

LEWIS & CLARK  
GRADUATE SCHOOL OF EDUCATION AND COUNSELING  
DEPARTMENT OF COUNSELING PSYCHOLOGY  
MARRIAGE, COUPLE, AND FAMILY THERAPY PROGRAM

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## SUPERVISION WORKSHEET

Please use the following outline to prepare for individual and group supervision at your clinical sites and on campus. Make copies for your supervisor and colleagues. Keep in mind your theoretical approach as you identify goals for supervision and conceptualize the case (e.g., if you are using structural family therapy, include a family map; for solution focused therapy include language about exceptions; etc). At the end of your presentation, collect and shred your colleagues' and any extra copies.

**Therapist:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Case ID:** \_\_\_\_\_ **Video** \_\_\_\_\_ **Case** \_\_\_\_\_ **Live** \_\_\_\_\_

**Theoretical Approach(es):** \_\_\_\_\_

**Specific Goals for Supervision:**

- 1.
- 2.
- 3.

**Family/System members & background information (e.g., genogram, Structural diagram):**

**Presenting Problem:**

**Therapy Goals:**

**Family Strengths and Resilience, e.g.:**

**Patterns of Interaction:**

**Life Setting:**

**Family History (You may want to include Genogram):**

**Outside Systems (e.g., ecomap):**

**Description of Therapy (describe your history with the client- the process of engaging them, how you approached them to begin sessions. etc...):**

**Conceptualization of Problem:**

**Treatment Plans:**

**Areas for advocacy:**

**Related Research:**

**Input from Supervisor and Colleagues:**

**Supervisor Directives:**

**Supervisee Signature:**\_\_\_\_\_

**Date:**\_\_\_\_\_

**Supervisor Signature:**\_\_\_\_\_

**Date:**\_\_\_\_\_