# Lewis & Clark College Professional Mental Health Counseling Program MHC 582/583 and MHCA 582 Mental Health Internship / PMHC-A Internship Syllabus Cover Sheet

## Required Objectives:

### Professional Identity Standards (CACREP 2009 Standards)

- 1d. self-care strategies appropriate to the counselor role;
- 1i. advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients; and
- 1j. ethical standards of professional organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling
- 2d. individual, couple, family, group, and community strategies for working with and advocating for diverse populations, including multicultural competencies;
- 2f. counselors' roles in eliminating biases, prejudices, and processes
- 5a. an orientation to wellness and prevention as desired counseling goals;
- 5b. counselor characteristics and behaviors that influence helping processes;
- 5c. essential interviewing and counseling skills;
- 5e. a systems perspective that provides an understanding of family and other systems theories and major models of family and related interventions;
- 5f. a general framework for understanding and practicing consultation; and
- 5g. crisis intervention and suicide prevention models, including the use of psychological first aid strategies.
- 6d. group counseling methods, including group counselor orientations and behaviors, appropriate selection criteria and methods, and methods of evaluation of effectiveness; and
- 7f. social and cultural factors related to the assessment and evaluation of individuals, groups, and specific populations; and
- 7g. ethical strategies for selecting, administering, and interpreting assessment and evaluation instruments and techniques in counseling.
- 8e. the use of research to inform evidence-based practice

# Clinical Mental Health Standards (CACREP 2009 Standards)

A2. Understands ethical and legal considerations specifically related to the practice of clinical mental health counseling. (2001-A4)

- A3. Understands the roles and functions of clinical mental health counselors in various practice settings and the importance of relationships between counselors and other professionals, including interdisciplinary treatment teams. (2001-b1)
- A6. Recognizes the potential for substance use disorders to mimic and coexist with a variety of medical and psychological disorders.
- B1. Demonstrates the ability to apply and adhere to ethical and legal standards in clinical mental health counseling.
- D1. Uses the principles and practices of diagnosis, treatment, referral, and prevention of mental and emotional disorders to initiate, maintain, and terminate counseling.
- D2. Applies multicultural competencies to clinical mental health counseling involving case conceptualization, diagnosis, treatment, referral, and prevention of mental and emotional disorders.
- D3. Promotes optimal human development, wellness, and mental health through prevention, education, and advocacy activities
- D4. Applies effective strategies to promote client understanding of and access to a variety of community resources.
- D5. Demonstrates appropriate use of culturally responsive individual, couple, family, group, and systems modalities for initiating, maintaining, and terminating counseling
- D6. Demonstrates the ability to use procedures for assessing and managing suicide risk.
- D7. Applies current record-keeping standards related to clinical mental health counseling.
- D8. Provides appropriate counseling strategies when working with clients with addiction and cooccurring disorders.
- D9. Demonstrates the ability to recognize his or her own limitations as a clinical mental health counselor and to seek supervision or refer clients when appropriate.
- F1. Maintains information regarding community resources to make appropriate referrals.
- F2. Advocates for policies, programs, and services that are equitable and responsive to the unique needs of clients.
- F3. Demonstrates the ability to modify counseling systems, theories, techniques, and interventions to make them culturally appropriate for diverse populations.
- H2. Demonstrates skill in conducting an intake interview, a mental status evaluation, a biopsychosocial history, a mental health history, and a psychological assessment for treatment planning and caseload management.
- H3. Screens for addiction, aggression, and danger to self and/or others, as well as co-occurring mental disorders.
- H4. Applies the assessment of a client's stage of dependence, change, or recovery to determine the appropriate treatment modality and placement criteria within the continuum of care.
- J1. Applies relevant research findings to inform the practice of clinical mental health counseling.
- J2. Develops measurable outcomes for clinical mental health counseling programs, interventions, and treatments.
- J3. Analyzes and uses data to increase the effectiveness of clinical mental health counseling interventions and programs.
- L1. Demonstrates appropriate use of diagnostic tools, including the current edition of the DSM, to describe the symptoms and clinical presentation of clients with mental and emotional impairments.

- L2. Is able to conceptualize an accurate multi-axial diagnosis of disorders presented by a client and discuss the differential diagnosis with collaborating professionals.
- L3. Differentiates between diagnosis and developmentally appropriate reactions during crises, disasters, and other trauma-causing events.

