Required Objectives:

Professional Identity Standards (CACREP 2009 Standards)

1j. ethical standards of professional organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling
2d. individual, couple, family, group, and community strategies for working with and advocating for diverse populations, including multicultural competencies;
5c. essential interviewing and counseling skills;
5g. crisis intervention and suicide prevention models, including the use of psychological first aid strategies.

Clinical Mental Health Standards (CACREP 2009 Standards)

A2. Understands ethical and legal considerations specifically related to the practice of clinical mental health counseling. (2001-A4)
B1. Demonstrates the ability to apply and adhere to ethical and legal standards in clinical mental health counseling.
D2. Applies multicultural competencies to clinical mental health counseling involving case conceptualization, diagnosis, treatment, referral, and prevention of mental and emotional disorders.
D3. Promotes optimal human development, wellness, and mental health through prevention, education, and advocacy activities.
D4. Applies effective strategies to promote client understanding of and access to a variety of community resources.
D5. Demonstrates appropriate use of culturally responsive individual, couple, family, group, and systems modalities for initiating, maintaining, and terminating counseling.
D7. Applies current record-keeping standards related to clinical mental health counseling.
D9. Demonstrates the ability to recognize his or her own limitations as a clinical mental health counselor and to seek supervision or refer clients when appropriate.
F1. Maintains information regarding community resources to make appropriate referrals.
F3. Demonstrates the ability to modify counseling systems, theories, techniques, and interventions to make them culturally appropriate for diverse populations.
H2. Demonstrates skill in conducting an intake interview, a mental status evaluation, a biopsychosocial history, a mental health history, and a psychological assessment for treatment planning and caseload management.
H3. Screens for addiction, aggression, and danger to self and/or others, as well as co-occurring mental disorders.
J1. Applies relevant research findings to inform the practice of clinical mental health counseling.

**Key Required Assignments/Student Learning Outcomes**

These assignments are required for the course, but **will not be the only requirements/expectations**. The chart below lists the assignment, method of submission, and benchmark score/grade. These assignments are set up for upload to Taskstream and/or instructor provides rating for assignment. See syllabus for details.

<table>
<thead>
<tr>
<th>Goal 1 of 6</th>
<th>Practicum</th>
<th>Internship</th>
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</thead>
<tbody>
<tr>
<td>Develops an understanding of counseling theories and develops own theoretical orientation</td>
<td>Can articulate theoretical orientation, and conceptualizes clients consistent with this theory most of the time Score:3</td>
<td>Articulates theoretical orientation and consistently conceptualizes clients consistent with this theory Score: 3</td>
</tr>
<tr>
<td>Benchmark (B)</td>
<td>Can articulate theoretical orientation and begins to connect theory with practice Score: 2 on most items</td>
<td>Can articulate theoretical orientation, and conceptualizes clients consistent with this theory most of the time Score:2, most items</td>
</tr>
<tr>
<td>Emerging (C)</td>
<td>Can articulate theoretical orientation but cannot connect theory to practice</td>
<td>Can articulate theoretical orientation but cannot connect theory to practice</td>
</tr>
<tr>
<td>Inadequate /Fail</td>
<td>Score: 1 on most items</td>
<td>Score: 1 on most or more items</td>
</tr>
<tr>
<td>As evidenced by:</td>
<td>Practicum Evaluation: Score on item(s) 51,53,54</td>
<td>Practicum Evaluation: Score on item(s) 51,53,54, 55</td>
</tr>
<tr>
<td>Evaluation and Remediation</td>
<td>Assessment Chair Review/Referral to BRC or ARC</td>
<td>Internship Instructor Review/Referral to BRC or ARC</td>
</tr>
<tr>
<td>Theory and Research into Practice</td>
<td>Proficient (A)</td>
<td>Benchmark (B)</td>
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| **Goal 2 of 6**  
Human Development | Practicum | Highly skilled at identifying the impact of individual and family development on the therapeutic process: Score: 3 | Understands the impact of a person’s individual and family development on the therapeutic process: Score 2 | Is aware of the impact of a person’s individual and family development on the therapeutic process Score: 1 | Is unable to apply developmental theory with clients Score: 0 | Practicum Evaluation Item 52 Average or above score on CPCE | Assessment Chair Review/Referral to BRC or ARC |
| Demonstrates and understanding of individual and family development. | | | | | | |

