



**Addictions Treatment: Procedures, Skills, Case Management**  
**CPSY 547, Summer 2011**  
**Mondays 530-930**

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**Course Description**

This class provides an emphasis on developing a detailed understanding and foundation of skills in the use of specific strategies, procedures, and interventions in assessment, diagnosis, and treatment of substance abuse and co-occurring disorders.

**Course objectives:**

1. To gain an understanding a more in-depth understanding of the philosophical/scientific assumptions that underlies the various theoretical models of addiction and recovery.
2. To understand the risk factors of HIV/AIDs and the treatment process with these clients.
3. To think gain an understanding and experience in conducting assessments, treatment plans and documentation of the treatment process.
4. To learn more about conceptualizing treatment from a stages of change perspective and utilizes motivational enhancement.
5. To be well versed in the treatment of clients' with co-occurring disorders.

**Required Texts:**

DiClemente, C.C. (2006). *Addiction & Change: How addictions develop and addicted people recover*. New York: Guilford 978-1-59385-097-5

Sacks, S. & Ries, R. (2005). *Substance abuse treatment for persons with co-occurring disorders: A Treatment improvement protocol: 42*. Rockville, MD: SAMSHA \*

Obert, J.L., Rawson, R.A., McCann, M.J., & Ling W. (2006). *Counselor's treatment manual: Matrix Intensive outpatient treatment for people with stimulant use disorders*. Rockville, MD: Substance Abuse and Mental Health Services Administration. Can be downloaded or ordered at <http://ncadi.samhsa.gov/>

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**Cultural Diversity**

Diversity: Issues of diversity will be addressed throughout the course, in discussions, readings concerning special needs groups, assessment and diagnostic criteria, treatment considerations, and resource allocation within our publicly and privately funded systems. Particular emphasis will be placed on traditionally underserved and stigmatized individuals through the class presentations of the students.

**Americans with Disabilities Act**

Any student who because of a disability requires some special arrangements in order to meet course requirements should contact the instructor as soon as possible to make necessary accommodations.

**Academic integrity**

Students are expected to abide by all college rules concerning academic integrity. Any violations of these rules will be reported for appropriate disciplinary review.

## **Course Assignments:**

### **Participation, attendance and readings (125 points):**

It is expected that you will actively participate in every class. This class has an experiential structure. For all of us to get the most out of the class it is necessary that we practice the knowledge and skills we are learning. We will be participating in role-plays and discussions about treatment issues. Attendance and completing the readings is also an integral component of the class discussion. Therefore, it will be expected that you will attend every class along with being prepared to discuss the readings for that week. Missing more than one class will result in a lower grade.

### **Teach a DBT Skill (125 points)**

In small groups, you will be expected to select a DBT skill. Your group will teach this skill to the class in a 15-20 minute presentation. This will happen during March 9 or March 16. Use the Skills Manual and other resources as your guide. DBT is one of the most popular evidence based practices for treating addictions and dual diagnosis clients in treatment centers locally and nationally. DBT is particularly useful to effectively treating addictions because it teaches clients how to build frustration tolerance, impulse control and healthy relationships.

### **Clinical Vignettes (125 points)**

Each student will receive clinical vignettes. These vignettes will ask students to integrate their knowledge and skills with integrated dual diagnosis treatment and applying SOC, MI & DBT techniques. Students will demonstrate their understanding and ability to apply SOC, MI & DBT interventions by completing the clinical vignettes..

### **Final Exam (125 Points)**

The final exam will consist of 25-40 multiple-choice questions & one short essay questions based on the class lectures, readings, videos & class discussions.

### **Grading:**

|                          |            |
|--------------------------|------------|
| DBT Skills               | 125 points |
| Clinical Vignettes       | 125 points |
| Final Exam               | 125 points |
| Attendance/Participation | 125 points |

|                |   |            |           |
|----------------|---|------------|-----------|
| 500-461 points | = | Grade of A | Excellent |
| 460-400 points | = | Grade of B | Very Good |
| 399-0 points   | = | Grade F    | Fail      |

## Class Schedule

|                                                                                                                    |                |                                                         |
|--------------------------------------------------------------------------------------------------------------------|----------------|---------------------------------------------------------|
| <b>Class 1</b>                                                                                                     | <b>May 9</b>   | <b>ASAM PPC-II-R</b>                                    |
|                                                                                                                    |                |                                                         |
| <b>Class 2</b>                                                                                                     | <b>May 16</b>  | <b>Matrix</b>                                           |
| <u>Readings</u><br>1. Matrix Counselor Manual: Chapters 1-5<br>2. Addiction & Change: Chapter 1 & 2                |                |                                                         |
| <b>Class 3</b>                                                                                                     | <b>May 23</b>  | <b>Stages of Change &amp; Motivational Interviewing</b> |
| <u>Readings</u><br>1. Addiction & Change: Chapter 3 & 4                                                            |                |                                                         |
| <b>Class 4</b>                                                                                                     | <b>June 6</b>  | <b>Motivational Interviewing</b>                        |
| <u>Readings</u><br>1. Addiction & Change: Chapter 5                                                                |                |                                                         |
| <b>Class 5</b>                                                                                                     | <b>June 13</b> | <b>Motivational Interviewing</b>                        |
| <u>Readings</u><br>1. Addiction & Change: Chapter 6                                                                |                |                                                         |
| <b>Class 6</b>                                                                                                     | <b>June 20</b> | <b>DBT</b>                                              |
| <u>Readings</u><br>1. Addiction & Change: Chapter 7<br>2. Tip 42: Chapters 1-3                                     |                |                                                         |
| <b>Class 7</b>                                                                                                     | <b>June 27</b> | <b>DBT</b>                                              |
| <u>Readings:</u><br>1. Addiction & Change: Chapter 8<br>2. Tip 42: Chapters 4-6<br>❖ Clinical Vignettes Passed Out |                |                                                         |

|                                                                                                                   |                        |                                     |
|-------------------------------------------------------------------------------------------------------------------|------------------------|-------------------------------------|
| <b>Class 8</b>                                                                                                    | <b><u>July 11</u></b>  | <b>DBT</b>                          |
| <u>Readings</u><br>1. Addiction & Change: Chapter 9<br>2. Tip 42: Chapters 7-9<br>❖ Clinical Vignettes Passed Out |                        |                                     |
| <b>Class 9</b>                                                                                                    | <b><u>July 18</u></b>  | <b>HIV &amp; Infectious Disease</b> |
| <u>Readings</u><br>1. Addiction & Change: Chapter 10<br>❖ Teach DBT Skill                                         |                        |                                     |
| <b>Class 10</b>                                                                                                   | <b><u>July 25</u></b>  | <b>Ethics</b>                       |
| <u>Readings</u><br>1. Addiction & Change: Chapter 11 & 12<br>❖ Teach DBT Skill<br>❖ Clinical Vignettes Due        |                        |                                     |
| <b>Class 11</b>                                                                                                   | <b><u>August 1</u></b> | <b>Final</b>                        |
|                                                                                                                   |                        |                                     |