Lewis & Clark College

Professional Mental Health Counseling & Professional Mental Health Counseling – Specialization in Addictions , MHC 582/583 , Mental Health Internship Syllabus Cover Sheet

Required Objectives:

Professional Counseling Identity (CACREP 2016 Standards)

- 1e. advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients.
- 1i. ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling
- 11. self-care strategies appropriate to the counselor role
- 2h. strategies for identifying and eliminating barriers, prejudices, and processes of intentional and unintentional oppression and discrimination.
- 3c. theories of normal and abnormal personality development
- 3d. theories and etiology of addictions and addictive behaviors
- 3e. biological, neurological, and physiological factors that affect human development, functioning, and behavior
- 5b. a systems approach to conceptualizing clients
- 5c. theories, models, and strategies for understanding and practicing consultation
- 5f. counselor characteristics and behaviors that influence the counseling process
- 5g. essential interviewing and counseling skills
- 5k. strategies to promote client understanding of and access to a variety of community based resources
- 51. suicide prevention models and strategies
- 5m. crisis intervention, trauma-informed, and community-based strategies, such as Psychological First Aid
- 7b. methods of effectively preparing for and conducting initial assessment meetings
- 7c. procedures for assessing risk of aggression or danger to others, self-inflicted harm, or suicide
- 7d. procedures for identifying trauma and abuse and for reporting abuse
- 7e. use of assessments for diagnostic and intervention planning purposes
- 7m. ethical and culturally relevant strategies for selecting, administering, and interpreting assessment and test results

- 8b. identification of evidence-based counseling practices
- 8d. development of outcome measures for counseling programs
- 8i. analysis and use of data in counseling

Entry-Level Specialty: Clinical Mental Health Counseling (CACREP 2016 Standards)

- C2a. roles and settings of clinical mental health counselors.
- C2e. potential for substance use disorders to mimic and/or co-occur with a variety of neurological, medical, and psychological disorders
- C2I. legal and ethical considerations specific to clinical mental health counseling
- C2m. record keeping, third party reimbursement, and other practice and management issues in clinical mental health counseling
- C3a. intake interview, mental status evaluation, biopsychosocial history, mental health history, and psychological assessment for treatment planning and caseload management
- C3b. techniques and interventions for prevention and treatment of a broad range of mental health issues
- C3c. strategies for interfacing with the legal system regarding court-referred clients
- C3d. strategies for interfacing with integrated behavioral health care professionals
- C3e. strategies to advocate for persons with mental health issues

Methods of Instruction for this Course

Instruction Method	Mark All
	That Apply
Lecture	
Small Group Discussion	х
Large Group Discussion	x
Course Readings	X
Group Presentation	
Individual Presentation	X
DVD/Video Presentation	X
Supervised Small Group Work	
Individual/Triadic Supervision	X
Group Supervision	X
Case Study	X
Debate	X
Class Visitor / Guest Lecturer	
Off-Campus / Field Visit	
Other: Students will also be working with real clients a their internship sites.	

Key Required Assignments/Student Learning Outcomes

These assignments are required for the course, but <u>will not be the only requirements/expectations</u>. The chart below lists the assignment, method of submission, and benchmark score/grade. These assignments are set up for upload to Taskstream and/or instructor provides rating for assignment. See syllabus for details.

Theory and Research into Practice		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 2 of 6 Human							
Development							
Demonstrates an understanding of individual and family development	Internship	Highly skilled at identifying the impact individual and family development has on the therapeutic process.:Score: 3	Understands the impact of a person's individual and family developmen t on the therapeutic process: Score 2	Is aware of the impact of a person's individual and family developmen t on the therapeutic process Score: 1	Is unable to apply developme ntal theory with clients Score:0	Internship Evaluation Item 52	Internship Instructor Review/Refe rral to BRC or ARC

Theory and Research into Practice		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 3 of 6							
Understands and applies diagnosis	Internship	Uses DSM to diagnose clients, integrates into treatment plan, does not rely only on diagnosis for treatment plan Score:3	Uses DSM to diagnose clients, integrates into treatment plan Score: 2	Unable to diagnose clients, inappropriat ely applies diagnosis Score: 1	Inappropria tely uses diagnosis to pathologize client problems or fails to use diagnosis when needed Score: 0	Internship evaluation Item 35	Internship Instructor Review/Refe rral to BRC or ARC