<table>
<thead>
<tr>
<th>Theory and Research into Practice</th>
<th>Proficient (A)</th>
<th>Benchmark (B)</th>
<th>Emerging (C)</th>
<th>Inadequate/Fail</th>
<th>As evidenced by:</th>
<th>Evaluation and Remediation</th>
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</thead>
</table>
| **Goal 3 of 6**  
Understands and applies diagnosis | Practicum | Consistently uses diagnosis as appropriate from a critical theory perspective Score: 3 | Begins to use diagnosis as appropriate from a critical theory perspective Score: 2 | Begins to identify client problems using DSM criteria as appropriate Score: 1 | Inappropriately uses diagnosis to pathologize client problems or fails to use diagnosis when needed Score: 0 | Practicum Evaluation Item 32 | Assessment Chair Review/Referral to BRC or ARC |

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<thead>
<tr>
<th>Theory and Research into Practice</th>
<th>Proficient (A)</th>
<th>Benchmark (B)</th>
<th>Emerging (C)</th>
<th>Inadequate/Fail</th>
<th>As evidenced by:</th>
<th>Evaluation and Remediation</th>
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</table>
| **Goal 4 of 6**  
Understands and applies interventions | Practicum | Is able to implement specific interventions consistent with conceptualization Score: 3 | Is able to identify and implement specific interventions to utilize with adults and/or children & families Score: 2 as relevant | Is able to identify specific interventions to utilize with adults and/or children & families Score: 1 | Is unable to identify specific interventions to utilize with adults and/or children & families Score: 0 | Practicum Evaluation Item(s) 33, adult 84, child/adol 85, family | Assessment Chair Review/Referral to BRC or ARC |
<table>
<thead>
<tr>
<th>Theory and Research into Practice</th>
<th>Proficient (A)</th>
<th>Benchmark (B)</th>
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<th>Inadequate/Fail</th>
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<tbody>
<tr>
<td><strong>Goal 5 of 6</strong></td>
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<tr>
<td>Able to gather client data, conceptualize and develop a treatment plan</td>
<td>Practicum</td>
<td>Gathers data, creates conceptualization, and plans treatment to match conceptualization with clear objectives to meet goals</td>
<td>Score 3 on all</td>
<td>Insufficient at one or more of: gathering data, creating conceptualization, or writing treatment plans to match conceptualization:</td>
<td>MHC: 549 Final tx plan OR MHC A580 Client tx plan AND Practicum evaluation Items 31,34</td>
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</table>

