 to 1:00 on the scheduled meeting days. Please see further details below.

Class Location: Online

Office Hours: By appointment for individual meetings(most available on Mondays)
Weekly office hours for both sections: Mondays 11:00AM and Fridays 2:00PM (see Zoom invitations in a separate document)

Credit: 1 semester hour

SPSY 532 School Safety and Crisis Preparedness

Content: School Safety and Crisis Preparedness is an intensive, interactive and practice-dominated course that utilizes the evidence-based PREPaRE (Prevent, Reaffirm, Evaluate, Provide and Respond, Examine) curriculum to help school psychologists improve and strengthen their school safety and crisis management plans, respond effectively to emergency situations, and identify appropriate evidence-based intervention strategies.

Prerequisites: None.

Attendance policy:

Students are required to watch the introduction video and 6 recorded lectures weekly prior to the synchronous meetings on 11/6 and 11/7 (SPSY 532-02) or 11/20 and 11/21 (SPSY 532-03). Students are required to be present for the entire sessions of the synchronous meetings (breaks will be provided).

Materials:

Materials for the PREPaRE Workshop 2 will be provided to students, ordered through the Lewis and Clark bookstore and provided by the National Association of School Psychologists. During the second week of the semester (9/14-9/18), students need to download all participant materials. Have them available on your laptop or other mobile device. Please print the following materials: the .ppt slides in handout form, an Action Planning form, and handouts 14, 38, 40, 41.

Course objectives:

- Students will become familiar with the variables of crisis events and the levels of crisis intervention. (NASP Domains: 1, 4, 6)
- Students will recognize risk factors that predict psychological trauma and identify warning signs that may indicate such trauma. (NASP Domains: 4, 6, 7, 8)
- Students will learn common crisis reactions and will recognize the differences between common reactions and mental illness (NASP Domains: 4, 6)
- Students will learn the steps in conducting psychological triage following a crisis event. (NASP Domains: 4, 6)
- Students will identify the levels of crisis interventions appropriate for low to high risk of psychological trauma and the elements of each mental health crisis intervention. (NASP Domains: 4, 6, 7, 8)

Grading:

Students who fully participate in all parts of the course will earn an A. Full credit may only be earned by full participation.

Disability Services Statement:

If you have a disability that may impact your academic performance, you may request accommodations by submitting documentation to the Student Support Services Office in Albany Quadrangle (503-768-7192). After you have submitted documentation and filled out paperwork there for the current semester requesting accommodations, staff in that office will notify me of the accommodations for which you are eligible.

The video lectures for each week may be accessed in Moodle. The following is the general outline:

- 14 September 2020: Introductory video with instructions for materials and pretest.
- 21 September 2020: 1- Background Information
Assignment: reflection on traumatizing potential (see assignment in Moodle)
(note: slide 19 activity with Handout 4 will be done in November)
Moodle Forum: slide 23 activity
- 28 September 2020: 2- Evaluation of Psychological Trauma
Assignment: Matching activity (slide 51, Handout 14)
- 5 October 2020: 3- Conducting Psychological Triage
- 12 October 2020: 4- Social Support
Assignment: information gathered from practicum or internship site on resources for reestablishing social support
- 19 October 2020: 5- Psychological Education
Assignment: information gathered from practicum or internship site on resources for conducting psychoeducation
- 26 October 2020: 6- Psychological Intervention/Stabilization/Group Crisis Intervention
Assignment: Stabilization Activity (to be done with one other student in the class)

6/7 November 2020 OR 20/21 November 2020: Completion of PREPaRE Workshop 2
(Individual Crisis Intervention, Psychological Recovery, Psychotherapy, Care for the Caregiver)
Topics not covered by PREPaRE Workshop 2 to be covered during synchronous days: Grief,
Assessing Threats in the School Environment