# **Key Required Assignments/Student Learning Outcomes**

These assignments are required for the course, but <u>will not be the only requirements/expectations</u>. The chart below lists the assignment, method of submission, and benchmark score/grade. These assignments are set up for upload to Taskstream and/or instructor provides rating for assignment. See syllabus for details.

Theory and Research into Practice		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 2 of 6 Human							
Development							
Demonstrates an understanding of individual and family development	Internship	Highly skilled at identifying the impact individual and family development has on the therapeutic process.:Score: 3	Understands the impact of a person's individual and family developmen t on the therapeutic process: Score 2	Is aware of the impact of a person's individual and family developmen t on the therapeutic process Score: 1	Is unable to apply developme ntal theory with clients Score:0	Internship Evaluation Item 52	Internship Instructor Review/Refe rral to BRC or ARC

Theory and Research into Practice		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 3 of 6							
Understands and applies diagnosis	Internship	Uses DSM to diagnose clients, integrates into treatment plan, does not rely only on diagnosis for treatment plan Score:3	Uses DSM to diagnose clients, integrates into treatment plan Score: 2	Unable to diagnose clients, inappropriat ely applies diagnosis Score: 1	Inappropria tely uses diagnosis to pathologize client problems or fails to use diagnosis when needed Score: 0	Internship evaluation Item 35	Internship Instructor Review/Refe rral to BRC or ARC

Theory and Research into Practice		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 4 of 6							
Understands and applies interventions	Internship	Skillfully implements a range of interventions with adults Score:3	Consistently implements a range of intervention s with adults Score:2 as relev.	Begins to implement a range of intervention s with adults Score: 1	Fails to implement a range of interventio ns with adults Score: 0	Internship Evaluation 37, adult 84, child/adol 85, family	Internship Instructor Review/Refe rral to BRC or ARC

Theory and Research into Practice		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 5 of 6							
Able to gather client data, conceptualize and develop a treatment plan	Internship	Demonstrates high skill at completing intakes and treatment plans consistent with site expectations Score 3 on all	Completes intakes and treatment plans consistent with site expectations Score 2 on both	Fails to complete intakes and treatment plans consistent with site expectations		Internship evaluation items 31,34,38	Internship Instructor Review/Refe rral to BRC or ARC

Theory and Research into Practice		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced	Evaluation and Remediation
Goal 6 of 6						by:	Remediation
Students develop treatment plans and interventions consistent with their own theoretical orientation, a critical evaluation of the literature, client mental health needs and goals in counseling, diagnosis, and best practices in the profession.	Internship	Develops well integrated treatment plans that meet client mental health needs, diagnosis, and goals in counseling that is consistent with student theoretical orientation, evaluation of the literature, and best practices in the profession.	Develops treatment plans that meet client mental health needs, diagnosis and goals in counseling. Consistency with theoretical orientation, evaluation of the literature and best practices in the profession adequate. Score: 2	Develops treatment plans that meet client needs, but inadequate ly address other areas. Score :1	Does not develop tx plans or develops tx plans that focus on one aspect of client and or one interventio n Score: 0	Internship Case Presentation AND Internship Evaluation Item 40	Internship Instructor Review/Refe rral to BRC or ARC

Clinical skill		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 1 of 5						by.	Kemediation
Students develop therapeutic communicatio ns skills emphasize the client- counselor relationship with individuals and families	Internship Year /Graduati on	Demonstrate s high level of therapeutic communicati on skills, is able to develop and maintain very strong counseling relationships Score 3 on all	Demonstrate s good level of therapeutic communicati on skills, is able to develop and maintain very strong counseling relationships Score 2 on most	Demonstrate s adequate level of therapeutic communicati on skills, is able to develop and maintain adequate counseling relationships Score 1 on most	Demonstra tes very low level of therapeutic communica tion skills, is not able to develop and maintain counseling relationshi ps 0 on most	Internship evaluation Items 41,42,50	Internship Instructor Review/Refer ral to BRC or ARC

Clinical skill		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As Evidenced by:	Evaluation and Remediation
Goal 2 of 5							
Students facilitate and manage the counseling process with individuals and families	Internship Year /Graduation	Demonstrates high level of able to facilitate and manage the counseling process across longer periods of time and across many different client populations Score 3 on most	Demonstrates good level of able to facilitate and manage the counseling process across longer periods of time and across several different client populations Score 2 on most	Is beginning to be able to facilitate and manage the counseling process across moderate periods of time and across limited client populations Score 1 on most	Is not able to facilitate and manage the counseling process across periods of time and across many different client populations Score 0 on most	Internship evaluation items 44,45,46,4 7, 49	Internship Instructor Review/Refer ral to BRC or ARC

