Lewis & Clark Graduate School of Education and Counseling



"We are a community that commits itself to diversity and sustainability as dimensions of a just society"

- Mission Statement, Lewis & Clark College

MCFT 582 - 01 Internship in Marriage, Couple, and Family Therapy FALL 2021

Time & Day: 9:00 am - 3:00 pm Mondays (Plus 2 additional hours per week for video review

and paperwork)

Location: L&C Community Counseling Center

4445 SW Barbur Blvd., Portland, OR 97239

Instructor: Carly Rubin, MA, LMFT

crubin@lclark.edu

carly@heartspacetherapypdx.com

Office Hours: Via Zoom by appointment

CATALOG DESCRIPTION

Supervised practicum bridging theoretical and practical topics; students apply their emerging skills and understanding of family therapy models to their work with individuals, couples, families, and groups; overview of basic family therapy concepts and skills, including skill development through role-playing and simulated family therapy experiences.

Credits: 4 semester hours.

MCFT STUDENT LEARNING OUTCOMES

- SLO 1.3 Students apply systems/relational theories to clinical case conceptualization.
- SLO 2.1 Students self-reflect on the implications of own and others' social location in clinical practice.
- SLO 2.2 Students' practice demonstrates attention to social justice and cultural democracy.
- SLO 3.2 Students draw on the research literature relevant to family therapy in case planning
- SLO 4.1 Students apply ethical decision-making process to clinical dilemmas.
- SLO 4.2 Students provide competent service according to the AAMFT code of ethics and core competencies.
- SLO 4.3 Students demonstrate integration of family therapy theory, equity, and social location issues in clinical practice.

REQUIRED TEXTS

Internal Family Systems Therapy Second Edition - Richard C. Schwartz & Martha Sweezy

Additional articles will be provided in class

RECOMMENDED TEXTS

Gehart, D. (2016). Theory and treatment planning in family therapy: A competency-based approach. Boston, MA: Cengage Learning.

Bandenoch, B. (2008). Being a Brain-Wise Therapist: A Practical Guide to Interpersonal Neurobiology. Ny, NY: W.W. Norton Series on Interpersonal Neurobiology.

COURSE DESCRIPTION

This course includes:

- Eight hours weekly at the LC clinic—includes two hours in addition to scheduled class time for reviewing your videos, completing treatment plans & case notes, etc. Students will participate in case observation when not in session themselves and as directed by the instructor. On occasion, students may need to attend to emergency client concerns outside of their internship day.
- 2-3 days at an externship site—includes supervision, client contact, and engagement in all responsibilities expected at your placement

This internship provides experience in applying family therapy theory to clinical practice in our departmental clinical training facility, the L&C Community Counseling Center, while concurrently beginning an externship in a community agency. Through live supervision and team consultation, students will have the opportunity to apply a variety of systemic ideas and practices reflective in social justice based Marriage and Family Therapy approaches. Throughout your clinical practice, you will participate in group and individual supervision. You may be asked to meet with your supervisor alone or with one other MFT trainee in the program. Individual supervision is defined as no more than two supervisees meeting with a supervisor face to face. Depending on your location, you will also meet as a group with up to 10 other MFT students who are working at various sites. This group supervision will be led by an AAMFT Approved Supervisor candidate.

The COAMFTE requirements for raw supervision have been temporarily suspended, due to accommodations for programs in the context of COVID. However, typically, the standard would be that the majority of supervision (at least 50%) must be based on raw data (i.e., live observation/video-tapes of sessions with clients or co-therapy with your supervisor). Supervision must be maintained during academic breaks when you are not actually enrolled in the course but are seeing clients through your affiliation with Lewis and Clark College. This syllabus serves as a contract between you, the program, and your individual faculty supervisor. Standard COAMFTE requirements expect you to complete 500 hours of direct client contact (200 relational) and 100 hours of supervision as detailed in the MCFT Clinical Training

Handbook, by the end of your program.

