

TERESA MCDOWELL, ED.D.

Chair, Department of Counseling Psychology
Graduate School of Education & Counseling
Lewis & Clark College
Portland, Oregon

EDUCATION

Ed.D. Counseling, Adult and Health Education Department, Adult Continuing Education, Cognate in Marriage and Family Therapy, Northern Illinois University, DeKalb, IL 2000-2003. Degree August 8, 2003

M.A. Department of Social Work, Marriage and Family Therapy program, Pacific Lutheran University, Tacoma, WA 1982-1985.

B.S. Department of Psychology, Northern Arizona University, Flagstaff, AZ 1970-1973

PROFESSIONAL CERTIFICATIONS/LICENSURE

Washington State Licensed Marriage and Family Therapist, #LF00001571

Approved Supervisor, American Association for Marriage and Family Therapy, 1991-

Certified Gambling Addictions Counselor – 1 (CGAC-1), 2013-

PROFESSIONAL AFFILIATIONS

American Association for Marriage and Family Therapy (Clinical Member, 1988-)

Oregon Association for Marriage and Family Therapy

American Family Therapy Academy (2005-2009)

PROFESSIONAL POSITIONS

Academic Experience

Chair, Department of Counseling Psychology, Lewis & Clark College, Portland, OR
2010-present

Professor, Department of Counseling Psychology, Lewis & Clark College, Portland, OR
2012-present

Director of Clinical Training, Lewis & Clark Problem Gambling Services,
Lewis & Clark College, Portland OR 2014-Present

Visiting Faculty, Bishop Magambo Counselor Training Institute, Ft. Portal, Uganda
2008-Present

Co-Director, Lewis & Clark Problem Gambling Services, Lewis & Clark College,
Portland OR 2012-2013

Associate Professor, Department of Counseling Psychology, Lewis & Clark College,
Portland, OR 2007-2012

Director, Marriage and Family Therapy Program, Counseling Psychology, Lewis & Clark
College, Portland, OR 2007-2011

Director, Marriage and Family Therapy Master's and Doctoral Program; Associate
Professor; Department of Human Development and Family Studies, University of
Connecticut, Storrs, CT 2004-2006

Director, Humphrey Center for Individual, Couple, and Family Therapy; Associate
Professor; Department of Human Development and Family Studies, University of
Connecticut, Storrs, CT 2004-2006

Full-Time Visiting Professor, Marriage and Family Therapy Department, Pacific
Lutheran University, Tacoma, WA 2002 – 2003

Coordinator, Family Center of Northern Illinois University, Child and Family Studies
Program, Specialization in Marriage and family Therapy, Northern Illinois
University, DeKalb, IL 1999-2001

Graduate Faculty, Child and Family Studies Program, Specialization in Marriage and
family Therapy, Northern Illinois University, DeKalb, IL 1999-2001

Full-Time Visiting Professor, Marriage and Family Therapy Department, Pacific
Lutheran University, Tacoma, WA 1998-1999

Clinical Supervisor, Marriage and Family Therapy Department, Pacific Lutheran
University, Tacoma, WA 1991-1998

Lecturer and part-time Visiting Professor, Marriage and Family Therapy Department,
Pacific Lutheran University, Tacoma, WA 1992-1998

Clinical Experience

Private Practice, Behavioral Medicine Clinic and Counseling Associates, Aberdeen, WA
2001-2004

Faculty, The Couples Research Institute, Geneva, IL 2000- 2002

Private Practice, The Couples Clinic, Geneva, IL 2000-2001

Private Practice, Family Therapy Associates, Aberdeen, WA 1988-1998

Marriage and Family Therapist, Lutheran Social Services, Tacoma, WA 1985-1988

Marriage and Family Therapist, Evergreen Counseling Center, Aberdeen, WA 1986-1988

Consultancies

Educational Consultant, COAMFTE Accreditation, Couple and Family Therapy Program, Antioch University, Seattle Washington, 2009

Educational Consultant, Family Therapy Program, American University, Cairo, 2010

Clinical Consultant, Meire & Associates, Aberdeen, WA 2007-2009

Site Review Team Member & Consultant, Blanton-Peale Institute MFT Program, New York, New York 2006

Organizational and Program Consultant, Lewis County Head Start, Centralia, WA 1995-1999

Mental Health Consultation Coordinator, Twin Harbors Head Start, Aberdeen, WA 1995-1998

Consultation Coordinator (consultation provided by PLU to Franklin Pierce and Twin Harbors Head Start Programs), Tacoma and Aberdeen, WA 1995-1996

