

MCFT 541 Systemic Assessment and Treatment Planning FALL 2016

Time & Day:	Mondays 1:00 - 4:00 (section 1)
	Thursdays 5:30 - 8:30 (section 2)
Place:	York Graduate Center, room 107
Instructor:	Lana Kim, PhD, LMFT
<b>Office Hours</b> :	Tuesdays 1:00-5:00 pm (please email to schedule an appointment)
E-Mail:	lkim@lclark.edu
Phone:	503-768-6073 (office)

# CATALOG DESCRIPTION

Application of family systems theories, social equity, and evidence based practice to assessment, diagnosis, and treatment planning in marriage, couple, and family therapy. Course examines the theoretical assumptions and values underlying approaches to the treatment of major mental health issues and other presenting issues such as child behavior problems, addiction, suicide, familial violence, and families managing acute and chronic medical conditions. Specific assessment techniques and tools are discussed, evaluated, practiced, and applied to clinical diagnoses and treatment planning, including risk assessment and crisis intervention.

**Prerequisite:** CPSY 504, CPSY 522, or CPSY 538 **Credit:** 2 semester hours

# MCFT STUDENT LEARNING OUTCOMES

SLO 1.1 Students recognize the impact of power on individuals, families, and communities. SLO 1.2 Students recognize the interconnections among biological, psychological, and social systems in people's lived experience.

SLO 1.3 Students apply system/relational theories to clinical case conceptualization.

SLO 2.2 Students' clinical practice demonstrates attention to social justice and cultural democracy.

SLO 3.1 Students are able to discern the implications of the sociopolitical context with which research is produced and applied.

SLO 3.2 Students draw on the research literature relevant to family therapy in case planning.

## **COURSE OBJECTIVES**

The following objectives are in keeping with the AAMFT Core Competencies. At the end of this course, students are expected to:

1. Understand models for assessment of relational functioning. (CC 2.1.6, 2.3.1)

- 2. Develop skills for crisis intervention and longer-term treatment planning in family therapy.
- 3. Assess risk for substance abuse, child and elder maltreatment, domestic violence, physical violence, suicide potential, and dangerousness to self and others and develop adequate safety plans (CC 2.3.5, 3.3.6, 3.4.3, 5.3.4; TS 2.15, 3.04)
- 4. Consider the theoretical assumptions and values underlying approaches to the treatment of major mental health issues and other presenting concerns, especially as they relate to social equity. (CC 2.1.6)
- 5. Assess bio-psycho-social-spiritual history and socioeconomic context to identify clients' strengths, resilience, and resources. (CC 2.3.6, 2.3.7; TS 2.18, 2.19
- 6. Develop treatment plans that integrate DSM diagnosis into a systemic case conceptualization. (CC 2.1.4; TS 2.14)
- 7. Develop treatment goals based on contextual and systemic dynamics (e.g., gender, age, socioeconomic status, culture/race/ethnicity, sexual orientation, spirituality, larger systems, social context). (CC 1.21; TS 2.19)
- 8. Develop hypotheses regarding relationship patterns, their bearing on the presenting problem, and the influence of extra-therapeutic factors on client systems. (CC 2.2.3; TS 2.01)
- 9. Apply current research and evidence-based practice to systemic treatment planning.
- 10. Demonstrate effective and systemic assessment techniques and strategies. (CC 2.3.3; TS 1.02)
- 11. Link treatment planning to specific MCFT theories.
- 12. Communicate diagnostic information so clients understand its relationship to treatment goals and outcomes. (TS 3.05)

### **TEXT/READINGS**

Williams, L., Edwards, T., Patterson, J., & Chamow, L. (2014). *Essential assessment skills for couple and family therapists*. New York, NY: Guilford Press.