However, due to the Covid-19 Pandemic and the resulting public health crisis, contingency plans have been made by COAMFTE and the Lewis & Clark MCFT program. You are required to complete a minimum of 300 direct client contact hours, of which 100 must be direct relational hours. Though this is a decreased minimum, we HIGHLY recommend that you seek to accrue as close to the full 500 hours as possible. Anything above 300 direct client contact hours may be a combination of alternative hours (capped at 100) and direct client contact hours. Please refer to the "MCFT Contingency Plan Covid-19 Impact - Students Graduating Summer 2021" document on our website for full details of the MCFT program's accommodations

COURSE OBJECTIVES

As a result of this course students will:

- 1. Apply their developing skills and understanding of systemic clinical processes to treatment planning and practice of marriage, couple, and family therapy.
- 2. Engage in self-reflection and supervision practices that facilitate development of clinical skills
- 3. Integrate family therapy theory, equity, and social location issues in clinical practice.
- 4. Demonstrate ethical clinical judgment in consultation with supervisor and practicum group.

Throughout your clinical experience and supervision, you will be working on numerous areas of your clinical work. Areas that will be included in your evaluation at the end of the semester are outlined at the end of this document. Please review them.

COURSE OBJECTIVES, STUDENT LEARNING OUTCOMES, AND EVALUATION ACTIVITIES

Course Objective	MCFT Student Learning Outcomes	AAMFT Core Competencies & AMFTRB task statements	Evaluated by
1. Apply their developing skills and understanding of systemic clinical processes to treatment planning and practice of marriage, couple, and family therapy.	SLO 1.3 SLO 3.2 SLO 4.1 SLO 4.2 SLO 4.3	CC 1.1.1; CC 1.1.2; CC 1.3.1; CC 2.1.1; CC 2.1.2; CC 2.1.4; CC 2.1.7; CC 2.2.3; CC 2.3.1; CC 2.3.6; CC 2.3.7; CC 2.4.2; CC 3.1.1; CC 3.2.1; CC 3.3.1; CC 3.4.5; CC 4.1.1; CC 4.1.2; CC 4.3.8; CC 4.4.1; CC 4.5.1; CC 4.5.3; CC 5.1.1; CC 5.1.2; CC 5.1.4; CC 5.2.1; CC 5.2.2; CC 5.3.8; CC 5.4.1; CC 5.4.2; CC 5.5.2; CC 6.1.1; CC 6.3.1; CC 6.3.2; CC 6.4.1 TS 01.01; TS 01.02; TS 01.04; TS 01.05; TS 01.06; TS 02.02; TS 02.21; TS 02.30; TS 03.04; TS 04.01	Reflective Case Analysis Case Documentation Externship Evaluations
2. Engage in self-reflection and supervision practices that facilitate development of clinical skills.	SLO 2.1 SLO 2.2	CC 1.1.3; CC 1.2.1; CC 1.2.2; CC 1.3.1; CC 2.1.4; CC 2.1.6; CC 2.3.1; CC 2.3.7; CC 2.3.8; CC 3.4.5; CC 4.1.1; CC 4.1.2; CC 4.3.2; CC 4.3.8; CC 4.4.1; CC 4.4.1 CC 4.4.6; CC 4.5.1; CC 4.5.3; CC 5.1.4; CC 5.2.2; CC 5.5.2 TS 01.04; TS 01.05; TS 02.06; TS 02.08; TS 02.18; TS 03.11; TS 03.23; TS 05.09; TS 06.04	Participation Reflective Case Analysis

