Graduate School of Education and Counseling

0615 S.W. Palatine Hill Road Portland, Oregon 97219-7899 Phone 503-768-6000 Fax 503-768-6005



School Psychology 502 – Fall 2019 Introduction to School Psychology

Instructor: Jesse Erwin, Ph.D.

Class Day and Time: Thursday 5:30 pm - 8:45 pm York Graduate Center, Rm. 116

Office Hours: By appointment Email (preferred): jerwin@lclark.edu

Course Description: Overview of the history, systems, roles and functions of school psychologists. Readings in contemporary issues and historical events provide the foundation for graduate preparation in school psychology. Students observe the work of school psychologists and discuss the profession in a seminar format. This course is a practicum in school-based systems, and includes overviews of the theories and practices for school-based emotional, behavioral, social, and academic change.

Prerequisites: None

Restrictions: Admission to School Psychology Program

Credits: 3 semester hours

Required Texts:

 Harrison, P. & Thomas, A. (Eds.) (2014). Best practices in school psychology. Bethesda, MD: National Association of School Psychologists.*

*This is a 4-volume text that will be used in several courses throughout the program.

Additional course materials will be distributed in class or posted online.

Course Format: Class time will be divided between lecture, in-depth discussion of weekly readings, and reporting on school-based activities. Students will be placed in a local school district where they will observe, assist, and participate in a range of activities related to School Psychology practices in instruction, and behavioral and academic interventions.

Course Objectives: The purpose of this course is to establish a foundation of knowledge and skills relevant to the practice of school psychology. Students will meet the goal of this course by demonstrating competence in the following areas:

- Knowing the history of school psychology, current practice standards, and trends for the future.
- Understanding the role of the school psychologist in educational settings.
- Becoming familiar with the direct and indirect services that school psychologists provide.
- Understanding the workings of general education, special education, and related services within a school setting.
- Understanding the intervention and evaluation process that operates in the public schools, the use of data in this process, and how a school psychologist fits into a school-based team.
- Learning and applying codes of professional conduct, ethical principles, and laws that guide and govern the practice of school psychology.

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- Becoming familiar with training standards and knowledgeable of the requirements necessary to obtain state certification to practice school psychology.
- Understanding of and respect for individual differences in diverse communities.
- Developing foundations of professional identity as a psychologist.
- Understanding how to access research that informs practice through exploration of professional literature.

Course Requirements

Attendance: Per CPSY department policy, class attendance is expected and required. If an absence is unavoidable, please email the instructor 24 hours in advance (if possible). Missing more than ten percent of class time (4.5 hours) may result in failure to complete the course. In case of extreme hardship, and at the discretion of the instructor and program chair, a grade of incomplete may be given for an assignment or the entire course. In such cases, the work to be submitted in order to remove the incomplete must be documented appropriately and stated deadlines met. Students are expected to be on time to class and tardiness may be seen as an absence that requires make-up work.

Field-Based Experience: All students are required to volunteer within a public school setting for <u>at least</u> three hours a week. Additional details about acquiring a volunteer placement will be discussed during the first class session. Additional details of the Pre-Practicum experience can be found in the appendix.

Professional Membership: Students are expected to join the National Association of School Psychologists (NASP) and Oregon School Psychologist Association (OSPA). Belonging to organizations like these allows school psychologists to access a broad range of materials, stay up-to-date on developments in the profession, and collaborate with colleagues. You will also receive substantial discounts on the required texts for this course.

Course Assignments and Evaluation Criteria

In addition to building a foundational knowledge base, the requirements of this course are designed to enhance competence in core skills (i.e., writing, speaking, and listening) that are routinely used by school psychologists. The following assignments will be used to evaluate student performance over the course of the semester (details about assignments can be found in the appendix of the syllabus):

- 1. Classroom Engagement (10%)
- 2. Learning History* (10%)
- 3. Midterm Exam (20%)
- 4. Final Exam (20%)
- 5. Annotated Bibliography* (25%)
- 6. Field Experience Documentation (15%)

*Please submit all written work electronically to <u>jerwin@lclark.edu</u> (Microsoft Word or Google Doc - No PDFs).

Grades will be assigned based on the following scale (%):

A: 94-100 A-: 90-93 B+:87-89 B: 83-86

Any percent <80 would result in a C and would require this class to be taken again as no C can count toward your degree in this program.