Clinical skill		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 3 of 5							
Students develop an understanding of group development, dynamics, counseling theories, group	Internship Year	Score 3 on most	Scores 2 on most	Score 1 on most	Score 0 on most	Internship evaluation :items 63,64,65,6 6	Internship Instructor Review/Refer ral to BRC or ARC

counseling methods and				
skills, and other				
group work				
approaches.				

Clinical skill		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 4 of 5							
Students develop an understanding of addiction and co- occurring disorders and counseling skills with clients with addiction and co- occurring disorders.	Internship Year	Score 3 on most	Scores 2 on most	Score 1 on most	Score 0 on most	Internship evaluation :items 70- 78	Internship Instructor Review/Refer ral to BRC or ARC

Clinical skill		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 5 of 5							
Students	Internship	Score 3 on	Scores 2 on	Score 1 on	Score 0 on	Internship	Internship
develop an understanding of the impact of trauma on clients and demonstrate skills in trauma counseling.	Year	most	most	most	most	evaluation :items 67,68.69	Instructor Review/Refer ral to BRC or ARC

Self as		Proficient	Benchmark	Emerging	Inadequate	As	Evaluation
Counselor		(A)	(B)	(C)	/Fail	evidenced	and
						by:	Remediation
Goal 1 of 5							
Demonstrates awareness of their social locations and impact on their life experiences.	Internship Year/Gradu ation	Demonstrat es high level of skill in negotiating impact of counselor social	Demonstrates ability to address the impact of counselor social locations in	Is able to identify multiple social locations and the impact on	Is unable or unwilling to explore own worldview Score 0 on one or more	Internship evaluation Items 13,57,59	Internship Instructor Review/Referral to BRC or ARC

locations on	therapeutic	personal		
therapeutic	process	experience		
process.	Score 2 on	as well as		
Score 3 on	most	how these		
most		impact		
		personal		
		and		
		professiona		
		l worldview		
		Score 1 on		
		most		

Self as Counselor		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 2 of 5							
Demonstrates ability to explore how personal experiences, thoughts, and feelings impact counseling with clients.	Internship	Demonstrates awareness of self, emotional stability, impact of self in the therapeutic relationship, dealing with countertransf erence, and an understanding of need for lifelong learning Score 3	Demonstrates self awareness and emotional stability. Immerging use of self in therapeutic process, uses supervision to continue growth. Sore 2	Demonstrates self awareness and emotional stability. Immerging use of self in therapeutic process, uses supervision to continue growth Score 1	Student demonstrates lack of self awareness that impedes learning or client care. Score 0	Internship Evaluation Item 48B	Internship Instructor Review/Referral to BRC or ARC

Self as Counselor		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 3 of 5							
Maintains self care	Internship year	Demonstrates ability to maintain personal wellness to optimize professional competence. Recognizes and proactively addresses early signs of burnout.	Demonstrates ability to perform adequate self care to enhance personal wellness and ability to attend to professional responsibilities. Recognizes signs of burn out before client care is impacted. Score 2 on both	Begins to use self care plan, learns to adapt plan when needed, and seeks supervision and personal therapy as needed. Score 1 on one or more	Engages in inadequate self care that impedes learning ability or client care. Score 0 on one or more	Internship Evaluation Items 14, 24 AND MHC 591: Self care plan	Internship Instructor Review/Referral to BRC or ARC

Self as Counselor		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 4 of 5							
Demonstrates awareness of competence and limitations	Internship	Demonstrat es clear awareness of competence and limitations, goes above and beyond to seek opportunitie s for learning using multiple channels	Demonstrates clear awareness of competence and limitations, uses multiple channels to learn/grow (e.g. supervisor, literature search, colleague feedback.	Is under confident or inconsisten t in awareness of limitations, unsure when to seek supervision	Overestimat es competence does not recognize limitations	Internship Evaluation Item 25	Internship Instructor Review/Referral to BRC or ARC