			
3. Integrate family therapy theory, equity, and social location issues in clinical practice.	SLO 2.2 SLO 4.1 SLO 4.2 SLO 4.3	CC 1.1.1; CC 1.1.2; CC 1.1.3; CC 1.2.1; CC 1.3.1; CC 2.1.1; CC 2.1.4; CC 2.1.6; CC 2.2.3; CC 2.3.1; CC 2.3.6; CC 2.3.7; CC 2.3.8; CC 3.1.1; CC 3.2.1; CC 3.3.1; CC 3.4.5; CC 4.1.1; CC 4.1.2; CC 4.3.2; CC 4.3.8; CC 4.4.1; CC 4.4.6; CC 4.5.1; CC 4.5.3; CC 5.1.1; CC 5.1.2; CC 5.1.4; CC 5.2.1; CC 5.2.2; CC 5.4.1; CC 5.4.2; CC 5.5.2; CC 6.1.1; CC 6.3.2; CC 6.4.1 TS 01.01; TS 01.02; TS 01.04; TS 01.05; TS 01.06; TS 02.01; TS 02.02; TS 02.06; TS 02.08; TS 02.18; TS 02.20; TS 02.30; TS 03.04; TS 03.11; TS 03.23; TS 05.09	Reflective Case Analysis Case Documentation
4. Demonstrate ethical clinical judgment in consultation with supervisor and practicum group.	SLO 2.2 SLO 3.2 SLO 4.1	CC 1.1.3; CC 1.2.1; CC 1.3.1; CC 2.1.2; CC 2.1.4; CC 2.1.6; CC 2.1.7; CC 2.3.1; CC 2.3.7; CC 2.3.8; CC 3.1.1; CC 4.1.1; CC 4.1.2; CC 4.3.2; CC 4.3.8; CC 4.4.1; CC 4.4.6; CC 4.5.3; CC 5.1.1; CC 5.1.2; CC 5.1.4; CC 5.2.1; CC 5.2.2; CC 5.3.8; CC 5.4.2; CC 5.5.2; CC 6.1.1; CC 6.3.1; CC 6.3.2 TS 01.04; TS 01.05; TS 02.06; TS 02.08; TS 02.18; TS 02.20; TS 03.11; TS 03.23; TS 04.01; TS 05.09	Participation

PRACTICUM IN THE CONTEXT OF COVID-19

We find ourselves attempting to come together in an academic and professional capacity for the purpose of learning and developing as a therapist-in-training in an unprecedented time. We are in the midst of a global public health crisis and sociopolitical unrest, and have had both direct and indirect impacts on individuals, families, and communities. Each of us are experiencing

individual differences in the various resources and privileges available to us in our unique intersecting identities.

It is crucial that we do our best to approach our learning with grace and understanding for ourselves and of each other in the difficult circumstances we find ourselves in. It is also important that we do not disengage and give up in this challenging context. We must pay attention to how we navigate this unprecedented challenge of our times: pay attention to how you attempt to cope (or don't), how you attempt to connect (or don't), and your own processes of change and facing uncertainty. As we continue to learn and grow in our academic and professional capacities, we must be open to working diligently to improve the efficacy of your self-care and nourishment to be available for one another during this difficult time.

The Lewis & Clark Community Counseling Center (LC3C) will remain online as a baseline mode of operations with flexible plans for reintegration of in-person services as circumstances allow. As such, the MCFT practicum will continue online components to achieve the best possible training experience while adhering to the public health safety precautions. Successful training through this platform has several requirements. As such, you will need to consider the following requirements:

- A computer PC or Macintosh- with video capabilities and a stable Internet connection. Higher speed Internet connections (cable modem, DSL with speed of at least 10 mbps) are strongly recommended.
- The most current version of Zoom downloaded as an application on your computer
 - Download Zoom https://zoom.us/download
 - Sign in information and guidelines are provided on the LC3C Moodle page
 - For help and troubleshooting with Zoom, visit the Zoom Help Center: https://support.zoom.us/hc/en-us
- Follow LC3C instructions and protocol for using Zoom treatment rooms, treatment room emails, and google drive for storing client files
- Ironkey (encrypted USB) and headphones with microphones highly recommended
- Computer skills email, surf the Internet, create basic word processor files, use track changes feature in Word, upload and download documents.
 - Microsoft Office 2010 or higher (Must include Word and PowerPoint).
 - Familiarity with Google Suite and Drive features for documentation and record keeping
- Access to quiet, confidential space for the duration of the practicum hours to conduct therapy sessions and participate in supervision
- A reliable Lewis & Clark email address (lclark.edu) that will not change from the beginning until the end of the semester.
- A "technology back-up" plan. Students should plan out an alternative location in the event their computer or Internet connection is not working.