#### Recommended

- Cierpka, M., Volker, T., & Sprenkle, D.H. (2005). Family assessment: Integrating multiple clinical perspectives. Cambridge, MA: Hogrefe & Huber. ISBN: 0-88937-240-3
- Dattilio, F. M., Jongsma, A. J., & Davis, S. (2014). The family therapy treatment planner, 2<sup>nd</sup> Ed. New York, NY: Wiley
- Flemons, D. & Gralinik, L.M. (2013). Relational suicide assessment: Risks, resources, and possibilities for safety. New York, NY: W.W. Norton.
- Gehart, D. (2014). *Mastering competencies in family therapy: A practical approach to theories and clinical case documentation.* (2<sup>nd</sup> ed.). Belmont, CA: Brooks/Cole.

- Sexton, T. L. & Lebow, J. (2016). *Handbook of family therapy*, 2<sup>nd</sup> revised ed. New York, NY: Routledge.
- Sperry, L. (2012). *Family assessment: Contemporary and cutting-edge strategies*, 2<sup>nd</sup> Ed. New York, NY: Routledge.
- Tomm, K., St. George, S., Wulff, D., & Strong, T. (2014). Patterns in interpersonal interactions: Inviting relational understanding for therapeutic change. New York, NY: Routledge.

#### **Required Articles**

All articles may be accessed through the library.

- 1. Madsen, W.C. (2003). *Collaborative therapy with multi-stressed families: From old problems to new futures*. New York, NY: Guilford Press.
- 2. Doherty, W. (1998). *From hedgehog to fox: Retooling for an age of complexity*. Family Therapy Networker, 50-57.
- 3. Sheinberg, M., & Brewster, M. K. (2014). Thinking and working relationally: Interviewing and constructing hypotheses to create compassionate understanding. *Family Process*, *53*, 618-639.
- 4. Andersen, T. (1996). Language is not innocent. In F.W. Kaslow (Ed.). *Handbook of Relational Diagnosis and Dysfunctional Family Patterns* (pp. 119-125). Oxford, England: John Wiley & Sons.
- 5. Silverstein, R., Bass, L. B., Tuttle, A., Knudson-Martin, C., & Huenergardt, D. (2006). What does it mean to be relational? A framework for assessment and practice. *Family Process*, 45, 391-405.
- 6. Pandit, M. L., ChenFeng, J., Kang, Y. J., Knudson-Martin, C., & Huenergardt, D. (2014). Practicing socio-cultural attunement: A study of couple therapists. *Contemporary Family Therapy*, *36*, 518-528.
- 7. Garcia, M., & McDowell, T., (2010). Mapping social capital: A critical contextual approach for working with low-status families. *Journal of Marital and Family Therapy*, *36*, 96–107.
- 8. Unger, M. (2016). Varied patterns of family resilience in challenging contexts. *Journal of Marital and Family Therapy*, 42, 19-31. doi:10.1111/jmft.12124.
- 9. Roberts, A. R. & Ottens, A. J. (2005). The seven-stage crisis intervention model: A road map to goal attainment, problem solving, and crisis resolution. *Brief Treatment and Crisis Intervention*, *5*, 329-339.
- 10. Myer, R. A., Lewis, J. S., & James, R. K., (2013). The introduction of a task model for crisis intervention. *Journal of Mental Health Counseling*, *35*, 95-107.
- Myer, R. A., Williams, R. C., Haley, M., Brownfield, J. N., McNicols, K. B., & Pribozie, N. (2014). Crisis intervention with families: Assessing changes in family characteristics. *The Family Journal*, 22, 179-185.
- 12. Mer, H. & Dolberger, D. I., (2015). Helping parents cope with suicide threats: An approach based on nonviolent resistance. *Family Process*, *54*, 559-575.
- 13. Wamboldt, M., Kaslow, N., & Reiss, D. (2015). Description of Relational Processes: Recent changes in DSM-5 and proposals for ICD-11. *Family Process*, *54*, 6-16.
- 14. Strong, T. (2015). Diagnoses, relational processes, and resourceful dialogs: Tensions for families and family therapy. *Family Process*, *54*, 518-532.