Theory and Research into Practice		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 4 of 6							
Understands and applies interventions	Internship	Skillfully implements a range of interventions with adults Score:3	Consistently implements a range of intervention s with adults Score:2 as relev.	Begins to implement a range of intervention s with adults Score: 1	Fails to implement a range of interventio ns with adults Score: 0	Internship Evaluation 37, adult 84, child/adol 85, family	Internship Instructor Review/Refe rral to BRC or ARC

Theory and Research into Practice		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 5 of 6							
Able to gather client data, conceptualize and develop a treatment plan	Internship	Demonstrates high skill at completing intakes and treatment plans consistent with site expectations Score 3 on all	Completes intakes and treatment plans consistent with site expectations Score 2 on both	Fails to complete intakes and treatment plans consistent with site expectations		Internship evaluation items 31,34,38	Internship Instructor Review/Refe rral to BRC or ARC

Theory and Research		Proficient (A)	Benchmark	Emerging	Inadequate	As	Evaluation
into Practice			(B)	(C)	/Fail	evidenced	and
						by:	Remediation
Goal 6 of 6							
Students develop treatment plans and interventions consistent with their own theoretical orientation, a critical evaluation of the literature, client mental health needs and goals in counseling, diagnosis, and best practices in the profession.	Internship	Develops well integrated treatment plans that meet client mental health needs, diagnosis, and goals in counseling that is consistent with student theoretical orientation, evaluation of the literature, and best practices in the profession.	Develops treatment plans that meet client mental health needs, diagnosis and goals in counseling. Consistency with theoretical orientation, evaluation of the literature and best practices in the profession adequate. Score: 2	Develops treatment plans that meet client needs, but inadequate ly address other areas. Score :1	Does not develop tx plans or develops tx plans that focus on one aspect of client and or one interventio n Score: 0	Internship Case Presentation AND Internship Evaluation Item 40	Internship Instructor Review/Refe rral to BRC or ARC
		Score: 3					

Clinical skill	Proficient (A)	Benchmark	Emerging (C)	Inadequate	As	Evaluation
		(B)		/Fail	evidenced	and
					by:	Remediation
Goal 1 of 5						

Students	Internship	Demonstrate	Demonstrate	Demonstrate	Demonstra	Internship	Internship
develop	Year	s high level	s good level	s adequate	tes very	evaluation	Instructor
therapeutic	/Graduati	of	of	level of	low level of	Items	Review/Refer
communicatio	on	therapeutic	therapeutic	therapeutic	therapeutic	41,42,50	ral to BRC or
ns skills		communicati	communicati	communicati	communica		ARC
emphasize the		on skills, is	on skills, is	on skills, is	tion skills,		
client-		able to	able to	able to	is not able		
counselor		develop and	develop and	develop and	to develop		
relationship		maintain very	maintain very	maintain	and		
with		strong	strong	adequate	maintain		
individuals		counseling	counseling	counseling	counseling		
and families		relationships	relationships	relationships	relationshi		
		Score 3 on all	Score 2 on	Score 1 on	ps		
			most	most	0 on most		

Clinical skill		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As Evidenced by:	Evaluation and Remediation
Goal 2 of 5							
Students facilitate and manage the counseling process with individuals and families	Internship Year /Graduation	Demonstrates high level of able to facilitate and manage the counseling process across longer periods of time and across many different client populations Score 3 on most	Demonstrates good level of able to facilitate and manage the counseling process across longer periods of time and across several different client populations Score 2 on most	Is beginning to be able to facilitate and manage the counseling process across moderate periods of time and across limited client populations Score 1 on most	Is not able to facilitate and manage the counseling process across periods of time and across many different client populations Score 0 on most	Internship evaluation items 44,45,46,4 7, 49	Internship Instructor Review/Refer ral to BRC or ARC

Clinical skill		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 3 of 5							
Students develop an understanding of group development, dynamics, counseling theories, group counseling methods and skills, and other group work	Internship Year	Score 3 on most	Scores 2 on most	Score 1 on most	Score 0 on most	Internship evaluation :items 63,64,65,6 6	Internship Instructor Review/Refer ral to BRC or ARC

approaches.				