B-:80-82

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Professional Conduct and Academic Integrity Policy: All Lewis & Clark students are responsible for knowing the standards of professional conduct and academic integrity. Please refer to the Lewis & Clark graduate catalog for the Standards of Professional Conduct and Academic Integrity Policy. Plagiarism, that is, using research without citations, or using a created product without crediting the source, will result in a deduction of at least 50% of the assignment grade for each instance, failure of the course, and/or being reported to the Dean of Students. It is very important for students to learn how to describe readings and research findings in their own words. For this course, plagiarism will be defined as **four or more consecutive words taken directly from a reading without the use of quotation marks**. Each instance of plagiarism will result in a deduction of 50% of the total points. Students should make every effort to paraphrase. Quotes should rarely be used, as they are typically reserved for unusual/creative statements made by authors to emphasize a point. Excessive use of quotes will result in point loss.

Disability Services Statement: If you have a disability that may impact your academic performance, you may request accommodations by submitting documentation to the Student Support Services Office in the Albany Quadrangle (503-768-7192). After you have submitted documentation and filled out paperwork there for the current semester requesting accommodations, staff in that office will notify me of the accommodations for which you are eligible.

Changes: The instructor reserves the right to make appropriate changes in the syllabus. It is the student's responsibility to keep updated on course information if he or she is absent.

Communication: E-mail is the preferred method of communication. I will typically respond to student inquiries within 24 hours on weekdays and will convey any changes in class or assignments via email.

Writing Center: The Writing Center offers tutoring services to all students on any type of writing project. You may schedule an appointment with the Writing Center director or drop by for peer tutoring. The writing center can assist with all stages of the writing process. See their website for more details: https://college.lclark.edu/academics/support/writing center/.

Classroom Etiquette

Phones and Laptops – Students are expected to use technology appropriately. Please refrain from checking email, texting, working on other assignments, etc. during class time. It is usually quite obvious when someone is using their laptop for something other than notes and can be very disheartening for instructors (who have feelings too). In these instances, the instructor will ask students to put away their computer, which will affect your classroom engagement grade.

Discussion Norms – We will be exploring many topics that are complex and emotional, and I expect there will be differing opinions among students. Disagreement and debate are healthy ways to develop critical thinking skills and take multiple perspectives. In order to do so in a constructive manner, I expect all students to follow these discussion norms (adapted from University of Michigan Center for Research on Learning and Teaching):

- 1. Respect others' rights to hold opinions and beliefs that differ from your own.
- 2. When you disagree, challenge or criticize the idea, not the person.
- 3. Listen carefully to what others are saying even when you disagree with what is being said. Comments that you make (asking for clarification, sharing critiques, expanding on a point, etc.) should reflect that you have paid attention to the speaker's comments.

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- 4. Be courteous. Don't interrupt or engage in private conversations while others are speaking. Be aware of messages you may be communicating with your body language.
- 5. Support your statements. Use evidence and provide a rationale for your points.
- 6. Share responsibility for including all voices in the discussion. If you have much to say, try to hold back a bit. If you are hesitant to speak, look for opportunities to contribute to the discussion.
- 7. If you are offended by something or think someone else might be, speak up and don't leave it for someone else to have to respond to it.
- 8. Recognize that we are all still learning. Be willing to change your perspective, and make space for others to do the same.

Confidentiality - Any personal disclosures are considered confidential and should not be shared with others outside of the classroom.

Food Policy - Because class meets during typical dinner hours, I imagine many people will need to eat during instruction. I am going to tentatively allow this as long as a) it is not distracting and b) students clean up after themselves.

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Course Schedule

Subject to change at instructor's discretion

Week 1 – 9/5/19 The Mission, History, and Practice of School Psychology

Readings Due:

- Fagan & Wise, Ch.1 Introduction to the Field of School Psychology
- BP Foundations, Ch. 29 Trends in the History of School Psychology in the United States.

Week 2 - 9/12/19 Researching and Writing in Graduate School WATZEK LIBRARY, Rm 245

Guest Speaker - Elaine Hirsch - Associate Director, Audrey R. Watzek Library

Readings Due:

- Gilman et al. (2011) Literature Reviews.
- Purdue Online Writing Lab (OWL)
 - o Paraphrase: Write it in your own words.
 - o Annotated bibliographies.
 - o Annotated bibliography breakdown.
 - o Annotated bibliography samples.

