

#### LEWIS & CLARK GRADUATE SCHOOL OF EDUCATION AND COUNSELING

# AT 530: CLINICAL ASSESSMENT BY GRAPHIC MEANS (3 credits) FALL 2020

When: Section 2: Wednesday, 9 am to 12:15 pm, September 9 - December 16

Section 1: Wednesday, 1 pm to 4:15 pm, September 9 – December 16

Where: Section 2: Hybrid, Rogers Hall RM 218 & Virtual

Section 1: Hybrid, Rogers Hall RM 220 & Virtual

Instructor:

Kris Bella, ATR-BC, ATCS

Office: Rogers Hall 209 Zoom Office Hours: email instructor

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#### **CATALOG DESCRIPTION**

Examination and analysis of the expressive and content components of graphic imagery in relation to clients' domains of functioning and how it contributes to a deeper understanding of the clients' clinical needs when formulating a clinical assessment and treatment plan.

#### **COURSE DESCRIPTION**

Examination and analysis of art processes and products in relation to the individual's level of functioning, personality, and mental health. Evaluation of form and content of pictorial and sculptural work as they apply to the assessment process. Skills are developed in integrating evidence of developmental level, cognitive/perceptual capacities, psychodynamic processes and environmental stimuli in art work and behavior.

#### **CAAHEP STUDENT LEARNING OUTCOMES**

SLO-B - Distinguishing among the therapeutic benefits of a variety of art processes and media, strategies and interventions, and their applicability to the treatment process for individuals, groups, and families.

- SLO-C Recognize that Art Therapy, from a multicultural perspective, takes into consideration the specific values, beliefs, and actions influenced by a client's race, ethnicity, nationality, gender, religion, socioeconomic status, political views, sexual orientation, geographic region, physical capacity or disability, and historical or current experiences within the dominant culture.
- SLO-D Select culturally and developmentally appropriate assessment and evaluation methods and administer and interpret results to identify challenges, strengths, resilience, and resources for Art Therapy treatment planning.
- SLO-H Recognize clients' use of imagery, creativity, symbolism, and metaphor as a valuable means for communicating challenges and strengths and support clients' use of art-making for promoting growth and well-being.
- SLO-J Apply principles of human development, artistic and creative development, human sexuality, gender identity development, family life cycle, and psychopathology, to the assessment and treatment of clients.

#### **CAAHEP CONTENT AREAS**

Content Area	Competency Objectives	Mastery Level	Course Assessment
a.S.1, b.S.2 f.S.2, f.S.4, f.S.6; f.A.1, i.S.3, j.S.2, i.K.1, l.K.1, l.A.1	Introductory Art Therapy Assessment and Treatment Planning: Understand history; evidence based and clinically grounded; demonstrate how theory informs the process, have the ability to perform art therapy assessment and treatment planning; execute methods to interpret data; how to complete professional documentation required in clinical mental health settings; value cultural and developmental appropriate tools; display ethical, cultural and legal considerations; develop case conceptualization skills; understanding of graphic indicators.	Introduce	Class Participation; Site Presentation; Assessment Assignment Part I, II, III, IV, & V; Treatment Planning Part I & II
c.S.3, f.K.1 h.S.1, i.S.4. j.S.4	Continued Demonstration of Art Therapy and Treatment Planning: understanding of therapeutic utility and psychological properties of a wide range of art processes and materials in the selection of processes and materials for delivery of art therapy services; definitions and purpose; developmental stages of artwork for all age groups; formulate treatment planning/goal setting; demonstrate use of behavioral observations as indicators of mental disorders.	Reinforce	Class Participation; Site Presentation; Assessment Assignment Part I, II, III, IV & V; Treatment Planning Part I & II

#### COURSE OBJECTIVES

Upon completing this course, students will be able

- 1. to have a comprehensive understanding of graphic development
- 2. to assess functioning and developmental needs of clients
- 3. to demonstrate how graphic development informs treatment planning
- 4. to demonstrate the ability to write a comprehensive art therapy assessment and treatment plan

#### CPSY DEPARTMENTAL ATTENDANCE POLICY

Class attendance is expected and required. Any missed class time will be made up by completing extra assignments designed by the instructor. Missing more than ten percent of class time may result in failure to complete the class. This would be 4.5 hours of a 45 hour class (3 credits), 3.0 hours for a 30 hour class (2 credits) or 1.5 hours for a 15 hour class (1 credit.) In case of extreme hardship and also at the discretion of the instructor, a grade of incomplete may be given for an assignment or the entire course. In such cases, the work to be submitted in order to remove the incomplete must be documented appropriately and stated deadlines are met. Students are expected to be on time to class and tardiness may be seen as an absence that requires make-up work.

#### LEWIS & CLARK GRADUATE SCHOOL ESSENTIAL POLICIES

This course adheres to the general policies outlined in the catalog and student handbook of the Lewis & Clark Graduate School of Education and Counseling. This includes full adherence to the following policies:

- Nondiscrimination: go.lclark.edu/gsec-nondiscrimination
- Standards for professional student conduct and academic integrity: go.lclark.edu/gsec-conduct
- **Sexual misconduct**: go.lclark.edu/titleIX

#### TEACHING METHODS

A variety of teaching methods will be used during this course in order to achieve the above objectives. Among those methods will be assigned readings, class discussions, experiential activities, and lectures. Students will watch video clips, engage in group learning tasks, and participate in role-play demonstrations.

