

**Lewis and Clark
Bereavement and Art Therapy
CPSY-590-03
CPSY-590-13
Summer 2019
1 Credit**

Course Description:

This course introduces art therapy as an intervention to help bereaved children, adolescents, and their families. Participants review various developmental issues, a variety of theoretical models, and the role of creativity in healing from loss.

Instructor: Sally Giles, LPC, ATR-BC, ATCS

Office Hours: Email sallygiles@lclark.edu to schedule office hours, or call 503-929-8807

Course Class Sessions: 07/20/2019-07/21/2019
Lecture Saturday, Sunday 09:00AM - 05:30PM,

Course Location: York Graduate Center, Room 101

Due Dates:

- **Cultural Examination Due:** Monday, July 29th
- **Final Papers Due:** Wednesday, July 31st

Texts:

Order textbooks here: <http://bookstore.mbsdirect.net/marylhurst.htm>.

This book is required:

MacWilliam, B. (Ed). (2017). *Complicated Grief, Attachment & Art Therapy*. Jessica Kingsley Publishers.
ISBN: 978 1 84905 782 0

This book is not required, but is recommended:

Bolton, G. (2007). *Dying, Bereavement and the Healing Arts*. Jessica Kingsley Publishers.
ISBN13 9781843105169

Program Outcomes:

- Students will reinforce and expand their knowledge of art therapy processes and materials.
- Students will reinforce and expand their understanding of the importance of multicultural awareness in assessment, treatment, and rapport building.
- Students will reinforce and expand their understanding of the use of imagery for personal growth and well-being of clients.
- Students will reinforce and expand their familiarity with assessment and treatment planning related to grief and loss and associated mental health vulnerabilities.
- Students will reinforce and expand their understanding of the importance of self-examination and self care.

Course Outcomes:

- Students will be able to identify and explain at least 3 bereavement theories.
- Students will be able to describe at least three ways to combine creativity and art therapy meaningfully with bereavement theories.
- Students will be able to apply their learning to individual and group interventions for bereaved people.

Assessment and Evaluation:

Materials will be presented and practiced through lecture, small group discussion and experiential methods.

Students will demonstrate competence through class participation in discussion, small group case studies, art experientials, and completion of final cultural examination and case conceptualization assignments.

Disability Services Statement: *If you have a disability that may impact your academic performance, you may request accommodations by submitting documentation to the Student Support Services Office in the Albany Quadrangle (503-768-7192). After you have submitted documentation and filled out paperwork there for the current semester requesting accommodations, staff in that office will notify me of the accommodations for which you are eligible.*

Additional Information:

All PowerPoint presentations will be available in Moodle

Participants will be invited to examine their own beliefs and experiences with grief and loss through creative expression. There is no need to have previous art experience to participate in this course, only a willingness to explore your beliefs through your inherent creativity. The experience of participating in classes occasionally evokes strong emotions. The instructor wishes all participants to feel safe, and urges students to engage in class experiences and discussions at their own, and their classmates' level of comfort. Students who choose for personal reasons not to participate in a section of the class may complete an alternative assignment.

Course Assignments and Grading

Each unexcused day late will reduce assignment grade by 5%

- **Class Participation, 30% of Final Grade**

- Students must attend both lecture days to receive credit.
- More than 15 minutes late to the start of class or return from break will be considered tardy
 - Two tardys in a day or one that is more than 30 minutes late will be considered an absence.
- Students must post a Moodle comment on two different cultural examination assignments by classmates.
 - Comments should demonstrate that you have read the post and applied concepts from class. Include citations in your comment if applicable.
 - **Due Date: Friday, August 2nd**

- **Cultural Examination 30% of Final Grade**

Find, analyze and share with the class an example of a public response to loss.

- Identify a public response to loss. This could be a news article, a blog, an art exhibit, a memorial garden, a story from legend or folklore, a book, an event, etc.
- Describe the underlying messages about grief and loss. Does it confirm or refute any of the grief myths identified in the text? Does it resonate with a grief theory we discussed in class?
- Identify relevant cultural information.
- Post a link or reference to this example with a written 1-2 page analysis, including at least 2 sources from the class text or your own research to support your ideas.
- APA style required.
- These will be shared with the class on Moodle.
- Optional: include your own creative response.
- **Due Date: Monday, July 29th**

- **Case Conceptualization 40% of Final Grade**

Write a 3-5 page paper in APA style conceptualizing one of the cases provided.

- Identify the relevant clinical information you glean from the summary. What information would you want to find out next and how would you find that out?
- Identify cultural considerations, how they could affect the client's experience, and how they might affect your own interpretation of this case.
- Identify and explore risk factors for complicated grief.
- Describe the central challenges this client faces, and formulate initial goals
- Describe the creative interventions that you would use in this case and your rationale for using them, including references to grief theories discussed in class.

- Support your ideas with references throughout all sections of your paper. A minimum of 5 references are required, including the course text and any research you do outside class materials.
- APA style required.
- **Due Date:** Wednesday, July 31st