Students are also required to:

- Make use of the online course materials available via Moodle(https://moodle.lclark.edu/).
 You need to log into Moodle and give the system 24 hours for the courses to appear on your dashboard. Access to these materials is available once you have registered for the course.
- Check your Lewis & Clark email (lclark.edu) on a daily basis for communication from the instructor and LC3C, and respond in a timely manner

CPSY DEPARTMENTAL ATTENDANCE POLICY

Class attendance is expected and required. Any missed class time will be made up by completing extra assignments designed by the instructor. Missing more than ten percent of class time may result in failure to complete the class. This would be 4.5 hours of a 45 hour class (3 credits), 3.0 hours for a 30 hour class (2 credits) or 1.5 hours for a 15 hour class (1 credit.) In case of extreme hardship and also at the discretion of the instructor, a grade of incomplete may be given for an assignment or the entire course. In such cases, the work to be submitted in order to remove the incomplete must be documented appropriately and stated deadlines met. Students are expected to be on time to class and tardiness maybe seen as an absence that requires make-up work.

DISABILITY SERVICES STATEMENT

If you have a disability that may impact your academic performance, you may request accommodations by submitting documentation to the Student Support Services Office in the Albany Quadrangle (503-768-7192). After you have submitted documentation and filled out paperwork there for the current semester requesting accommodations, staff in that office will notify me of the accommodations for which you are eligible.

NON-DISCRIMINATION POLICY

Lewis & Clark College adheres to a nondiscriminatory policy with respect to employment, enrollment, and program. The College does not discriminate on the basis of race, color, creed, religion, sex, national origin, age, handicap or disability, sexual orientation, or marital status and has a firm commitment to promote the letter and spirit of all equal opportunity and civil rights laws.

DISCLOSURE OF PERSONAL INFORMATION

The Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) requires the program to have "established policies for informing applicants and students regarding disclosure of their personal information" (COAMFTE Standard 140.02, 2003). Each student should decide for him/herself what information to disclose. Students are advised to be prudent when making self-disclosures. The program cannot guarantee confidentiality of student disclosures given the group environment, although personal comments should be considered private and confidential – and remain only in the classroom – unless an exception to confidentiality applies.

EVALUATION AND GRADING

Grade is Credit (CR)/No Credit (NC). Grades are based on your internship supervisor's comprehensive review of your end-of-term supervisee evaluations from all supervisors at all sites, satisfactory completion of course assignments, and demonstration of expected professional standards. To pass, students must upload copies of their supervisee evaluations and goals sheets to Taskstream, and complete supervisor evaluations through links provided via email. A grade of No Credit (NC) means that the student may not move forward into the next term of internship and administrative withdrawal from the program. A copy of the supervisee evaluation with a list of the clinical competencies evaluated is included at the end of this syllabus.

COURSE REQUIREMENTS

1. Attendance, participation, disposition, and dress code

- Timely attendance and active participation in all activities is expected.
- Participate in supporting the professional development of all class members.
- Keep your supervisor informed regarding the status of all of your cases.
- Contact your supervisor immediately should you encounter a clinical emergency or suspect the need to report abuse or neglect.
- Dress code: business casual. How you dress always conveys a social message, even if none is intended. Avoid short skirts and low cut chest exposing shirts.
- Learn how to use the recording equipment and computer related technology.
- Clean up after yourself and keeping the clinic space neat and clean.

2) Ethics

Practice according to the American Association for Marriage and Family Therapy (AAMFT) code of ethics and the Oregon State Laws. Inform your individual supervisor, CPSY 582 instructor/group supervisor, and/or the program clinical coordinator of any potential ethical or legal infractions you may be involved in or know about.

