Treatment Planning and Intervention with Children and Adolescents  
CPSY 523—Fall, 2007

I. Instructor: Donald K. Fromme, Ph.D.  
Rogers Hall 108  
Office Hours: By Appointment  
Thursdays, 5:30-8:45 p.m.  
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II. Catalog Description: Mental, emotional, and behavioral disorders of childhood and adolescents. Topics include identification, diagnosis, and planning of multifaceted intervention and treatment strategies; developmental, social, and cultural influences on diagnoses and interventions; multicultural considerations; and effects of substance abuse on individuals, families, schools, and other environments. Corequisite: CPSY 522. Prerequisite: CPSY 506; 3 Credit Hours.

III. Course Description: An integrative, multidimensional overview of psychosocial interventions with child and adolescent psychological disorders, including psychodynamic, child-centered, cognitive-behavioral, and family systems approaches. Students will learn basic assessment and child and parent interviewing skills.

IV. Course Goals and Objectives: Students will demonstrate their:
1. knowledge of a multidimensional approach to treatment planning and intervention;
2. ability to conduct a child, adolescent, or parental interview;
3. ability to conceptualize cases and plan treatment for a variety of child problems;
4. ability to plan and implement interventions that include the family, cultural, and ecosystemic contexts in which children's problems occur.

V. Course Calendar

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topic .......................................................</th>
<th>Assignments</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>09/06</td>
<td>Child &amp; Parent Interviewing.................................</td>
<td>(1a); (4); (6)</td>
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<tr>
<td>2.</td>
<td>09/13</td>
<td>The Planning and Assessment in Clinical Care (PACC) Approach</td>
<td>(1c); (7); (8)</td>
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<td>3.</td>
<td>09/20</td>
<td>Philosophical Questions; Ecosystemic &amp; Developmental Issues....</td>
<td>(1b); (9)</td>
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<td>4.</td>
<td>09/27</td>
<td>Multidimensional Perspective; Professional Issues ..............</td>
<td>W: Ch. 1-2</td>
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<td>5.</td>
<td>10/04</td>
<td>Multidimensional Assessment &amp; Intervention ..................</td>
<td>W: Ch. 4-5</td>
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<td>6.</td>
<td>10/11</td>
<td>Psychodynamic Theory and Intervention ........................</td>
<td>W: Ch. 6-7</td>
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<td>7.</td>
<td>10/18</td>
<td>Child-Centered Theory and Intervention ..........................</td>
<td>W: Ch. 8-9</td>
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<td>*10.</td>
<td>11/08</td>
<td>Consultation and Integrative Perspectives..........................</td>
<td>W: Ch. 14,16</td>
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<td>11.</td>
<td>11/15</td>
<td>**Review &amp; Exam ..................................................</td>
<td>11/16 5:00 P.M.</td>
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<td>*12.</td>
<td>11/29</td>
<td>Guest Lecturer: Play Therapy ..................................</td>
<td>(3)</td>
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<td>**13.</td>
<td>12/06</td>
<td>Filial Therapy ......................................................</td>
<td>(2); (5); (10)</td>
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<td>***14.</td>
<td>12/13</td>
<td>Present/Class Critique of 5-10' segments of interview tape ........</td>
<td>12/13 5:00 P.M.</td>
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Due Dates: *Take-Home Vignettes; ** Interview Report/Tape; ***Case Conceptualization & Tx Plan
VI. Course Requirements:
1. Active participation in class discussions and exercises.
2. Mandatory attendance: Unexcused absences penalized 5 points. Persistent tardiness will first result in consultation & penalties assessed if left unresolved.
3. Completion of all assigned readings.
4. Examination on readings through Session #10.
5. Justify case conceptualizations and treatment plans for each of three case vignettes.
6. Interview community child or parent re developmental history and any problems, major or minor that are revealed (even model children have problems!). Justify case conceptualization and treatment plan that addresses revealed problem(s).
7. A final, more complex vignette will be assigned for conceptualization and treatment planning from an integrative, ecosystemic, multidimensional perspective.

VII. Evaluation and Assessment:
A. Multiple Choice, Definition, & Essay Exam covering readings ................................100 points
B. Conceptualize and plan treatment for three take-home vignettes .........................100 points
C. Interview & video a child or parent (VCR/DVD format): conceptualize case ..........100 points
D. Case Conceptualization, Treatment Plan, & Justification from vignette ...............100 points
E. Extra Credit: Pre-approved short project may add 10 additional points to total score.

Grading Scale: 380-400 points = A; 360-379 = A-; 350-359 points = B+; 330-349 = B; 320-39 points = B-

VIII. Bibliography (Obtain Course Packet from Department Office):
(1) Fromme, D.K. (2007). (a) Child psychosocial history and diagnostic justification; (b) Dialectical tensions in philosophical assumptions; (c) PACC Treatment Planning. Unpublished Manuscripts.
report. Unpublished manuscript.