

Help Girls Inc. of the Pacific Northwest inspire girls to be strong, smart and bold by becoming a...

GIRLS GUIDE

You believe that girls are strong, smart, and bold. Our Girls Guide volunteer opportunity is the essential way to be involved directly with girls and deliver our gender specific, research-based programs. By engaging volunteers, we are able to extend our reach across the Portland Metro area and give more girls access to the Girls Inc. experience.

WHAT'S IN IT FOR YOU?

- You will be matched with another facilitator and will meet other volunteers at our group trainings
- Build solid relationships with girls while inspiring and empowering them
- Experience the fulfillment that goes along with making a difference in girls' lives
- Girls Inc. will provide you with training in group facilitation, age-appropriate and gender specific program delivery, and highly researched, ready-made curricula and activities for you to implement with our Girls Groups

TIME COMMITMENT

- Our programs are typically delivered after school, Monday - Thursday, and take place between 2PM and 6PM
- Group meetings are usually held once per week for 8-10 weeks in the fall, winter, and spring
- Most groups meet for 60-120 minutes
- Expect to commit 3 hours per week (which includes prep time and wrap up), plus 4-6 hours for training



HOW WE WILL SUPPORT YOU

Girls Inc. of the Pacific Northwest is committed to providing a rewarding, educational, and supportive experience for our volunteers. Our Program Coordinators will be your personal liaison, ready to help with your success at every turn.

- Orientation and training on Girls Group facilitation
- Site orientations and observations
- Pair you with a fellow Girls Inc. facilitator
- Online community just for Girls Guides
- Available for extra support via email and phone

SAMPLE PROGRAMS LED BY GIRLS GUIDES

- Economic Literacy teaches girls to become economically independent through money management
- Operation SMART introduces girls to science, math, and technology-related careers
- Allies in Action teaches girls how to overcome relational aggression - otherwise known as bullying

VOLUNTEER TRAININGS OFFERED QUARTERLY
APPLY NOW: <http://girlsincpnw.org/apply/>

**girls
inc.**

Girls Incorporated
of the Pacific Northwest

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