Week 3 – 9/19/19 The Roles and Functions of School Psychologists

Assignments Due: Learning History

Readings Due

- Fagan & Wise, Ch. 4 Roles and Functions of School Psychologists
- The NASP Model for Comprehensive and Integrated School Psychological Services.

Week 4 - 9/26/19 School Psychology and Early Childhood/School-Age Special Education

Guest Speaker: Megan Wattman-Turner, School Psychologist, Northwest Regional Education Service District

Readings Due:

- Merrell et al. (2011), Ch. 6 Legal and ethical issues in school psychology.
- Oregon Administrative Rules (OARs) Division 15, Special Education (581-015-2000 through 581-015-2930).

Week 5 - 10/3/19 Foundations of Legal and Ethical Practice

Assignments Due: Topic for comprehensive paper

Readings Due:

- BP CH. 31, best practices in applying legal standards for students with disabilities
- NASP Principles for Professional Ethics

Week 6 - 10/10/19 NO CLASS - OSPA CONFERENCE

Week 7 - 10/17/19 Assessment

Readings Due:

- Merrell et al. (2011), Ch.8 The School Psychologist's Role in Assessment* read first
- BP Data-Based Ch.2- Problem Solving Foundations for School Psychological Services

Week 8 - 10/24/19 - The School Psychologist's Role in Consultation and Counseling

Guest Speaker – Zoë Bakker – School Psychologist Intern, Portland Public Schools

Readings Due:

• BP Data-Based, Ch 29 - Best Practices in School Consultation

Week 9 - 10/31/19 MIDTERM EXAM

Week 10 - 11/7/19 Prevention and Intervention

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Guest Speaker: Jen Lopez Nutter, Learning Specialist, Chief Joseph Elementary School Readings Due:

- Merrell et al., Ch. 9 The School Psychologist's Role in Prevention and Intervention, Part 1: Academic Skills
- Merrell et al., Ch. 10 The School Psychologist's Role in Prevention and Intervention Part 2: Mental Health and Social-Emotional Behavior.

Week 11 - 11/14/19 The School Psychologist as an Agent for Social Justice

Readings Due:

- BP Foundations, Ch.1 Best Practices in Increasing Cross-Cultural Competency;
- BP Foundations, Ch.2 Best Practices in School Psychologists Acting as Agents of Social Justice
- Lee, C. (2010). Soaring above the clouds, delving the ocean's depths: Understanding the ecologies of human Learning and the challenge for education science. *Educational Researcher*, 39(9), 643-655.

Week 12 -11/21/19 Mutlitiered Systems of Support

Readings Due:

- BP Data Based, Ch. 3 A Comprehensive Framework for Multi-Tiered Systems of Support in School Psychology.
- BP Systems Level, Ch.3 Best Practices in Implementing Evidence-Based School Interventions.

Week 13 - 11/28/19 NO CLASS

Week 14 –12/5/19 Multitiered Systems of Support (cont'd)

Assignments Due: Annotated Bibliography

Readings Due:

• BP Data-Based, Ch.25 - Best Practices in Program Evaluation in a Model of Response to Intervention/Multitiered System of Supports

Week 15 - 12/12/19 FINAL EXAM and Course Wrap-Up

Assignments Due: Site Supervisor Professional Standards Rubric; Self-Evaluation Professional Standards Rubric; Final Practicum Hours Log.

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Appendix A: Assignments

09/19/19 - Learning History

10/31/19 - Midterm Exam

12/05/19 - Annotated Bibliography

12/12/19 - Final Exam

12/12/19 - Field Experience Documentation

1. Learning History – In approximately three pages, reflect on your experience at school (up to Grade 12 unless significant events occurred during your college years). Were your personal characteristics a good fit for the school setting? What messages did your teachers (or other school personnel) convey to you (Did they see you as "smart?" Or perhaps you were considered a "troublemaker?"). Did you receive different messages from different teachers? Did perceptions of you change at difference stages of your school experience? As a graduate student, you are part of a small and selective portion of the US population – Did the messages you received from school personnel lead you to believe you would be here today? When did you know you were academically competent?

The purpose of this assignment is to provide students an opportunity to reflect on meaningful events that led them to the profession of school psychology. This type of introspection will also be a good reminder of what it's like to be a student and how subtle interactions with adults can affect our developmental trajectory.