Clinical skill		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 4 of 5							
Students develop an understanding of addiction and co- occurring disorders and counseling skills with clients with addiction and co- occurring disorders.	Internship Year	Score 3 on most	Scores 2 on most	Score 1 on most	Score 0 on most	Internship evaluation :items 70- 78	Internship Instructor Review/Refer ral to BRC or ARC

Clinical skill		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 5 of 5							
Students develop an understanding of the impact of trauma on clients and demonstrate skills in trauma counseling.	Internship Year	Score 3 on most	Scores 2 on most	Score 1 on most	Score 0 on most	Internship evaluation :items 67,68.69	Internship Instructor Review/Refer ral to BRC or ARC

Self as		Proficient	Benchmark	Emerging	Inadequate	As	Evaluation
Counselor		(A)	(B)	(C)	/Fail	evidenced	and
						by:	Remediation
Goal 1 of 5							
Demonstrates awareness of their social locations and impact on their life experiences.	Internship Year/Gradu ation	Demonstrat es high level of skill in negotiating impact of counselor social locations on therapeutic process. Score 3 on most	Demonstrates ability to address the impact of counselor social locations in therapeutic process Score 2 on most	Is able to identify multiple social locations and the impact on personal experience as well as how these impact	Is unable or unwilling to explore own worldview Score 0 on one or more	Internship evaluation Items 13,57,59	Internship Instructor Review/Referral to BRC or ARC

		personal		
		and		
		professiona		
		l worldview		
		Score 1 on		
		most		

Self as Counselor		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 2 of 5							
Demonstrates ability to explore how personal experiences, thoughts, and feelings impact counseling with clients.	Internship	Demonstrates awareness of self, emotional stability, impact of self in the therapeutic relationship, dealing with countertransf erence, and an understanding of need for lifelong learning Score 3	Demonstrates self awareness and emotional stability. Immerging use of self in therapeutic process, uses supervision to continue growth. Sore 2	Demonstrates self awareness and emotional stability. Immerging use of self in therapeutic process, uses supervision to continue growth Score 1	Student demonstrates lack of self awareness that impedes learning or client care. Score 0	Internship Evaluation Item 48B	Internship Instructor Review/Referral to BRC or ARC

Self as Counselor Goal 3 of 5		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Maintains self care	Internship year	Demonstrates ability to maintain personal wellness to optimize professional competence. Recognizes and proactively addresses early signs of burnout.	Demonstrates ability to perform adequate self care to enhance personal wellness and ability to attend to professional responsibilities. Recognizes signs of burn out before client care is impacted. Score 2 on both	Begins to use self care plan, learns to adapt plan when needed, and seeks supervision and personal therapy as needed. Score 1 on one or more	Engages in inadequate self care that impedes learning ability or client care. Score 0 on one or more	Internship Evaluation Items 14, 24 AND MHC 591: Self care plan	Internship Instructor Review/Referral to BRC or ARC

Self as	Proficient	Benchmark	Emerging	Inadequate	As	Evaluation
Counselor	(A)	(B)	(C)	/Fail	evidenced	and
					by:	Remediation

Goal 4 of 5							
Demonstrates awareness of competence and limitations	Internship	Demonstrat es clear awareness of competence and limitations, goes above and beyond to seek opportunitie s for learning using multiple channels	Demonstrates clear awareness of competence and limitations, uses multiple channels to learn/grow (e.g. supervisor, literature search, colleague feedback.	Is under confident or inconsisten t in awareness of limitations, unsure when to seek supervision	Overestimat es competence does not recognize limitations	Internship Evaluation Item 25	Internship Instructor Review/Referral to BRC or ARC

Self as Counselor		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 5 of 5							
PQE Critical Items: Openness to supervision	Internship	Develops clear supervisory working alliance with faculty, supervisors and peers. Able to determine when/how to express opinions differing from supervisor and to work toward resolution. Score 3 on both	Seeks supervision from faculty, supervisors and peers. Utilizes supervision to grow and develop. Score 2 on both	Same as above Score 1 on one or more	Same as above Score 0 on more or more	Internship Evaluation Items 6,27	Internship Instructor Review/Referral to BRC or ARC

