Michael E. Kahn, LPC, JD Continuing Education for Therapists and Attorneys

Enhancing Reflective Practice Pre-Workshop Activity: Project Implicit

- 1. Prior to our workshop on April 10th, go to https://implicit.harvard.edu/implicit/
- 2. Next, go to **Project Implicit Social Attitudes** on the left of the page and continue as a guest rather than registering or logging in. Click "**GO!**"
- 3. You will be taken to the **Preliminary Information** page. After you read the page and have no objections click **I** wish to proceed. (Before you do that you can click on "general information about the IAT" to find out more about the Implicit Association Tests and then click "Frequently Asked Questions" at the bottom of the next page.
- 4. Choose at least two or three IATs. Of course, you can do more than that. Tests generally take 10-15 minutes.
- 5. Read and consider your results. What was it like to do the IAT? Did you learn anything during the process of taking the test? What do the results tell you about yourself? New information?

We will discuss the IATs during the workshop and, of course, you are free to say as little or as much as you would like.