- Length Two to three pages, double spaced, Times New Roman, 12 pt.
- Due ELECTRONIC COPY (word or google doc) due 9/19/19 by 11:59 PM.
- 2. Exams There will be one midterm (10/31/19) covering material from the first half of the course and one final exam (12/5/19) covering the second half. Both exams will consist of multiple choice and short answer questions.
- 3. Annotated Bibliography Over the course of the fall and spring semesters each student will write a comprehensive paper on a selected topic within school psychology. During the fall semester, each student will select a topic, review literature regarding this topic, and complete an annotated bibliography (10 sources minimum). The paper will be completed in the spring semester. Students must submit their topics (examples can be found in Appendix C) by the 5th week of class. If multiple students choose the same topic, I will use random assignment to choose which student gets it. Students who would like to explore a topic that is not listed in Appendix C must receive my approval first. Writing completed for any other previous coursework, at L&C or elsewhere, cannot be presented as part of this paper (in other words, pick a new topic).
 - Due: ELECTRONIC COPY (word or google doc) due 12/05/19 before 11:59 PM
- 4. Field Experience Documentation and Reflection There are four components of practicum documentation due 12/12/19 at 11:59 PM.
 - A weekly hours log (google form to be provided);
 - Site Supervisor Professional Standards Evaluation;
 - Professional Standards Self-Evaluation.
- 5. Classroom Engagement Measuring engagement can be difficult because it is sometimes equated with "speaking in class." In a class of this size, it may be impossible to ask a question or share your thoughts every single week. In general, I encourage students to contribute as often as they can but

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know that you will not be graded down simply because you refrained from speaking one week. A great way to demonstrate course engagement is to ensure that questions and comments reflect that you have done the reading for the week. This may include linking ideas back to the reading, asking clarifying questions, and so on. Alternative ways to show engagement include active listening skills (rotating toward the speaker, eye contact, affirmative nodding), note taking, and asking follow up questions (via e-mail, during breaks, etc.).

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Appendix B: NASP Domains of School Psychology Training and Practice

The School Psychology (SPSY) Program at Lewis & Clark College first received full approval by the National Association of School Psychologists in 2003. The SPSY program highlights the importance of the NASP Domains of School Psychology Training and Practice in our program by making them central to our program goals, objectives and, as we demonstrate in the following section, in our Program Evaluation Plan. The 10 NASP domains detailed below are not mutually exclusive and are instead fully differentiated and integrated into the SPSY graduate level curricula, practica, internship, and program evaluation plan.

2.1 Data-Based Decision Making and Accountability

School psychologists have knowledge of varied models and methods of assessment and data collection for identifying strengths and needs, developing effective services and programs, and measuring progress and outcomes.

2.2 Consultation and Collaboration

School psychologists have knowledge of varied models and strategies of consultation, collaboration, and communication applicable to individuals, families, groups, and systems and methods to promote effective implementation of services.

2.3 Interventions and Instructional Support to Develop Academic Skills

School psychologists have knowledge of biological, cultural, and social influences on academic skills; human learning, cognitive, and developmental processes; and evidence-based curricula and instructional strategies.

2.4 Interventions and Mental Health Services to Develop Social and Life Skills

School Psychologists have knowledge of biological, cultural, developmental, social influences on behavior and emotional impacts on learning and life skills, and evidence-based strategies to promote social-emotional functioning and mental health.

2.5 School-Wide Practices to Promote Learning

School Psychologists have knowledge of school and systems structure, organization, and theory; general and special education; technology resources; and evidence-based school practices that promote learning and mental health.

2.6 Preventive and Responsive Services

School psychologists have knowledge of principles and research related to resilience and risk factors in learning and mental health, services in schools and communities to support multi-tiered prevention, and evidence-based strategies for effective crisis response.

2.7 Family-School Collaboration Services

School psychologists have knowledge of principles and research related to family systems, strengths, needs and culture; evidence-based strategies to support family influences on children's learning and mental health; and strategies to develop collaboration between families and schools.

2.8 Diversity in Development and Learning

School psychologists have knowledge of individual differences, abilities, disabilities, and other diverse candidate characteristics; principles and research related to diversity factors for children, families, and schools, including factors related to culture, context, and individual differences; and evidence-based strategies to enhance services and address potential influences related to diversity.

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2.9 Research and Program Evaluation

School psychologists have knowledge of research design, statistics, measurement, varied data collection and analysis techniques, and program evaluation sufficient for understanding research and interpreting data in applied settings.

