

Art Therapy Counseling Practicum Self-Evaluation Skill/Affective/Behavioral Concept Areas	Lewis & Clark College		Student Name:	
Instructions: Student to complete and review with supervisor- check box and code AEB. Due in the Fall and Spring term on week 8 to Practicum coordinator.			Date Completed:	
AEB Codes: (One to One) 1:1 , (Group) GR , (Case Notes) CN , (Supervision Discussion) SD , (Response Art) RA	Does not meet 1	Meets 2	Exceeds 3	As evidenced by: (AEB)
Demonstrate how theory informs art therapy assessment and treatment planning				
Value advocacy processes necessary to address barriers that block access and equity to mental health and related services for patients/clients				
Recognize the need for collaboration and consultation within and among organizations, including interagency and inter-organizational collaboration				
Recognize the impact of personal and professional development through supervision, self-care practices appropriate to the Art Therapist professional role, and continuing education				
Develop therapeutic goals and art-based intervention strategies based on the therapeutic effect of art making, including benefits, limitations and contraindications of art materials				
Develop strategies to effectively manage resistance to creative expression				
Demonstrate understanding of therapeutic utility and psychological properties of a wide range of art processes and materials (i.e., traditional materials, recyclable materials, crafts) in the selection of processes and materials for delivery of art therapy services				
Adapt tools and materials for clients with disabilities				
Incorporate ethical and cultural considerations in materials selection and therapeutic applications				
Formulate the potential value of and contraindications for public display of client artwork				
Evaluate the potential appropriateness of various venues for display of artwork				
Apply understanding of artistic language, symbolism, metaphoric properties of media and meaning across cultures and within a diverse society				
Practice skills for developing awareness and insight into art processes and images				

Demonstrate belief in the value of using art-making as a method for exploring personal symbolic language				
AEB Codes: (One to One) 1:1 , (Group) GR , (Case Notes) CN , (Supervision Discussion) SD , (Response Art) RA	Does not meet 1	Meets 2	Exceeds 3	As evidenced by:
Recognize the need for awareness of and sensitivity to cultural elements which may impact a client's participation, choice of materials and creation of imagery				
Value the benefits of student/therapist reflective artmaking to inform clinical practice				
Develop approaches to forming groups, including recruiting, screening, and selecting members				
Demonstrate characteristics, skills, and functions of an effective group leader				
Consider purpose, goals, population characteristics, when designing art therapy groups in a variety of settings				
Facilitate ethical and culturally responsive group practices, including informed approaches for designing and facilitating diverse groups				
Incorporate critical thinking skills and defend rationale of art processes and media selection for the group therapy context				
Evaluate the experience of artmaking on group development and effectiveness				
Recognize the value of participating in a group and engaging in group process, group stages, and group dynamics				
Assess developmental stages in artwork, including typical, atypical, and exceptional characteristics for all age groups				
Integrate contextual/ ecological factors bearing on human development such as cultural identities, spiritual, systemic within and outside family nucleus, physical, neurological, biological, and physiological				
Justify methods of advancing wellness and actualization of potential, coping capacity, creativity, and optimal development throughout life				
Utilize art materials and processes within the context of building the therapeutic relationship				
Perform interviewing skills				
Demonstrate case conceptualization skills				
Develop relevant sensory based art therapy interventions				
Recognize and display a professional commitment to Art Therapist characteristics that promote the therapeutic process				

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	1	2	3	
Respond to clinical and ethical implications for incorporating one's own art-making process in a session to develop therapeutic rapport, facilitate creative expression, and promote the therapeutic process				
Value the development of a personal approach to the practice of Art Therapy				
Acknowledge transference and counter-transference				
Value consultation, collaboration and inter-professional teamwork				
Value strategies for collaborating with and advocating for wellness within diverse communities				
Justify the role of arts in social justice, advocacy, and conflict resolution				
Contrast connections of student cultural and social self-awareness to their view of others, including their cultural assumptions and biases				

Reviewed by Supervisor on _____
date

Supervisor Signature _____