M.A. Professional Mental Health Counseling
Course Sequencing for a 7 Semester Program
Academic Year 2019-2020
60 Semester Hours Total

Floating Any Semester	Elective (6) Note: 2 CR of Electives must be in PMHC focus area(s)	This course sequence MUST be followed: any deviation from the plan must be approved by a program co-director. These courses are guaranteed to be available to you IF you adhere to the plan (but not a specific section/time of your choosing). If you are approved for a program plan change your graduation date may change significantly.

YEAR 1

10 credits 4 classes	Fall	10 credits 4 classes	Spring	10 credits 4 classes	Summer
MHC 503 (2)	Intro to Professional Counseling & Social Justice	CPSY 522 (2)	Diagnosis of Mental and Emotional Disorders	MHC 534 (3)	Child and Family Counseling
MHC 535 (3)	Research Methods in Counseling	CPSY 550 (3)	Diversity and Social Justice	MHC 536 (2)	Addiction Counseling & Psychopharmacology
MHC 513 (3)	Theory and Philosophy of Counseling	MHC 509 (3)	Practical Skills for Counselors	MHC 524 (3)	Counseling and Interventions with Adults
CPSY 506 (2)	Life Span Development	MHC 540 (2)	Career Counseling	MHC 532 (2)	Ethical & Legal Issues in Professional Counseling
CORE	Core Convocation		**Work on Completing Portfolio**		**Portfolio due June 1. If incomplete may NOT start practicum next semester.**
	First Advising Meeting		**Cohort Meeting**		**Cohort Meeting**
					Practicum paperwork: obtain insurance, complete contract, practicum preference form

YEAR 2

10 credits 4 classes	Fall	7 credits 3 classes	Spring	3 credits 1 class	Summer
CPSY 514 or 515 (3)	Group Counseling w/ Children & Adolescents or w/ Adults	MHC 541 (2)	Introduction to Assessment	MHC 582/583 (3)	Mental Health Internship: Adult or Child/Family
CPSY 523 (3)	Counseling and Interventions with Children and Adolescents	MHC 548 (2)	Trauma/Crisis Counseling Across Lifespan		**Apply for Graduation**
MHC 580 (3)	Practicum I	MHC 580 (3)	Practicum II		**Cohort Meeting**
MHC 549 (1)	Treatment Planning: Theory and Research to Practice		**Cohort Meeting**		
	Cohort Meeting		**Study for and take CPCE Exam (Cost - approx. $75-100.**		
	Attend Internship Fair and begin search/application process		**Finalize internship placement, turn in paperwork**		

YEAR 3

4 credits 2 classes	Fall				
MHC 582/583 (3)	Mental Health Internship: Adult or Child/Family				
MHC 591 (1)	Professional Career Development				
	NCE (optional – may not be offered on campus approx. cost $300)				