3) Supervision

- Let your supervisor know about any situations that might limit your ability to perform your clinical role. Inform your L&C supervisor and the clinical coordinator of any problems you experience in your off-site placement
- Let your supervisor know when supervision is and isn't "working" for you so that you can maintain a positive working relationship.
- Be involved and offer input about all cases presented during supervision, even if you are not directly seeing the clients.

- Maintain contact and respond in a timely manner to clients and other professionals.
- Complete any additional requirements agreed on by you and your supervisor(s).

4) Professionalism

- Adhere to all policies, procedures, and expectations at each clinical site.
- Maintain complete and timely case notes.
- Maintain professional image and relationships.

5) Documentation—REQUIRED IN ORDER TO RECEIVE CREDIT FOR THE SEMESTER (Refer to the MCFT Clinical Paperwork Timeline Document on the MCFT webpage

- DOCUMENTING HOURS. Document your clinical contact and supervisor hours on the "Monthly Verification Logs" and have your supervisors sign them each month. Keep these for your records, but do not submit these to Ayshia in the CPSY office. Transfer cumulative totals from the "Monthly Verification Logs" to the "Semester Summary Log", and submit this to Ayshia. Keep a copy of this log for your record, too.
- SUPERVISEE EVALUATION and GOALS FORM. Approximately one month before the end of the term (mid November), arrange for each of your supervisors to complete an electronic supervisee evaluation *and* print you a copy. (They will be sent a link from the program). Then meet with each of your supervisors to review it and complete the signature and goals form. Also complete an evaluation for each of your supervisors on Taskstream.
- SUPERVISOR EVALUATIONS. You are required to complete evaluations on your supervisory relationships with your internship and externship supervisors before the end of the semester. The link to this evaluation will be sent out by the Lewis & Clark Placement and Research/Assessment Office.

SUBMIT BEFORE December 18th,

- A copy of your "Semester Summary Log" for hours completed from September -December to Ayshia amoua@lclark.edu in the CPYS office.
 - Please note, August hours may be reported with fall semester hours.
- On Taskstream, upload a copy of each of your supervisee evaluations and accompanying signed Signature and Goal forms.
- Complete a MCFT 582 course evaluation through link sent from L&C Research and Assessment office

Each of the above MUST be completed before your instructor can give you your grade for the semester.

COURSE ASSIGNMENTS

The following assignments are also required to receive course credit. Unprofessional behavior and/or failure to demonstrate appropriate clinical progress could also result in **No Credit** for the course.

- **1. Participation** Our practicum works as a clinical team. It is important to arrive promptly for all class meetings and fully engage in all class and clinical activities. You are required to dedicate 8 hours to internship each week. Therefore, in addition to the 6 hours you will meet as a group with your supervisor, you are required to dedicate an additional 2 hours to independently review videos of your own therapy once we have the capability for this via zoom or are back at the clinic, independently study therapy modalities, and complete clinical case paperwork.
- **2. Readings.** Read the assigned/agreed upon readings prior to class. As you read them, reflect upon their application to your cases or other cases you've observed. Engage in shared discussion of the clinical questions, ideas, or applications raised from the readings.

3. Clinical skills development.

- A. Review video of your clinical work on a weekly basis.
- B. At least twice, present a segment of a therapy session that raises specific issues in your clinical skills development to share with the internship group. These should be related to the theory/focus for the day. The presentation should include
 - --a brief overview of the issue and why it is important to your development (5 minutes)
 - --a brief video segment (5 minutes)
 - --a specific question for the group to address.
 - -- the remainder of the time will be group discussion (about 30 minutes)
- C. Participate in discussion of own and group member's identified issues.

4. Final Presentation

Each student will conclude the 12 month internship at the L&C clinic with a final presentation designed to showcase their approach to systems/relational therapy. Rather than presenting issues for which you seek help, this is your opportunity to demonstrate to the group what you have learned and to claim your evolving professional identity. The components are described on the next page.