Self as Counselor Goal 5 of 5		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
PQE Critical Items: Openness to supervision	Internship	Develops clear supervisory working alliance with faculty, supervisors and peers. Able to determine when/how to express opinions differing from supervisor and to work toward resolution. Score 3 on both	Seeks supervision from faculty, supervisors and peers. Utilizes supervision to grow and develop. Score 2 on both	Same as above Score 1 on one or more	Same as above Score 0 on more or more	Internship Evaluation Items 6,27	Internship Instructor Review/Referral to BRC or ARC

Multicultural		Proficient	Benchmark	Emerging	Inadequate	As	Evaluation
Competence		(A)	(B)	(C)	/Fail	evidenced	and
						by:	Remediation
Goal 1 of 4							
Students develop awareness of the effect of power, privilege, and difference and their own cultural	Internship	Addresses impact of therapist cultural attitudes and beliefs on relationship	Understands how therapist cultural attitudes and beliefs may impact relationship	Understands how therapist cultural attitudes and beliefs may impact	Fails to recognize how therapist cultural attitudes and beliefs impact	Internship Evaluation Item 15,58	Internship Instructor Review/Referral to BRC or ARC

attitudes, beliefs,		and therapeutic process with client either directly with client or in tx planning as appropriate Score 3 on both	and therapeutic process with client, begins to develop strategies to address impact Score 2 on both	relationship and therapeutic process with client with supervisor assistance. Score 1 on one or more	relationship and therapeutic process with client, and impedes client care. Score 0 on both		
Multicultural		Proficient	Benchmark	Emerging	Inadequate	As	Evaluation
Competence		(A)	(B)	(C)	/Fail	evidenced by:	and Remediation
Goal 2 of 4							
PQE Critical items: Responsibility Item 5 Students will demonstrate the ability to engage in dialogue with people who carry or hold other perspectives in ways that show respect for the other persons and other points of view. Integrity Items 3,4,5 Respect for others	Internship		Score of 2 on most	Score of 1 On most	Score of 0 On most	Internship Evaluation: Disposition s 4, 10, 11	Internship Instructor Review/Referral to BRC or ARC

Multicultural Competence		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Evaluation and Remediation
Goal 3 of 4  Students recognize limitations of theory and research to apply to all people and demonstrates awareness of need to adapt to individual client worldview, culture and social location	Internship	Recognizes client worldview, social locations, and culture and the impact on client problems, and adapts treatment accordingly. Score 3 on	Recognizes client worldview, social locations, and culture and the impact on client problems and adapts treatment with supervisor assistance	Recognizes, with supervisor assistance, client worldview, social locations, culture and the impact on client problems Score 1 on one or	Fails to acknowledge client worldview, social locations, culture and the impact on client problems Score 0 on one or more	Internship evaluation Items 16,60	Internship Instructor Review/Referral to BRC or ARC

	both	Score 2 on	more		
		both			

Multicultural Competence		Proficient	Benchmark	Emerging	Inadequate /Fail	As evidenced	Evaluation and
Competence		(A)	(B)	(C)	/Fall	by:	Remediation
Goal 4 of 4						- 1	
Learns strategies for working with gender and gender spectrum issues, diverse populations, ethnic and other non-dominant groups.	Internship	Score 3	Score 2	Score 1	Score 0	Internship Evaluation Item 61	Internship Instructor Review/Referral to BRC or ARC
Professional		Proficient	Benchmark	Emerging	Inadequate	As	Evaluation
Identity		(A)	(B)	(C)	/Fail	evidenced	and
						by:	Remediation
Goal 4 of 6							
Demonstrates ability to complete a career assessment and give feedback to client in role play	Internship year	Provides career evaluation and includes career developme nt in tx plans as regular part of planning	Addresses career issues with clients at intake, includes in tx plan as needed	Fails to consider career in tx planning		Internship Evaluation Item 39	Internship Instructor Review/Referral to BRC or ARC

Professional		Proficient	Benchmark	Emerging	Inadequate	As	Evaluation
Identity		(A)	(B)	(C)	/Fail	evidenced	and
						by:	Remediation
Goal 5 of 6							
Demonstrates Understanding of roles & functions of mental health counselors	Internship					Internship Evaluation	Internship Instructor Review/Referral to BRC or ARC