Organizational and Case Consultant, Open Arms Demonstration Project (for homeless families), Aberdeen, WA 1994-1996

Organizational Consultant, Grays Harbor Paper Co., Hoquiam, WA 1996

Organizational Consultant, Area Agency on Aging, Aberdeen, WA 1996

Organizational and Case Consultant, Grays Harbor Sexual Assault Advocacy Program, Aberdeen, WA 1994

Organizational and Case Consultant, Family Services Pilot Program (targeting literacy, unemployment, and substance abuse), Aberdeen, WA 1992-1994

Organizational Consultant, Case Consultant and Trainer, Twin Harbors Head Start

Program, Aberdeen, WA 1987-1994

Advisory member, YMCA Crisis Plan Committee, Aberdeen, WA 1993

Organizational Consultant, Pacific County Health Department, Raymond, WA 1993

Organizational Consultant, Grays Harbor Early Childhood Education Assistance Program, Aberdeen, WA 1992

Organizational Consultation, Fiscal Department, Coastal Community Action Program, Aberdeen, WA 1992

Case Consultant, Family Reconciliation Service, Aberdeen, WA 1988-1992

Case Consultation and Training, Child and Family Services, Evergreen Counseling Center, Hoquiam, WA 1991

Organizational Consultant, ITT Rayonier, Hoquiam, WA 1991

Organizational Consultation, Coastal Community Action Program Administration, Aberdeen, WA 1989

PROFESSIONAL APPOINTMENTS AND POSITIONS

Board Member, Porter-Cason Institute, Tulane School of Social Work, New Orleans, LA (2010-

Board Member, MALAMA International. This NGO provides support for women and children worldwide, with a particular focus on aiding orphans in Uganda. (2006- 2008)

Appointed member of the Marriage and Family Therapy Role Delineation Task Force for the Association of Marital and Family Therapy Regulatory Boards and the Professional Examination Service. The role of this board is to identify the minimum competency skills and standards of practice on which to base the national exam for the certification/licensing of Marriage and Family Therapists (1998).

Elected regional Board Representative for the Washington Association for Marriage and Family Therapy. (1995-1997)

Appointed to the State of Washington to serve on the "Advisory Committee for the State Certified Marriage and Family Therapists". The role of the board Was to advise the State Department of Health in their Administration of state law governing certification standards for Marriage and Family Therapists. (Initial appointment for 1990-1992, re-appointed in 1992. Elected chair 1993-1994.)

Appointed as oral examiner by the Washington State Department of Health to Administer the oral examination to applicants for certification as marriage and family therapist (1990-1994).

Appointed by Grays Harbor County Commissioners to serve a 3-year term on the "Regional Support Network (RSN) Advisory Board." Elected chair of this board which advises the Grays Harbor County Health Department in its interpretation of state law governing RSNs and the appropriation of state funds for mental health (1992-1995).

Vice-president, Pacific Lutheran University Marriage and Family Therapy Student Association (1984-1985).

SCHOLARSHIP

Articles/Special Sections in Refereed Journals

McDowell, T., Emerick, P. & Garcia, M. (2014). Queering family therapy education. *Journal of Feminist Family Therapy*, 26(2), 1-14.

Hernandez-Wolfe, P. & McDowell, T. (2013). Social privilege and accountability: Lessons from family therapy educators. *Journal of Feminist Family Therapy*, 25(1), 1-16.

McDowell, T., Melendez, T., Althusius, E., Hergic, S., Sleeman, G., Ton, N., Zimpfer-Bak, A. (2013). Exploring social class: Voices of inter-class couples. *Journal of Marital and Family Therapy*, 39(1), 59-71.

McDowell, T., Brown, A, Cullen, N. & Duyn, A. (2013). Social class and family therapy education: Experiences of low SES students. *Journal of Marital and Family Therapy*, 39(1), 72-86.

Hernandez-Wolfe, P. & McDowell, T. (2012). Speaking of privilege: Family therapy educators' journeys toward awareness, accountability & action. *Feature article, Family Process*, 51,(2), 163-178.

McDowell, T., Fang, S., Kosutic, I. & Griggs, J. (2012). Centering the voices of international students in family studies and family therapy graduate programs. *Journal of Marital and Family Therapy*, 38(1) 332-347.

Zrenchik, K. & McDowell, T. (2012). Class and Classism in family therapy praxis: a feminist Neo-Marxist approach. *Journal of Feminist Family Therapies*.