#### **REQUIRED TEXTS & READINGS:**

Weekly readings are to be completed for the day indicated. Students are expected to be prepared to discuss the ideas and concepts discussed in the readings. Students are responsible for all of the assigned readings, whether or not they are discussed in class. Please note that there are more readings assigned for some topics than for others.

### Required Texts

Handler, L., & Thomas, A.D. (2014). *Drawings in assessment and psychotherapy: Research and application*. New York, NY, US: Routledge/Taylor & Francis Group.

Zuckerman, E. (2019). Clinician's Thesaurus (8th Ed). New York: Guilford Press.

#### Reference Text

American Psychiatric Association. (2013). Diagnostic and statistical manual of mental disorders (5th Ed.). Arlington, VA: American Psychiatric Publishing.

Hinz, L. D. (2019). Expressive therapies continuum: A framework for using art in therapy (2<sup>nd</sup> Ed). New York, NY: Routledge, Taylor & Francis Group.

#### Required Articles and Book Chapters

Betts, D. (2013). A review of the principles for culturally appropriate art therapy assessment tools. *Art Therapy*, 30(3), 98-106.

Gantt, L. (2001). The formal elements art therapy scale: A measurement system for global variables in art. *Art Therapy*, 18 (1) 50-55.

Gussack, G. Rosal, M. (2016), *Handbook of Art Therapy* (1st Ed, pp.499-606). Malden MA: Wiley Blackwell. (Multiple Chapters)

Mcdowell, T., Knudson-Martin, C., & Bermudez, J. M. (2018). Third-order thinking in family therapy: Addressing social justice across family therapy practice. *Family Process*, 58(1), 9–22. doi: 10.1111/famp.12383

McNichols, C., Zinck, K., Witt, K. J., & Neel, J. (2016). Counselors as agents of change: Writing behaviorally stated goals and objectives. Ideas and research you can use: VISTAS

Pénzes, I., van Hooren, S., Dokter, D., Smeijsters, H., & Hutschemaekers, G. (2014). Material interaction in art therapy assessment. *The Arts in Psychotherapy*, 41(5), 484-492.

Snir, S., & Regev, D. (2013). A dialog with five art materials: Creators share their art making experiences. *The Arts in Psychotherapy*, 40(1), 94-100.

Talwar, S. K. (Ed.). (2019). Art therapy for social justice: Radical intersections. New York, NY: Routledge, Taylor & Francis Group.

#### Site/Population Specific Articles

\*\*if site/population is not represented within the list, the student is responsible for locating and reading an article which has been published in a peer reviewed journal

within the last 5 to 10 years.

Broecher, J. (2012). Children coping with surgery through drawings: A case study from a parenting class. *Art Therapy*, 29(1), 38-43.

Gerber, N. (1998). A developmental approach to assessment in adult art psychotherapy. *The Arts in Psychotherapy*, 7, 105 -112.

Greece, M. (2003). Art therapy on a bone marrow transplant unit: The case study of a Vietnam veteran fighting myelofibrosis. *The Arts in Psychotherapy*, 30(4), 229-238.

Haynes, M. J. (2008). Signs of suicide: Using road drawings with inmates on suicide observation at a county jail. *Art Therapy*, 25(2), 78-84.

Hanevik, H., Hestad, K. A., Lien, L., Teglbjaerg, H. S., & Danbolt, L. J. (2013). Expressive art therapy for psychosis: A multiple case study. *The Arts in Psychotherapy*, 40(3), 312-321.

Huet, V. (2017). Case study of an art therapy-based group for work-related stress with hospice staff. *International Journal of Art Therapy*, 22(1), 22-34.

Isfahani, S. N. (2008). Art therapy with a young refugee woman–survivor of war. *International Journal of Art Therapy*, 13(2), 79-87.

O'Neill, A., & Moss, H. (2015). A community art therapy group for adults with chronic pain. *Art Therapy*, 32(4), 158-167.

Tucknott-Cohen, T., & Ehresman, C. (2016). Art therapy for an individual with late stage dementia: A clinical case description. *Art Therapy*, 33(1), 41-45.

#### **DISABILITY SERVICES STATEMENT**

If you require academic accommodations please contact the Student Support Services Office in Albany Quadrangle (503-76-7192 or access@lclark.edu). Once you complete the intake process and the Accommodations Agreement, you may Request to Send your Accommodations Letter. Student Support Services staff will then notify faculty of the accommodations for which you are eligible.

#### DISCLOSURE OF PERSONAL INFORMATION

Each student should decide for themselves what information to disclose. Students are advised to be prudent when making self-disclosures. The program cannot guarantee confidentiality of student disclosures given the group environment, although personal comments should be considered private and confidential – and remain only in the classroom – unless an exception to confidentiality applies.

#### **CELL PHONES**

Cell phones must be silenced and text messaging is not allowed during class time. If there is an emergency you may exit the class to use your cell.

#### **CLASS PREPARATION**

You must complete all assigned readings and watch any assigned video prior to attending class. This will allow us to focus on application of readings in class. Watching videos will help bring models to life, allowing you to better understand the material and ask questions.

#### **COURSE REQUIREMENTS**

Attendance and participation in all classes (5 points)

a. Attending all classes and being on time.