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<tr>
<th>Clinical skill</th>
<th>Proficient (A)</th>
<th>Benchmark (B)</th>
<th>Emerging (C)</th>
<th>Inadequate/Fail</th>
<th>As evidenced by:</th>
<th>Evaluation and Remediation</th>
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<tbody>
<tr>
<td><strong>Goal 1 of 5</strong></td>
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<tr>
<td>Students develop therapeutic communications skills emphasize the client-counselor relationship with individuals and families</td>
<td>Practicum</td>
<td>Demonstrates high level of therapeutic communication skills, is able to develop and maintain very strong counseling relationships</td>
<td>Score:3 on all</td>
<td>Demonstrates adequate level of therapeutic communication skills, is able to develop and maintain adequate counseling relationships</td>
<td>Practicum evaluation Items 41,42</td>
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<tr>
<th>Clinical skill</th>
<th>Proficient (A)</th>
<th>Benchmark (B)</th>
<th>Emerging (C)</th>
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<th>As Evidenced by:</th>
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<tr>
<td><strong>Goal 2 of 5</strong></td>
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<tr>
<td>Students facilitate and manage the counseling process with</td>
<td>Practicum Year</td>
<td>Demonstrates high level of able to facilitate and manage the counseling process across</td>
<td>Is beginning to be able to facilitate and manage the counseling process</td>
<td>Is not able to facilitate and manage the counseling process</td>
<td>Practicum Evaluation items 44,45,46,47</td>
<td></td>
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<tr>
<td>Clinical skill</td>
<td>Proficient (A)</td>
<td>Benchmark (B)</td>
<td>Emerging (C)</td>
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<td><strong>Goal 4 of 5</strong></td>
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<tr>
<td>Practicum Year</td>
<td>Score 3 on most</td>
<td>Scores 2 on most</td>
<td>Score 1 on most</td>
<td>Score 0 on most</td>
<td>Practicum Evaluation Items 70 to 78</td>
<td>Assessment Chair Review/Refer to BRC or ARC</td>
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<tr>
<th>Clinical skill</th>
<th>Proficient (A)</th>
<th>Benchmark (B)</th>
<th>Emerging (C)</th>
<th>Inadequate /Fail</th>
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<td><strong>Goal 5 of 5</strong></td>
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<tr>
<td>Students develop an understanding of the impact of trauma on clients and demonstrate skills in trauma counseling.</td>
<td>Practicum Year</td>
<td>Score 3 on most</td>
<td>Scores 2 on most</td>
<td>Score 1 on most</td>
<td>Score 0 on most</td>
<td>Practicum Evaluation Items 67,68,69</td>
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<tr>
<th>Self as Counselor</th>
<th>Proficient (A)</th>
<th>Benchmark (B)</th>
<th>Emerging (C)</th>
<th>Inadequate /Fail</th>
<th>As evidenced by:</th>
<th>Evaluation and Remediation</th>
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<tr>
<td><strong>Goal 1 of 5</strong></td>
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<tr>
<td>Demonstrates awareness of their social locations and impact on their life experiences.</td>
<td>Practicum Year</td>
<td>Demonstrates ability to address the impact of counselor social locations in</td>
<td>Demonstrates beginning awareness impact of counselor social locations on</td>
<td>Is able to identify 1-3 social locations and the impact on personal experience</td>
<td>Is unable or unwilling to explore own worldview Score 0 on one or both</td>
<td>Practicum evaluation Items 13,57</td>
</tr>
<tr>
<td>Self as Counselor</td>
<td>Proficient (A)</td>
<td>Benchmark (B)</td>
<td>Emerging (C)</td>
<td>Inadequate/Fail</td>
<td>As evidenced by:</td>
<td>Evaluation and Remediation</td>
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<tr>
<td>Goal 2 of 5</td>
<td>Demonstrates ability to explore how personal experiences, thoughts, and feelings impact counseling with clients.</td>
<td>Practicum</td>
<td>Demonstrates self awareness and emotional stability. Immersing use of self in therapeutic process, uses supervision to continue growth. Score 3</td>
<td>Demonstrates self awareness and emotional stability and a beginning understanding of impact of self in relationships with clients, seeks assistance for continued learning. Score 2</td>
<td>Demonstrates self awareness and willingness to address/remediate problems. Score 1</td>
<td>Practicum Evaluation Item 48</td>
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</table>

| Goal 3 of 5      | Maintains self care | Practicum | Demonstrates ability to maintain personal wellness to optimize professional competence. Recognizes and proactively addresses early signs of burnout. Score 3 on both | Demonstrates ability to perform adequate self care to enhance personal wellness and ability to attend to professional responsibilities. Recognizes signs of burn out before client care is impacted. Score 2 on both | Begins to use self care plan, learns to adapt plan when needed, and seeks supervision and personal therapy as needed. Score 1 or more | Engages in inadequate self care that impedes learning ability or client care. Score 0 on one or more | Practicum Evaluation Items 14, 24 | Review/Referral to BRC or ARC |

<table>
<thead>
<tr>
<th>Goal 4 of 5</th>
<th>Demonstrates awareness of</th>
<th>Practicum</th>
<th>Demonstrates clear awareness</th>
<th>Demonstrates basic awareness</th>
<th>Is under confident</th>
<th>Overestimates competence</th>
<th>Practicum Evaluation Item 25</th>
<th>Assessment Chair</th>
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</table>
competence and limitations

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<tr>
<th></th>
<th>of competence and limitations, uses multiple channels to learn/grow (e.g. supervisor, literature search, colleague feedback.)</th>
<th>competence and limitations and seeks supervisory support</th>
<th>inconsisten in awareness of limitations, unsure when to seek supervision</th>
<th>does not recognize limitations</th>
<th>Review/Referral to BRC or ARC</th>
</tr>
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</table>