McDowell, T., Goessling, K., & Melendez, T. (2012). Transformative learning through international immersion: Building multicultural competence in family therapy and counseling. *Journal of Marital and Family Therapy*, 38(2), 365-379.

- McDowell, T., Libal, K. & Brown, A. (2012). Family therapy and human rights: Domestic violence as a case in point. *Journal of Feminist Family Therapy*, 24, 1-23.
- McDowell, T, Brown, A., Kabura, P., Parker, E. & Alotaiby, A. (2011). Working with families in Uganda and the United States: Lessons in cross-cultural professional training. *Journal of Systemic Therapies*, 30(2), 65-80.
- McDowell, T. & Hernandez, P. (2010). Decolonizing academia: Intersectionality, participation, and accountability in family therapy and counseling. *Journal of Feminist Family Therapy*, 22,(2), 93-111.
- Garcia, M. & McDowell, T. (2010). Mapping social capital: A critical contextual approach for working with low-status families. *Journal of Marital and Family Therapy*, 36(1), 96-107.
- Hernandez, P. & McDowell, T. (2010). Intersectionality, power and relational safety in context: Key concepts in clinical supervision. *Training and Education in Professional Psychology*, 4,(2), 29-35.
- Kosutic, I., Garcia, M., McDowell, T., & Anderson, S. (2009). Raising critical consciousness in family therapy supervision. *Journal of Feminist Family Therapies*, 21(1), 8-38.
- Hernandez-Wolfe, P., Taylor, B. & McDowell, T. (2009). Listening to ethnic minority AAMT Approved Supervisors: Reflections on their experiences as supervisees. *Journal of Systemic Therapies*, 28(1), 72-100.
- Khanna, A., McDowell, T., Perumbilly, S.& Titus, G. (2009). Family Therapy with Asian Indian Families in the U.S. *Journal of Systemic Therapies*, 28(1), 52-71.
- Fang, S., McDowell, T., Goldfarb, T., MacDonald, A., Gonzales-Kruger, G., Perumbilly, S. (2008). Viewing the Asian American experience through a culturally centered research lens: Does scholarship in family science and related disciplines fall short? *Marriage and Family Review*, 44(1), 33-51.
- Kosutic, I. & McDowell, T. (2008). Diversity and social justice in family therapy literature: A decade review. *Journal of Feminist Family Therapy*, 20(2), 142-165.
- Melendez, T., & McDowell, T. (2008). Race, class, gender and migration: Family therapy with a Peruvian couple. *Journal of Systemic Therapies* (37), 30-43.
- McDowell, T., Storm, C., & York, C. (2007). Multiculturalism in couple and family therapy education: Revisiting familiar struggles and facing new complexities. *Journal of Systemic Therapies*, 26(4), 75-94.

- McDowell, T. & Fang, S. (2007). Feminist informed critical multiculturalism: Considerations for family research. *Journal of Family Issues*, 28(4), 549-566.
- McDowell, T., Fang, S., Griggs, J., Speirs, K., Perumbilly, S. & Kublay, A., (2006). International dialogue: Our experience in a family therapy program. *Journal of Systemic Therapy*, 25(1), 1-15.
- McDowell, T., Dashiell, W., Holland, C., Ingoglia, L., Serizawa, T., & Stevens, C. (2005). Raising multiracial awareness in family therapy through critical conversations. *Journal of Marital and Family Therapy*, 31(4), 399-411.
- McDowell, T. (2004/5). Practicing with a critical multicultural lens. Introduction to a Special Section, *Journal of Systemic Therapies*, 24(1).
- McDowell, T. (2004). Exploring the racial experiences of graduate trainees: A critical race theory perspective. *The American Journal of Family Therapy*, 32(4), 305-324
- McDowell, T. & Jeris, L. (2004). Talking about race using critical race theory: Recent trends in the Journal of Marital and Family Therapy. *Journal of Marital and Family Therapy*, 30(1), 81-94.
- McDowell, T., Fang, S., Gomez Young, C, Brownlee, K, Khanna, A, and Sherman, B. (2003). Making space for racial dialogue: Our experience in a marriage and family therapy training program. *Journal of Marital and Family Therapy*, 29(2), 179-194.
- McDowell, T. & Shelton, D. (2002). Valuing ideas of social justice in MFT curriculum. *Contemporary Family Therapy*, 24, 313-331.
- McDowell, T., Fang, S., Brownlee, K, Gomez Young, C., & Khanna, A. (2002). Transforming a MFT program: A model for enhancing diversity. *Journal of Marital and Family Therapy*, 28(2), 179-191.
- McDowell, T. (1999). Systems Consultation and Head Start: An alternative to traditional family therapy. *Journal of Marital and Family Therapy*, 25:2, 155-168.
- McDowell, T. & York, C. (1992). Family alcohol use: A progression model. *Journal of Strategic and Systemic Therapies*. Winter:19-26.

