

December 2011

Enjoy a wonderful break and have a happy NEW YEAR!!!

Team MCFT is ending the year on a high note
CONGRATULATIONS to the following faculty and students
for your accomplishments!



Dr. Teresa McDowell receives the Anselm Strauss Award (pictured to the left with Dr. Goodsell, Chair of the award committee). The award, given by the National Council on Family Relations (NCFR), selects “authors of a qualitative journal article or book chapter published during the previous year which, in the estimation of the members of the committee, makes the most significant contribution to the area of family theory, methods, and/or research that comes from a qualitative tradition.”

Teaming with Marisol Garcia, featured in last month’s newsletter, Dr. McDowell published, “Mapping Social Capital: A Critical Contextual Approach for Working with Low-Status Families”. The committee identified many strengths in the article, particularly that it “goes beyond a basic ecosystemic model [...] It engages the Bourdieuan tradition of social capital to show how the family interacts with other systems in dynamic ways, and also to show how the social structures in which families are embedded entail both subjective and objective components to build an understanding of social action.” The committee has high hopes for the article’s impact “as a model for theory and research in the qualitative family tradition.”

The award was presented to Dr. McDowell at the 73rd Annual Conference of NCFR in Orlando in November. Congratulations Dr. McDowell! We are SO proud to have you on our MCFT team!

>>> Projects receive funding from the President’s Strategic Initiatives Fund <<<

MCFT Faculty deserves recognition and a HUGE round of applause for their hard work in gaining funding for the following MCFT projects:

- Support for the Marriage, Couple, and Family Therapy Program to continue to build professional relationships with universities and clinical therapy training programs in India.
- Development of an interdisciplinary course on crime-victim resilience as related to coordinated and integrated legal and therapeutic interventions. This integrated curriculum—the only course of its kind in the country—would teach law and family therapy students an interdisciplinary approach to services for victims.
- Collaboration between graduate school faculty and two Colombian universities to develop research projects on international family therapy that explore how therapy interventions are shaped by culture and social issues in the U.S. and Colombia.

We are lucky to have such a committed group of faculty...THANK YOU!



MCFT's Elizabeth Parker and Kyle Zrenchik impact students through their work with Roosevelt High School's Gay-Straight Alliance.

Started just one year earlier, Liz and Kyle have seen significant changes as the program continues to grow. In the beginning, GSA was primarily made up of heterosexual, Caucasian women in their Senior year, however the group now represents more queer, ethnic minority students in their Freshmen and Sophomore year.

As the students have become more diverse, their involvement in the community has expanded. The 15 students that make up the GSA attend community functions such as the Portland Aids Walk and the recent anti-bullying event featuring famous rugby player, Ben Cohen. Their next event is Gay Skate at Oaks Park on December 19th (open to the public!).

Several students had the opportunity to participate in an especially exciting project coordinated by Kyle and KBOO, 90.7 FM. Featured on their radio show, "Out Loud", Kyle interviewed four students on their experience with GSA highlighting what it meant to be a part of the social movement. Kyle wanted to "give the listening audience the chance to listen to queer youth; the youth perspective from North Portland because they are not as connected to the queer community in Portland".

Roosevelt's GSA has also just received a grant from Parents and Friends of Lesbians and Gays which they plan to use toward a multimedia project in an anti-bullying campaign. If you are interested in making donations toward their cause, contact Liz (eparker@lclark.edu) or Kyle (zrenchik@lclark.edu).

Their work has had obvious effects on the students as GSA becomes more involved and their goals more recognized in the community, but it has had equal positive outcomes for their mentors. Kyle shares, "I still feel what they're saying, I get what they're saying. Roosevelt High School is very much like the one I grew up in and I understand what they're saying. It's heartbreaking but it's when I'm at my best". To the same effect, Liz says, "The need is so big on a systemic level; the need for creating safe spaces. Being a part of that is important to me, knowing I'm in a position where I can make change. I feel like we're doing good work and needed work."

We agree! Thank you for representing the MCFT program in the community!

Congratulations to Social Action Scholarship winners- Elizabeth Parker and Logan Cohen!!!

The scholarship "acknowledges outstanding contributions by students while in the MCFT program toward making a positive difference in support of social equality. The award honors students who are living the program mission in their volunteer and or/clinical work."

Opportunities to Get Involved

Gender & Power: Creating Change in Couple Therapy

This workshop presents Socio-Emotional Relationship Therapy (S.E.R.T.), a practice model for addressing gender and power issues in couple therapy. Participants will learn how to work with the links between emotion, socio-cultural context, and couple interactions.

Date: Friday,
January 20

Time: 9 a.m.-4
p.m.