- A. Over the course of the semester, identify aspects or moments of your clinical work that you believe best reflect what you seek as a family therapist.
- B. Consider which theory you use as an organizing foundation for your work and how you may integrate concepts or skills from other approaches. Claim a theoretical position.
- C. Prepare a 30 minute presentation that includes:
 - 1. What you see as the most significant aspects of your clinical development over time
 - 2. A brief overview of the theoretical approach with which you identify

- 3. At least three video segments that highlight your approach (how you work)
- 4. Following this formal presentation, the group will offer reflections.

COURSE SCHEDULE

12:00-2:00 Independent review of your own therapy videos once we have the capability for this via zoom or are back at the clinic, independent study of therapy modalities, and clinical case paperwork.

2:00-2:15 Check in with supervisor and team, assign new cases, and review client schedule for the day

2:15-2:45 Discuss application of readings

2:45-3:45 Video presentations

3:45-4:00 Break

4:00-8:00 Live supervision

Weekly readings are to be completed for the day indicated. Students are expected to be prepared to discuss the ideas and concepts discussed in the readings and are responsible for all of the assigned readings, whether or not they are discussed in class.

• Meet with your externship	
supervisor to review supervisee evaluation and goals sheet.	
• Meet with your internship supervisor to review your supervisee evaluation and goals sheet from your externship site, supervisee evaluation and goals sheet from your internship site, and "Semester Summary Log".	
 SEND "SEMESTER SUMMARY LOG" TO AYSHIA UPLOAD SUPERVISEE EVALUATIONS AND GOALS SHEETS TO TASKSTREAM COMPLETE SUPERVISOR EVALUATIONS (A link will be emailed to students. This is no longer done in Taskstream) 	
	 Meet with your internship supervisor to review your supervisee evaluation and goals sheet from your externship site, supervisee evaluation and goals sheet from your internship site, and "Semester Summary Log". SEND "SEMESTER SUMMARY LOG" TO AYSHIA UPLOAD SUPERVISEE EVALUATIONS AND GOALS SHEETS TO TASKSTREAM COMPLETE SUPERVISOR EVALUATIONS (A link will be emailed to students. This is no

EXPECTED CLINICAL SKILLS

By the end of the term, you will be expected to demonstrate the skills listed as internship 3.

1. *Therapeutic Alliance* (convey respect to all clients; join and maintain relationship with all members of system; uses self of the therapist to promote working alliance, and attends to the impact of power on the therapeutic system) SLO 2.1, 4.2 & 4.3

Internship 1.	Internship 2.	Internship 3. Recognizes	Internship 4.
Seeks to	Joins and maintains	societal influences on	Skillfully manages
understand and	connection with all members	therapeutic alliance and	relationship with family
empathize with	in the relationship system,	seeks to engage silenced or	members to counteract
each person's	including those who may not	overlooked voices and	societal power imbalances
perspective.	be present.	perspectives.	and facilitate their
			engagement with each other.

2. Structuring and managing therapy (explain practice setting rules, fees, rights, and responsibilities; determine who should attend therapy and in what configuration; establish and reviews goals; evaluate clients' outcomes for the need to continue, refer, or terminate therapy) SLO 4.2

Internship 1.	Internship 2.	Internship 3. Interventions	Internship 4.
Follows basic clinical	Attends to impact of	regularly reflect a plan to	Consistently manages
and procedures,	larger relational systems	attain goals; Works with	progression of therapy
documents	and considers who best	clients to establish and	toward attainment of
appropriately, and	to involve; Organizes flow	review systemic goals and	systemic treatment goals.
obtains measurable	of the session; goals are	outcomes; Engages	
goals in collaboration	related to interventions.	relevant systems &	
with client.		relationships.	

3. *Perceptual competency* (identify patterns of interaction; distinguish process from content; identify self as part of the system; develop hypotheses regarding relationship patterns & their bearing on the presenting problem; understand issues related to social justice, cultural democracy, and power) SLO 1.1, 1.2, & 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Is developing a	Able to distinguish	Regularly recognizes and	Consistently recognizes the
systemic lens to	process from content in	focuses on patterns of	interconnections among
expand presenting	session; Recognizes issues	interaction and considers	biological, psychological, and
issues and content to	related to social justice	how these relate to larger	social systems, including the
hypotheses regarding	and cultural democracy.	societal processes.	impact of power on the
interaction patterns	Reflects on own role in	Observes impact of self in	presenting issues and own
and relational and	the therapeutic process.	the therapeutic process.	role in the therapeutic
socio-contextual			system.
processes.			