- Seikkula, J., Arnkil, T. E., & Eriksson, E. (2003). A postmodern society and social networks: Open and anticipation dialogues in network meetings. *Family Process*, 42, 185-203.
- 16. Olson, M. (2015). An auto-ethnographic study of "open dialogue": The illumination of snow. *Family Process*, 54, 716-729.
- 17. Tuttle, A.R., Knudson-Martin, C., & Kim, L. (2012). Parenting as relationship: A framework for assessment and practice. *Family Process*, *51*, 73-89.
- 18. Parra-Cardona, J. R., Lopez-Zeron, G., Domench Rodriguez, M. M., Escobar-Chew, A. R., Whitehead, M. R., Sullivan, C. M., & Bernal, G. (2016). A balancing act: Integrating evidence-based knowledge and cultural relevance in a program of prevention parenting research with Latino/a immigrants. *Family Process*, 55(2), 321-337. doi:10.1111/famp.12190.
- Gabb, J. & Singh, R., (2015). The uses of emotion maps in research and clinical practice with families and couples: Methodological innovation and critical inquiry. Family Process, 54(1), 185-197. doi:10.1111/famp12096
- 20. Distelberg, B., Williams-Reade, J., Tapanes, D., Montgomery, S., & Pandit, M. (2014). Evaluation of a family systems intervention for managing pediatric chronic illness: Mastering each new direction (MEND). *Family Process*, 53, 194-213.
- Linville, D., Cobb, E., Shen, F., & Stadelman, S. (2016). Reciprocal influence of couple dynamics and eating disorders. *Journal of Marital and Family Therapy*, 42(2), 326-340. doi: 10.1111/jmft.12133.
- 22. Weingarten, K. (2012). Sorrow: A therapist's reflection on the inevitable and the unknowable. *Family Process*, *51*, 440-455.
- 23. Bograd, M. & Mederos, F. (1999). Battering and couples therapy: Universal screening and selection of treatment modality. *Journal of Marital and Family Therapy*, 25, 291-312.
- 24. Todahl, J., Linville, D., Tuttle Shamblin, A. F., & Ball, D. (2012). Client narratives about experiences with a multicouple treatment program for intimate partner violence. *Journal of Marital and Family Therapy*, *38*, 150-167.
- Whiting, J. B., Oka, M., & Fife, S. T. (2012). Appraisal distortions and intimate partner violence: Gender, power, and interaction. *Journal of Marital and Family Therapy*, 38, 133-149.
- Stith, S. M., McCullum, E. E., Amanor-Boadu, Y., & Smith, D. (2012). Systemic perspectives on intimate partner violence treatment. *Journal of Marital and Family Therapy*, 38, 220-240.
- 27. Rentscher, K. E., Soriano, E. C., Rohrbaugh, M. J., Shoham, V., & Mehl, M. R. (2015). Partner pronoun use, communal coping, and abstinence during couple-focused intervention for problematic alcohol use. Family Process doi: 10.1111/famp.12202
- 28. O'Farrell, T. J. & Clements, K. (2012). Review of outcome research on marital and family therapy in treatment for alcoholism. *Journal of Marital and Family Therapy, 38*, 122-144.
- 29. Rowe, C. (2012). Family therapy for drug abuse: Review and updates 2003-2010. *Journal of Marital and Family Therapy*, *38*, 59-81.

## CLASS ASSIGNMENTS

1. Participation (10 points)

This course emphasizes shared engagement with the assigned readings and clinical competencies. Toward this end:

- Regular attendance is encouraged. However, in the event of illness or other emergency, I always appreciate the professional courtesy of advance notice.
- Come to class prepared (having completed the readings for the day).
- Engage in group discussions and role plays.
- Please decide to take an active part in creating a community of engaged scholarship. The voice and involvement of each person is important. Passive participation is not sufficient for you to fully benefit from this class. Give attention to the instructor and/or other students when they are speaking or making a presentation, ask questions, share your observations and comments, and display respectful curiosity about how your colleagues are making sense of the material we are exploring.
- Please put your cell phones on silent or vibrate mode to reduce the distraction to your classmates and instructor. Also, do not view text messages during class. If you are anticipating the need to view an urgent text message or take a call, please step out of the classroom to handle your personal business. However, please talk to me before class about how to monitor your communication device. **On-going use of cell phones during class will negatively reflect in your final grade.** Also, in order to facilitate a climate of learning and to reduce the distractions for yourself and others, please refrain from engagement in social media or other personal business.