- b. Giving attention to the instructor and/or other students when they are making a presentation.
- c. Demonstrating ability to recognize subtle nonverbal communication cues to assess your impact on your peers and participate in class.
- d. Demonstrating ability to be open about discussing the impact of your comments on your peers.
- e. Coming to class prepared (having read the assignment for the day and watched any assigned videos)
- f. Contributing to in-class discussion based on the topics and the readings assigned. Contributions may include how you feel about the material but merely articulating your feelings is not sufficient. You are expected to put those feelings in the context of your thoughts and analysis of the material.
- g. Engaging in group discussions with attention and energy.
- h. Asking questions of the instructor and/or other students regarding the material examined in class.
- i. Providing examples to support or challenge the issues talked about in class.
- j. Dealing with other students and/or the instructor in a respectful fashion.
- k. Listening actively. Students will be asked questions related to the course's readings randomly in class by other students and by the instructor. Your participation in small group discussions is also required.
- 1. Adhering to all Professional Qualities. The form for evaluating Professional Qualities requirements will be distributed in class.
- m. Making comments or giving observations about topics in the course, especially those that tie in the classroom material to "real world" problems, or try to integrate the content of the course.

#### **Clinical Assignments:**

Students will be working with clients/participants at practicum sites for various assignments for this class. This may involve borrowing their original artworks to photograph or for use during the completion of an assignment. Students need to inform practicum participants that they will need to use their artwork, and that it will be brought back to them once it has been photographed or the student is done using it for the assignment. For one assignment, students will work with an individual who will create several pieces of art for assessment purposes. Access to background information regarding the client's history is necessary for this assignment. Students need to discuss the above matters with their supervisor prior to beginning the assignment, in order to choose suitable participants. Participants (or guardians) from the practicum site must sign a consent form prior to completing any artwork. Confidentiality: Conceal any identifying information on artwork (names, family names, friends' names,

Assignments will be graded on the student's ability to:

specific places, DOB, etc.). All signed releases stay on site.

- Select significant data
- Relate data across modes of assessment and treatment planning
- Read and interpret visual communication
- Present data concisely in clinical and behavioral terminology
- Identify problem areas and show clearly how those problems emerge from the assessment
- Summarize findings cohesively and concisely

• Develop goals and methods which reflect understanding of the individual, art therapy technique, and art therapy theory.

# **Site Presentation** (5 points) **DUE Week 3**

Present to the class an assessment of your site. Be sure to discuss the space, neighborhood, system, power dynamics, and population served. Presentation: 10 minutes.

Site Presentation	Emerging .5	Acceptable 1.5	Proficient 2.5
Presenting issues, access, opportunity as shaped by social locations	Demonstrates some understanding of how issues are shaped by social location.	Demonstrates integrated understanding of how issues are shaped by social location.	Analyzes how dimensions of privilege and oppression shape presenting issues of population served.
Power Dynamics	Describes primary power dynamic(s)	Describes power dynamics across system relationships and considers how broader social dynamics influence power within the system	Describes power dynamics across system relationships and considers how broader social dynamics influence power within the system.

# **Assessment Assignment Part I** (10 points) - **Demographics/Presenting Problems DUE Week 5**

Student completes a summary, one to two paragraphs of the case noting presenting problems, societal, social, historical and environmental factors contributing to the case, identifying sources of information and an overview of sessions conducted or observed thus far. Students will ensure to maintain the following format:

CLIENT NAME (pseudonym to maintain confidentiality)

**AGE** 

GENDER/PRONOUNS

**ETHNICITY** 

LANGUAGE

DIAGNOSES (if available)

**MEDICATION** 

PRESENTING PROBLEM (why client is being referred to art therapy)

HISTORY/SOCIETAL/SOCIAL/ENVIRONMENTAL FACTORS/MENTAL STATUS

AT 530 Assessment Rubric -	Emerging 1	Acceptable 3	Proficient 5
Clinical Overview			
a. Current Clinical Status: Reason for referral is clearly articulated. Any DSM diagnosis or ICD 10 diagnosis are clearly stated.	Some relevant data	Most relevant facts are included.	All relevant factual aspects Any DSM diagnosis or ICD 10 diagnosis are clearly stated.

b. Societal, Social/	Some relevant data	Most relevant	All relevant
/Environmental facts:	relate to societal, social,	observable societal,	observable aspects
Examination of client social	historical and	social, historical and	of societal, social,
location, privilege and power	environmental factors	environmental	historical and
within their context and systems	are referenced, but	factors are sought	environmental
of care; an evaluation of	inadequately explored.	out and integrated	factors are
pertinent historical or	Minimal exploration of	into an	explained with
environmental factors related to	clients' social location,	understanding of	depth; Inferences
the client's functioning have	privilege and power	their impact on the	about functioning
been documented and is	within the system of	client's functioning.	are accurate and
integrated into a succinct	care.	Mention of clients	applicable to case.
understanding of the		social location,	Thorough
significance and impact on the		privilege and power	examination of
client's functioning.		within the system of	social location,
		care.	privilege and
			power within the
			system of care.

# Assessment Assignment Part II (10 points) – Assessment Method/Rationale/Art Findings DUE Week $\bf 6$

Student clearly identifies each assessment method, rationale for the method, and evaluation relating to the presenting problem and client's domains of functioning. Student identifies and understands the communicative value of visual language and is able to describe the composition of the art product, the level of graphic development, and observable aspects of the art making process (behaviors and verbalizations) in a clinically, theoretically, and culturally relevant way that assists in assessing the client's functioning in a variety of domains.

