

Modality	Individual	Couple (relational)	Family (relational)	Relational (add couple & family hours)	Total Hours (this week)
IND	Individual clients you saw by yourself or with a co-therapist	Couples you saw by yourself or with a co-therapist	Families you saw by yourself or with a co-therapist	Total couples and families you saw by yourself or with a co-therapist	
Group	Groups you led or co-led that included numerous individuals not otherwise related	Groups you led or co-led that included couples attending group together	Groups you led or co-led that included family members attending group together	Total couple and family group hours	
Alternative	<p>Hours spent with individual clients in activities related to, but not defined as “therapy”, e.g., going to court with a child.</p> <p>OR</p> <p>Hours spent as part of a therapy team working with individual client but not as the primary therapist in the room, e.g., behind a one-way mirror</p> <p>MUST BE APPROVED BY L&C SUPERVISOR</p>	<p>Hours spent with couple clients in activities related to, but not defined as “therapy”, e.g., attending a family services meeting.</p> <p>OR</p> <p>Hours spent as part of a therapy team working with couple client but not as the primary therapist in the room, e.g., behind a one-way mirror</p> <p>MUST BE APPROVED BY L&C SUPERVISOR</p> <p>** See bottom of page</p>	<p>Hours spent with family clients in activities related to, but not defined as “therapy”, e.g., attending a parent-child-teacher conference.</p> <p>OR</p> <p>Hours spent as part of a therapy team working with family client but not as the primary therapist in the room, e.g., behind a one-way mirror</p> <p>MUST BE APPROVED BY L&C SUPERVISOR</p> <p>**See bottom of page</p>	Total couple and family alternative hours (Not to exceed 100 for time in program)	

	Case Report	Live (raw data)	Video (raw data)	Audio (raw data)	Direct Obs. (add audio, video & live)	Total Sup Hrs. (this week)
IND	Individual supervision with no more than two supervisees based on notes and case discussion without raw data	Individual supervision with no more than two supervisees in which the supervisor is present in the room or behind a one-way mirror	Individual supervision with no more than two supervisees in which the supervision is based on viewing a video of a supervisee conducting therapy	Individual supervision with no more than two supervisees in which the supervision is based on listening to an audio tape of a supervisee conducting therapy	Audio + Video Individual Supervision	
Group	Group supervision with no more than ten supervisees based on notes and case discussion without raw data	Group supervision with no more than ten supervisees in which the supervisor is present in the room or behind a one-way mirror	Group supervision with no more than ten supervisees in which the supervision is based on viewing a video of a supervisee conducting therapy	Group supervision with no more than ten supervisees in which the supervision is based on listening to an audio tape of a supervisee conducting therapy	Audio + Video Group Supervision	
Alternative	N/A	N/A	N/A	N/A	N/A	N/A

** To count as alternative relational client contact, two components must be involved:

1. The student therapist must observe the whole session on a regular basis (or count only the minutes observed). If the student has another case at the same time, they are allowed to watch the video—but that video MUST be watched. The student must watch it before the next session and offer their feedback on the direction of treatment.
2. The student must be also actively be engaged as a member of the treatment team in determining the direction of therapy.