



**Entering the Heart of Wisdom:
Joining Soul & Role for the Second Half of Life**



**A Woman's Spiritual Retreat
First Presbyterian Church
September 11-13, 2014**

"One cannot live the afternoon of life according to the program of the life's morning, for what was great in the morning will be of little importance in the evening, and what in the morning was true will at evening have become a lie."

C.G. Jung

"(When aging) We do not need formulas or rigid models to follow; we need to be drawn into a common process of search that will suggest new ways of being."

Mary Catherine Bateson

In this contemplative, nonresidential retreat, using the circle of trust process based on the work of Dr. Parker Palmer, we will explore the intersection of our souls and roles in the "second half" of our lives, whether we are in our 50's, encountering caretaking for our elders and children while still engaged in the work world, or approaching our later years with its challenges, new invitations, and demands.

Some compare aging to adolescence, a second "coming of age" where our bodies, inner lives, homes, status, work and future are all in the process of change, often with little support or acknowledgement. In this retreat, we will create a compassionate, confidential, trustworthy community in which to explore some of the deeper issues related to conscious aging and the call of the soul at this time in our lives. We invite you to join us as together we examine what was true in the morning and what is important as we move into the evening of our lives.

Based on the understanding that each of us comes into life with a charism, or calling, a charge to contribute, grow, learn and become, in this retreat we will look honestly at who we are now, what brought us here, and how to embody our gifts, our faith, our essence in this season of our lives, approaching aging as a time of intensifying and honing our souls, seeking an intentional, generative, meaningful way of living into the years ahead.

In many indigenous cultures, elders have traditionally served various significant roles as keepers of the ancestral stories and cultural memories, guides and mentors to the family, youth, and communities, esteemed visionaries, seers, and leaders of the tribes. Eldership was considered a time of grace, dignity and authentic power, and the elder considered a living treasure. In this retreat, we want to claim the spirit of eldership as an active time that deserves attention, care, and commitment. We hope you can join us on this journey.

About the Leaders:



Joanne Cooper, PhD, is a professor emeritus from the department of Educational Administration in the College of Education at UH Manoa. She taught adults of all ages and has been teaching for over 27 years, with experience in the public schools, in community colleges and at the University of Hawai'i where she taught from 1990 until her retirement in 2011. She has been a Courage & Renewal facilitator in Hawaii since 2007 and is excited about exploring this new phase of her life.



Caryl Hurtig Casbon, an interfaith minister, spiritual director and writer, works through the Center for Courage & Renewal, leading circle of trust programs for clergy, health care providers, and leaders in education that address Reconnecting Soul & Role, Befriending the Unknown, and Embracing Eldership.

How to register: Please complete the registration form below by July 31, 2014

If you have questions, please contact Caryl at: ccasbon@bendbroadband.com

Or Joanne at: jcooper@hawaii.edu



**Entering the Heart of Wisdom
Application
Deadline: July 31, 2014**

Name_____

Preferred Mailing Address:_____

Preferred Phone Contact_____

Email address_____

Emergency Contact_____ Phone_____

Special Meal Requirements_____

Please add a brief statement about what draws you to this work:

Program Fee: \$325.00

Please return this completed application, along with a check for payment in full, by July 31, 2014, to:

First Presbyterian Church
230 NE 9th St, Bend, OR 97701

(541) 382-4401

Cancellation Policy: We understand that life challenges emerge and change happens. If you find it necessary to cancel, a full refund will be given if notice is received at least one month prior to the beginning of the program.