AT 530 Assessment	Emerging 1	Acceptable 3	Proficient 5
Rubric - Art Findings/Art			
Analysis			
a. Assessment Method and Rationale: List the assessment methods utilized and the clinical reasoning for the assessment choice.	Minimal utilization of varied assessment methods. Demonstrated minimal to no understanding of rationale.	Utilized assessment methods that provided an overall evaluation of the various domains. Appropriate rationale.	Comprehensive utilization of assessment methods to assess all domains with clear rationale relating to client clinical evaluation
b. Findings and Analysis: Describes the theme, level of graphic development, art process and media, product, verbalization, mood/ impression, & behavior for each art directive, using observable terms. Selects information that is clinically, theoretically, and culturally relevant, relates to presenting problems, and informs	Some aspects of the visual language are described; irrelevant aspects of the visual language are described; few observable aspects of the art process are included; Mood/impression are not included; graphic development is assessed inaccurately.	Most aspects of the visual language are described and are relevant to the individual; most observable aspects of the art process are included; mood/impression are included; graphic development is accurately assessed.	All components of an art finding and art analysis are identified and integrated in a coherent, cohesive, and concise manner, and free of errors.

about individual		
creativity/strengths.		

# **Assessment Assignment Part III** (10 points) – **Domains of Functioning DUE Week 7**

The student is able to integrate findings from assessment artwork, observational data, and information from file review to assess the client's four specific domains: Physical/Behavioral, Cognitive, Affective/Psychological, and Relational/Environmental. These are described in a way clear, concise and clinical manner. Based on all information presented, student is able to clearly state the client's strengths and limitations within each domain.

AT 530 Assessment Rubric	Emerging .5	Acceptable 1.25	Proficient 2.5
- Domains of Functioning:			
a. Physical/ Behavioral: An evaluation of the client's functioning in this domain includes relevant observable aspects of the art process/product; physical appearance; hygiene; body movement/ coordination; and relevant data from supporting resources (e.g. file review).	Some aspects of the assessment art are integrated but not in a relevant manner; verbalizations noted are not relevant or partially relevant; behaviors are described and are partially relevant; statement about functioning is vague or inaccurate.	Relevant observable aspects of the assessment art products and process are referenced; relevant verbalizations are noted; relevant behaviors are described; none of these are well integrated; statement about functioning in domain is vague.	Relevant artworks, processes, verbalizations and behaviors are described and integrated together. A clear statement of the client's functioning is made.
b. Cognitive: Evaluate client's functioning to include relevant observable aspects of art process/product; scoring formal assessment tools, interpretation of scoring; assessment of level of graphic development; any observation of cognitive processes during the assessment session; assessment of self-concept; assessment of coping capacity	Some observable aspects of the assessment art are referenced but not in a relevant manner; graphic development is inaccurately identified; assessment of self-concept is vague; assessment of coping capacity is vague; Cognitive assessments improperly referenced	Relevant observable aspects assessed art products and process are referenced; graphic development is used to assess cognitive capacity; self-concept and coping capacities are assessed but may be inaccurate or too general.	Relevant observable aspects of the assessment artworks and processes are described; graphic development is used to assess cognitive capacity; self-concept and coping capacity are accurately assessed; cognitive assessments are referenced correctly and scoring is accurate.

c. Affective/ Psychological : Evaluation of the client's functioning in this domain includes the difference between normal and abnormal psychological development through graphic indicators, art process descriptors, behaviors, and verbalizations made by the client, during the assessment and how these specific factors inform the overall assessment of client mood and affect with an ability to distinguish affect from mood. Furthermore, all inferences are supported by evidence taken from art process, product, behaviors and verbalization. Additionally, self-concept and self-esteem are assessed.	Some relevant observable aspects of art products and process are referenced; Psychological functioning is assessed but it might be inaccurate or poorly supported; absence of the indication of normal vs. abnormal psychological development, no mention of the distinction between mood and affect Graphic indicators, art process descriptors, behaviors, and verbalizations cited that minimally to support inferences; self-esteem and self-concept are assessed without support for assessment stated.	Considerable relevant observable aspects of art products and process are referenced; psychological functioning is assessed accurately and is partially supported; statements indicated that distinguish normal vs. abnormal psychological development clear distinction made between mood and affect Graphic indicators, art process descriptors, behaviors, and verbalizations cited that adequately support inferences; self-esteem is assessed and adequate support provided assessment provided.	All relevant observable aspects of art products and process are referenced; psychological functioning is assessed and substantially supported; clear distinction made between indicators of normal vs. abnormal psychological development clear distinction made between mood and affect with a specific example of this distinction provided. Graphic indicators, art process descriptors, behaviors, and verbalizations that sufficiently support inferences, Self-esteem and self-concept are documentation is
d. Relational: (Social/Familial/Occupatio nal/School): Eval of client social location, privilege and power in relationship to contexts of family/social /work/ school dynamics. Tracking the client's patterns of interaction between client and therapist, relational interactions in group, Includes relevant observable aspects of the art process/product; direct observational data of social behavior during the assessment session; relevant material in the artwork or verbalized about family/ social/ work/school dynamics.	Some relevant observable aspects of art products and process are referenced; Might be a brief mention of familial functioning; Social behaviors are minimally described; functioning in occupational or school settings is minimally described.	Most relevant observable aspects of art products and process are referenced; Inferences about functioning are attempted but might be inaccurate; social behaviors are described; functioning in other settings is inferred from assessment session and other data sources.	integrated.  All relevant observable aspects of art products and process are referenced; Inferences about functioning are accurate; reflection on how client engages with therapist, describe social behaviors; observations are integrated with information about functioning in other settings, supporting documentation is integrated.