4. *Intervention skills* (link interventions to theory; intervene intentionally and consistently throughout the therapeutic relationship; follow up on interventions; formulate and alter treatment plan as needed; match treatment modalities and techniques to clients' needs, goals, and values; Deliver interventions in a way that is sensitive to special needs of clients (e.g., gender, age, socioeconomic status, culture/race/ethnicity, sexual orientation, disability, personal history, larger systems issues of the client). SLO 2.2, 4.2, & 4.3

Internship 1.	Internship 2.	Internship 3.	Internship 4. Uses a variety
Applies techniques	Uses a variety of clinical	Expanded intervention skill	of skills to achieve specific
from at least one	skills, and is beginning to	set; Emerging ability to link	systemic goals; consistently
systemic therapy	connect them to a clear	skills to overall systemic	attuned to client's unique
approach.	overall focus or systemic	approach; recognizes	social location
	rationale.	larger context issues and	
		applies appropriate	
		interventions.	

5. Contextual awareness, knowledge and skill (demonstrate of integration of family therapy theory, equity, and social location issues in clinical practice; recognize impact of interventions on wider system; apply systems/relational theories to clinical case conceptualization; recognize how different techniques may impact the treatment process and larger systems issues of justice and power. SLO 2.1, 2.2, & 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Identifies own	Recognizes issues of	Sessions expand contextual	Clinical practice regularly
cultural biases and	justice and power in	awareness & counteract	demonstrates integration of
assesses relevant	session and attempts to	societal inequities;	family therapy theory, equity,
larger systems issues.	respond to these in	increased ability to	and social location issues.
	systemic treatment	integrate attention to	
	planning.	larger systems issues with	
		family therapy models.	

6. Assessment and diagnosis (Consider physical/organic, social, psychological, and spiritual problems that can cause or exacerbate emotional/interpersonal symptoms; diagnose and assess client behavioral and relational health problems systemically and contextually; identify clients' strengths, resilience, and resources; evaluate level of risks; manage risks, crises, and

emergencies; complete effective assessments and appropriately use the DSM V) SLO 1.3. 4.2, 4.3

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Completes case	Draws on observation and	Regularly Integrates	Demonstrates integrated
assessments for each	formal assessments to	multiple levels of analysis	case conceptualization across
case that take into	formulate systemic	and theories in	multiple levels of analysis
account multiple	hypotheses that connect	conceptualizing and	that guides in-session clinical
systemic levels; able	to goals, diagnoses, and	managing a case	decisions and case
to assess level of risk	intervention, including	(biological, sociological,	management
and seek help as	management of risks and	interpersonal, spiritual,	
needed. Routinely	crises and relevant DSM	etc.), including areas of	
identifies areas of	diagnoses.	resilience and relevant	
resilience.		DSM diagnoses.	

5. **Multiple Systems** (understand and work along-side other recovery-oriented behavioral health services; develop and maintain collaborative working relationships with referral resources, other practitioners involved in the clients' care, and payers. Work collaboratively with other stakeholders, including family members, other significant persons, and professionals not present; respect multiple perspectives) SLO 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4. Works
Aware of scope of	Practices within scope of	Recognizes own clinical	collaboratively with other all
practice of MFTs and	MFT, makes appropriate	contributions within an	other stakeholders as they
identifies other persons and professionals significant to the	referrals, and attends to other stakeholders, whether or not present.	interdisciplinary system of care; engages family members and other significant persons.	intersect in client care.
case.			