2.10 Legal, Ethical, and Professional Practice

School psychologists have knowledge of the history and foundations of school psychology; multiple service models and methods; ethical, legal, and professional standards; and other factors related to professional identity and effective practice as school psychologists

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Appendix C: Comprehensive Paper Topic Examples - Fall 2019

Basic Reading Skills Development and Interventions

Reading Fluency Development and Interventions

Reading Comprehension Development and Interventions

Math Computation/Calculation Development and Interventions

Math Problem Solving/Reasoning Development and Interventions

Writing Development and Interventions

Spelling Development and Interventions

Interventions targeting Work Completion (in class) and/or On-task Behavior

Interventions targeting Homework and/or Self-Management

Interventions targeting decrease in aggressive/disruptive behavior

Social Skills Groups

Counseling children with Anxiety and/or Depression in schools

Counseling children to increase self-regulation skills and/or Executive Functioning

Check In/Check Out (Check and Connect)

School-Wide Positive Behavior Supports (with focus on Tier 1 and Tier 2)

Peer Tutoring as a Classroom Intervention

Consulting with Teachers

Consulting with Parents

Assessment - Autism Spectrum Disorders

Assessment - Emotional Disturbance

Assessment - Specific Learning Disability - Patterns of Strengths and Weaknesses

Assessment - Specific Learning Disability - Response to Intervention

Assessment - ADHD

Assessment - Intellectual Disability

Curriculum-Based Measurement and Progress Monitoring

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Appendix D: Pre-Practicum Experience

The following information is sent to participating classrooms prior to student placement. It also happens to be a useful description of the purpose and objectives for the pre-practicum experience.

Lewis and Clark School Psychology (LCSP) Program

2019-20 LCSP Pre-Practicum:

A classroom-based experience for first-year school psychology students

Brief Background of LCSP Students

All LCSP Pre-Practicum students begin our program with various and rich experience working with children in schools, clinics, camps, residential programs, etc. They have all completed the necessary background checks required to volunteer in schools. All LCSP students are engaged in a three-year graduate program that will result in them being licensed as school psychologists.

Expectations of LCSP Pre-Practicum Students

The goals of the LCSP Pre-Practicum experience are two-fold: To help first-year school psychology students get better grounded in the educational and instructional processes in classroom settings while at the same time providing help and assistance to teachers and students through individual or small group instruction. With the assistance and support of a classroom teacher, first year LCSP Pre-Practicum students will engage in, learn from, and contribute to the following activities:

- 1) Volunteer within the classroom for at least 3 hours per week through June
- 2) Understand, observe and contribute to classroom based and school-wide RTI practices
- 3) Provide individual or small groups instruction in curricular areas such as reading and math
- 4) Assist in behavioral interventions or classroom management processes as needed
- 5) Become familiar with school/district curriculum and assessment processes for math and reading
- 6) Observe classroom instructional processes and practices
- 7) Assist in instructional classroom-based activities and less with tasks such as copying or stapling

Expectations of LCSP Pre-Practicum Supervisors

As part of a required set of classes (SPSY 502 & 503: Introduction to School Psychology), LCSP Pre-Practicum students will be supervised by Lewis and Clark program faculty who will be responsible for grading students in their coursework and assignments. LCSP Pre-Practicum students will also be supervised by classroom teachers who will be asked to accomplish the following:

- 1) Maintain helpful communication with the pre-practicum student
- 2) Provide guidance for the tasks listed above to be accomplished (see list above)
- 3) Provide a brief, one-page, mid-term and final evaluation for the pre-practicum student addressing how professional, successful and helpful the pre-practicum was in accomplishing the activities listed above.

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LC Campus Supervisor Contact information

Classroom teacher-supervisors and DDSD representatives can contact the following individuals with concerns:

Peter Mortola, Ph.D. LCSP Program Assistant Director pmortola@lclark.edu 503 768 6072

Jesse Erwin, Ph.D. LCSP Program Instructor Introduction to School Psychology jerwin@lclark.edu

Rochelle Zirdum, M.A.

Placement Coordinator | Office of Strategic Partnerships and Clinical Placement
Lewis & Clark Graduate School of Education and Counseling
0615 SW Palatine Hill Rd, MSC 14 | Portland, OR 97219
rochellez@lclark.edu

Phone: <u>503-768-6094</u>