Book Chapters, Book Reviews, and Resource Guide Contributions

- Hernandez-Wolfe, P. & McDowell, T. (2014). Cultural equity and humility:

- A framework for bridging complex identities in supervision. In T. Todd and C. Storm (Eds.) *The complete systemic supervisor: Context, philosophy & pragmatics* (2nd Ed). West Sussex, UK: Wiley & Sons.
- Rigazio-DiGilio, S. & McDowell, T. (2012). Systemic family therapy theories, In M. Spiegler and J. Frew (Eds.) *Contemporary psychotherapies for a diverse world* (2nd Ed). New York: Lahaska Press/Houghton Mifflin.
- Todd, T., Storm, C. & McDowell, T. (2011). Developing supervisory competency and mentoring supervisors, In T. Todd & C. Storm, *The complete systemic supervisor: Context, philosophy & pragmatics, Chinese Translation*.
- McDowell, T. (in press). Cultural diversity and families: Expanding perspectives: A Book Review. *Journal of Family Psychotherapy*.
- McDowell, T. (2008). Family in the Middle East: Ideational Change in Egypt, Iran and Tunisia: A book review. *Journal of Comparative Family Studies*, 40 (3), 520-521.
- McDowell, T. (2008). The politics of the personal in feminist family therapy: A book review. *Journal of Comparative Family Studies*, 39(2), 307-308.
- McDowell, T. (2008). Advancing Social justice Through Clinical Practice: A Book Review. *Journal of Family Psychotherapy*, 19(2), 202-203.
- Rigazio-DiGilio, S., and McDowell, T. (2007). Systemic family therapy theories. In M. Spiegler and J. Frew (Eds.) *Contemporary psychotherapies for a diverse world*. New York: Lahaska Press/Houghton Mifflin.
- Fang, S., McDowell, T. & Holland, C. (2006). Internationalizing Family Science Programs: A Spherical Expansion of Inclusive Perspectives. In R. Hamon (Ed.) *International Family Studies: Developing Curricula and Teaching Tools*. New York: Haworth Press.
- McDowell, T. & Garcia, M. (2006). Voices of Color: A Book Review, *Journal of Comparative Family Studies*, 37(2), 317-318,
- Storm, C., McDowell, T. & Long J. (2003). The metamorphosis of training and supervision. In T. Sexton, G. Weeks & M. Robbins, (Eds.) *The New Handbook of Marriage and Family Therapy*. New York: Brunner-Routledge.
- Todd, T., Storm, C., McDowell, T. & Sutherland, T. (1997). Supervising supervisors. In T. Todd & C. Storm, *The complete systemic supervisor: Context, philosophy & pragmatics*. Boston, MA: Allyn & Bacon.

McDowell, T. (1997). An example of a consistent supervision philosophy. In C. Strom & T. Todd, *The reasonably complete systemic supervisor resource guide*. Boston, MA: Allyn & Bacon.

Storm, C., York, C. & McDowell, T. (1997). Bang for their buck: Are supervisees satisfied? In C. Storm & T. Todd, *The reasonable complete systemic supervisor resource guide*. Boston, MA: Allyn & Bacon.

Published Refereed Conference Proceedings

McDowell, T. (2003). Answering the call for anti-racist praxis in adult education. *Adult Education Research Conference Proceedings*

Jeris, L. & McDowell, T. (2003). Journal literature through the *lens of critical race theory: A model for examining racism and social justice in the professions*. Adult Education Research Conference Proceedings.

Non-Refereed Journal and Newsletter Articles

McDowell, T., Fergusson, K. & Sullivan, B. (1997) The Pacific Lutheran University Systemic Classroom Observation Tool, *Education Resources Information Center ED 402 062*.

McDowell, T. (1992). The do's and don'ts of a good relationship. *Grays Harbor Beacon*, August.

McDowell, T. (1991). Contracting from the top down. *AAMFT Commission on Supervision Bulletin*, February.

