



**GRADUATE SCHOOL OF EDUCATION AND COUNSELING
CPSY XXX: ADVANCED SEX THERAPY**

Time & Day: Monday, 12-2 pm.
Place: Lewis and Clark Community Counseling Center
Instructor: Marisol Garcia, Ph.D.
Office: Rogers Hall

CATALOG DESCRIPTION

Advanced knowledge and practice of sex therapy from a systemic, relational perspective. The course includes a focus on the professional context and educational requirements for eventual certification as a sex therapist.

COURSE DESCRIPTION

Participants in this course learn advanced theories and techniques for providing sex therapy. Because the course relies heavily on couple and family therapy theory and practice, students must be in the MCFT program; CPSY 504, CPSY 560, CPSY 562, CPSY 526, and CPSY 569 are prerequisites.

This course includes a practical experience that provides participants with the opportunity to engage in assessment, treatment planning, intervention, and outcome evaluation in the clinical treatment of sexual issues. Participants will also become more familiar with the broader professional context and requirements for becoming certified sex therapists.

COURSE OBJECTIVES

1. Practice applying advanced methods of sex-related psychotherapy, including several different models.
2. Learn principles of consultation, collaboration, and referral relative to the practice of sex therapy.
3. Become familiar with techniques for evaluating clinical outcomes in sex therapy.
4. Understand the educational and practice requirements for membership in AASECT.
5. Engage in practicum experience, i.e. exposure to treatment of clinical cases through observation, demonstration, videotape presentation, role-playing, etc.
6. Theory and method of approach to medical intervention in the evaluation and treatment of psychosexual disorders.

CPSY DEPARTMENTAL ATTENDANCE POLICY

Class attendance is expected and required. Any missed class time will be made up by completing extra assignments designed by the instructor. Missing more than ten percent of class time may result in failure to complete the class. This would be 4.5 hours of a 45 hour class (3 credits), 3.0 hours for a 30 hour class (2 credits) or 1.5 hours for a 15 hour class (1 credit.) In case of extreme hardship and also at the discretion of the instructor, a grade of incomplete may be given for an assignment or the entire course. In such cases, the work to

be submitted in order to remove the incomplete must be documented appropriately and stated deadlines met. Students are expected to be on time to class and tardiness may be seen as an absence that requires make-up work.

NON-DISCRIMINATION POLICY/SPECIAL ASSISTANCE

Lewis & Clark College adheres to a nondiscriminatory policy with respect to employment, enrollment, and program. The College does not discriminate on the basis of race, color, creed, religion, sex, national origin, age, handicap or disability, sexual orientation, or marital status and has a firm commitment to promote the letter and spirit of all equal opportunity and civil rights laws.

SPECIAL ASSISTANCE

If you need course adaptations or accommodations because of a disability and/or you have emergency medical information to share please make an appointment with the instructor as soon as possible.

ASSIGNMENTS

Treatment Team

Students will form treatment teams at the Lewis and Clark Community Counseling Clinic for a sex therapy client(s). Participation in the treatment teams involves case conceptualization and treatment planning as a group as well as providing therapeutic interventions while being observed by the rest of the treatment team. This assignment is worth 50 points.

Final Paper

TBD

COURSE OBJECTIVES-MCFT CORE COMPETENCIES EVALUATION SHEET
Upon Completion of Lewis & Clark CPSY 578: Sex Therapy

TERM: _____

INSTRUCTOR: _____

Please rate each item according to how much you learned about the competency listed.

Circle: 1=objective not met 2=objective somewhat met 3=objective adequately met 4=more than met

1. Understand the social construction of sexuality and sexual functioning relative to social, historical, and cultural contexts, including how these contexts serve to privilege some expressions of sexuality while oppressing others;

1 2 3 4

2. Understand a variety of human sexuality issues (e.g., gender, sexual functioning, and sexual orientation), human development and sexuality, and the impact of sexuality/sexual issues on family and couple functioning;

1 2 3 4

3. Develop fluency and comfort talking about sex and sexual functioning with individuals and couples;

1 2 3 4

4. Learn to assess sexual issues from a bio-psycho-social spiritual perspective that includes an analysis of power imbalances relative to sex;

1 2 3 4

5. Learn primary treatment approaches and techniques for resolving sexual problems and consider their use within specific cultural and social contexts;

1 2 3 4

6. Consider treatment issues specific to sex therapy with heterosexual, lesbian, gay, trans, and bi-sexual couples/families;

1 2 3 4

7. Explore own biases relative to sexual orientation and sexual practices that are likely to influence work with clients.

1 2 3 4