



LEWIS & CLARK COLLEGE

GRADUATE SCHOOL OF EDUCATION AND COUNSELING CPSY 948: Psychology, Culture, and Community: Egypt SPRING - 2008

DATES: MARCH 16- MARCH 29 & FOLLOW-UP PRESENTATION DATE

Instructor: Teresa McDowell, Ed.D.

Office: Rogers Hall/ Office hours TBA

COURSE DESCRIPTION

This course explores contextual self-of-the-therapist, counselor, and/or educator and enhances cultural competence through immersion into another culture. Participants begin meeting several months before the immersion trip to gain cultural knowledge of the country they will be visiting. This includes searching and reading literature, sharing information with each other, attending related cultural events, meeting with the in-country guide when possible, and preparing in other ways as needed. Each participant is encouraged to deeply consider her or his own “growing edges” relative to cultural competence and to track these throughout the experience. The trip itself includes learning from professionals through lectures, visiting social service agencies, engaging in cultural events, and so on. Particular attention is paid to applied social services and treatment issues.

COURSE OBJECTIVES

Participation in this course will:

1. Challenge cultural encapsulation;
2. Encourage developing cultural meta-perspectives;
3. Expand participants’ repertoires for potential solutions to individual, family and community problems;
4. Be encouraged and given opportunities to dismantle own biases and stereotypes;
5. Be asked to deeply consider U.S. privilege relative to global relations;
6. Develop a stronger sense of global responsibility;
7. Increase humility and self-awareness; and
8. Gain knowledge about the life world of specific groups.

It is expected that moving in the direction of these goals will improve the quality of each participant’s work in her or his local context with members of groups who are both similar and different from oneself.

COURSE REQUIREMENTS

1. Attend as many pre-trip meetings as possible;
2. Prepare for journey through researching various aspects of the culture you are visiting;
3. Complete all required pre-journey tasks (e.g., passport, visa, medical care, information sheets, etc.)
4. Attend all activities during the immersion journey;
5. Be a responsible and accountable to the group and to our hosts;
6. Maintain openness to the experience;
7. Complete a group presentation on what you learned within 3 weeks of returning (date TBA before departure.
8. For those seeking credit for a course such as CPSY 563: Treatment Issues in MCFT, write a 5-7 page paper that explores how what you learned on your trip specifically applies to treatment in your home context. This can include working with immigrant populations, transferring treatment ideas from the host to your home context, or other relevant issues as agreed upon by participant and instructor.

NON-DISCRIMINATION POLICY/SPECIAL ASSISTANCE

Lewis & Clark College adheres to a nondiscriminatory policy with respect to employment, enrollment, and program. The College does not discriminate on the basis of race, color, creed, religion, sex, national origin, age, handicap or disability, sexual orientation, or marital status and has a firm commitment to promote the letter and spirit of all equal opportunity and civil rights laws.

SPECIAL ASSISTANCE

If you need course adaptations or accommodations because of a disability and/or you have emergency medical information to share please make an appointment with the instructor as soon as possible.

TEXTS AND MATERIALS

Readings will be determined and completed by group members prior to the trip. Please visit www.moodle.lclark.edu each week to access reading materials and information about the course. You will be given a course password in an email from the instructor.

COURSE EVALUATION

Evaluation for this course will be based on participation. Active participation in trip preparations, being present for all lectures and learning opportunities, and contributing to the group presentation are foundational to passing the course. For course credit other than CORE, completion of the required paper is also part of the final evaluation.

COURSE SCHEDULE

The course schedule is flexible according to the needs and availability of our hosts. However, the following will offer a general sense of the activities we are likely to engage in and the dates for each.

TENTATIVE SCHEDULE FOR TRIP TO CAIRO & SHEBIN EL KOM – L & C/MU COLLABORATION						
<i>Sunday March 16</i>	<i>Monday March 17</i>	<i>Tuesday March 18</i>	<i>Wednesday March 19</i>	<i>Thursday March 20</i>	<i>Friday March 21</i>	<i>Saturday March 22</i>
LUFTHANSA 469 LV: PORTLAND ORE 245P	AR: FRANKFURT 905A ELAPSED TIME-10:20 LUFTHANSA 582 Terminal 1 LV FRANKFURT 955A Terminal 1 AR: CAIRO EGYPT 255P Terminal 2 ELAP 4:00	Tour guide will pick you up at the Nile Hilton for day long tour of Giza area	Welcome and orientation at MU	Lectures (2) at MU	Early AM rise and travel to Cairo – Leave overnight bag at Nile Hilton Mid Morning start with tour guide to Citadel - Mosque	Am Rise Tour guide will pick us up at Nile Hilton and take us to the Egyptian Museum
Be at airport 3 hours prior to departure (noon)	Tour agent will pick you up as a group inside the airport and provide your visas. Have \$24 ready for visa	Lunch at cultural restaurant	Lunch at MU	Lunch at MU	Lunch at cultural restaurant	Lunch at cultural center
Bring money for travel meals and necessities	Arrive at Nile Hilton by 4:30pm and met by Dr. Cheryl Storm 3 to a room	Travel back to Nile Hilton by late afternoon Driver from MU will pick you up and transport to meet Dr. Teresa McDowell at MU	Lectures (2) at MU	Visit to community NGO	Afternoon shopping at Khan a Khalili bazaar Dinner on own 3 to room at Nile Hilton	Afternoon shopping trip Dinner TBA Pick up late afternoon by MU and return to MU
	Dinner on your own at or very near Hilton	Take sunglasses, comfortable cloths, and spending \$	Evening group process	Boat ride on Nile at Shebin El-Kom	Bring cover for hair at Mosque \$\$ for bazaar	Bring \$\$ for shopping & dinner
<i>NOTES:</i>						
<i>Sunday March 23</i>	<i>Monday March 24</i>	<i>Tuesday March 25</i>	<i>Wednesday March 26</i>	<i>Thursday March 27</i>	<i>Friday March 28</i>	<i>Saturday March 29</i>

Lectures (2) at MU	Lectures (2) at MU	Day long outing to rural area TBA	Day long outing TBA MU	Lectures (2)	Packing Time in local area or in area near airport	LUFTHANSA 585 DEPART TERM- 2 LV: CAIRO EGYPT 515A AR: FRANKFURT 845A ELAPSED TIME- 4:30 ARRIVAL TERM1
Lunch at MU	Lunch at MU		Lunch at MU	L & C hosted Lunch for MU colleagues	Afternoon travel to hotel at airport	LUFTHANSA 468 DEPARTTERM1 LV: FRANKFURT 1015A NONSTOP AR: PORTLAND ORE 100P ELAPSED TIME- 10:45
Visit to community NGO	Visit to community NGO		Visit to community NGO	Afternoon goodbyes to colleagues	3 to a room	Individual pick up at 1:00 pm Portland
Evening group process	Evening group process		Evening group process	Evening group process	Bring \$\$ for dinner & travel necessities	REST!!
NOTES:						