

LEWIS & CLARK  
 GRADUATE SCHOOL OF EDUCATION AND COUNSELING  
 DEPARTMENT OF COUNSELING PSYCHOLOGY  
 ART THERAPY PROGRAM

**Supervisor's Observation of Art Therapy Student's Engagement Skills**

(To be completed by on-site supervisor at midterm, week 7, and prior to supervisee evaluation).

Student name: \_\_\_\_\_

Date: \_\_\_\_\_

| <b>Structuring the Session</b>  | <b>Not at all</b> | <b>Partially</b> | <b>Fully</b> |
|---|-------------------|------------------|--------------|
| Established guidelines and expectations.  |                   |                  |              |
| Began and ended on time   |                   |                  |              |
| Time parameters were clearly stated verbally and/or visually  |                   |                  |              |
| Introduced the art activities clearly, with demonstrations if methods are complex   |                   |                  |              |
| Used instructions, visuals, and hands on assistance to elicit artistic creativity from participants                                 |                   |                  |              |
| Structured discussion of art products to focus on formal elements/creativity  |                   |                  |              |
| Manages client self-disclosure appropriate to student's current level of training.  |                   |                  |              |
| <b>Media and Methods</b>  | <b>Not at all</b> | <b>Partially</b> | <b>Fully</b> |
| The art media and project added structure to the session.   |                   |                  |              |
| Offered media choices that took into account the following:   |                   |                  |              |
| • Motor strengths and problems  |                   |                  |              |
| • Psychosocial development  |                   |                  |              |
| • Self-control (executive functioning)  |                   |                  |              |
| • Requirements of the project   |                   |                  |              |
| • Creative development  |                   |                  |              |
| <b>Project Variables</b>  | <b>Not at all</b> | <b>Partially</b> | <b>Fully</b> |
| Offered directive(s) which lead to successful processes, provided more external structure in proportion to the deficits of clients. |                   |                  |              |
| Provided directive(s) which offer creative opportunities and are appropriate for student's current level of training.               |                   |                  |              |
| Considered developmental level of clients in selecting processes and themes.  |                   |                  |              |
| Attempted to facilitate developmental growth in the art work.   |                   |                  |              |

Supervisor's Signature: \_\_\_\_\_