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CLASS PARTICIPATION COMPETENCIES	Possible points	Points demonstrated
Prompt and dependable presence in the class.	3	
Prepares for class by immersing self in course readings and reflecting on their application to practice.	3	
Engages in course activities with a spirit of openness and curiosity.	2	
Helps to create an atmosphere of safety and mutual respect among all class members.	2	
TOTAL	10	

Your participation in class activities will be evaluated according to the following rubric:

## 2. Expanding the Lens: Societal & Relational Assessment & Case Planning (50 points) DUE October 17

A. Watch the documentary "*Meet the Patels*." (We will view the documentary in class, but it is also available online at iTunes, Amazon video, Netflix, Youtube, or other outlets). After

viewing the documentary, imagine that Geeta has brought her mother, Champa, in to see you, stating that she is worried about her mom and noting that she has become more irritable and unhappy over the past month. Geeta reports that her mother has been having trouble sleeping, experiencing chronic, dull headaches, and has been losing interest in social activities. She casually alludes to some extenuating family conflict that has not been resolved.

B. Acknowledging that there are many ways in which one could define the presenting problem and think about the case, write a case conceptualization. Draw from class role plays, course readings, course discussions, and relevant research to develop a case conceptualization and treatment plan. Include the following:

1. A description of the presenting problem.

2. An analysis about which biological factors, contextual factors, societal discourses, and societal messages might be influencing each person and how these might inform their actions in response to one another and the presenting issue.

3. An analysis of the family's social capital and strengths vis-a-vis their social location and intersectionality.

4. An analysis of the family's dynamics and interaction patterns. Pay particular attention to the nuances of culture as it relates to each family member's sense of cultural identity, cultural ideology, social and familial network, and lived realities.

5. Systemic case conceptualization of the presenting issue that relates the above to a DSM diagnosis.

6. Develop treatment goals and a treatment plan specific to your assessment and integrated case conceptualization. Discuss your treatment framework and which therapeutic approaches you might use, also providing a rationale as to how your ideas would address larger context influences. Apply relevant research to support your work. Your integration of research should demonstrate an awareness of the sociopolitical context of both the research and the case.

Expected page length is 6-8 double-spaced pages.

Evaluation rubric for this assignment is attached at the end of the syllabus.

## 3. Family Assessment Tool Group Presentation (30 points). (Due as scheduled)

This assignment is designed to help familiarize students with some commonly used family assessment tools. For this assignment, students will work in groups of 5-6. Each group will be assigned a family assessment tool to research, discuss, and critique. Next, each member of the group will take the assessment and score it individually so that they become familiar with it prior to presenting it in class.

On the group's assigned date, members will give a 40-45 minute presentation on their assigned assessment discussing its history, theoretical foundations, uses and applications - along with a critique of the assessment and the extent to which it does or does not address/attend to larger social context factors and aspects of diversity and human difference. The group is responsible for providing instruction to the rest of the class on how to administer the assessment and will

demonstrate this in class with the assistance of colleagues who will pose as mock clients. Upon administering the assessment, the group will have to score it, explain the scoring process to the rest of the class, and then interpret what the scores may mean.

Each group will submit a 3-4 page, double spaced summary of the key points discussed in their presentation, which the instructor will share with the rest of the class via Moodle. Each member of the group will also submit a hardcopy of the assessment they took and scored individually.