Self as Counselor

<table>
<thead>
<tr>
<th>Goal 5 of 5</th>
<th>PQE Critical Items: Openness to supervision</th>
<th>Practicum</th>
<th>Proficient (A)</th>
<th>Benchmark (B)</th>
<th>Emerging (C)</th>
<th>Inadequate/Fail</th>
<th>As evidenced by:</th>
<th>Evaluation and Remediation</th>
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<tbody>
<tr>
<td>Score 3 on both</td>
<td>Develops clear supervisory working alliance with faculty, supervisors and peers. Able to determine when/how to express opinions differing from supervisor and to work toward resolution.</td>
<td>Seeks supervision from faculty, supervisors and peers. Utilizes supervision to grow and develop. Score 2 on both</td>
<td>Same as above</td>
<td>Score 1 on one or more</td>
<td>Same as above</td>
<td>Score 0 on one or more</td>
<td>Practicum Evaluation Items 6,27</td>
<td>Assessment Chair Review/Referral to BRC or ARC</td>
</tr>
</tbody>
</table>

Multicultural Competence

<table>
<thead>
<tr>
<th>Goal 1 of 4</th>
<th>Students develop awareness of the effect of power, privilege, and difference and their own cultural attitudes, beliefs,</th>
<th>Practicum</th>
<th>Proficient (A)</th>
<th>Benchmark (B)</th>
<th>Emerging (C)</th>
<th>Inadequate/Fail</th>
<th>As evidenced by:</th>
<th>Evaluation and Remediation</th>
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<tr>
<td>Score 3 on both</td>
<td>Addresses impact of therapist cultural attitudes and beliefs on therapeutic process with client either directly with</td>
<td>Understands how therapist cultural attitudes and beliefs impact relationship and therapeutic process with client, begins to develop</td>
<td>Understands how therapist cultural attitudes and beliefs may impact relationship and therapeutic</td>
<td>Fails to recognize how therapist cultural attitudes and beliefs impacts relationship and</td>
<td>Practicum Evaluation Item 15,58</td>
<td>Assessment Chair Review/Referral to BRC or ARC</td>
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<tr>
<td>Multicultural Competence</td>
<td>Proficient (A)</td>
<td>Benchmark (B)</td>
<td>Emerging (C)</td>
<td>Inadequate/Fail</td>
<td>As evidenced by:</td>
<td>Evaluation and Remediation</td>
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<tr>
<td>Practicum</td>
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<td>Practicum</td>
<td>Assessment Chair Review/Referral to BRC or ARC</td>
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</table>

Goal 2 of 4

PQE Critical items: Responsibility Item 5
Students will demonstrate the ability to engage in dialogue with people who carry or hold other perspectives in ways that show respect for the other persons and other points of view.
Integrity Items 3,4,5 Respect for others

| Practicum | Score of 2 on most | Score of 1 on most | Score of 0 on most | Practicum Evaluation: Disposition s 4, 10, 11 |

Goal 3 of 4

Students recognize limitations of theory and research to apply to all people and demonstrates awareness of need to adapt to individual

| Practicum | Recognizes client worldview, social locations, and culture and the impact on client problems and adapts treatment | Recognizes client worldview, social locations, and culture and the impact on client problems and adapts treatment | Recognizes, with supervisor assistance, client worldview, social locations, culture and the impact | Fails to acknowledge client worldview, social locations, culture and the impact on client problems | Practicum Evaluation Items 16,60 | Assessment Chair Review/Referral to BRC or ARC |

| Recognizes client worldview, social locations, and culture and the impact on client problems and adapts treatment | Recognizes client worldview, social locations, and culture and the impact on client problems and adapts treatment | Recognizes, with supervisor assistance, client worldview, social locations, culture and the impact | Fails to acknowledge client worldview, social locations, culture and the impact on client problems | Practicum Evaluation Items 16,60 | Assessment Chair Review/Referral to BRC or ARC |

