



Addictions Treatment: Procedures, Skills, Case Management
CPSY 547, Summer 2012
Mondays 530-930

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Course Description

This class provides an emphasis on developing a detailed understanding and foundation of skills in the use of specific strategies, procedures, and interventions in assessment, diagnosis, and treatment of substance abuse and co-occurring disorders.

Course objectives:

1. To gain a more in-depth understanding of the philosophical/scientific assumptions that underlie the various theoretical models of addiction and recovery.
2. To understand the risk factors of HIV/AIDs and the treatment process with these clients.
3. To gain an understanding of and experience in conducting assessments, treatment plans and documentation of the treatment process.
4. To learn more about conceptualizing treatment from a Stages of Change perspective and utilize motivational enhancement.
5. To be well versed in the treatment of clients with co-occurring disorders.

Required Texts:

DiClemente, C.C. (2006). *Addiction & Change: How addictions develop and addicted people recover*. New York: Guilford 978-1-59385-097-5

*Obert, J.L., Rawson, R.A., McCann, M.J., & Ling W. (2006). *Counselor's treatment manual: Matrix Intensive outpatient treatment for people with stimulant use disorders*. Rockville, MD: Substance Abuse and Mental Health Services Administration.

* Can be downloaded or ordered at <http://ncadi.samhsa.gov/>

Cultural Diversity

Diversity: Issues of diversity will be addressed throughout the course, in discussions, readings concerning special needs groups, assessment and diagnostic criteria, treatment considerations, and resource allocation within our publicly and privately funded systems. Particular emphasis will be placed on traditionally underserved and stigmatized individuals through student presentations.

Americans with Disabilities Act

Any student who because of a disability requires some special arrangements in order to meet course requirements should contact the instructor as soon as possible to make necessary accommodations.

Academic integrity

Students are expected to abide by all college rules concerning academic integrity. Any violations of these rules will be reported for appropriate disciplinary review.

Course Assignments:

Participation, attendance and readings (125 points):

It is expected that you will actively participate in every class. This class has an experiential structure. For all of us to get the most out of the class it is necessary that we practice the knowledge and skills we are learning. We will be participating in role-plays and discussions about treatment issues. Attendance and completing the readings is also an integral component of the class discussion. Therefore, it will be expected that you will attend every class along with being prepared to discuss the readings for that week. To facilitate participation and further explore the readings, each week small groups of students will lead the entire class in a discussion of the readings. Each week the group that signed up for that week, will come to the front of class to ask provocative questions from the reading for that week. It is anticipated that reading discussions will last 20-30 minutes. Missing more than one class will result in a lower grade.

Teach a DBT Skill (125 points)

In small groups, you will be expected to select a DBT skill. Your group will teach this skill to the class in a 15-20 minute presentation. This will happen July 9th or July 16th. Use the Skills Manual and other resources as your guide. DBT is one of the most popular evidence-based practices for treating addictions and co-occurring clients in treatment centers locally and nationally. DBT is particularly useful for effectively treating addictions because it teaches clients how to build frustration tolerance, impulse control and healthy relationships.

Clinical Vignettes (125 points)

Each student will receive clinical vignettes. These vignettes will ask students to integrate their knowledge and skills with integrated co-occurring treatment and apply SOC, MI & DBT techniques. Students will demonstrate their understanding and ability to apply SOC, MI & DBT interventions by completing the clinical vignettes.

Final Exam (125 Points)

The final exam will consist of 25-40 multiple-choice questions & one short essay question based on the class lectures, readings, videos & class discussions.

Grading:

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| DBT Skills | 125 points |
| Clinical Vignettes | 125 points |
| Final Exam | 125 points |
| Attendance/Participation | 125 points |

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| 500-461 points = Grade of A | Excellent |
| 460-400 points = Grade of B | Very Good |
| 399-0 points = Grade F | Fail |

Class Schedule

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| Class 1 | May 7 | ASAM PPC-II-R |
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| Class 2 | May 14 | ASAM PPC-II-R |
| <u>Readings</u> 1. Addiction & Change: Chapter 1 & 2 | | |
| Class 3 | May 21 | Matrix |
| <u>Readings</u> 1. Matrix Counselor Manual: Chapters 1-5 2. Addiction & Change: Chapter 3 & 4 | | |
| Memorial Day | May 28 | |
| NO CLASS! | | |
| Class 4 | June 4 | Stages of Change & Motivational Interviewing |
| <u>Readings</u> 1. Addiction & Change: Chapter 5 | | |
| Class 5 | June 11 | Motivational Interviewing |
| <u>Readings</u> 1. Addiction & Change: Chapter 6 | | |
| Class 6 | June 18 | Motivational Interviewing |
| <u>Readings</u> 1. Addiction & Change: Chapter 7 | | |
| Class 7 | June 25 | DBT |
| <u>Readings:</u> 1. Addiction & Change: Chapter 8 2. Moonshine & Schaefer (2009). Will be placed on Moodle ❖ Clinical Vignettes Passed Out | | |

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| Class 8 July 2 DBT |
| <u>Readings</u> 1. Addiction & Change: Chapter 9 |

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| Class 9 July 9 DBT |
| <u>Readings</u> 1. Addiction & Change: Chapter 10 ❖ Teach DBT Skill |

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| Class 10 July 16 HIV & Ethics |
| <u>Readings</u> 1. Addiction & Change: Chapter 11 & 12 ❖ Teach DBT Skill ❖ Clinical Vignettes Due |

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| Class 11 July 23 Final |
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