

# **Addendum to the 2018-19 Graduate School of Education and Counseling course catalog**

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**Addition of Master of Arts in Art Therapy**  
Effective September 2018

# ART THERAPY

Lewis & Clark offers rigorous art therapy training to students to become qualified mental health practitioners and ethical leaders who advocate for social justice, provide service and clinically focused care to individuals, groups and families. Our mission is to educate students using art making to deepen self-awareness, and to develop reflective practitioners who competently apply theory to practice.

Art therapists are master-level clinicians who work with people of all ages across a broad spectrum of practice. Guided by ethical standards and scope of practice, their education and supervised training prepares them for culturally proficient work with diverse populations in a variety of settings. Honoring individuals' values and beliefs, art therapists work with people who are experiencing medical and mental health challenges, as well as individuals seeking emotional, creative, and spiritual growth.

## Accreditation

The Art Therapy program, transitioned from Marylhurst, is approved by the American Art Therapy Association (AATA) Education Program Review Board (<https://arttherapy.org/educational-standards>).

Educational standards for approved art therapy master's programs were established in 2007, and are overseen by the AATA's Educational Programs Approval Board (EPAB). These educational standards for EPAB approved programs remain in place and current or prospective students can review them here (<http://arttherapy.org/upload/masterseducationstandards.pdf>).

New 2017 educational standards for accredited art therapy programs are now established and can be reviewed here ([http://www.caahep.org/getattachment/About-CAAHEP/Committees-on-Accreditation/Art-Therapy/Art-Therapy-Standards-2017\(1\).pdf.aspx](http://www.caahep.org/getattachment/About-CAAHEP/Committees-on-Accreditation/Art-Therapy/Art-Therapy-Standards-2017(1).pdf.aspx)). A five-year period of transition is currently under way in which the EPAB approval process is transitioning to an accreditation process under the Commission on Accreditation of Allied Health Education Programs (CAAHEP). This process is managed by the Accreditation Council for Art Therapy Education (<http://www.caahep.org/About-CAAHEP/Committees-on-Accreditation/Art-Therapy.aspx>) (ACATE).

Regular and rigorous review of approved and accredited programs ensures the ability of the program to prepare their students for entry level skills and post-graduate certification as an art therapist.

## Master of Arts in Art Therapy

This degree program is for students who wish to become art therapists in community mental health agencies, programs serving children, adolescents and/or families, the criminal justice or juvenile justice system, other community and educational settings, as well as private practice.

### Degree Requirements

A minimum of 54 semester hours, distributed as follows:

AT 501	Theories of Counseling and Psychotherapy	3
AT 510	Introduction to Art Therapy	3
AT 511	The Helping Relationship: Art Therapy Technique	3
AT 513	Psychopathology	3
AT 515	Group Dynamics, Processes and Art Therapy	3
AT 523	Child and Adolescent Art Therapy	2
AT 522	Diagnostic Appraisal and Testing	3

AT 524	Cross-Cultural Counseling	1
AT 526	Clinical Practice Skills in Art Therapy	1
AT 530	Clinical Assessment By Graphic Means	3
AT 535	Research Methods and Evaluation	3
AT 537	Art Therapy Research	1
AT 539	Art Therapy Professional Ethics	3
AT 542	Art Therapy Treatment Adult and Family	2
AT 545	Prof Clinical Practices in Art Therapy	2
AT 550	Diversity and Social Equity	2
AT 570	Art Therapy Candidacy Portfolio	1
AT 580	Art Therapy Practicum (To be taken fall and spring semester in year 2 for a total of two semester hours.)	2
AT 582	Art Therapy Internship (To be taken fall and spring semester in year 3 for a total of 6 semester hours.)	6
AT 583	Art Therapy Internship Studio (To be taken fall and spring in year 3 for a total of 3 semester hours.)	3
AT 594	Art Therapy Capstone	1

### Elective Courses

The remaining 3 semester hours will be earned by taking elective courses approved by the program.

### Graduate Convocation Requirement

Students must attend Convocation (CORE 500) in their first year in the program.