#### **DUE Week 8**

The student summarizes the assessment findings in a manner that clearly communicates the primary findings based on the analysis of the visual language, content/themes, art making process, and behavior of the client. Utilizes social context, intersectionality, and privilege/power dynamics as deemed appropriate. Uses historical information sparingly and only as a reference point for overall assessment findings.

AT 530 Assessment Rubric	Emerging .5	Acceptable 1	Proficient 2
- Clinical Summary of Assessment Findings		_	
a. Significant observable aspects of art making process are described and visual language, themes, behaviors, and verbalizations are referenced. Content indicators and description of pattern and structure is included.	Content indicators are mentioned but unclear and not linked to observable interactions. Minimal to no reference to art process or client's needs.	Minor inaccuracies present. Content indicators are acknowledged with an attempt at describing pattern and structure. Reference to art process or client's needs.	All relevant observable aspects of the art making process are described and other aspects are referenced in an accurate manner with no errors. Historical info referenced in a relevant manner. Well described content, pattern and structure in work.
b. Significant elements of the visual language and developmental level are highlighted and relevant to the client's behaviors, verbalization, and presenting problems. Information is organized into patterns and themes that reflect the client's concerns and treatment needs.	Some elements of the visual language are highlighted but are loosely or not related to themes, art process, client's behavior, verbalization, or presenting problems. Over reliance on historical info.	Most relevant elements of the visual language and behavior observations are described and correctly referenced. Demonstrates some organizational patterns.	All relevant elements of the visual language and developmental level are highlighted. Information is clearly organized into patterns and themes that relate to client's concerns and treatment needs.
c. The main visual/ behavioral themes are described and relate to the presenting problems and identified need. Summary is clear.	Theoretical basis is unclear. Surface level of analysis. Some themes are described but may be inaccurate; other aspects are described but may be irrelevant or loosely related.	Theoretical basis and developing an appropriate analysis. Main themes are described but there may be minor problems integrating them with other aspects of the interaction.	Clear theoretical basis for analysis. All relevant themes are described and supported. Sophisticated form of analysis with no errors.
d. The behavior and verbalizations of the client are described and relate to the art findings, the identified needs, cultural/social context, intersectionality, and privilege/power dynamics.	Some behaviors and verbalization are integrated but may not be done so in a relevant way that provides clarity about the process. Over reliance on	Significant behaviors (or all behaviors) are described and related to other aspects of the interaction; minor inaccuracies.	All significant behaviors are described and relevantly related to other aspects of the interaction with no errors. Integration of cultural/social context, intersectionality,

	background information		privilege/power dynamics. Historical info referenced in a relevant manner.
e. Thorough and concise summary. Utilization of clinical language.	Minimal to no utilization of clinical language. Irrelevant information.	Utilized clinical language and some irrelevant information.	All relevant information included. Thorough and concise summary with no errors.

# Assessment Assignment Part V (30 points) – Comprehensive Assessment & Oral Presentations DUE Week 9

Students will complete a thorough paper based on learning and integration of feedback from previous classes and assignments, adhering to AT 530 Assessment Rubric as noted in above assignments. Students will provide a 30 minute oral presentation of the case to include Q/A.

Assessment Assignment Part V Comprehensive Assessment	Emerging 1	Acceptable 2	Proficient 3
a. Student is able to distinguish among the therapeutic benefits of a variety of art processes and media, strategies and interventions, and their applicability to the treatment process for individuals, groups, and families. (SLO B)	Minimal ability to distinguish therapeutic benefits and how they apply to treatment process for individual, groups, and families.	Demonstrate ability to distinguish therapeutic benefits and how they apply to treatment process for individual, groups, and families.	Comprehensive ability to distinguish among the therapeutic benefits of a variety of art processes and media, strategies and interventions, and their applicability to the treatment process for individuals, groups, and families.
b. Student is able to recognize art therapy processes, from a multicultural perspective, takes into consideration the specific values, beliefs, and actions influenced by a client's race, ethnicity, nationality, gender, religion, socioeconomic status, political views, sexual orientation, geographic region, physical capacity or disability, and historical or current experiences within the dominant	Minimal ability to recognize art therapy processes, from a multicultural perspective.	Demonstrate ability to recognize art therapy processes, from a multicultural perspective and is able to take into consideration the specific values, beliefs, and actions.	Comprehensive ability to recognize art therapy processes, from a multicultural perspective, takes into consideration the specific values, beliefs, and actions influenced by a client's race, ethnicity, nationality, gender, religion, socioeconomic status, political views, sexual orientation, geographic region, physical capacity or disability, and historical or current