8. **Research** (using knowledge of current MFT and other research and ability to critique qualitative and quantitative research to inform clinical practice; discern the implications of the sociopolitical context within which research is produced and applied; draw on the research literature relevant to family therapy in case planning, and seeks opportunities to participate in research and evaluate own practice. SLO 3.2 & 4.2

Internship 1. Shows interest in determining relevance of research to own practice.	Internship 2. Seeks opportunities to read and/or participate in research and begins to apply to own practice.	Internship 3. Critically evaluates research related to the family therapy and integrates into case	Internship 4. Critically uses research to improve and evaluate own practice.
to own practice.	apply to own practice.	integrates into case planning.	produce

9. Self of the Therapist (monitor attitudes, personal well-being, personal issues, and personal problems to insure they do not impact the therapy process adversely or create vulnerability for misconduct; monitor personal reactions to clients and treatment process; self-reflection on the implications of own and other's social location in clinical practice). SLO 2.1 & 4.2

Open to feedback from other students, clients, and supervisors and uses it positively. Is aware of implications of own and other's social location during therapy sessions Is aware of implications of own and other's social location during therapy sessions Draws on consciousness of social context and self-awareness to flexibly respond to complex clinical issues.	Internship 1.	Internship 2.	Internship 3.	Internship 4.
	from other students, clients, and supervisors and uses	values, ideas, and social position influence therapy and seeks consultation to increase	own and other's social location during therapy	social context and self- awareness to flexibly respond

10. Social Justice Advocacy (demonstrate awareness and sensitivity to issues of power and privilege as they relate to therapist and client intersecting identities and social roles; maintain humility; use privilege to promote social equity; dedication to social justice and global citizenship) SLO 2.2, 4.2., & 4.3

Internship 1. Articulates and applies systemic social justice principles in case planning and supervision.	Internship 2. Demonstrates cultural humility and emphasizes client strengths and choice in case conceptualization, treatment planning, and obtaining needed services.	Internship 3. Explores own use of power and privilege as they relate to therapist roles and development, intersect with client identities and roles, and foster global citizenship.	Internship 4. Uses privilege collaboratively with client(s), agencies, family members, and other systems to empower and promote social equity and client interests.
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11. Legal/Ethical Practice (know and follow the AAMFT Code of Ethics, standards of practice, and State Laws and regulations for the practice of marriage/couple and family therapy; understand the legal requirements and limitations, as well as case management issues, for working with vulnerable populations; provide competent service according to the AAMFT code of ethics and core competencies; understand and use appropriate processes for making ethical decisions; seek guidance from supervisors). SLO 4.1 & 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Knows legal, ethical,	Can apply ethical, legal,	Expands ethical awareness	Has developed a process for
and professional	and professional	and professional	addressing ethical issues in
standards of practice	standards of practice	responsibility to include	case conceptualization/
that apply to MFT.	appropriately in	gender, culture, SES, power,	management and
	therapy.	and privilege.	professional responsibility.

12. **Professionalism** (recognize when clinical supervision or consultation is necessary; consult with supervisors if personal issues, attitudes, or beliefs threaten to adversely impact clinical work; utilize supervision effectively; integrate supervisor/team communications into treatment; set appropriate boundaries, manage issues of triangulation, utilize time management skills, and develop collaborative working relationships; maintain complete, relevant case notes in a timely manner; complete all required paperwork, letters, contacts, etc. in a professional and timely manner; contact referral sources/other professionals involved in a timely manner and sharing relevant information; maintaining a professional image, professional boundaries, and positive relationships with colleagues). SLO 4.2

Internship 1.	Internship 2.	Internship 3.	Internship 4.
Engages in	Demonstrates initiative in	Appropriately utilizes	Effectively engages with
professional manner	carrying out professional	consultation and	other stakeholders, family
within clinical setting;	responsibilities associated	communication with	members, professionals,
seeks and utilizes	with role as therapist;	supervisor, treatment team,	or significant persons in
supervision.	identifies specific	and other stakeholders into	the treatment process
	supervision needs; and	the treatment process;	and in the workplace.
	maintains positive	supports the professional	
	workplace relationships.	development of colleagues.	