Multicultural Competence		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 1 of 4							
Students develop awareness of the effect of power, privilege, and difference and their own cultural attitudes, beliefs,	Internship	Addresses impact of therapist cultural attitudes and beliefs on relationship and therapeutic process with client either	Understands how therapist cultural attitudes and beliefs may impact relationship and therapeutic process with client, begins to develop	Understands how therapist cultural attitudes and beliefs may impact relationship and therapeutic process with	Fails to recognize how therapist cultural attitudes and beliefs impact relationship and therapeutic	Internship Evaluation Item 15,58	Internship Instructor Review/Referral to BRC or ARC

		directly with client or in tx planning as appropriate Score 3 on both	strategies to address impact Score 2 on both	client with supervisor assistance. Score 1 on one or more	process with client, and impedes client care. Score 0 on both		
Multicultural		Proficient	Benchmark	Emerging	Inadequate	As	Evaluation
Competence		(A)	(B)	(C)	/Fail	evidenced	and
						by:	Remediation
Goal 2 of 4							
PQE Critical items: Responsibility Item 5 Students will demonstrate the ability to engage in dialogue with people who carry or hold other perspectives in ways that show respect for the other persons and other points of view. Integrity Items 3,4,5 Respect for others	Internship		Score of 2 on most	Score of 1 On most	Score of 0 On most	Internship Evaluation: Disposition s 4, 10, 11	Internship Instructor Review/Referral to BRC or ARC

Multicultural		Proficient	Benchmark	Emerging	Inadequate	As	Evaluation
Competence		(A)	(B)	(C)	/Fail	evidenced	and
						by:	Remediation
Goal 3 of 4							
Students recognize limitations of theory and	Internship	Recognizes client worldview.	Recognizes client worldview.	Recognizes, with supervisor	Fails to acknowledge client	Internship evaluation	Internship Instructor Review/Referral
Pelseltrichultourpaply		₽roaficient	Ben chmark	Emenging	<i>lnoardhere</i> puate	Items As 16,60	Evakaatrianc
to all people and demonstrates awareness of need to adapt to individual client worldview, culture and social location		locations, and culture and the impact on client problems, and adapts treatment accordingly. Score 3 on both	locations, and culture and the impact on client problems and adapts treatment with supervisor assistance Score 2 on both	client worldview, social locations, culture and the impact on client problems Score 1 on one or more	social locations, culture and the impact on client problems Score 0 on one or more	10,00	

Competence		(A)	(B)	(C)	/Fail	evidenced	and
						by:	Remediation
Goal 4 of 4							
Learns strategies for working with gender and gender spectrum issues, diverse populations, ethnic and other non-dominant groups.	Internship	Score 3	Score 2	Score 1	Score 0	Internship Evaluation Item 61	Internship Instructor Review/Referral to BRC or ARC

Professional		Proficient	Benchmark	Emerging	Inadequate	As	Evaluation
Identity		(A)	(B)	(C)	/Fail	evidenced	and
						by:	Remediation
Goal 4 of 6							
Demonstrates	Internship	Provides	Addresses	Fails to		Internship	Internship
ability to	year	career	career	consider		Evaluation	Instructor
complete a		evaluation	issues with	career in		Item 39	Review/Referral
career		and	clients at	tx			to BRC or ARC
assessment and		includes	intake,	planning			
give feedback to		career	includes in				
client in role play		developme	tx plan as				
		nt in tx	needed				
		plans as					
		regular					
		part of					
		planning					

Professional		Proficient	Benchmark	Emerging	Inadequate	As	Evaluation
Identity		(A)	(B)	(C)	/Fail	evidenced	and
						by:	Remediation
Goal 5 of 6							
Demonstrates Understanding of roles & functions of mental health counselors	Internship					Internship Evaluation	Internship Instructor Review/Referral to BRC or ARC

Ethical Practice	Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced	Review and Remediation
					by:	
Goal 1 of 1						