culture. (SLO C)			experiences within the dominant culture.
c. Student demonstrates ability to select culturally and developmentally appropriate assessment and evaluation methods and administer and interpret results to identify challenges, strengths, resilience, and resources for Art Therapy treatment planning. (SLO D)	Minimal ability to select culturally and developmentally appropriate assessment and evaluation methods and administer and interpret results.	Demonstrate ability to select culturally and developmentally appropriate assessment and evaluation methods and administer and interpret results.	Comprehensive ability to select culturally and developmentally appropriate assessment and evaluation methods and administer and interpret results to identify challenges, strengths, resilience, and resources for Art Therapy treatment planning.
d. Student is able to recognize clients' use of imagery, creativity, symbolism, and metaphor as a valuable means for communicating challenges and strengths and support client's use of art-making for promoting growth and well-being. (SLO H)	Minimal ability to recognize clients' use of imagery, creativity, symbolism, and metaphor as a valuable means for communicating challenges and strengths	Demonstrate ability to recognize clients' use of imagery, creativity, symbolism, and metaphor as a valuable means for communicating challenges and strengths and support client's use of artmaking	Comprehensive ability to recognize clients' use of imagery, creativity, symbolism, and metaphor as a valuable means for communicating challenges and strengths and support client's use of artmaking for promoting growth and well-being.
e. Student applies principles of human development, artistic and creative development, human sexuality, gender identity development, family life cycle, and psychopathology, to the assessment and treatment of clients. (SLO J)	Minimal ability to apply principles of human development, artistic and creative development, human sexuality, gender identity development, family life cycle, and psychopathology to the assessment and treatment of clients.	Demonstrate ability to apply principles of human development, artistic and creative development, human sexuality, gender identity development, family life cycle, and psychopathology to the assessment and treatment of clients.	Comprehensive ability to apply principles of human development, artistic and creative development, human sexuality, gender identity development, family life cycle, and psychopathology, to the assessment and treatment of clients.

<b>Assessment Assignment</b>	Emorging 1	Aggentable 2	Proficient 3
Part V Oral Presentation	Emerging 1	Acceptable 2	Froncient 5

a. Overall Organization	No logical flow, none or poor introduction, no discernible organization.	Some parts of the presentation are out of order, overall, logical sequence.	Exceptionally well organized, no missing part, easy to follow.
b. Preparedness	Out of date or misinformation, does not explain the critical information.	Grasp of important concepts, overall understanding of theories, some topics not well understood or presented.	All fundamentals and details are fully integrated and understood.
c. Visual Aids Quality and Effect	Minimal inclusion of visual aids.	Overall high quality of visual aids.	Creative and dynamic use of visual aids. High quality photos.
d. Professional Delivery	Minimal engagement with audience, poor eye contact, monotone voice, long pauses, does not speak clearly.	Overall, maintains posture, eye contact, voice clarity and interest. Professional attire.	Strong presence, clearly communicates, engages audience, professional attire.
e. Effective Use of Time	Ran over time allotment, became distracted, and did not provide time for audience engagement.	Sufficient time for each topic and provided enough time for audience engagement.	Clearly covered all topic areas, no distractions with time for audience engagement.

## Treatment Plan Part I (10 points) – Treatment Approach, Rationale, Risk/Protective Factors; Strengths/Limitations DUE Week 12

The student must identify proposed treatment approach with clearly identified time frame based on assessment data, summary and client concerns. The student is expected to identify the correct theoretical basis for selection of treatment approach. The student will provide an overview of the treatment approach for a clearly identified time period. The student is able to clearly state the client's strengths and problems, and identify protective and risk factors which are specific and observable.

AT 530 Assessment	Emerging .05	Acceptable 1	Proficient 2
Rubric - Treatment			
Approach			
a. The theoretical	Theoretical orientation	Theoretical orientation	Theoretical
orientation as related to	described is loosely	described is related to	orientation described
treatment goals, media	related to the proposed	2 of the 3 elements of	is related to all
usage, the therapeutic	treatment plan; is	the treatment plan, but	elements of the
relationship, and	related to a few	may contain some	treatment plan; art
themes/tasks for art	elements of the	inaccuracies in theory	therapy and
directives is described	proposed treatment	or relationship to	counseling strategies
clearly and accurately.	plan; theory is poorly	treatment plan; art	are clearly described.
Inferences are tied to	described or	therapy and	Inferences are clearly
treatment implementation	understood; art therapy	counseling strategies	connected to
related to assessment.	and counseling	are described with	treatment

	strategies are vaguely described. Inferences are made but not related to assessment	only minor problems. Inferences are linked but unclear.	implementation.
b. Theoretical Foundations and Relationship to Assessment, Treatment, and Case Formulation: Identifies correct theoretical basis for selection of assessment methods, treatment approaches and case formulation. Describes key components of theory that support interpretation of art findings.	Accurate identification of theoretical basis but limited understanding of how theory informs the selection of assessment methods, treatment approaches and case formulation. Attempts to identify a key theoretical component but is not able to show how this component supports interpretation of art findings	Highly accurate identification of the theoretical basis and a developed understanding of how theory informs selection of assessment methods, treatment approaches and case formulation. Able to identify several key theoretical components which superficially support the interpretation of art findings.	Highly accurate identification of all the key theoretical components and a deep understanding of how theory informs the selection of assessment methods, treatment approaches, and case formulation. Able to identify all key theoretical components which substantially support the art findings

Emerging .5	Acceptable 1	Proficient 2
	_	
Rationale is loosely related to methods; theory is loosely related to rationale. Media choices are related to the assessment.	Rationale is mostly related to the methods and theory is generally supportive of the rationale. Media choices are in line with treatment but are not fully explained.	Rationale provides complete support for treatment methods; theory is fully supportive of rationale and specific. Media choices are linked to treatment, approach and articulated clear rationale relating to overall functioning.
	Rationale is loosely related to methods; theory is loosely related to rationale. Media choices are related to	Rationale is loosely related to methods; theory is loosely related to rationale. Media choices are related to the assessment.  Rationale is mostly related to the methods and theory is generally supportive of the rationale. Media choices are in line with treatment but are