FAMILY ASSESSMENT TOOL GROUP PRESENTATION COMPETENCIES	Possible points	Points demonstrated
Includes a summary of the presentation and hardcopies of each group members' completed assessment and score sheet.	5	
Demonstrates group collaboration, organization of material, and effective use of time.	5	
Demonstrates knowledge of assessment tool and clearly discusses its history, development, and uses and applications.	5	
Discusses the assessment tool in relation to the larger social context and aspects of human diversity.	5	
Demonstrates knowledge of how to administer the assessment tool and interpret the results in relation to the client's unique context.	5	
Demonstrates accurate understanding of assessment tool scoring procedure.	5	
TOTAL	30	

The following rubric will be used to evaluate students' work:

## 4. Final Case Assessment & Treatment Plan. (60 points). DUE November 21.

For this assignment, think of a presenting issue that is of interest to you and create a case vignette that illustrates the symptoms and relational and societal contexts surrounding the problem. Possible topics to build your vignette around might be: depression, anxiety, attachment problems, eating disorders, attention deficit concerns, psychotic disorders, etc. The case you construct may be one you have observed or are familiar with, one drawn from the literature, one you make up, or a combination of these. However, if you draw from a real case, remember to change all names and identifying information. Use the following as headings:

a) Names and demographic information (discuss social location)

- b) Presenting issues or concerns. Referral source. How is the presenting concern a problem and for whom?
- c) Risk assessment
- d) Family history and social stressors
- e) Impact of sociocultural context
- f) Family interaction patterns
- g) Social capital and potentially healing interactions
- h) DSM-5 diagnoses (Discuss the issue in terms of the appropriate DSM-5 criteria and consider the systemic contexts related to the client's problem).
- i) Case conceptualization (should use family or relationship as the subject of the first sentence and explain how you are understanding the presenting issues from a systems/relational perspective). Discuss family strengths.
- j) Summary of relevant research (no more than 2 paragraphs). Conduct a review of the relevant research and assessment instruments or tools that may be relevant/helpful in case conceptualization and treatment planning. Literature review must include family therapy journals, but may also draw on other related literature. Analyze the research from a socio-contextual perspective, and provide a rationale for either how the literature informs treatment planning or critique how it might not directly apply to your particular case because of the contexts in which the various research findings were developed.
- k) Suggested treatment goals from 3 different theoretical models with corresponding treatment plans. Demonstrate links between assessment/conceptualization, treatment goals, and treatment plan. Provide a rationale for your thinking.

Write clearly, <u>concisely</u>, and demonstrate analytic thinking. Avoid pathologizing language. Assignment should be between 8-10 double spaced pages.

Evaluation rubric for this assignment is attached at the end of the syllabus.

## NON-DISCRIMINATION POLICY/SPECIAL ASSISTANCE

Lewis & Clark College adheres to a nondiscriminatory policy with respect to employment, enrollment, and program. The College does not discriminate on the basis of race, color, creed, religion, sex, national origin, age, handicap or disability, sexual orientation, or marital status and has a firm commitment to promote the letter and spirit of all equal opportunity and civil rights laws.

### PARTICIPATION IN THE LEARNING COMMUNITY

Students are required to attend and actively participate in all scheduled class meetings. This includes being on time, being prepared, following through on group projects, and otherwise engaging with colleagues as fellow professionals. Becoming a therapist involves looking closely at ourselves, our values, beliefs, and biases. This can be a very personal, and sometimes

emotional, process. Treating colleagues with respect, listening deeply to their experiences, and being open to diverse world views encourages a collaborative milieu of care in which we can all challenge ourselves and each other to critically examine and develop our skills and perspectives. In order to prepare for each class, students should carefully read and study all assigned materials to be ready to discuss, debate, and apply the content of readings. Class discussion and interaction with colleagues are fundamental to the process of learning to be a therapist and all sessions include necessary information. Therefore, if you must miss a class, fellow students and the instructor may ask you to contribute to learning community in another way. According to the Lewis & Clark Counseling Psychology attendance policy, missing 3 or more hours of a 1 credit course may result in a failing grade. For this course, any absence of more than one hour requires a makeup assignment. If you must be absent or late, please email the instructor at least several hours prior to class.