<p>| Recognizes client worldview, social locations, and culture and the impact on client problems and adapts treatment | Recognizes client worldview, social locations, and culture and the impact on client problems and adapts treatment | Recognizes, with supervisor assistance, client worldview, social locations, culture and the impact | Fails to acknowledge client worldview, social locations, culture and the impact on client problems | Practicum Evaluation Items 16,60 | Assessment Chair Review/Referral to BRC or ARC |</p>
<table>
<thead>
<tr>
<th>Multicultural Competence</th>
<th>Proficient (A)</th>
<th>Benchmark (B)</th>
<th>Emerging (C)</th>
<th>Inadequate/Fail</th>
<th>As evidenced by:</th>
<th>Evaluation and Remediation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Learns strategies for working with gender and gender spectrum issues, diverse populations, ethnic and other non-dominant groups.</td>
<td>Practicum Score 3</td>
<td>Score 2</td>
<td>Score 1</td>
<td>Score 0</td>
<td>Practicum Evaluation: Item 61</td>
<td>Assessment Chair Review/Referral to BRC or ARC</td>
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<tr>
<th>Professional Identity</th>
<th>Proficient (A)</th>
<th>Benchmark (B)</th>
<th>Emerging (C)</th>
<th>Inadequate/Fail</th>
<th>As evidenced by:</th>
<th>Evaluation and Remediation</th>
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<tbody>
<tr>
<td>Demonstrates ability to complete a career assessment and give feedback to client in role play</td>
<td>Practicum Year Scores Effective or above in all 5 areas assessed</td>
<td>Scores: Effective (3) or above in 4 of 5 areas assessed</td>
<td>Scores below 3 in 2 or more areas assessed</td>
<td>MHC 540 Triad role play assignment Practicum Evaluation Item 39</td>
<td>Assessment Chair Review/Referral to BRC or ARC</td>
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<th>As evidenced by:</th>
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<tbody>
<tr>
<td>Demonstrates Understanding of roles &amp; functions of</td>
<td>Practicum</td>
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<td>Assessment Chair Review/Referral to BRC or ARC</td>
</tr>
<tr>
<td>Ethical Practice</td>
<td>Proficient (A)</td>
<td>Benchmark (B)</td>
<td>Emerging (C)</td>
<td>Inadequate /Fail</td>
<td>As evidenced by:</td>
<td>Review and Remediation</td>
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<tr>
<td>Goal 1 of 1</td>
<td>Practicum</td>
<td>Demonstrates a strong understanding and commitment to ethical standards, recognizes ethical issues independently, demonstrates ability to recognizes and remediates ethical errors with supervisor consultation. Score 3 on all</td>
<td>Demonstrates an understanding of and commitment to ethical standards, recognizes ethical issues independently, recognizes and remediates errors with supervisor assistance. Score 2 on all</td>
<td>Demonstrates an understanding of and commitment to ethical standards, begins to recognize ethical issues with supervision, may make ethical errors without awareness. Score 1 on one or more</td>
<td>Does not demonstrate an understanding of ACA Code of Ethics, or does not recognize practical applications. Attempts to hide mistakes or lacks openness to supervision. Score 0 on any</td>
<td>Practicum Evaluation Items: 1,9,28,29,30</td>
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</table>
MHC 580 - Practicum in Counseling

Instructor Information:
Faculty Instructor: Cort Dorn-Medeiros, PhD, LPC, CADC III
Assistant Professor of Counseling Psychology
Professional Mental Health Counseling Program – Addictions Specialization
dorn-medeiros@lclark.edu
971-222-9777 (cell)

Day:
Thursdays, 5/12/16 – 8/18/16

Time:
Varies per section

Location:
Lewis and Clark Community Counseling Clinic
4445 SW Barbur Blvd, 97239
Antonia Mueller, Clinic Director: 503-768-6321 | amueller@lclark.edu

“Valuing clients as credible sources of their own experiences allows us to critically examine our assumptions and practices—to support what is working and challenge what is not—and allows clients to teach us how we can be most effective with them.” - Barry Duncan.

“Compassionate action involves working with ourselves as much as working with others.”
- Pema Chodron

Course Description:
This class is designed to provide instruction and supervision to first semester practicum students working with clients at the Lewis and Clark Community Counseling Center. Students will receive live supervision and feedback as designated by CACREP requirements. The focus of the class will be to provide ethical and competent client care while working within the parameters of time (typically one semester), student theoretical orientation and client issues/goals. Skills that will receive particular attention will include developing a therapeutic relationship, counselor empathy and compassion. The recognition of the impact of race, culture, gender, sexual orientation and poverty as well as other societal and political influences that define the context of the therapeutic relationship will be highlighted as well. A beginning knowledge of client assessment and the development of treatment planning (including articulating the goals, objectives and interventions) will be developed. The establishment of a self-care practice and development of professional boundaries will be central as students become aware of counter-transference and vicarious trauma while growing professionally as a counselor.
Catalog description:
Working with clients in the practicum clinic, agency or school setting (8 to 10 hours per week, 100 hours total) under intensive supervision from CPSY faculty, developing the therapeutic relationship and basic counseling competencies. Students are expected to demonstrate personal characteristics and professional conduct necessary for effective, ethical counseling. [Up to] two semesters, 3 credit hours each required.