AT 530 Assessment	Emerging .5	Acceptable 1	Proficient 2
Rubric -			
Strengths/Problems			
Protective/Risk Factors:			

a. Strengths / Protective Factors Protective Factors are individual or environmental characteristics, conditions, or behaviors that reduce the effects of stressful life events; increase an individual's ability to avoid risks or hazards; and promote social and emotional competence to thrive in all aspects of life now and in the future.	Strengths are vaguely related to information from assessment findings or supporting materials; may not be client-centered; limited protective factors identified.	Strengths are related to information from assessment findings; are stated as client centered; protective factors are included; may be some minor lack of clarity.	Strengths are directly related to information from assessment findings; are stated as client centered and are clear statements of what the client is capable of; comprehensive identification of protective factors.
b. Problems/ Risk Factors Risk Factors are individual orenvironmental characteristics, conditions, or behaviors that increase likelihood that a negative outcome will occur.	Problems are vaguely related to information from assessment findings or supporting materials; are stated as diagnoses or diagnostic categories; are not prioritized correctly; limited risk factors identified.	Problems are related to information from assessment findings; may be unclear; are prioritized with minor inaccuracies; risk factors; may be some minor lack of clarity.	Problems are directly related to information from assessment findings; are accurately prioritized based on sound clinical principles; comprehensive identification of risk factors.

## Treatment Plan Part II (10 points) – Long Term Goals, Short Term Goals, and Methods DUE Week 13

The student will create long term and short term treatment goals that are based on assessment findings and prioritized problem list. The student will construct art therapy directives and select material/media which relate to the client's problems. They are utilizing the client's strengths, are derived from the art processes and products observed in the assessment session(s), are developmentally appropriate, and relate to treatment goals. Theme and media selection is theoretically, clinically and culturally informed while ensuring media choices support client's overall functioning. Be specific. Problems must be client-based and relate to overall functioning. Long-term goals address proposed reduction of identified problems at the end of treatment. Short-term goals must be measurable and observable. They describe an increment of the related long-term goal. Methods must be specific, describing theme, media, and behavior/problem to be addressed.

AT 530 Assessment	Emerging 1	Acceptable 2	Proficient 3
Rubric - Treatment Goals			
a. Long-Term Goals:	Deficit, symptom, or	Deficit, symptom, or	Deficit, symptom, or
LTG's directly address a	behavior to be	behavior to be	behavior to be
deficit, symptom, or	addressed is vague or	addressed is clearly	addressed is clearly
behavior that needs to	unrelated to assessment	stated and related to	stated and related to
change. The goals are	findings; not	assessment findings;	assessment findings;
observable and measurable	measurable; partially	goal is partially	goal is measurable;
(if required); clearly stated	related to prioritized	measurable, goal	goal directly
criteria; directly address	problems list.	relates to prioritized	addresses prioritized
prioritized problems list.		problems list.	problems list.

b. Short-Term Goals:	Deficit, symptom, or	Deficit, symptom, or	Deficit, symptom, or
STG's directly address	behavior to be	behavior to be	behavior to be
deficits or behaviors that	addressed is vague or	addressed is clearly	addressed is clearly
are incremental steps from	unrelated to assessment	stated and related to	stated and related to
baseline functioning to	findings; attempt at	assessment findings;	assessment findings;
achieving the LTG. They	measurability; unclear	partially measurable;	goal is clearly
are observable and	link to incremental step	and linked to an	measurable; direct
measurable. They must	toward the LTG.	incremental step	link to an
include a time frame for		toward the LTG.	incremental step
completion.			toward the LTG

AT 530 Assessment	Emerging 1	Acceptable 2	Proficient 4
Rubric - Directive/Material/ Media Art therapy directives	Limited observations	Multiple observations	Comprehensive
provide the client the opportunity to work toward treatment goals. Art therapy directives are derived directly from the assessment and are developmentally appropriate. Material and media selected are theoretically/clinically informed and culturally appropriate.	from assessment are used in the design of art therapy directives; art therapy directives are loosely related to goals; partially appropriate for client's developmental level.	from assessment inform the design of art therapy directives; art therapy directives are sufficiently related to goals and are developmentally appropriate.	observations from assessment directly inform the design of art therapy directives; art therapy directives are directly related to goals and are developmentally appropriate.

## **EVALUATION AND GRADING**

Due to the skill development nature of this course, it is required that students complete all assignments to pass this class.

Assignment	Point Value
Class Participation	5
Site Presentation	5
Assessment Assignment Part I – Demographics and Presenting Problems	10
Assessment Assignment Part II – Methods, Rationale, and Art Findings	10
Assessment Assignment Part III – Domains of Functioning	10
Assessment Assignment Part IV – Clinical Summary	10
Assessment Assignment Part V – Comprehensive Oral Presentation/Paper	30
Treatment Plan Part I – Approach, Rationale, S/L/R/P List	10
Treatment Plan Part I – Treatment Goals, Directives, Media	10
Total Points in the Course:	100 points

