Syllabus
Diagnosis of Mental and Emotional Disorders
CPSY 522-01 (Fall 2008)

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Office Hours
I do not have an office on campus, but would be happy to schedule a time to meet immediately before class starts. I can also be reached by email (which I check about once a day) and voicemail (which I check several times a day).

Schedule: Tuesdays, 5:30-8:30 p.m.
September 9 to November 11, 2008

Catalogue Course Description
Introduction to the structure and uses of the DSM-IV and ICD-9 systems for diagnosing mental and emotional disorders. Limits and weaknesses of these approaches—especially with regard to cultural differences—and alternatives to them. How to use these systems effectively in the context of person-centered, psychosocial, and systemic interventions, and in culturally diverse environments. Current knowledge, theory, and issues regarding selected disorders. Use of technology-based research tools to secure and evaluate contemporary knowledge.
Corequisite: CPSY 512 or 513.
Prerequisite: CPSY 503.
Credit: 2 semester hours.

Course Goals
This course is designed to introduce students to the current standard used in diagnosing mental disorders, DSM-IV-TR. Students will learn the components of the mental status examination and clinical inquiry necessary to collect sufficient data to utilize the DSM-IV-TR effectively. Mindful of the biological, psychological, social, and spiritual dimensions of each person, students will be challenged to approach the evaluation of individuals with mental and emotional disorders in a holistic fashion. Students will gain a familiarity with various diagnostic inventories and psychological tests.

Course Objectives
Students completing this course will be able to:
• Appreciate the importance of arriving at an accurate diagnosis
• Formulate an approach to information-gathering mindful of evidence needed to arrive at meaningful diagnoses
• Arrive at a differential diagnosis and be able to communicate it concisely to colleagues
• Explain features of mental disorders to people with the disorders as well as to their family and friends.
• Understand the origin, intended uses, and benefits of the DSM-IV-TR system
• Identify weaknesses of the DSM system
• Distinguish between the DSM and ICD systems

Required Text
Please bring the DSM-IV-TR to each class session:

Course Calendar
Please note: This schedule is subject to change. Students should read the sections of the DSM-IV-TR corresponding to the topics scheduled.

<table>
<thead>
<tr>
<th>Session</th>
<th>Date</th>
<th>Topics and Activities</th>
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| 1       | 9/9  | Introduction to DSM-IV-TR and ICD-9  
The Mental Status Exam and other sources of data  
Psychological testing |
| 2       | 9/16 | Delirium, Dementia, …  
Mental disorders due to a general medical condition  
Sleep disorders  
*Sign up for class presentation* |
| 3       | 9/23 | Disorders usually first diagnosed in infancy, …  
(Video)  
Eating disorders  
Gender identity disorders  
*Quiz #1* |
| 4       | 9/30 | Substance-related disorders  
Schizophrenia and Other Psychotic Disorders  
(Video)  
*Quiz #2* |
| 5       | 10/7 | Mood disorders (Video) |
| 6       | 10/14 | Anxiety disorders (Video)  
Adjustment disorders  
*In class assignment: Differential diagnosis* |
Syllabus
CPSY 522-01

7 10/21  Somatoform disorders
Factitious disorders
Sexual disorders
Quiz #3

8 10/28  Personality disorders (Video)
Dissociative disorders
Take home final distributed

9 11/4  Impulse control disorders NEC
Other conditions
Areas for further study

10 11/11  Special topics
Take home final due

Course Requirements
• Attendance and active participation in lecture, discussion, and group exercises (20%)
Students should inform the instructor of anticipated absences from class, but will not be
“excused” per se and no “make-up” work will be assigned.

• Quizzes (20%)
Three short closed-book quizzes in multiple-choice/true-false format will be given
throughout the course. Students’ grade will be based upon their two best scores.

• In-class assignment, closed book (20%)
Students will be presented with a written case history of a person with mental illness.
Based upon the scenario and incorporating what they have learned in the course to date,
students will be expected to generate a differential diagnosis with supporting evidence.

• Class presentation (20%)
Each student will sign up to give a presentation to the class on a specific diagnosis. The
student will present pertinent features of the diagnosis, considerations of differential
diagnosis, and approaches to educating an individual with the diagnosis and her/his
family.

• Take-home, open-book final exam (20%)
Students will be given clinical scenarios with questions to address in essay format.

Evaluation and Assessment
Grades will be assigned based upon percentage of total possible points earned:

A=94-100%  A-=88-93%  B+=83-87%  B=79-82%  B-=75-78%  C+=71-74%  
D=67-70%  F<67%

Revised 09/07/2008