*Note: If you have a disability that may impact your academic performance, you may request accommodations by submitting documentation to the Student Support Services Office in the Albany Quadrangle (x7156). After you have submitted documentation and filled out paperwork there for the current semester requesting accommodations, staff in that office will notify me of the accommodations for which you are eligible.

Recommended Reading:
-Interpersonal Process in Therapy: An Integrative Model. By Edward Teyber
-Clinical Pearls of Wisdom: 21 Leading Therapists Offer Their Key Insights. By Michael Kerman (Editor)
-Motivational Interviewing. By William Miller & Stephen Rollnick
-Negotiating the Therapeutic Alliance. By Jeremy Safran & Christopher Muran
-The Gift of Therapy. By Irvin Yalom

ADDITIONAL READINGS TO BE ASSIGNED THROUGHOUT THE TERM. STUDENTS MUST FIND AND READ ALL ARTICLES ASSIGNED ON THE COURSE MOODLE SITE!!

Course Requirements:
To successfully complete the clinical practicum, the student must satisfactorily complete a minimum of 100 clock-hours of counseling activities with at least 40 of these hours in direct contact with clients over the two semesters of practicum. Students must keep approved and complete documentation of client sessions and other documentation required by the Lewis and Clark Counseling Center. Students must receive minimal 1s and no 0s on the Professional Qualities Evaluation and must perform at a satisfactory level on the Practicum Evaluation Form. Activities that can be counted toward the 100 hours may include such professional activities as consultation, coordination, supervision, documentation, case conceptualization, and research/study/learning related to counseling or client issues. In the course of completing these activities, the student will be expected to demonstrate a wide variety of counseling techniques and communication skills. At the end of the semester, the student must document the amount of time they were engaged in these activities, and submit to your instructor.
Assignments:
All assignments will be due at the start of class on the dates determined or outlined in the syllabus and are expected to be completed thoroughly and in a timely fashion. Most of the work in the Practicum Clinic is experiential and part of the therapy and administrative processes of the clinic, supervision segments and counseling relationship. There will be one formal case presentation and written assignment for this term.

- **Practicum I** - Case Conceptualization and Presentation & **Practicum II** - Case Transcription, Conceptualization, and Presentation- Students will submit in writing and present to the class a case conceptualization of one of their clinic clients. The format and schedule of this typically falls after mid-term, towards the last few weeks of class. A handout delineating this assignment will be provided and dates will be solidified as a group and posted.
- **Any off-site transport of counseling sessions recorded on-site at the Lewis & Clark clinic must be done so using an encrypted thumb drive.** The required/recommended device is the IronKey Basic series e250 or d250.

Practicum II Students Only:
Those who will be full-time Practicum II students in Summer 2016 semester are required to take the Counselor Preparation Comprehensive Examination (CPCE) that will be offered on the Lewis & Clark campus during summer term. Date and time are TBA. Part-time students will work with their advisor on the most appropriate timing to take the CPCE.

The CPCE will also be required of those who will be full-time Practicum II students over the Summer 2016 semester.

Participation:
You are expected to participate in class activities and discussions. Participation not only adds to the quality of discussions, but also demonstrates that the class is actively engaged in personal and professional development, is completing assigned readings and understanding the material. Active participation is essential and will be evaluated in the following way:

- **Excellent** - Proactive participation through leading, originating, informing, challenging contributions that reflect in-depth study, thought, and analysis of the topic under consideration. This does not mean dominating the discussion.
- **Satisfactory** - Reactive participation with supportive, follow-up contributions that are relevant and of value, but rely on the leadership and study of others, or reflect opinion rather than study, thought, and contemplation.
- **Minimal acceptability** - Passive participation including being present, awake, alert, attentive, but not actively involved.
- **Unsatisfactory** - Uninvolved including being absent, late, present but not attentive: distracted, not present or making irrelevant contributions that inhibit the progress of the discussion.

Attendance:
☐ It is essential that students attend each class session to receive credit for the
required supervision and to provide reliable, ethical, and competent client care.