## NOTE: All assignments must be turned on time, five percent deduction for each day late.

## FINAL GRADING

A = 94-100%	B = 83-87%	C = 73-77%
A- = 90-93%	B- = 80-82%	C- = 70-72%

B+ = 88-89%	C+ = 78-79%	
B + = 88-89%	C + = 78 - 79%	

## **COURSE OUTLINE**

Class Date	Topic	Readings & Assignments Due
Week 1: 9/9	Welcome, Review of Syllabus	Reading:
9/9	Assessment: Information	Gussack, G. Rosal, M. (2016): Ch. 48
	Gathering, Structure - Introduction of sites and	Handler, L., & Thomas, A.D. (2014): Ch. 1
	population served.  - How to gather relevant information from charts, client report, and observation.  - Assessment	Zuckerman, E. (2019): Ch. 4, 5, & 6
	Format/Structure	
Week 2: 9/16	Assessment: How To Decide on Appropriate Assessment Tools	Reading: Gussack, G. Rosal, M. (2016): Ch. 49, 50, 52 & 53
	- Understanding relationship between culture, development	Handler, L., & Thomas, A.D. (2014): Ch. 18 Hinz, L. D. (2009): Pages 191-216
	<ul><li>and relevant art</li><li>directives</li><li>Formal vs Informal art</li><li>assessment tools</li></ul>	Talwar, S. K., (2019): Ch. 2 https://primo.lclark.edu/permalink/f/1780deo/CP712 92599020001451
Week 3: 9/23	Social Location Presentations	Site Presentation DUE
7123	Assessment: Obtaining mental status information	Reading:  Betts, D. (2013). A review of the principles for culturally appropriate art therapy assessment tools. Art Therapy: Journal of the American Art Therapy Association. 30(3), 98-106.  Zuckerman, E. (2019): Ch. 1, 2, & 3
Week 4:	Assessment: Collaborative case	Reading:
9/30	<ul><li>examination.</li><li>Work in pairs, complete art finding analysis assessment: FEATS</li></ul>	Gantt, L. (2001). The formal elements art therapy scale: A measurement system for global variables in art. <i>Art Therapy Journal of the American Art Therapy Association</i> . 18 (1) 50-55.
	scale categories (Prominence of Color, Color Fit, Implied Energy, etc.), definition	HinzPénzes, I., van Hooren, S., Dokter, D., Smeijsters, H., & Hutschemaekers, G. (2014). Material interaction in art therapy assessment. The Arts in Psychotherapy, 41(5), 484-492.
	as well as the Art Product Description Worksheet - Practice writing Art Findings	Snir, S., & Regev, D. (2013). A dialog with five art materials: Creators share their art making experiences. The Arts in Psychotherapy, 40(1), 94-100.
	ETC integration	

Week 5: 10/7  Week 6: 10/14	Assessment: Domains of Functioning - Understanding the difference between the 4 domains - Physical/Cognitive/Affective Practice writing Art Findings.  Assessment: Domains of Functioning - Social/Environmental  Assessment: Summary - How to integrate data collected - Identify the themes  Practice conceptualizing and writing Domains of Functioning	Assessment Assignment Part I DUE Readings: Handler, L., & Thomas, A.D. (2014): Ch. 9 Zuckerman, E. (2019): Ch. 7, 8, 9, 10, 11, & 12  Assessment Assignment Part II DUE Reading: Handler, L., & Thomas, A.D. (2014): Ch. 3, 16 & 17 Mcdowell, T., Knudson-Martin, C., & Bermudez, J. M. (2018). Third-order thinking in family therapy: Addressing social justice across family therapy practice. Family Process, 58(1), 9–22. doi: 10.1111/famp.12383 Zuckerman, E. (2019): Ch. 14, 15, 16, 17, 18, & 19
Week 7: 10/21	Assessment: Summary - Completing the report Practice conceptualization and writing the Summary.	Assessment Assignment Part III DUE Reading: Zuckerman, E. (2019): Ch. 20, 21, 22, 23, & 24
Week 8: 10/28	Assessment: Presenting findings - Review how to present findings in a concise and professional manner Continue to practice conceptualization and integrating material in a comprehensive manner.	Assessment Assignment Part IV DUE Reading: Site Specific Articles: Choose an article relating to population served at practicum site (prepare to share summary)
Week 9: 11/4	Oral Presentations 1. 2. Treatment Planning: - Review presented assessments - Identifying observable strengths and limitations - Understanding LTG, STG - Media Selection-developmentally and clinically appropriate	Assessment Assignment Part V DUE Reading: Hinz, L. D. (2009): Pages 217-226 Zuckerman, E. (2019): Ch. 25
Week 10: 11/11	Oral Presentations 1. 2. (3.) Treatment Planning: - Review presented assessments - Identifying observable strengths and limitations	Reading: Site Specific Articles: Choose an article relating to population served at practicum site (prepare to share summary)

	- Practice writing goals/treatment methods and rationale	
Week 11: 11/18 NO CLASS NEXT WEEK	Oral Presentations 1. 2. (3.) Treatment Planning: - Review presented assessments - Identifying observable strengths and limitations - Practice writing goals/treatment methods and rationale	Reading:  McNichols, C., Zinck, K., Witt, K. J., & Neel, J. (2016). Counselors as Agents of Change: Writing Behaviorally Stated Goals and Objectives. Ideas and Research You Can Use: VISTAS
Week 12: 12/2	Treatment Planning: Media Selection - Developmentally and clinically appropriate interventions Workshop: utilizing Treatment Plan Part I to develop interventions	Treatment Plan Part I DUE Reading: Site Specific Articles: Choose an article relating to population served at practicum site (prepare to share summary)
Week 13: 12/9	Treatment Changes, Medication, Medical Conditions Impact on Evaluations - Adjusting plans - Common psychiatric medications - The masking of medical conditions	Treatment Plan Part II DUE Reading: Hinz, L. D. (2019): Pages 227-240 Zuckerman, E. (2019): Ch. 27 & 28
Week 14: 12/16	Review, Closing, Evaluations Art Experiential	