Scholarship Awards

Anselm Strauss Award, Qualitative Family Research Network, National Council on Family Relations. Award granted in 2011 for most significant contribution to the area of family theory, methods, and research from a qualitative tradition: Garcia, M. & McDowell, T. (2010). Navigating among worlds: The role of social capital in therapy with Latino youths. *Journal of Marital and Family Therapy*, 36,(1), 96-107.

Editorial Review Board Appointments

Editorial Board, *Journal of Systemic Therapies*, 2004-

Editorial Board, *Journal of Marital and Family Therapy*, 2006-

Editorial Board, *Journal of Feminist Family Therapy*, 2010-

Editorial Board, *Education Research International*, 2012-2013

Ad Hoc Reviewer, *Race and Social Problems*, 2012

Ad Hoc Reviewer, *Journal for Social Action in Counseling and Psychology*, 2010

Special Section Editor, Practicing a relational therapy with a critical multicultural lens.
Journal of Systemic Therapies, 2004/5, 24(1).

STATE, NATIONAL & INTERNATIONAL CONFERENCE PRESENTATIONS

McDowell, T., Garcia, M., et al. (2014) Introduction to Family Therapy. Five-day workshop, Bishop Magambo Counselor Training Institute, Ft. Portal, Uganda

McDowell, T. & Garcia, M. (2014) Advanced Consultation in Family Therapy. Bishop Magambo Counselor Training Institute, Ft. Portal, Uganda

Yellowbird, M., Hernandez-Wolfe, P. & McDowell, T. (2012). Dialogues on Liberation-Based Healing Practices. *Liberation Based Healing Conference*, Portland, OR.

McDowell, T., Brown, A., et al. (2012) Introduction to Family Therapy. Five-day workshop, Bishop Magambo Counselor Training Institute, Ft. Portal, Uganda

McDowell, T. & Brown, A. (2012) Advanced Consultation in Family Therapy. Bishop Magambo Counselor Training Institute, Ft. Portal, Uganda

Perumbilly, S. & McDowell, T. (2012). Couples and Addiction. Indian Family Therapy Association, New Dehli, India.

McDowell, T., Brown, A. & Perumbilly, S., (2012) Keynote Address: Healing Through Just Therapies. International Conference on Wellbeing, Christ University, Bangalore, India.

Hernandez-Wolfe, P. & McDowell, T. (2011). Speaking of privilege: Family therapy educators' journeys toward compassionate action. Annual AFTA conference, Baltimore, MD.

Brown, A., Libal, K. & McDowell, T. (2011). Human rights & domestic violence. *Unsettling Feminisms Conference/Afillia*. Chicago, IL.

Brown, A., McDowell, T., Alotaiby, A., Goss, D. & Parker, E. (2011). Liberation-based praxis in cross-cultural work. *Unsettling Feminisms Conference/Afillia*. Chicago, IL.

Hernandez-Wolfe, P., Almeida, R. & McDowell, T. (2009). *Decolonizing Family*

- Therapy*. Liberation Based Healing Conference, Austin, TX.
- Fang, S., McDowell, T., Kosutic, I. & Griggs, J. (2009). Listening to the voices of international students in family therapy and family science. *National Council on Family Relations*, San Francisco, CA.
- Kosutic, I., Garcia, M., Melendez, T., McDowell, T. & Anderson, S. (2009). Raising critical consciousness in family therapy supervision. *International Family Therapy Association Conference*, Portoroz, Slovenia.
- McDowell, T. (2008). Acting as a white ally: Strategies for anti-racist activity, Annual AFTA conference, Philadelphia, PA.
- Hernandez, P. & McDowell, T. (2008). Toward a post-colonial academy. Liberation Based Healing Conference, Baltimore, MD.
- McDowell, T. & Storm, C. (2008). *Family Therapy: A Strength Based Approach*, Menoufiya University, Shebin El-Kom, Egypt.
- Kosutic, I. & McDowell, T. (2007). *Diversity and Social Justice in Family Therapy Literature*, Annual AAMFT Conference, Long Beach, CA
- McDowell, T., Fang, S., Griggs, G., & Kosutic, I. (2006). *Internationalizing MFT and family studies programs: A student survey*. Annual AAMFT Conference, Houston, TX
- Perumbilly, S., Titus, G., Khanna, A. & McDowell, T. (2006). *Family therapy from an Asian Indian perspective*. Annual AAMFT Conference, Houston, TX
- Fang, S., McDowell, T., Gonzalez-Kruger, G., & Goldfarb, K. (2005). *Methodological issues in the study of Asian American families: Content analysis of referred publication in family science journals*. Annual Conference of the National Council on Family Relations, Phoenix, AZ
- Fang, S., McDowell, T., Dersheid, L. (2005). *Crossing borders: Moving toward internationalizing Family Science Programs*. Annual Conference of the National Council on Family Relations, Phoenix, AZ
- Carlson, T., McDowell, T., Erickson, M., Tubbs, C., Lawless, J., McGeorge, C. (2005). *New Directions in Couple and Family Therapy Education* at the AAMFT 63rd Annual Conference in Kansas City, Missouri, October 20 - 23, 2005.
- McDowell, T., Fang, S., Griggs, J., Kublay, A., & Perumbilly, S. (2005). Crossing borders: The transferability of culturally bound family therapy knowledge.