### AT 501 Theories of Counseling and Psychotherapy

Content: This course presents the history, theories, principles and techniques of counseling theories and their applications in professional settings.

Prerequisites: none

Corequisites: none

Restrictions: Admission into Art Therapy Program

Credits: 3 semester hours.

### AT 510 Introduction to Art Therapy

Content: Introductory overview of the field of art therapy including history, development, major theories, and applications of art therapy with various client populations.

Prerequisites: None

Corequisites: None

Restrictions: Admission into Art Therapy Program

Credits: 3 semester hours.

### AT 511 The Helping Relationship: Art Therapy Technique

Content: Basic theoretical assumptions of art therapy therapeutic relationships, review and practice of helping skills with an overview of social and cultural contexts, types of practice, supervision, ethical principles, and professional orientation.

Prerequisites: None.

Corequisites: None.

Restrictions: Admission to Art Therapy program or permission from CPSY department.

Credits: 3 semester hours.

### **AT 513 Psychopathology**

Content: Psychopathology offers an introduction to the structure and uses of the DSM 5 for diagnosing mental and emotional disorders. Limits and weaknesses of these approaches—especially with regard to cultural differences—will be explored, as well as alternatives to them.

Prerequisites: AT-501, AT-510

Corequisites: None

Restrictions: None

Credits: 3 semester hours.

### **AT 515 Group Dynamics, Processes and Art Therapy**

Content: Methods of facilitating group art therapy with varied populations are presented in relation to current theories of group therapy. Skills in clinical observation and group leadership are developed.

Prerequisites: AT-511, AT-513, AT-523

Corequisites: None

Restrictions: None

Credits: 3 semester hours.

### **AT 522 Diagnostic Appraisal and Testing**

Content: Educational and psychometric theories and approaches to appraisal and diagnosis, data and information-gathering methods, psychometric statistics, factors influencing appraisals, and use of appraisal results in helping processes. The ability to select, administer and interpret tests and inventories is developed.

Prerequisites: AT-513, AT-530.

Corequisites: None.

Restrictions: None.

Credits: 3 semester hours.

### **AT 523 Child and Adolescent Art Therapy**

Content: Art therapy with children and adolescents within family and sociocultural contexts. This course focuses on using a strength-based approach to building resilience within a developmental framework.

Prerequisites: AT-511

Corequisites: None

Restrictions: None

Credits: 2 semester hours.

### **AT 524 Cross-Cultural Counseling**

Content: This course is intended to assist students in understanding the personal, situational, structural, and cultural influences that impede and enhance effective and justice-oriented art therapy practice.

Prerequisites: None

Corequisites: None

Restrictions: Admission to Art Therapy program

Credits: 1 semester hour.

### **AT 526 Clinical Practice Skills in Art Therapy**

Content: Overview of basic counseling concepts and skills, including skill development through roleplaying and simulated counseling experiences in art therapy practice.

Prerequisites: AT-511

Corequisites: None

Restrictions: None

Credits: 1 semester hour.

### **AT 530 Clinical Assessment By Graphic Means**

Content: Examination and analysis of the expressive and content components of graphic imagery in relation to clients' domains of functioning and how it contributes to a deeper understanding of the clients' clinical needs when formulating a clinical assessment and treatment plan.

Prerequisites: None

Corequisites: None

Restrictions: Admission to Art Therapy Program

Credits: 3 semester hours.

### **AT 535 Research Methods and Evaluation**

Content: This course includes types of research; basic statistics; research-report development; research implementation: program evaluation; needs assessment; publication of research information; and ethical and legal considerations.

Prerequisites: None

Corequisites: None

Restrictions: Admission to Art Therapy Program

Credits: 3 semester hours.

### **AT 537 Art Therapy Research**

Content: This course examines emergent methods in art therapy research. Students will explore models of research that involve an interdisciplinary approach: mixed methods, arts-based, and Expressive Therapies Continuum research. Students will be presented with examples of excellence within these paradigms and examine their value within the field.

Prerequisites: AT-535.

Corequisites: None

Restrictions: None

Credits: 1 semester hour.

