

Rewilding for Human Flourishing
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Many of us, who advocate for nature, and for the importance of nature in our lives, focus on what is close at hand: domestic, nearby nature. It might involve sitting under a favorite tree in a neighborhood park, digging in one's garden, romping with one's pet, or walking a favorite trail.

Domestic nature is important. People can access it easily and garner immediate benefits from interacting with it. But if the truth be told, domestic nature is only part of what we need. The other part is wild nature. For as a species, we came of age in a natural world far wilder than today, and most of that need for wildness still exists within us - body, mind, and spirit.

But we are increasingly separated from wild nature -partly because there are fewer wild lands and less wild nature to connect with, and partly because we are seduced into the comforts of our domestic life and virtual experiences via two dimensional screens. One of the challenges of our time is to describe, name, and bring forward wild nature, so that we can more deeply engage what's left and, where possible, recover what's lost.

Wildness exists not only "out there" in relation to the external world, but also within. We *are* human nature. The primal, the wild, exists within us and in our relations to one another. That energy fuels our passions and allows us to experience deeply and feel fully alive.