MCFT PRE-PROGRAM READING LIST

The readings below provide valuable background for an approach to therapy that emphasizes cultural democracy, equity, and relational justice. They are from related disciplines such as sociology and philosophy and include multicultural/multinational voices and perspectives. Most are books; some are articles. Read at least two. People enter the program with a range of experience and prior background in these areas. Pick topics that stretch your thinking and expand your awareness of the sociopolitical context and history within which families live and personal identities are defined. In the program we apply these ideas to understanding client experience and socially responsible clinical practice. If concepts in the readings are new to you, don’t worry. You are not expected to have mastered them. We all continue to grapple with them as we grow and are transformed by new information and relationships.


