

L&C MCFT PROGRAM
SUPERVISION WORKSHEET

Please use the following outline to prepare for individual and group supervision at your clinical sites and on campus. Make copies for your supervisor and colleagues. Keep in mind your theoretical approach as you identify goals for supervision and conceptualize the case (e.g., if you are using structural family therapy, include a family map; for solution focused therapy include language about exceptions; etc). At the end of your presentation, collect and shred your colleagues' and any extra copies.

Therapist: _____ **Date:** _____

Case ID: _____ **Video** ____ **Case** ____ **Live** ____

Theoretical Approach(es) _____

Specific Goals for Supervision:

- 1.
- 2.
- 3.

Family/system members & background information (e.g., genogram, Structural diagram)

Presenting Problem

Therapy Goals

Strengths and Resilience, e.g.,

Pattern of Interaction

Life Setting

Family History (You may want to include Genogram)

Outside Systems (e.g., ecomap)

Description of Therapy

Conceptualization of Problem

Input from Supervisor and Colleagues:

Supervisor Directives:

Supervisee Signature: _____

Supervisor Signature: _____