- International Family Therapy Association-American Family Therapy Academy
2005 Conference, Washington, D.C.
- McDowell, T., Chen, H., Khanna, A., Wallace, L., & Williams, C. (2004). *Critical race dialogue in MFT*. AAMFT National Conference, Atlanta, GA.
- McDowell, T., Dashiell, W., Holland, C., Ingoglia, L., Serizawa, T., & Stevens, C. (2004). *Breaking the mold: Multiracial awareness in family therapy*. AAMFT National Conference, Atlanta, GA.
- McDowell, T. & Fang, S. (2003). *Exploring critical race theory in MFT training: A study group*. Poster presentation, National Council on Family Relations, Vancouver, B.C.
- Sievers, A., Xie, X., & McDowell, T. (2003). *'Till death do us part*. Round table discussion, National Council on Family Relations, Vancouver, B.C.
- McDowell, T. (2003). *Answering the call for anti-racist praxis in adult education*. Adult Education research Conference, San Francisco, CA
- Jeris, L. & McDowell, T. (2003). *Journal literature through the lens of critical race theory: A model for examining racism and social justice in the professions*. Adult Education research Conference, San Francisco, CA
- Fang, S. & McDowell, T. (2002). *Racial dialogue in MFT training*. National Council on Family Relations.
- McDowell, T. & Babbs, M. (2001). *Ethics, Ethics, Ethics*. Illinois Association for Marriage and Family Therapy state conference, Chicago, IL
- Todd, T., Storm, C., McDowell, T. & Sutherland, T. (1996). *Supervising Supervisors*. American Association for Marriage and Family Therapy (AAMFT) National Conference. Toronto, Canada.
- Sullivan, E., McDowell, T. & York, C. (1996). *Hearing The Family Voice*. Poster Presentation, American Association for Marriage and Family Therapy (AAMFT) National Conference. Toronto, Canada.
- McDowell, T. (1995/1996). *The Pacific Lutheran University Head Start Project: Working as Systems Consultants*. American Association for Marriage and Family Therapy (AAMFT) National Conference: Head Start Days, Baltimore, Md. and Toronto, Canada.
- McDowell, T., Sullivan, E., Ferguson, K. & Loiseau, M. (1996). *Working Together for Families: PLU's Marriage and Family Therapy and Head Start Training Partnership Project*. National Head Start Association Research Conference. Washington, DC

McDowell, T., Ferguson, K., & Sullivan, E. (1996). *Pacific Lutheran University's Systemic Classroom Observation Tool*. National Head Start Association Conference, New Orleans, LA

McDowell, T., Sullivan, E., Ferguson, K., Loiseau, M., Arnold, V. & Hatten, A. (1996). *The Use of Marriage and Family Therapy Training Programs to Provide Head Start Mental Health Consultation*. National Head Start Association Conference, New Orleans, LA

Smith, B., Arnold, V. & McDowell, T. (1996). *The Open Arms Demonstration Project: Working with Homeless Families*. National Head Start Association Conference, New Orleans, LA

GRANT ACTIVITY

Internal Grant Award, Lewis & Clark, *The Cultural Context Model*, 2012-2013.

Internal Grant Award, Lewis & Clark College, *Decolonizing Academia*, 2010-2011.

Family Science Research & Training (2009). Submitted to U.S.-Egypt Joint Board on Scientific and Technological Cooperation. (Drs. Teresa McDowell & Adel Haridy, Co-PIs; Requested Amount: \$190,000). Not funded.

Internal Grant Award, Lewis & Clark College, *The Influence of Social Class on Family Therapy Trainees*, 2009-10.

Internal Grant Award, Lewis & Clark College, *Unfolding Social Class in Couples*, 2008-9.

Internal Grant Award, Lewis & Clark College, *The effects of international immersion courses on therapist-in-training competence*, 2007-8.