Ethical Practice	Proficient	Benchmark	Emerging	Inadequate	As	Review and
		20			,	

		(A)	(B)	(C)	/Fail	evidenced by:	Remediation
Goal 1 of 1							
Understands, and follows ethical standards	Internship	Demonstrat es a strong understandi ng and commitment to ethical standards, recognizes ethical issues independent ly, demonstrate s ability to recognizes and remediates ethical errors with supervisor consultation . Score 3 on all	Demonstrates an understandin g of and commitment to ethical standards, recognizes ethical issues independentl y, recognizes and remediates errors with supervisor assistance. Score 2 on all	Demonstra tes an understand ing of and commitme nt to ethical standards, begins to recognize ethical issues with supervision , may make ethical errors without awareness Score 1 on one or more	Does not demonstrate an understandin g of ACA Code of Ethics, or does not recognize practical applications. Attempts to hide mistakes or lacks openness to supervision. Score 0 on any	Internship Evaluation 1,9,28,29,30	Internship instructor review. Referral to ARC.

Research and Assessment  Goal 5 of 7		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Review and Remediation
Develops and Utilizes measureable outcomes with clients supported by research literature	Internship	Develops measureab le outcomes/ goals, supported by the literature and within the therapists theoretical orientation	Develops measureab le outcomes/ goals supported by literature.	Outcome s/goals are not measure able and/or are not supporte d by literature	Unable to develop a tx plan	Internship Case Presentati on	Internship Instructor Review/Referral to BRC or ARC

Research and	Proficient	Benchmark	Emerging	Inadequate	As	Review and
Assessment	(A)	(B)	(C)	/Fail	evidenced	Remediatio
					by:	n

Goal 6 of 7						
Students demonstrate an understanding of assessment and evaluation in mental health counseling	Internship Year	Score 3	Score 2	Score 1	Internship Evaluation: Item 36	Internship Instructor Review/Referr al to BRC or ARC

Research and Assessment		Proficient (A)	Benchmark (B)	Emerging (C)	Inadequate /Fail	As evidenced by:	Review and Remediatio n
Goal 7 of 7							
Students understand social and cultural factors related to assessment and ethical strategies for using assessment in mental health counseling.	Internship	Score 3	Score 2	Score 1		Internship Evaluation; Item 36	Internship Instructor Review/Referr al to BRC or ARC

#### Mental Health Internship: MHC and MHCA Adult/Child Internship—582/583—Spring 2016

Stella Beatríz Kerl-McClain, Ph. D. Office hours: Mon. 12:30-3:30; Thurs. 12:30-1:00 and other possible times as arranged by email

503-841-0333 (cell) <u>sbk@lclark.edu</u>

Please email me to make appointments for office hours! If I have no appointments scheduled during office hours, I may schedule meetings or other appointments during those times.

**Course Description:** This class provides clinical supervision and education for intern counselors working with adults and/or children in their supervised community experience. The class will emphasize developing and applying a repertoire of concepts and strategies for case conceptualization, treatment planning, intervention strategies and skills, and ethical conduct in working with clients presenting a wide variety of individual and relationship issues.

**Catalogue Description**: Internship in a community setting. Participants engage in counseling and related professional activities under supervision. Students write reports, prepare case histories, and submit work samples for supervisory review.

#### Textbook:

#### ALL STUDENTS MUST READ ARTICLES/READINGS FROM MOODLE LINKS AS ASSIGNED

Note: If you have a disability that may impact your academic performance, you may request accommodations by submitting documentation to the Student Support Services Office in the Albany Quadrangle (x7156). After you have submitted documentation and filled out paperwork there for the current semester requesting accommodations, staff in that office will notify me of the accommodations for which you are eligible.

#### **Methods of Evaluation:**

- Sharing current experiences in your internship and client issues to sound out with peers
- Participation in discussion and feedback to client/site/supervision issues of peers
- One comprehensive written case conceptualizations and presentation over the semester (video preferred, not required but optional)
- Documentation of work completed
- Site supervisor's evaluation of performance
- Satisfactory performance on the Professional Qualities Evaluation Form

#### Requirements for credit:

- Complete a minimum of 240 hours of supervised direct counseling/client contact with individuals, couples, families and groups combined over 2 semesters at assigned internship sites, other hours to total 600 over 2 semesters.
- Complete one written case presentation/extended check-in)
- Submit <u>weekly</u> documentation of supervision [CARE note] session to faculty supervisor during class.