- Any missed classes will require make-up work including any of the following:
  written work including research, transcript of counseling session and professional
  reading with written review.
- Any planned absences must be discussed with and approved by the
  course professor at least two weeks in advance of the absence.
- In case of illness and true emergencies, please notify site supervisor, center
  supervisor, and your client as soon as possible.
- More than one absence a semester could result in a failure to complete the class.
- Any unexcused absences or failure to notify supervisors of absences will also
  result in the loss of supervision credit and counseling hours for that week as well
  as a meeting with the campus supervisor to determine outcome which might
  include receiving a failing grade for the class.
- Late to class: More than 20 minutes will require make-up work at the discretion of
  the instructor. Please implement the necessary boundaries for leaving work or
  internship sites on time. Arriving late impacts your clients and the work of your
  classmates.

CPSY Departmental Attendance Policy
Class attendance is expected and required. Any missed class time will be made up by
completing extra assignments designed by the instructor. Missing more than ten
percent of class time may result in failure to complete the class. This would be 4.5 hours
of a 45 hour class (3 credits), 3.0 hours for a 30 hour class (2 credits) or 1.5 hours for a 15
hour class (1 credit.) In case of extreme hardship and also at the discretion of the
instructor, a grade of incomplete may be given for an assignment or the entire course.
In such cases, the work to be submitted in order to remove the incomplete must be
documented appropriately and stated deadlines met. Students are expected to be on
time to class and tardiness may be seen as an absence that requires make-up work.

Course Expectations & Notifications:
- It is normal to experience occasional discomfort as you go through your training
  program. Learning can be challenging! Receiving feedback from your peers
  along with your instructor can be difficult at times, too. While this is a normal
developmental process, should you have emotional difficulty throughout the
course that is consistent and interferes with your participation, the following
measures are available to support you:
  1) Please feel free to contact me as soon as possible to discuss your concerns or
     thoughts. We can communicate outside of class time. I’m available via email,
     phone and to meet up in person. You can expect fair, direct and open
     communication from me as your instructor.
  2) Feel free to contact your advisor or another administrative ally in the
     counseling program to discuss your concerns or needs.
  3) You may also work on these concerns in the context of private counseling.
- You are expected to learn about the operation and policies of the clinic and be
  an active member of the community in regards to the daily operations. This
  includes understanding screening procedures, being knowledgeable of all
  intake paperwork, checking phone messages, ensuring clients are greeted/have
  intake paperwork, maintain appropriate confidentiality of conversation/written
Information while clients are in the clinic, walk your clients out of the treatment room, inform them where restrooms are, shut down the clinic at day’s end, etc.

- You are expected to actively participate in group discussions and case consultations with your peers. This includes providing constructive feedback and offering possible new perspectives on their work with clients. You will also be expected to actively participate in activities facilitated by your instructor during group supervision sessions weekly.
- Observe peer counseling sessions and complete a written observation form to be given to the instructor/peer counselor.
- Complete all paperwork and progress/case notes in a timely fashion (same day of session with client) and obtain review and a signature from your instructor.
- You are not permitted to take any paperwork or identifying client information outside of the clinic.
- On a rare occasion, you may need to make phone calls to clients outside of clinic hours. In this case, you are required to block your personal telephone number using the *67 feature prior to each phone call.
- You are encouraged to fill out a weekly log that identifies how your hours were spent in the clinic.
- All department paperwork can be found at http://graduate.lclark.edu/departments/counseling_psychology/mental_health/masters_degrees/evaluations_forms_handbooks/
- You are required to complete a Fall Semester Practicum Hours Summary and a Supervisor Evaluation for the clinic and any/all secondary practicum sites. You will receive an incomplete in the course if you do not hand in these forms to the CPSY office (Nicole) by the last day of class. You are responsible for being informed regarding the paperwork requirements of the department and the program.
- There will be times where you will have a different number of clients than your colleagues.
- Decisions about client assignments will be made as needed. At times, these decisions will be made in collaboration with the instructor. The instructor reserves the right to assign a particular client to you without consultation.
- Your practicum supervisor may join you during a counseling session to advise, consult or redirect the session with your client. Please prepare your client for this possibility at the outset of the counseling relationship.
- It is your responsibility to inform your clients of your limited schedule, length of time in the clinic, how to contact you/the clinic. You are also responsible for following up with your client when they have missed session/no showed for an appointment. You are expected to call the same day your client misses their session especially if they have not left a message with the clinic.
- Please discuss any questions you have about the course, client care, clinic policy or procedures with the instructor of your course. Aside from overall clinic policy and procedure, all decisions about client care are made in consultation with the instructor of your course.