U.S.-Middle East Partnership Initiative (2006-2008): Menoufia Univeristy-University of Connecticut Partnership to Promote Women in Deveopment in Egypt. Funded amount: \$100,000. Co-presented/ing two six-day workshops on women and development with a focus on participatory action research.

Gear-Up: Alliance for Success. Submitted proposal to U.S. Department of Education. Grant amount: \$2,844,931. Co-PI's: Harkness, McDowell, Colbert, McCoach, Perusse, & Reis. Not Funded.

Internal Grant Award, University of Connecticut, *Crossing Borders: International Students in Marriage and Family Therapy and Family Studies Programs*, 2005.

Pacific Lutheran University Head Start Project (1995-1999). Grant Author and Project Coordinator, 1995-1999

TEACHING

Lewis & Clark College, Marriage and Family Therapy, Counseling Psychology

Sex Therapy (CPSY 578) [Spring 2008, 2009, 2010, 2011]
Psychology, Culture and Community Development: India (CPSY 948) [Spring 2008]
Psychology, Culture and Community Development: Egypt (CPSY 948) [Spring 2008]
Psychology, Culture and Community Development: Uganda (CPSY 948) [Spring 2010, 2012, 2014]
International Family Therapy (MCFT 557) [Spring, 2014]
International Family Therapy Capstone (MCFT 567) [Spring 2014]
Working with Diverse Populations (CPSY 550) [Fall 2007]
Family Therapy Internship (CPSY 588) [Spring 2007, 2008, 2009, 2010, 2011, 2012; Fall 2007, 2008, 2009, 2010, 2011, Summer 2012, 2013, 2014]
Equity in Family Therapy (CPSY 526) [Fall 2012, 2013]
Advanced Family Therapy (CPSY 562) [Spring 2007] [Fall 2012, 2013]
Treatment Issues in MCFT: Families & Substance Abuse (CPSY 563) [Spring 2007]
Treatment Issues in MCFT: Spirituality & Religion (CPSY 563) [Summer 2009]
Treatment Issues in MCFT: Human Rights & Family Therapy (CPSY 563) [Fall 2008]
Treatment Issues in MCFT: Race & White Privilege (CPSY 563) [Fall 2009]
Working with Muslim Families (CPSY 590) (IOR) [Summer 2007, 2008]
Pragmatic Experiential Therapy for Couples (CPSY 590) (IOR) [Summer 2007, 2009]
Foundations of Family Therapy Supervision (Community course - October 2007)
Introduction to Professional Counseling (CPSY 503/569) [Fall 2007]
Introduction to Family Therapy (CPSY 569) [Fall 2008, 2009]
Legal and Ethical Issues in Family Therapy (CPSY 566) [Fall 2008, 2009]

University of Connecticut, Marriage and Family Therapy Program

Marriage and Family Therapy Worldviews (HDFS 390) [Spring, 2005; Spring 2006]
Advanced Family Therapy (HDFS 430) [Fall 2005]
Professional Issues (HDFS 361) [Fall 2006]

Pacific Lutheran University Marriage and Family Therapy Program

Psychopathology and the Family (Includes diagnosis)(MFT 511) [Spring 1995, 1999, 2003]
Solution Focused Therapy (MFT 520-522) [Summer 1996, Fall 1998]
Systems Theory/Foundations of MFT (MFT 503) [Fall 1998]
Human Development (MFT 500) [Fall 1994, 1995; Spring 1997, 1999, 2003]
Child and Family Development (MFT 504) [Fall 2003]
Comparative MFT (MFT 507) [Spring 1999]
Open Group (MFT 525) [Spring 1999]
Sex Therapy (MFT 510) [Spring 1995, 2003; Fall 1995, 1996]

Structural Family Therapy (MFT 520-522) [Fall 1994,1995]
Strategic Family Therapy (MFT 520-522) [Fall 2003]
MFT Professional Studies (MFT) [Summer 1995]
Narrative Therapy (MFT 520-522) [Spring 1995, 2003]
Internship Supervision (MFT 519-524) [1992-2003]

Northern Illinois University, CFS Department, Specialization in MFT

Graduate Courses

Sexual Issues in MFT (FCNS 500-C) [Spring 2000, 2001]
Advanced Strategies in MFT (FCNS 500-C) [Summer 2000, 2001]
Professional Issues in MFT (FCNS 592) [Fall 1999, 2000, 2001]
Internship Supervision [1999-2001]

