

PROGRAM PLANNING WORKSHEET
M.A. Professional Mental Health Counseling
60 semester hours total
Catalog Year 2023-2024

Track: Adult ☐ Child/Adolescent ☐ Undecided ☐

MHC 580 Practicum Clinical Hours Requirement: 40 direct hours
MHC 582/583 Internship Clinical Hours Requirement: 240 direct hours

Course	CR	Course Title	Corequisite	Prerequisite	Notes
MHC 503	2	Introduction to Professional Counseling	MHC 513		
MHC 535	3	Research Methods in Counseling *			
MHC 513	3	Theory & Philosophy of Counseling	MHC 503		
MHC 506	2	Life Span Development		MHC 503; MHC 513	
MHC 550	3	Diversity and Social Justice		MHC 503; MHC 513	
MHC 509	3	Practical Skills for Counselors		MHC 503; MHC 513	
MHC 522	3	Diagnosis of Mental and Emotional Disorders		MHC 503; MHC 506; MHC 550; MHC 509; MHC 513, CTSP 538 or MHC 535;	
MHC 534	3	Child and Family Counseling		MHC 503; MHC 506; MHC 509; MHC 513; MHC 535 or CTSP 538; MHC 550	
MHC 524	3	Counseling and Interventions with Adults	MHC 522	MHC 503; MHC 506; MHC 509; MHC 513, CTSP 538 or MHC 535; MHC 550	
MHC 532	2	Ethical & Legal Issues in Professional Counseling		MHC 503; MHC 534; MHC 506; MHC 509; MHC 513; MHC 522; MHC 550; CTSP 538 or MHC 535	
CTSP 514 <i>or</i> CTSP 515	3	Group Counseling w/ Children/Adolescents <i>or</i> Group Counseling w/ Adults		MHC 503; MHC 534; MHC 506; MHC 509; MHC 513; MHC 522; MHC 535 or CTSP 538; MHC 550	
MHC 523	2	Counseling and Interventions with Children and Adolescents	MHC 534	MHC 503; MHC 506; MHC 509; MHC 513; MHC 522; CTSP 538 or MHC 535; MHC 550	
MHC 541	2	Introduction to Assessment		MHC 503; MHC 534; MHC 506; MHC 509; MHC 513; CTSP 514 or CTSP 515; MHC 522; MHC 550; CTSP 538 or MHC 535	
MHC 536	2	Addiction Counseling	MHC 524; MHC 534	MHC 503; MHC 506; MHC 509; MHC 532; MHC 513; CTSP 514 or CTSP 515; CTSP 538 or MHC 535; MHC 522; CPSY 523; MHC 541; MHC 550	
MHC 549	1	Treatment Planning: Theory & Research to Practice		Taken with 1 st Sem MHC 580	
MHC 580	6	Practicum in Counseling		Advisor Consent	
MHC 548	2	Trauma / Crisis Counseling Across Lifespan		MHC 503; MHC 506; MHC 509; MHC 532; CTSP 514 or CTSP 515; MHC 535 or CTSP 538; MHC 522; MHC 523; MHC 524; MHC 550	
MHC 540	2	Career Counseling		MHC 503	
MHC 591	1	Career Development	MHC 582 or MHC 583	MHC 580	
MHC 582 <i>or</i> MHC 583	6	Mental Health Internship: Adult <i>or</i> Mental Health Internship: Child/Family		MHC 580; Advisor Consent	
CORE 500	0	Core Convocation			
Elective **	6				
Elective					
Elective					
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Elective					

*An alternative way to meet the research requirement is to take MHC 538 Advanced Research Methods

**Note: Two credits of electives must be taken in one of the program focus options

Student Signature _____ Date _____

Adviser Signature _____ Date _____