**Grading:**
This class is graded using Credit/No Credit. Each student will be evaluated in the areas of counseling competence including use effective use of micro skills, theoretical
knowledge, self-awareness, and ethical practice. Case presentations during group supervision, case conceptualization, effectiveness of oral and written communication, as well as openness to feedback and supervision will all be considered in the grade. Evaluation methods may include (any and/or all) written work, observation, tape or audio review, transcriptions, case presentations, supervisor evaluations and in class participation along with timely completion of all class assignments. Evaluation of satisfactory performance will be made by your instructor.

Additional notes about grades:
- The instructor will make final decisions about grading.
- Failure to complete class requirements may include a deferred grade as well as the possible enrollment in a second semester of practicum.
- Failure to complete the required number of direct service hours in a semester may result in a deferred grade with the possible enrollment in a second semester of practicum.
- Failure to follow Ethical Guidelines of the profession will require a meeting to determine the next steps for addressing the concerns.
- Some students require more than two semesters of practicum to develop and demonstrate the requirements of a master’s level counselor.
- Students must be ready to move onto Internship in order to pass Practicum.
- Occasionally personal issues or life events will make it impossible for a student to move forward in their growth as a counselor and they will be encouraged or required to take some time off for self care.

Course Clinical Requirements:

Required hours
The Practicum I supervision experience is based on the minimum requirement of at least three hours of group supervision-related hours per week held at the clinic as a three hour class (45 hours per semester)

Practicum II is based on at least one hour per week of individual or triadic supervision (15 hours per semester) and a minimum of at least two hours per week of group supervision-related hours (30 hours per semester).

Students must have a minimum of forty hours of direct client contact derived from their Practicum I & II experiences at the LCCC and their community-based practicum site and the overall practicum experience (including clinic group and triadic supervision) must be at least one hundred hours over the length of the two semesters

Students may obtain more direct client hours than the minimum, but are limited to no more than sixteen hours at their Practicum II externship site a week.

This includes on site supervision, on site group supervision and required paperwork.

Students must receive minimal 1s and no 0s on the Professional Qualities Evaluation and must perform at a satisfactory level on the Practicum Evaluation Form
Activities that can be counted toward the 100 hours may include such professional activities as observation/feedback, consultation, coordination, supervision, documentation, case conceptualization, and research/study/learning related to counseling or client issues.

In the course of completing these activities, the student will be expected to demonstrate a wide variety of counseling techniques and communication skills.

At the end of the semester, the student must document the amount of time they were engaged in these activities, and submit to your instructor.

**Ethical Guidelines:**
Students are expected to follow the ethical guidelines put forth by the American Counseling Association and to seek supervision when there is case confusion or an ethical dilemma to be resolved. Failure to follow ethical guidelines and/or nondisclosure of ethical problems and the seeking of appropriate supervision may result in dismissal from the practicum and/or counseling program. To follow ethical guidelines in relation to clients and to respect the work of our peers it is of fundamental importance that the contents of group discussion be regarded as absolutely confidential.

**Confidentiality and Informed Consent:**
Students will make their clients aware they are enrolled in the M.A. or M.S. program in Counseling at Lewis and Clark College and that they are working under supervision. Clients should know that they are being observed and videotaped and that the counseling experience will be discussed for training purposes. Informed Consent, Professional Disclosure Statement, and other forms will be used with all clients that delineate what information about them will be used (and how it will be protected) and for what purpose. Clients under the age of 14 must have the forms signed by a parent or legal guardian. This informed consent is required in addition to any of the other forms. Students will be vigilant in keeping records and tapes secure during transportation for the purpose of keeping client information confidential.

**Mandated Reporting:**
Students will make mandated reports in accordance with Oregon law. Any questions about what constitutes a report or how to make a report should be immediately discussed with your instructor or the back-up supervisor. Students will utilize policies and forms related to making mandated reports as provided at the Lewis and Clark Community Counseling Center.

**Laptops and Cell Phones:**
Due to the experiential nature of the class, laptops may be used only when designated by the instructor. Cell phones must be silenced and text messaging is not allowed during class time. If there is an emergency you may exit the class to use your cell. Laptops and cell phones may, of course, be used on breaks. Please come prepared to take hand written notes. If a disability requires the use of a laptop please let the instructor know at the beginning of the semester.