

**Creative Interventions Across Theoretical Orientations**

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**CPSY 590-02; Spring 2015**

Office hours:  
Monday and Thursday: 12:30-2:30  
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***Please email me to make appointments for office hours and make sure the appointment is confirmed by me through Google calendar. If I have no appointments scheduled during office hours, I may schedule meetings or other appointments during those times. Thank you!***

**Course Description:** This primarily experiential course will assist students in using intuition to design and deliver creative interventions in counseling as well as to understand how those interventions fit into a deeper, theoretically consistent approach to counseling. We will be spending course time developing and implementing creative interventions in counseling with the option of writing them up for the ACA Creative Interventions Clearinghouse.

**Catalogue Description:** Special topics in counseling psychology. Students may obtain a course description from the department office or website.

**Goals:**

- To understand the current conflicts related to expressive therapies versus creative interventions
- To understand how to use creative interventions ethically and with theoretical consistency
- To develop familiarity with a number of different types of creative interventions
- To practice applying intuition to develop creative interventions in the counseling relationship
- To develop awareness into how the intuition used in a creative intervention leads to an understanding of theoretical orientation
- To develop an initial understanding of sandtray and to use sandtray as an example of how to integrate creative interventions into theoretically consistent counseling work

**Course Readings: Readings as assigned based on issues as they arise in the semester. Readings will be posted to Moodle.**

*Note: If you have a disability that may impact your academic performance, you may request accommodations by submitting documentation to the Student Support Services Office in the Albany Quadrangle (x7156). After you have submitted documentation and filled out paperwork there for the current semester requesting accommodations, staff in that office will notify me of the accommodations for which you are eligible.*

**Methods of Evaluation:**

- Coming to class prepared to share current experiences in your learning communities
- Participation in discussion and real-plays
- Openness to feedback from learning community and from instructor
- Satisfactory performance on the Professional Qualities Evaluation Form.

**Requirements for credit:**

- **Program/Internship Expectations:** Students are expected to fully participate in all class sessions.

NOTE: This is a credit/no credit course.

**Attendance:** Attendance and active participation is critical to learning, especially since we have only six sessions. Please arrange not to miss any class sessions.

**CPSY Departmental Attendance Policy:** Class attendance is expected and required. *It is important to note that although you will be expected to make up missed course content, any missed class time will lower your ability to earn full professional participation points and potentially jeopardize your ability to complete the requirements for this course.* Missing more than ten percent of class time may result in failure to complete the class. This would be 4.5 hours of a 45 hour class (3 credits), 3.0 hours for a 30 hour class (2 credits) or 1.5 hours for a 15 hour class (1 credit.) In case of extreme hardship and also at the discretion of the instructor, a grade of incomplete may be given for an assignment or the entire course. In such cases, the work to be submitted in order to remove the incomplete must be documented appropriately and stated deadlines met.

PLEASE BE ON TIME FOR CLASS! Your comments and contributions are valuable to your colleagues. If you arrive to class more than 30 minutes late or leave more than 30 minutes early, you will be considered to be absent from class for that day.

**A Note on Confidentiality:** Much of our class discussion and most of the written work you do for this class will contain information about your peers, especially those with whom you participate in real-plays. All such private information falls within our shared responsibility for maintaining its confidentiality and protecting the privacy of our classmates.

**Class Structure:**

Most class periods will begin with a very brief discussion of the reading and the activity for the day. The rest of the time will be spent practicing intuitive delivery of creative interventions in session.

***PLEASE CHECK MOODLE PAGE FOR UPDATED READINGS  
AND COURSE ACTIVITIES!***