Understands, and	Internship	Demonstrat	Demonstrates	Demonstra			Internship
follows ethical		es a strong	an	tes an	Does not	Internship	instructor
standards		understandi	understandin	understand	demonstrate	Evaluation	review. Referral
		ng and	g of and	ing of and	an		to ARC.
		commitment	commitment	commitme	understandin	1,9,28,29,30	
		to ethical	to ethical	nt to	g of ACA Code		
		standards,	standards,	ethical	of Ethics, or		
		recognizes	recognizes	standards,	does not		
		ethical	ethical issues	begins to	recognize		
		issues	independentl	recognize	practical		
		independent	y, recognizes	ethical	applications.		
		ly,	and	issues with	Attempts to		
		demonstrate	remediates	supervision	hide mistakes		
		s ability to	errors with	, may make	or lacks		
		recognizes	supervisor	ethical	openness to		
		and	assistance.	errors	supervision.		
		remediates	Score 2 on all	without	Score 0 on		
		ethical		awareness	any		
		errors with		Score 1 on			
		supervisor		one or			
		consultation		more			
		•					
		Score 3 on					
		all					

Research and Assessment Goal 5 of 7		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Review and Remediation
Develops and Utilizes measureable outcomes with clients supported by research literature	Internship	Develops measureab le outcomes/ goals, supported by the literature and within the therapists theoretical orientation	Develops measureab le outcomes/ goals supported by literature.	Outcome s/goals are not measure able and/or are not supporte d by literature	Unable to develop a tx plan	Internship Case Presentati on	Internship Instructor Review/Referral to BRC or ARC

Research and		Proficient	Benchmark	Emerging	Inadequate	As	Review and
Assessment		(A)	(B)	(C)	/Fail	evidenced	Remediatio
						by:	n
Goal 6 of 7							
Students	Internship	Score 3	Score 2	Score 1		Internship	Internship
demonstrate an	Year					Evaluation:	Instructor
understanding						Item 36	Review/Referr

of assessment				al to BRC or
and evaluation				ARC
in mental				
health				
counseling				

Research and Assessment		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced	Review and Remediatio
						by:	n
Goal 7 of 7							
Students understand social and cultural factors related to assessment and ethical strategies for using assessment in mental health counseling.	Internship	Score 3	Score 2	Score 1		Internship Evaluation; Item 36	Internship Instructor Review/Referr al to BRC or ARC

Spring 2020 MHC 582/583 Adult/Child Mental Health Internship 3 credits, CR/NC, Mondays 5:30-8:30 biweekly

Stella Beatríz Kerl-McClain, Ph. D. Rm 433 Rogers Hall 503-768-6077 (office) 503-841-0333 (cell) sbk@lclark.edu

Office hours: Tues 12:30-3:00 Mondays after class + other times when arranged by email

Please email me to make appointments for office hours! If I have no appointments scheduled during office hours, I may schedule meetings or other appointments during those times. Make sure the appointment is confirmed through Google calendar, i.e., accept the invitation sent to you through Google calendar.

Course Description: This class provides clinical supervision and education for intern counselors working with adults and/or children in their supervised community experience. The class will emphasize developing and applying a repertoire of concepts and strategies for case conceptualization, treatment planning, intervention strategies and skills, and ethical conduct in working with clients presenting a wide variety of individual and relationship issues.

Catalogue Description: Internship in a community setting. Participants engage in counseling and related professional activities under supervision. Students write reports, prepare case histories, and submit work samples for supervisory review.

Textbook:

ALL STUDENTS MUST READ ARTICLES/READINGS FROM MOODLE LINKS AS ASSIGNED

Disability services statement: If you have a disability that may impact your academic performance, you may request accommodations by submitting documentation to the Student Support Services Office in the Albany Quadrangle (503-768-7192). After you have submitted documentation and filled out paperwork there for the current semester requesting accommodations, staff in that office will notify me of the accommodations for which you are eligible. Because our course delivery will be online this summer, it is particularly important that you talk to me soon about accommodations and needs.

During this summer term, Student Support Services continues to be available via email (access@lclark.edu) or by phone (503-768-7192). While they aren't answering the phone directly, if you call and leave a message, they will call you back. You can also make an appointment on line via their website: (www.lclark.edu/offices/student support services/).

Appointments will be conducted either by phone or Zoom.