Location: Lewis &
Clark Graduate
Campus

Instructor: Carme
n Knudson-Martin,
Ph.D., LMFT

Noncredit/CEU: 6
CEUs, \$125 by
January 6, \$140
after. \$40 for
students.

Advanced Gambling Counselor Certification

This four-part course provides 30 of 60 hours needed to meet all of the educational requirements for the CGAC I credential. Topics covered include: cultural competency, working with families of problem gamblers, evidence-based and supported practice, and counselor self-care.

Prerequisite: Currently working in the field and/or hold CGAC I, or successfully completed Gambling Specialist Pre-Certification.

Dates: Saturdays,
February 4, 18 and
March 3, 17

Time: 9 a.m. - 5:30
p.m.

Location: Lewis &
Clark College

Instructor: Tom
Ten Eyck, M.A.,
CDAC II, CGAC II
CEU/PDU: 30
hours, \$195.

The Basic Mindfulness Toolkit

Participants will learn to use mindfulness to transform maladaptive defenses (fight, flight, freeze/submit) into adaptive strategies (turn towards, turn away, turn to rest) for coping. These three exercises become a strategy in the Basic Mindfulness Toolkit, which can be easily taught to clients and have an immediate impact on a broad range of client diagnoses.

Date: Saturday,
February 11

Time: 9 a.m. - 4
p.m.

Location: Lewis &
Clark College,
Albany Quadrangle
Room 220

Instructor: Janet M.
Sims, Ph.D.

Noncredit/CEU: 6
hours, \$125 by 1/27,
\$140 after. \$40 for
students.

15th Annual Columbia River Eating Disorder Network (CREDN) Conference for Professionals

The theme this year is **“Rethinking Obesity: A Compassionate and Collaborative Approach to Weight Concerns”**.

Visit go.lclark.edu/graduate/credn/conference for the conference program, presenter biographies and registration.

Date: Saturday,
February 18

Time: 8:30am -
4:00pm

Location: Lewis &
Clark College,
Templeton Campus
Center, Stamm

Noncredit/CEU: 6
hours, \$50 for
students or
residents.

To register or for more information about these and other professional development opportunities offered by the graduate school, contact the Center for Community Engagement at [503-768-6040](tel:503-768-6040), cce@lclark.edu or visit http://graduate.lclark.edu/programs/continuing_education/

Opportunities to Get Involved

2012 Social Justice and Civic Leadership Training

The Urban League of Portland is pleased to announce our Social Justice and Civic Leadership program for 2012-2013. Currently we are accepting applications **for** our leadership development program, as we train emerging leaders to become successful advocates for social and economic justice and public policy changes that affect our community.

Program Outline: The SJCL program will begin with a 3 day retreat on **January 20-22, 2012**, in Corbett, Oregon. The program will provide community leaders, volunteers, and staff an opportunity to work together throughout the year on a specific Urban League issue campaign. We will also cover how to impact public policy and involvement in public decision-making.

Our year-long program will include community organizing, leadership development, legislative organizing, and social policy advocacy skills for **20** community members. The selected participants will identify critical community issues and develop effective strategies and organizing campaigns.

You can apply for the **Social Justice & Civic Leadership Training** by filling out an application through this email or visiting the Urban League of Portland office located at 10 North Russell St. Portland, Oregon 97227. Application deadline is January 4, 2012. Please include the answers to the **supplemental questions** as part of your application when you return it. Contact Inger McDowell, DCL Program Coordinator with any questions imcdowell@ulpdx.org or 503-280-2600 ex 641. We will contact you if we have further questions.

Job and Internship Opportunities at Youth Villages

The fall semester is quickly drawing to a close, and we would like to inform you about job and internship opportunities with Youth Villages. Youth Villages is a private non-profit organization that works with troubled children and their families. We provide a variety of programs and services aimed at helping children and families live successfully including Residential treatment, Intensive Home-Based Counseling, Therapeutic Foster Care and Specialized Crisis Services.

At Youth Villages we offer:

Unique Opportunities in the Portland area.

1. Entry level positions for recent Bachelor level graduates
 2. Clinical positions for Master level graduates
- YV 360 Career Development Program for recent graduates (www.youthvillages.org/360)
– **Early Deadline: Dec. 1**
 - Spring and Summer internships in various locations (www.yvrecruit.org)
 - Tuition and Licensure Reimbursement
 - Advancement opportunities after 6 months
 - Relocation assistance to select locations
 - Offices throughout AL, AR, FL, GA, IN, MA, MS, NH, OR, NC, TN, TX and Washington D.C.

Follow the link to register to join an online information session highlighting these opportunities: <https://www3.gotomeeting.com/register/375832822>