

M.A. Professional Mental Health Counseling – Specialization in Addictions
Required Course Sequencing for a 9 Semester Program
Academic Year 2020-2021
62 Semester Hours Total

Floating Any Semester	Elective (1)	This course sequence MUST be followed: any deviation from the plan must be approved by a program co-director. These courses are guaranteed to be available to you IF you adhere to the plan (but not a specific section/time of your choosing). If you are approved for a program plan change your graduation date may change significantly.
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YEAR 1

	Fall		Spring		Summer
MHCA 502 (2)	Intro to PMHC-A Counseling	CPSY 531 OR MHC 535	Research Methods & Statistics II (For Thesis Students Only) OR Research Methods in Counseling (Non-Thesis)	CPSY 522 (2)	Diagnosis of Mental and Emotional Disorders
CPSY 506 (2)	Life Span Development	CPSY 550 (3)	Diversity & Social Justice	MHC 524 (3)	Counseling and Interventions with Adults
MHC 513 (3)	Theory and Philosophy of Counseling	MHCA 545 (3)	Drugs, the Brain, and Behavior	MHC 534 (3)	Child and Family Counseling
MHC 540 (2)	Career Counseling		Work on Completing Portfolio		Work on Completing Portfolio
CPSY 538 (3)	Advanced Research Methods (For Thesis Students Only)		Cohort Meeting		Cohort Meeting
CORE 500	Core Convocation				
	First Advising Session				

YEAR 2

	Fall		Spring		Summer
CPSY 514 <i>or</i> CPSY 515 (3)	Group Counseling w/ Children & Adolescents <i>or</i> w/ Adults	MHC 541 (2)	Introduction to Assessment	MHC 580 (3)	Practicum in Counseling I
CPSY 523 (3)	Counseling and Interventions with Children and Adolescents	MHC 509 (3)	Practical Skills for Counselors	MHC 548 (2)	Trauma/Crisis Counseling Across the Lifespan
MHCA 546 (3)	Models of Addiction and Recovery	MHC 532 (2)	Ethical and Legal Issues in Professional Counseling	MHC 549 (1)	Treatment Planning
	Work on Completing Portfolio		Portfolio due March 1. If incomplete may NOT start practicum next semester.		Cohort Meeting
	Attend Internship Fair and begin search/application process		Cohort Meeting and Practicum paperwork: obtain insurance, complete contract, practicum preference form		Study for CPCE

YEAR 3

	Fall		Spring		Summer
MHC 580 (3)	Practicum in Counseling II	MHC 582/583 (3)	Mental Health Internship I	MHC 582/583 (3)	Mental Health Internship II
MHCA 547 (3)	Addictions Treatment: Procedures, Skills, Case Management		Apply for Graduation	MHC 591 (1)	Career Development
	Finalize internship placement, turn in paperwork		Cohort Meeting		Apply for registered intern status with Oregon (OBLPCT) or apply to state of new residence
	Cohort Meeting CPCE Exam (cost approx. \$75-100)				