Technical requirements students need to be aware as we begin a new virtual semester:

The main learning platforms for this class will include Moodle and Zoom. Moodle will be used as the primary course site and is where students will access weekly learning modules and all course materials. Please let me know ASAP if you do not see our course in your moodle dashboard. Zoom will be used for synchronous class sessions. Please see the .pdf entitled "Graduate Students: How to Connect to Your Classes using Zoom Classrooms." If something

happens to my internet connection during a synchronous Zoom session (e.g., I'm suddenly gone or I freeze), I will try to get back on ASAP. If I am not back on within a couple of minutes, call me at the cell number listed at the top of this syllabus and I'll let you know what is going on.

If you have questions about accessing and using Moodle, visit <u>Lewis & Clark's Moodle</u> <u>Resources page.</u> Moodle and tech support is also available by email at <u>ITservice@lclark.edu</u> or by phone at 503-768-7225. IT's summer hours are 9-5, Monday to Friday. If you call, leave a message and they will call you back.

For help and troubleshooting with Zoom, visit the Zoom Help Center: https://support.zoom.us/hc/en-us

If you face Internet access challenges: Some companies are offering free or discounted access during this time. To learn more about options visit Information Technology's <u>Learning Remotely</u> website.

<u>Participation Expectations</u>: This class will be held online and remotely, synchronously and asynchronously. Class participation in both types of instructional delivery is expected and required. Any missed asynchronous participation activities will result in an Incomplete grade until they are completed. Missing more than ten percent of class activities may result in failure to complete the class. In case of hardship and at the discretion of the instructor, a grade of incomplete may also be given for an assignment or the entire course. In such cases, the work to be submitted in order to remove the incomplete must be documented appropriately and stated deadlines met. Students are expected to be on time to class.

Asynchronous activities (e.g., student case presentations) will be posted in bi-weekly learning modules. Each module will be available by the Tuesday after class at 9:00 a.m. and fellow students will be expected to respond by the next synchronous class period. While we will not always use the entire synchronous time allotted, you should be available during that time for course activities such as check-ins, supervision regarding site, supervisor, and client issues, questions, concerns, etc.

Attendance policy modification for this course:

- Students may miss one synchronous class and must participate in ALL asynchronous activities.
- Any missed classes beyond the single class will require make-up work including any of the following; written work including research and literature review, professional reading with written review, special projects, etc., typically equivalent to a 10 page paper
- Any "planned absences" must be discussed with and approved by the course professor at least two weeks in advance of the absence.
- In case of illness and true emergencies, please notify your instructor as soon as possible.
- More than one absence a semester could result in a failure to complete the class.
- Late to class: More than 20 minutes will require make-up work at the discretion of the professor. Arriving late impacts the work of your classmates and may communicate disrespect for your instructor and your peers.

Methods of Evaluation:

- Sharing current experiences in your internship to sound out with peers
- Participation in discussion and feedback to client/site/supervision issues of peers
- One comprehensive written case conceptualizations and presentation over the semester, posted online in the designated discussion forum. Peers in the course are expected to

comment and ask questions, and you should be prepared to reply over the two week period

- Documentation of work completed
- Site supervisor's evaluation of performance
- Satisfactory performance on the Professional Qualities Evaluation Form

Requirements for credit:

- Complete a minimum of 240 hours of supervised direct counseling/client contact with individuals, couples, families and groups combined over 2 semesters at assigned internship sites, other hours to total 600 over 2 semesters.
- Complete one written case presentation/extended check-in)
- Submit <u>weekly</u> documentation of supervision [CARE note] session to faculty supervisor during class uploaded two weeks at a time.
- Satisfactory evaluations from on-site supervisor and on-campus instructor/supervisor. This includes satisfactory responses to ethical dilemmas and challenges.
- Attendance and active participation in on-campus intern supervision class for two full semesters.
- Demonstration of ability to accept and respond responsibly to both site and campus supervision.
- Demonstration of ability to work collaboratively with colleagues at the internship site and on campus.

NOTE: This is a credit/no credit course for two semesters. Your credit for both semesters will be deferred until you have completed all requirements for the internship after the second semester. This includes completion and documentation of all hourly requirements for client contact and supervision, satisfactory evaluation by your supervisor for both semesters, your evaluation of the internship site, and class requirements listed above.

