

COURSE SYLLABUS COVER SHEET
Lewis & Clark College
Graduate School of Education and Counseling

Course Name	ASIST Suicide Intervention
Course Number	SPSY 590
Term	Summer 2015
Department	Counseling Psychology
Faculty Name	Elena Lilles Diamond, PhD, NCSP

Catalogue Description:

Applied Suicide Intervention Skills Training (ASIST) is an intensive, interactive and practice-dominated course designed to help caregivers recognize risk and learn how to intervene to prevent the immediate risk of suicide.

Guiding Principles/Standards Addressed in Course:

<u>Learning and Living Environments</u> Create democratic learning communities in which caring, equity, social justice, and inclusion are practiced and diverse perspectives are supported.	X
<u>Disciplinary Knowledge</u> Integrate fundamental and emergent components of disciplinary knowledge in ways that extend and enhance experiences of the diverse individuals and groups we serve. Use this knowledge to augment our own capacity to solve problems, even as we support individuals and communities in problem solving.	X
<u>Professional Practice</u> Engage individuals, families and the professionals who support them in meaningful learning, counseling and therapy, and community-building experiences responsive to individual differences, interests, developmental levels, and cultural contexts.	X
<u>Connection to Community</u> Design learning and counseling activities that cultivate connections between individuals, families, and their communities and region.	X
<u>Professional and Technological Resources</u> Incorporate a wide range of professional and technological resources into experiences that support learning, mental health, and community well-being.	X
<u>Assessment</u> Assess, document, and advocate for the successful learning and living of all people involved in schools and communities.	X
<u>Research and Reflection</u> Adopt habits of personal and scholarly reflection that examine professional practice and lead to systemic renewal.	X
<u>Leadership and Collaboration</u> Lead and collaborate with others to plan, organize, and implement educational and counseling practices and programs that confront the impact of societal and institutional barriers to academic success, personal growth, and community well-being.	X
<u>Professional Life</u> Pursue a professional identity that demonstrates a commitment to the legal, ethical, and professional responsibilities of our profession(s).	X

Authorization Levels (for TSPC-approved programs only):

Early Childhood	Pre-Kindergarten-4 th Grade in a preprimary school, a primary school, or an elementary school.	R
Elementary	3 rd -8 th Grades in an elementary classroom or in a self-contained 5 th or 6 th grade classroom in a middle school.	R
Middle Level	5 th -9 th Grades in an elementary, middle, or junior high school, or high school.	R
High School	9 th -12 th Grades in Subject/Dept. Assign. in a High School.	R

*R = Readings and In-class Discussions *P = Practicum

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Graduate School of Education and Counseling
SPSY 590 ASIST Suicide Intervention
Summer 2015

Instructor:

Elena Lilles Diamond, PhD, NCSP

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Email: ediamond@lclark.edu

Office: Rogers 335

Office Hours: by appointment

Course Calendar:

Class will meet May 14th & 15th, 2015 from 8:30am to 4:30pm in the South Chapel. The class is structured around the following topics:

Day 1 Morning Session: Overview of the training, connecting with your attitudes about suicide

Day 1 Afternoon Session: Understanding the needs of a person at risk

Day 2 Morning Session: Assisting practice

Day 2 Afternoon Session: Working together with other caregivers

Course Objectives:

By completing this workshop, participants will be able to:

- Recognize that caregivers and persons at risk are affected by personal and societal attitudes about suicide
- Discuss suicide with a person at risk in a direct manner
- Identify risk alerts and develop a safe plan related to them
- Demonstrate the skills required to intervene with a person at risk of suicide
- List the types of resources available to a person at risk of suicide
- Make a commitment to improving community resources and networking
- Recognize that suicide prevention is broader than suicide intervention, and includes life promotion and self-care for persons at risk as well as for caregivers

The following NASP training domains will be addressed in the course via assigned readings, class discussions and other activities:

Domain 1: Data-Based Decision Making and Accountability

Domain 2: Consultation and Collaboration

Domain 4: Interventions and Mental Health Services to Develop Social and Life Skills

Domain 6: Preventive and Responsive Services

Domain 7: Family-School Collaboration Services

Domain 8: Diversity in Development and Learning

Domain 9: Research and Program Evaluation

Domain 10: Legal, Ethical, and Professional Practice

Required Readings/Materials

- ASIST Participant Workbook (to be handed out in class)
- NASP Resources http://www.nasponline.org/resources/crisis_safety/suicide-resources.aspx

Course Requirements:

Attendance/Preparation/Participation. Course attendance is mandatory. Students are expected to come prepared to each class session and actively participate in course discussions and activities. Students are responsible for notifying the instructor in advance of an absence, and for obtaining any materials or assignments given out in class. Given the structure of this course it may not be possible to complete the course if a significant amount of class time/material is missed. If a student misses more than 1.5 hours of class the student will be at risk of failing the course.

Final Paper. Utilizing the information gleaned from the course, as well as other outside resources, students will submit a paper that addresses appropriate considerations and interventions for prevention, intervention, and postvention regarding suicide and self-harm behaviors. The paper should be written in such a way that it can be a useful resource to guide future practice. The paper should include relevant references and appendices as appropriate. More information about the assignment can be provided in class. **An electronic copy of the paper is due on June 5th by 3:00pm. Please email your paper to ediamond@lclark.edu.**

Course Grading

This is a graded course. Please note that a grade of *Incomplete* will only be given in rare circumstances, according to Lewis & Clark guidelines. When a grade of Incomplete is given, the student and course instructor will develop a contract and timeline for completing any remaining requirements to earn a letter grade. The contract must be signed by the student and course instructor.

<u>Grade</u>	<u>Grade Explanation</u>
A	Excellent
B	Good
F	Unsatisfactory performance, no credit awarded
I	Incomplete

Disability Services Statement:

If you have a disability that may impact your academic performance, you may request accommodations by submitting documentation to the Student Support Services Office in the Albany Quadrangle (x7156). After you have submitted documentation and filled out paperwork there for the current semester requesting accommodations, staff in that office will notify the instructor of the accommodations for which you are eligible.

Non-Discrimination Policy and Special Assistance

Lewis & Clark College adheres to a nondiscriminatory policy with respect to employment, enrollment, and program. The College does not discriminate on the basis of race, color, creed, religion, sex, national origin, age, handicap or disability, sexual orientation, or marital status and has a firm commitment to promote the letter and spirit of all equal opportunity and civil rights laws. If you need course adaptations or accommodations because of a disability and/or you have emergency medical information to share please make an appointment with the instructor.

CPSY Departmental Attendance Policy

Class attendance is expected and required. Any missed class time will be made up by completing extra assignments designed by the instructor. Missing more than ten percent of class time may result in failure to complete the class. This would be 4.5 hours of a 45 hour class (3 credits), 3.0 hours for a 30 hour class (2 credits) or 1.5 hours for a 15 hour class (1 credit.) In case of extreme hardship and also at the discretion of the instructor, a grade of incomplete may be given for an assignment or the entire course. In such cases, the work to be submitted in order to remove the incomplete must be documented appropriately and stated deadlines met. Students are expected to be on time to class and tardiness may be seen as an absence that requires make-up work.