MCFT Volunteer Experience Requirement

100 hours of volunteer /professional development work is required prior to beginning internship.

The purpose is two-fold: (1) to gain experience working and engaging with people from diverse, international, multicultural, marginalized, and/or underserved communities, including (but not limited to) race, age, gender, ethnicity, sexual orientation, gender identity, socioeconomic status, disability, health status, religious, spiritual, and/or political beliefs, nation of origin or other relevant social categories, immigration or language, and (2) to contribute socially responsible services and advocacy that advance individual, couple, family, group, and community well-being across any and all living systems, including volunteer experience with non-profit organizations whose mission is to assist animals and the protection of the environment. Volunteer services at the Lewis and Clark Community Counseling Center is also encouraged.

This experience may have been earned within the last 5 years prior to entering the program or accumulated in the community during your graduate program <u>before</u> internship.

Regardless of setting, all volunteer/professional development experiences must include significant interpersonal activity. Please discuss the nature of your volunteer experiences with your advisor.

For each volunteer experience write a brief summary that includes the following:

- The organization which provided the opportunity and support
- Your role and responsibilities
- Your clientele or to whom you provided services
- Length of time (specific dates)
- The number of hours of direct service
- The nature and frequency of supervision or mentoring received
- How your work contributed to the purposes described above
- The specific skills you learned in working with other humans, other beings or the environment
- A signature from a supervisor confirming the information above
- Your signature

Upload the signed summary to your portfolio on Taskstream no later than March 1 prior to your internship.