Attendance (see modifications for remote learning posted above): Class attendance is expected and required. Any missed class time will be made up by completing extra assignments designed by the instructor. Missing more than ten percent of class time may result in failure to complete the class. This would be 4.5 hours of a 45 hour class (3 credits), 3.0 hours for a 30 hour class (2 credits) or 1.5 hours for a 15 hour class (1 credit.) In case of extreme hardship and also at the discretion of the instructor, a grade of incomplete may be given for an assignment or the entire course. In such cases, the work to be submitted in order to remove the incomplete must be documented appropriately and stated deadlines met. Students are expected to be on time to class and tardiness may be seen as an absence that requires make-up work. Being 30 minutes late to class or leaving 30 minutes early (except when class is dismissed early) will be considered one absence.

Since this class includes the only the minimum group supervision hours required by CACREP, you must attend ALL class session this term.

A Note on Confidentiality: Much of our class discussion and most of the written work you do for this class will contain information about clients. All such private information falls within our shared responsibility for maintaining its confidentiality and protecting the privacy of our clients. Guidelines for fulfilling our responsibilities in this regard include the following:

- Written materials referring to clients should either refer to them by their initials or a by a pseudonym. If the materials are copied and contain the client's name, the name should be blocked out with a black felt tip pen.
- Videotapes of client counseling sessions should be kept secure on your IronKey and should be erased when they have been viewed.
- Doors should be closed when we are discussing cases with no one in the immediate vicinity that is able to overhear the discussion
- Written materials you turn in for review must follow confidentiality guidelines.
- Remember, what we talk about in the classroom STAYS IN THE CLASSROOM!

Class Structure:

First part of class: Group supervision—Each intern will share how they are doing, challenges they are having personally or professionally, or issues related to their internships/clients. Each intern will identify one client (see brief conceptualization requirement) or a topic they need to discuss. This can be a client, a site issue, a personal issue related to functioning as a counselor, career issues, etc. If you do not discuss an issue, we will question and question you about everything that is going on!

Note: Issues involving suicide, child abuse reporting, or major ethical considerations should always be discussed!

Second part of class: Comprehensive Case Summary/Conceptualization (aka extended check-in) on scheduled date. This assignment will be completed and submitted asynchronously over Moodle on your assigned date.

Guidelines for Comprehensive Case Summary/Extended Check-In: Due one time per semester

Structure of Presentations

- Before talking about the client, present a brief overview of your theoretical orientation demonstrated in a non-written/non-narrative way. This might be a chart, drawing, painting, dance or extended metaphor. Our feedback will be, in part, designed to help you to find a better fit between your theory and your work with clients.
- After completing the interpretive theoretical orientation presentation and before presenting the client, clearly communicate to the class the reason you chose this client and the type of feedback you hope to receive. Say what you hope will be different for you after the presentation.
- Handout of presentation MUST INCLUDE ALL CATAGORIES LISTED BELOW (uploaded to Moodle on your assigned date).
- Review/present written case emphasizing theoretical conceptualization
- Class discussion and feedback

Handout must include ALL of following sections/areas. List EACH <u>numeral</u> (so that ALL of them are listed) as categories, and if the category is non-applicable, state this under the category. DO NOT OMIT ANY OF THE FOLLOWING CATEGORIES:

- I. What you want from the class in relation to feedback, advice, knowledge, etc.

 Communicate the reason you chose this client and what you hope will be different after your presentation.
- II. Chief complaint/presenting problem
- III. Demographic data
- IV. History of the present illness
- V. Family issues/influences
- VI. Psychiatric/Medical: Medical/RX history for client and family
- VII. Substance Use, Abuse, Dependence History: Client and Family
- VIII. Cognitive/Affective/Behavioral/Physical Status (mini Mental Status Exam)
- IX. Client strengths/weaknesses
- X. Diagnostic Summary: DSM-5 diagnosis and brief explanation
- XI. Treatment plan consistent with your theoretical orientation (include short-term goals and longer term, theory-consistent objectives.
- XII. Transference/Counter transference issues
- XIII. Ethical Issues involved