### **AT 539 Art Therapy Professional Ethics**

Content: Professional Orientation and Ethics provides a survey of current issues related to ethical practice and legal responsibilities within the disciplines of art therapy and related fields. Professional organizations and associations; preparation standards and credentialing, history and trends, ethical and legal standards and supervision are addressed.

Prerequisites: AT-501, AT-510

Corequisites: None

Restrictions: None

Credits: 3 semester hours.

### **AT 542 Art Therapy Treatment Adult and Family**

Content: This course provides a contextual framework for art therapy treatment with adults and families through both traditional psychology and liberation psychology perspectives. Approaches and treatment methods are introduced in relation to the developmental stages of adult life, cultural contexts, systems and settings.

Prerequisites: AT-523, AT-510

Corequisites: None

Restrictions: None

Credits: 2 semester hours.

### **AT 545 Prof Clinical Practices in Art Therapy**

Content: Professional and Clinical Practices in Art Therapy includes exploring self-of-the-therapist, developing community program planning, engaging in equity-based practices, practicing methods of documentation that meet field standards, and building competency in the ethical practice of risk management.

Prerequisites: AT-570

Corequisites: none

Restrictions: none

Credits: 2 semester hours.

**AT 550 Diversity and Social Equity**

Content: This course is intended to increase the student's understanding of the issues and dynamics in counseling across social and cultural lines. Students will explore the nature of society and culture and how these impact the counseling process. Students will broaden their scope of diversity awareness and knowledge including systems of power and privilege. Attention will be given to developing an understanding of the intersectionality of gender, class, race, and ethnicity in working with diverse populations in a counseling context.

Prerequisites: None

Corequisites: None

Restrictions: Admission to Art Therapy Program

Credits: 2 semester hours.

**AT 563 Treatment Issues in Art Therapy Special Topics**

Content: Applications of art therapy to treatment of individuals and families in crisis and transition. Topics include issues such as substance abuse, domestic violence, sexual abuse, trauma and loss, poverty, and chronic illness. A portion of this course emphasizes clinical case conceptualization and treatment planning.

Prerequisites: None

Corequisites: None

Restrictions: Enrollment in the Art Therapy program.

Credits: 1 semester hour.

**AT 570 Art Therapy Candidacy Portfolio**

Content: Comprehensive evaluation of the student's level of clinical understanding of theory and art therapy practice in preparation for internship placement. This is a required course for all art therapy students moving into their third year of the program.

Prerequisites: AT-530

Corequisites: None

Restrictions: None

Credits: 1 semester hour.

**AT 580 Art Therapy Practicum**

Content: Students participate in art therapy faculty facilitated supervision to complement their practicum work in the community. The focus of the class is on providing ethical and competent client care. Skills that receive particular attention include the use of response art to aid in developing a therapeutic relationship, counselor empathy, compassion, and art therapist identity.

Prerequisites: None

Corequisites: None

Restrictions: Admission to Art Therapy program.

Credits: 1 semester hour.

**AT 582 Art Therapy Internship**

Content: Supervised practice bridging theoretical and clinical skills. Students engage in art therapy and related professional activities in community settings. Students prepare art therapy assessments, submit clinical samples for supervisory review, and present case findings.

Prerequisites: None

Corequisites: None

Restrictions: Admission to Art Therapy Program

Credits: 3 semester hours.

**AT 583 Art Therapy Internship Studio**

Content: Art Therapy Internship Studio encourages intensive involvement in personal artistic expression, creative exploration, and reflection on these processes through self-inquiry in the role of an emerging practitioner. Particular attention is paid to developing understandings of artistic process as a form of inquiry and the integral roles of ongoing artistic activity in the professional identity as an art therapist.

Prerequisites: None

Corequisites: None

Restrictions: Admission to Art Therapy Program

Credits: 1-2 semester hours.

**AT 594 Art Therapy Capstone**

Content: The Capstone is a culminating course that provides a platform for clinical reflection and practical matters for new art therapists entering the professional field.

Prerequisites: AT-570

Corequisites: AT-582

Restrictions: None

Credits: 1 semester hour.