#### SPECIAL ASSISTANCE

If you need course adaptations or accommodations because of a disability and/or you have emergency medical information to share please make an appointment with the instructors as soon as possible. It is the responsibility of the student to make his or her disability and needs known in a timely fashion and to provide appropriate documentation and evaluations to support the accommodations the student requests. Requests for accommodations should be routed through the Student Support Services office in Albany 206. Please review the L&C policy at: http://www.lclark.edu/offices/student support services/rights/disability policy/

### CPSY DEPARTMENTAL ATTENDANCE POLICY

Class attendance is expected and required. Any missed class time will be made up by completing extra assignments designed by the instructor. Missing more than ten percent of class time may result in failure to complete the class. This would be 4.5 hours of a 45 hour class (3 credits), 3.0 hours for a 30 hour class (2 credits) or 1.5 hours for a 15 hour class (1 credit.) In case of extreme hardship and also at the discretion of the instructor, a grade of incomplete may be given for an assignment or the entire course. In such cases, the work to be submitted in order to remove the incomplete must be documented appropriately and stated deadlines met. Students are expected to be on time to class and tardiness maybe seen as an absence that requires make-up work.

#### **EVALUATION & GRADING**

Participation	10 pts
Societal & Relational Assessment & Case Plan	50 pts
Family Assessment Tool Group Presentation	30 pts
Final Case Assessment & Treatment Plan	<u>60 pts</u>
Total	150 pts

139.5-200 = A	135-139 = A-	132-134.5 = B+
124.5-131.5 = B 109.5-116.5 = C	120-124 = B- 105-109 = C-	117-119.5 = C+

# **COURSE SCHEDULE – (10 WEEKS)**

	Topics	Readings due	Assignments due
Week 1 9/12	Relational Assessment & Treatment Planning	R1 Madsen R2 Doherty	Watch "Meet the Patels" in class
Week 2 9/19	Biopsychosocial-Systems Model and Relational Interviewing	Williams chap 1, 2, & 10 R3 Sheinberg & Brewster R4 Andersen	
Week 3 9/26	Social Capital Assessment & Sociocultural Attunement	Williams chap 3 R5 Silverstein et al R6 Pandit et al R7 Garcia & McDowell R8 Unger	Group Presentation
Week 4 10/3	Crisis Intervention & Assessing for Risk to Self-Harm	Williams chap 4 R9 Robert & Ottens R10 Myer et al R11 Myer et al R12 Omer & Dolberger	Group Presentation
Week 5 10/10	DSM-5 in Systems & Relational Context of Psychopathology	Williams chap 5&6 R13 Wamboldt et al R14 Strong R15 Seikkula et al R16 Olson	Group Presentation
Week 6 10/17	Child & Adolescent Behavior Problems	Williams chap 7-8 R17 Tuttle et al. R18 Parra-Cardona et al	Societal & Relational Assessment Due (based on "Meet the Patels")

Week 7 10/24	Assessing Interpersonal Interactions	Williams Chap 9 Tomm et al chap 1, 5, &6 (Check on Moodle) R19 Gabb & Singh	Group Presentation
Week 8 10/31	Acute and Chronic Illness	R20 Distelberg et al R21 Linville et al R22 Weingarten	Group Presentation
Week 9 11/7	Intimate Partner Violence	R23 Bograd & Mederos R24 Todahl et al R25 Whiting et al R26 Stith et al	Group Presentation
Week 10 11/14	Substance Abuse Assessment and Treatment	R27 Rentscher et al R28 O'Farrell R29 Rowe	
Last Class			
11/21	Please submit assignment via Moodle		Final Case Assessment & Treatment Plan Due