- Satisfactory evaluations from on-site supervisor and on-campus instructor/supervisor. This includes satisfactory responses to ethical dilemmas and challenges.
- Attendance and active participation in on-campus intern supervision class for two full semesters.
- Demonstration of ability to accept and respond responsibly to both site and campus supervision.
- Demonstration of ability to work collaboratively with colleagues at the internship site and on campus.

**NOTE:** This is a credit/no credit course for two semesters. Your credit for both semesters will be deferred until you have completed all requirements for the internship after the second semester. This includes completion and documentation of all hourly requirements for client contact and supervision, satisfactory evaluation by your supervisor for both semesters, your evaluation of the internship site, and class requirements listed above.

Attendance: Class attendance is expected and required. Any missed class time will be made up by completing extra assignments designed by the instructor. Missing more than ten percent of class time may result in failure to complete the class. This would be 4.5 hours of a 45 hour class (3 credits), 3.0 hours for a 30 hour class (2 credits) or 1.5 hours for a 15 hour class (1 credit.) In case of extreme hardship and also at the discretion of the instructor, a grade of incomplete may be given for an assignment or the entire course. In such cases, the work to be submitted in order to remove the incomplete must be documented appropriately and stated deadlines met. Students are expected to be on time to class and tardiness may be seen as an absence that requires make-up work. Being 30 minutes late to class or leaving 30 minutes early (except when class is dismissed early) will be considered one absence.

**A Note on Confidentiality:** Much of our class discussion and most of the written work you do for this class will contain information about clients. All such private information falls within our shared responsibility for maintaining its confidentiality and protecting the privacy of our clients. Guidelines for fulfilling our responsibilities in this regard include the following:

- Written materials referring to clients should either refer to them by their initials or a by a pseudonym. If the materials are copied and contain the client's name, the name should be blocked out with a black felt tip pen.
- Videotapes of client counseling sessions should be kept secure and should be erased when they have been viewed.
- Classroom doors will be closed when we are discussing cases or viewing videos of actual clients.
- Written materials you turn in for review must follow confidentiality guidelines.
- Remember, what we talk about in the classroom STAYS IN THE CLASSROOM!

#### **Class Structure:**

First part of class: Group supervision--Each intern will share how they are doing, challenges they are having personally or professionally, or issues related to their internships/clients. Each intern will identify one client (see brief conceptualization requirement) or a topic they need to discuss. This can be a client, a site issue, a personal issue related to functioning as a counselor, career

issues, etc. If you do not discuss an issue, we will question and question you about everything that is going on!

Note: Issues involving suicide, child abuse reporting, or major ethical considerations should always be discussed!

Second part of class: Comprehensive Case Summary/Conceptualization (aka extended check-in) on scheduled date.

#### Guidelines for Comprehensive Case Summary/Extended Check-In: Due one time per semester

#### Structure of Presentations

- Brief overview of theoretical orientation demonstrated in a non-written/non-narrative way. This might be a chart, drawing, painting or extended metaphor. Our feedback will be, in part, designed to help you to find a better fit between your theory and your work with clients (about 10 minutes)
- Handout of presentation MUST INCLUDE ALL CATAGORIES LISTED BELOW (uploaded to Moodle the night before class).
- Review/present written case emphasizing theoretical conceptualization (5 minutes)
- Specifically state feedback you are seeking (1 minute)
- Class views 10-15 minute section of videotaped counseling session, if available (15-20 minutes)
- Class discussion and feedback 20-40 min

Handout must include ALL of following sections/areas. List EACH <u>numeral</u> (so that ALL of them are listed) as categories, and if the category is non-applicable, state this under the category. DO NOT OMIT ANY OF THE FOLLOWING CATEGORIES:

- Overview of your theoretical perspective(s)—DO NOT WRITE THIS DOWN; just present it as discussed above
- II. Chief complaint/presenting problem
- III. Demographic data
- IV. History of the present illness
- V. Family issues/influences
- VI. Psychiatric/Medical: Medical/RX history for client and family
- VII. Substance Use, Abuse, Dependence History: Client and Family
- VIII. Cognitive/Affective/Behavioral/Physical Status (mini Mental Status Exam)
  - IX. Client strengths/weaknesses
  - X. Diagnostic Summary: DSM-5 diagnosis and brief explanation
- XI. Treatment plan consistent with your theoretical orientation (include short-term goals and longer term, theory-consistent objectives.
- XII. Transference/Counter transference issues
- XIII. Ethical Issues involved