COURSE SYLLABUS Lewis & Clark College Graduate School of Education and Counseling

Course Name	CPSY 591
Course Number	Professional Career Development
Term	Fall 2016
Department	Counseling Psychology
Faculty Name	Tod Sloan
Faculty Phone/E-mail	sloan@lclark.edu
Faculty Office	Rogers Hall 433

Catalogue Description:

This course is designed to apply career development principles to the professional development of counselors in a variety of roles and settings. Administration, supervision, consultation, and other career-related opportunities for professional mental health counselors will be explored.

Course Description:

Through lectures, discussions and experiential learning activities, students will gain further understanding of professions in counseling and mental health. Students will also consider their own professional identity and potential career paths as professional mental health counselors.

Required Objectives: Professional Counseling Identity (CACREP 2016 Standards)

- 1b. the multiple professional roles and functions of counselors across specialty areas, and their relationships with human service and integrated behavioral health care systems, including interagency and interorganizational collaboration and consultation.
- 1e. advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients.
- 1g. professional counseling credentialing, including certification, licensure, and accreditation practices and standards, and the effects of public policy on these issues.
- 1h. current labor market information relevant to opportunities for practice within the counseling profession
- 1i. ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling
- 1j. technology's impact on the counseling profession
- 1m. the role of counseling supervision in the profession
- 5c. theories, models, and strategies for understanding and practicing consultation

Entry-Level Specialty: Clinical Mental Health Counseling (CACREP 2016 Standards)

- C1b. theories and models related to clinical mental health counseling
- C2a. roles and settings of clinical mental health counselors.
- C2i. legislation and government policy relevant to clinical mental health counseling
- C2I. legal and ethical considerations specific to clinical mental health counseling

Course Requirements:

Class participation
Professional expertise report and presentation
Advocacy activity
Personal resume

Attendance requirements: Class attendance is expected and required. Any missed class time will be made up by completing extra assignments designed by the instructor. Missing more than ten percent of class time may result in failure to complete the class. This limit would be anything more than 1.5 hours for a 1 credit, 15 hour class. In case of extreme hardship and also at the discretion of the instructor, a grade of incomplete may be given for an assignment or the entire course. In such cases, the work to be submitted in order to remove the incomplete must be documented appropriately and stated deadlines met. Students are expected to be on time to class and tardiness may be seen as an absence that requires make-up work.

Late papers and assignments: Any assignments turned in late (without previous permission) will automatically receive a reduction in grade.

Evaluation and Assessment:

Each assignment will be graded on a credit no/credit basis. All assignments must receive credit for the student to pass the course. Students will be given the option of redoing an assignment until they receive a satisfactory grade.

Accommodations for Students with Special Needs and/or Disabilities:

If you have a disability that may impact your academic performance, you may request accommodations by submitting documentation to the Student Support Services Office in the Albany Quadrangle (x7156). After you have submitted documentation and filled out paperwork there for the current semester requesting accommodations, staff in that office will notify me of the accommodations for which you are eligible. Please notify me of any special learning considerations that I should be aware of so that we can work together to make the appropriate accommodations.

Suggested readings

- *Scholl, Mark B.; Cascone, Jason (2010). The constructivist résumé: Promoting the career adaptability of graduate students in counseling programs. *The Career Development Quarterly*, 59(2), Dec 2010, 180-191.
- *Amatea, E. S. (1991). Developing a career as a mental health counselor: Changing ideas, changing options. Journal of Mental Health Counseling, 13(2), 279-290.
- *Busacca, L. A. & Wester, K. L. (2006). Career concerns of master's-level community and school counselor trainees. *The Career Development Quarterly*, *55(2)*, 179-190.
- Corey, G. (2010). *Creating your professional path: Lessons from my journey.* Alexandria, VA, US: American Counseling Association.
- *Ellis, M. V. (2010). Bridging the science and practice of clinical supervision: Some discoveries, some misconceptions. *The Clinical Supervisor*, *29*, 95-116.

Frank, R. & Glied, S. (2006). *Better But Not Well: Mental Health Policy in the United States since 1950.*Baltimore, MD: The Johns Hopkins University Press. Ebook

*Gibson, D.M., Dollarhide, C.T., & Moss, J.M. (2010). Professional identity development: A grounded theory of transformational tasks of new counselors. *Counselor Education and Supervision*, 50, 21-38

Hodges, S. (2012). 101 Careers in Counseling. NY: Springer.

Hodges, S. & Connelly, A. R. (2010). *A job search manual for counselors and counselor educators: How to navigate and promote your counseling career.* Alexandria, VA, US: American Counseling Association.

Pope, Mark (2006). *Professional Counseling 101: Building a Strong Professional Identity*. Alexandria, VA, US: American Counseling Association.

Course Schedule

9/24 - 9 am - 5:30 pm

Introductions and Overviews

Critical Ecology of Career Development

The next few years: job, supervision, skill development, life

The politics of the work setting and the non-profit sector

Developing professional expertise (assignment due next class – see moodle) plus **101 Careers in Counseling** (reading assignment, tbd)

10/22 - 9 am - 5:30 pm

Social Service or Social Change: Advocacy and Activism (read Kivel article on moodle); advocacy assignment)

Professional Expertise Sharing (brief presentation and submit written version by email)

Non-profit administration basics for teams and groups

Agendas, facilitation, decision making

Licensing info

Professional Resume