	(	CASE PRESENTATION		
	Unacceptable (0-3)	Below Expected (4-7)	Expected/Exemplary (8-10)	<b>Total Points</b> (out of 10 possible)
Assessment considers interconnections among biological, psychological, and social systems as they relate to presenting issues. DSM diagnosis is integrated into systemic context. A systemic case	Issues and behaviors are described individually without awareness of larger sociocultural context. Diagnosis is incomplete or not systemically integrated Case conceptualization is not	Sociocultural context is identified, but individual and family patterns are not well linked to larger contexts DSM diagnosis is complete but not appropriate or integrated Case conceptualization	The link between individual and family patterns with larger sociocultural contexts is clearly explained. Diagnosis is complete, appropriate, and systemically integrated Case conceptualization/	
conceptualization and related treatment goals are identified.	clearly defined or focuses on individual problems and concerns and/or clear systemic treatment goals not provided	includes systems/relational processes but is not clearly articulated and/or related treatment goals are not clearly developed.	hypotheses include relationship patterns, their bearing on the presenting problem, and the sociocultural contexts that impact these relationships and these are linked to clear treatment goals.	
Application of research to case planning takes into account the sociopolitical context of research and case.	Research is identified with little or no analysis of the context in which it was produced or how it applies to this case.	Research is summarized and applied with limited awareness of sociopolitical context of the issues and research.	Implications of relevant research are analyzed socio-contextually with rationale for how the literature informs treatment planning in this particular case.	
Case conceptualization and treatment plan are written clearly, concisely, and demonstrate strong analysis of theoretical ideas.	Case conceptualization and treatment plan does not meet the standards of graduate level writing and does not demonstrate strong analysis of theoretical ideas.	Case conceptualization and treatment plan are written clearly and concisely, but analytic thinking is not strongly demonstrated.	Case conceptualization and treatment plan are written clearly and concisely, and strong analytic thinking is demonstrated.	

# MCFT 541: Societal & Relational Assessment and Case Planning Rubric

	Unacceptable (0-3)	Below Expected (4-7)	Expected/Exemplary (8-10)	<b>Total Points</b> (out of 10 possible)
Ability to integrate DSM	Diagnosis is incomplete or	DSM diagnosis is complete	Diagnosis is complete,	
diagnosis into systemic	not systemically integrated	but not appropriate or	appropriate, and	
context		integrated	systemically integrated	
Individual and family	Issues and behaviors are	Sociocultural context is	The link between	
patterns are assessed	described individually	identified, but individual	individual and family	
within sociocultural	without awareness of larger	and family patterns are not	patterns with larger	
context	sociocultural context.	well linked to larger	sociocultural contexts is	
		contexts	clearly explained	
Problematic and healing	Assessment focuses on	Interpersonal interactions	Interpersonal interactions	
interpersonal interactions	individual behavior and	are accessed but the focus is	that maintain problems as	
are assessed	experience only.	almost entirely on problems	well as those with healing	
		without identifying potential	potential are identified.	
		resources or potential for		
		healing.		
A systemic case	Case conceptualization is not	Case conceptualization	Case conceptualization/	
conceptualization and	clearly defined or focuses on	includes systems/relational	hypotheses include	
related treatment goals are	individual problems and	processes but is not clearly	relationship patterns, their	
identified.	concerns and/or clear	articulated and/or related	bearing on the presenting	
	systemic treatment goals not	treatment goals are not	problem, and the	
	provided	clearly developed.	sociocultural contexts that	
			impact these relationships	
			and these are linked to	
			clear treatment goals.	
A treatment plan that	Treatment plan is not	Safety and addiction are	Safety and addiction are	
considers at least 3	specific to identified	assessed but treatment plan	accessed and a treatment	
therapeutic approaches	treatment goals or only one	includes only two possible	plan with at least 3	
and includes assessment	possible approach is	approaches or is not clearly	different possible	
for safety and addiction.	suggested. Assessment of	linked to treatment goals.	approaches is clearly linked	
	safety and addiction is not		to identified treatment	
	evidenced.		goals.	

# MCFT 541: Final Case Assessment and Treatment Plan Rubric

Treatment plan draws	Little or no research is	Research is identified but	Plan is clearly linked to	
orelevant research	identified.	not well linked to plan.	identified research.	