

Version 2 (January 11,2007)- This replaces the prior syllabus
CPSY 546 Models and Theories of Addiction and Recovery
Monday, 5:30PM-8:30PM Rogers Hall 105
January 8, 2007 to April 30, 2007

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Office Hours: By appointment

Course Description: This class provides an overview of theories and models that account for the etiology and treatment and recovery of addictive behaviors. Emphasis will be on the biological, psychological and sociological influences implicated in the development of addictive behavior and treatment and recovery. Risk and resiliency factors that mediate and moderate the etiology and transmission of addictive behaviors including genetics, culture, gender, ethnicity, etc. will also be covered. The successful integration, adaptation and application of a working model of addiction, treatment and recovery in the counseling process are the primary end goals for the student.

Course Objectives:

1. To understand and demonstrate how the basic philosophical/scientific assumptions underlying addictions are incorporated into the counseling process.
2. Be able to demonstrate critical thinking skills in the application of multiple models to addiction assessment and counseling
3. Be able to compare and contrast competing models and theories of addiction

Required Texts:

DiClemente, C.C. (2003). Addiction and change: How addictions develop and addicted people recover. New York: Guilford Press.

Miller, W.R. & Carroll, K.M. (2006). Rethinking substance abuse: What the science shows and what we should do about it. New York: Guilford Press.

Thombs, D.L. Introduction to addictive behaviors (3rd Edition). New York: Guilford Press.

Americans with Disabilities Act: Any student who because of a disability requires some special arrangements in order to meet the course requirements should contact the instructor as soon as possible to make necessary accommodations.

Academic Integrity: Students are expected to abide by all college rules concerning academic integrity. Any violations of these rules will be reported to the appropriate authority for disciplinary review.

Course Assignments:

1. Class attendance and participation. Students are expected to attend all class sessions and to participate in class discussions and exercises. Students may accrue one missed class as long as the absence is excused (contacting and talking to the instructor before the missed class). Two or more missed classes will earn a grade of F. No exceptions!
2. Students will be given 3 case histories and will be expected to write a summary for each history that addresses the one or more addiction model or theory. Students will briefly summarize the assignment in class.
3. In-class mid-term exam on February 19 and final exam on April 30.
4. Individual research project and presentation. Students will complete an individual research study on a topic of interest related to addiction, addictive behavior and counseling. The student will review and evaluate the relevant research on the topic of interest and the student's findings will be organized into a written report of 10-15 pages using APA format. Each student will then present their report on either April 9 or 16. The presentation will not exceed 10 minutes and will be presented in an engaging format that prompts brief questions and discussion. The presentation will be unacceptable if the read by the student. Potential topics will be given to students in class by the end of January and students will provide a summary of their proposed research topic by
5. Each student will write a paper that reflects their own personal theory of addiction, counseling and recovery. This paper will emphasize the integration of a personal model of addiction into a personal model of recovery that can serve as an initial basis for the student's work as a counselor. This paper should be drawn from and supported by the theoretical and empirical literature regarding theories and models of addictive behavior and written using APA format. This paper will be 5-8 pages. Students will present a summary of their papers on April 23. These presentations will be no more than 10 minutes.

CPSY 546 Theories and Models of Addiction

Reading Assignments		Exams and Papers & Presentations
8-Jan	History of Addiction Treatment in US	
22-Jan	Models of Addiction Thombs Chapter 1 Miller Chapters 1-2 DiClemente Chapter 1	
29-Jan	Moral, Psychoanalytic and Prevention Models Thombs Chapters 3, 5 Miller Chapter 7	
5-Feb	Disease Models Thombs Chapter 2 Miller Chapters 3-5	
12-Feb	Learning Models Thombs Chapter 6-7 Miller Chapter 14	Case History #1 Proposed research topics due
19-Feb	Social Models Thombs Chapter 9 Miller Chapters 10, 12-13	Mid-term Exam. Covers material from January through February 12
26-Feb	Adolescent and Family Models Thombs Chapter 8 Miller Chapter 11	Case History #2
5-Mar	Co-Occurring Disorders Thombs Chapter 4 Miller Chapter 8	
12-Mar	Stages of Addiction DiClemente Chapters 4-5 Miller Chapter 6	Case History #3
19-Mar	Stages of Change DiClemente Chapters 6-10	
2-Apr		All research reports are due. Student presentations begin.
9-Apr		Student presentations.
16-Apr		Addiction and recovery paper due. Student Presentation of this paper
23-Apr		Final Exam. Covers material from February 19 through March 19

This schedule is subject to change and modification.