Undergraduate Courses

Clinical Application in Family Social Services (FCNS 383) [Spring 2000, 2001]
Personal Development and the Family (FCNS 180) [Fall 1999, 2000]

ADMINISTRATIVE EXPERIENCE

CPSY Chair, Counseling Psychology, Lewis & Clark College, 2010-

Co-Director, Lewis & Clark Problem Gambling Services, 2013

Director of Clinical Training, Lewis & Clark Problem Gambling Services, 2014-

Director, Marriage and Family Therapy Program, Counseling Psychology, Lewis & Clark College, 2007- 2011

Director, Marriage and Family Therapy Program, Department of Human Development and Family Studies, University of Connecticut, 2004- 2006

Director, Humphrey Center for Individual, Couple, and Family Therapy, Department of Human Development and Family Studies, University of Connecticut. 2004-2006

Coordinator, *Pacific Lutheran University Marriage and Family Therapy Center*, training clinic for marriage and family therapy graduate students. 1998-1999, 2002-2003

Coordinator, *Family Center of Northern Illinois University* training clinic for marriage and family therapy graduate students. 1999-2001

Coordinated placement sites, *Northern Illinois University*. 1999-2001

Coordinator, *PLU-Head Start Project*. Training project for marriage and family therapy graduate students to learn to work as systems consultants. 1995-1999.

SELECT WORKSHOPS

Family Progression Model. McDowell, T. & Brown, A., TTK Hospital, Chennai, India, 2012

Family Systems and Addiction. Perumbilly, S., Brown, A. & McDowell, T., TTK Hospital, Chennai, India, 2012.

Cultural Competence. Almeida, R. & McDowell, T. Tulane University, New Orleans, LA. Fall, 2010.

Cultural Competence. Almeida, R. & McDowell, T. Catholic Charities, New Orleans, LA. Fall, 2010.

Introduction to family therapy (5/7-day training). Bishop Magombo Counselor Training Institute, Ft. Portal, Uganda. Spring, 2010, 2012, 2014.

Spirituality and resilience in working with families. Catholic Charities, New Orleans, LA., Spring 2010.

Spirituality and religion in family therapy. Tulane University, New Orleans, LA., Spring, 2010.

Resilience and strength based family therapy approaches. AMERA, Cairo, Egypt., 2010.

Family Therapy Supervision. American University, Cairo, Egypt.

Women in Development Workshop Presenter, Menoufia University, Shebin El-Koum, Egypt, Spring, 2008.

Family Therapy Theory and Practice, Menoufia University, Shebin El-Koum, Egypt, Spring, 2008.

Foundations of Family Therapy Supervision, Co-presented with Dr. Cheryl Storm, Lewis & Clark College, Fall, 2007.

University-Community Partnerships: Participatory Action Research, Menoufia University, Shebin El-Koum, Egypt, fall 2006.

International Human Rights: Women and Children in Egypt, (Libal & McDowell), Menoufia University, Shebin El-Koum, Egypt, Fall 2006.

Family Therapy, Nirmala Niketan College of Social Work, Mumbai, India, 2006

Structural Family Therapy, Nirmala Niketan College of Social Work, Mumbai, India,

2006

Family reactions to Suicide, NIU Suicide Prevention Conference, DeKalb, IL, 2001

MFTs and Systems Consultation, PLU, Tacoma, WA, 1996-1999

Employee Assistance Programs, (offered to business consultants from Poland) PLU, Tacoma, WA, 1998

Staying Solution Focused in Working with the Homeless. Aberdeen, WA, 1994

Risk Factors for Children and Families. Grays Harbor Community Action Program's Child and Family Services, Aberdeen, WA, 1993

Family Systems. Grays Harbor County ECEAP and Head Start programs, Aberdeen, WA, 1992

Burnout. Grays Harbor County, Aberdeen and Montesano, WA, 1990

Assessing and Treating Co-Dependence, and Co-Dependence in the Helping Professions, Evergreen Counseling Center, Hoquiam, WA, 1989

Hospice care for Families with a Terminally Ill Member. Grays Harbor Community Hospital, Aberdeen, WA, 1986-1988

Expression of Feeling in Alcohol Abusing Families. Grays Harbor Adult Children of Alcoholics support group, Aberdeen, WA, 1987

Communication Skills. Respite Volunteer Programs, Grays Harbor and Pacific Counties, Aberdeen and Raymond, WA, 1987

Premarital Enhancement.. Lutheran Social Services, Tacoma, WA, 1986

Blended Families. Pacific Lutheran University, Tacoma, WA, 1984