

Lewis and Clark College
Marital, Couple and Family Therapy
International Track Information

The International Family Therapy Track was designed to encourage cultural meta-perspectives and challenge cultural encapsulation. The goal of the international track is to provide the opportunity for family work world-wide, including the emerging professionalization of family therapy in many countries. Foci include international family therapy education and clinical practice; transferability of family therapy knowledge across national contexts; and issues of power, resources, and colonization in transnational work. Students are required to take eight additional credits in the MCFT curriculum. One of these courses involves traveling overseas with a group of peers and faculty. Countries visited have included Uganda, India, and Colombia. The trips include learning from professionals through lectures, engaging in cultural events, collaborating with professionals learning systems theory and application, evaluating cross-cultural education, and so on.

Objectives

- Expand participants' repertoires for potential solutions to individual, family and community problems and education;
- Prepare and deliver educational/training modules to our cross-national colleagues;
- Be encouraged and given opportunities to dismantle own biases and stereotypes;
- Be asked to deeply consider U.S. privilege relative to global relations;
- Develop a stronger sense of global responsibility;
- Increase humility and self-awareness; and

Steps Involved in International Track

1. Meet with your advisor to go over International Track
2. Inform CPSY office that you are enrolling in International Track
3. Enroll in courses as they appear in the schedule of classes. You must take all courses on this form to complete International Track (<http://graduate.lclark.edu/live/files/14490-mcft-intnl-track-20132014pdf>)
4. The CPSY 902 course constitutes the trip(s) abroad. Trips abroad are planned for Spring semesters. You must fill out an application and pay a deposit to go on a trip (available in CPSY office) during the Fall semester before the trip. You will need to pay for the fees associated with the course (2 credits) as well as an additional program fee that covers travel costs (this fee is typically under \$3,500 per trip).
5. After the trip, you may speak with your advisor and CPSY 902 instructors regarding the possibility of completing an internship in that country. The internship will be timed for the Summer semester before you graduate from the MCFT program.

Current Schedule of Classes

Spring 2014	Summer 2014	Fall 2014
Culture and Community (CPSY 902) Intl Family Therapy (CPSY 567) UGANDA	Capstone (CPSY 568)	Global Awareness (CPSY 557)
Spring 2015	Summer 2015	Fall 2015
Intl Family Therapy (CPSY 567) Culture and Community DOMINICAN REPUBLIC	Capstone (CPSY 568)	Global Awareness (CPSY 557)
Spring 2016	Summer 2016	Fall 2016
Intl Family Therapy (CPSY 567)	Capstone (CPSY 568)	Global Awareness (CPSY 557)

Culture and Community UGANDA		557)
---------------------------------	--	------

Courses

CPSY 902 Culture and Community

An intensive international or intercultural immersion course designed to raise awareness of issues in personal and community well-being in a particular community or region. After pre-visit briefings and readings, students visit professionals at schools, clinics, and NGOs to learn about cultural and social realities of the community or region. The visit is followed by systematic reflection on implications for local practice and the understanding of one's own self and society. Interdisciplinary approaches and inter-professional collaboration are emphasized.

This course explores contextual self-of-the-therapist, counselor, and/or educator and enhances cultural competence through immersion into another culture. Participants begin meeting several months before the immersion trip to gain cultural knowledge of the country they will be visiting. This includes searching and reading literature, sharing information with each other, attending related cultural events, meeting with the in-country guide when possible, and preparing in other ways as needed. Each participant is encouraged to deeply consider her or his own "growing edges" relative to cultural competence and to track these throughout the experience.

This course includes:

- Group meetings to prepare to build cultural competency
- Preparation and delivery of training modules on family systems work
- Opportunity to consider process of cross-cultural education

Goals for the course include opportunities for students to gain:

Awareness of own cultural worldview/assumptions via immersion
Knowledge of family life, social & psychological services in Uganda
Skills for broader repertoire of possible solutions in professional work
Humility in cross-cultural exchanges abroad & in the U.S.

Program Activities:

- Opportunities for cultural exposure
- Opportunities to learn from educators and clinicians in visiting country
- Local nature excursions
- Participation in workshops on family systems

Covered costs:

Round-trip airfare and in-country transportation, food, modest lodging, and costs of excursions.

Students will pay directly for: passport, travel insurance, extra checked baggage, and medical needs (e.g., required shots, anti-malaria medication, antibiotics).

Fees:

Students may be eligible for student loans for the 2-credit course fee and the additional program fee. Additional loans are often available for spending money and uncovered costs.

Application:

Students who would like to be considered for this trip will be required to complete an application. The application process requires a number of steps including completing a written application and obtaining advisor signature. Once a student is notified that s/he may enroll, s/he will be required to submit proof of travel insurance, copy of current passport that will not expire within 3 months of travel, and a \$300 deposit.

CPSY 567 International Family Therapy

This course helps students prepare for international coursework and possible placement in another country during their final semester of clinical work. The course includes readings, lectures and discussions aimed at furthering students' knowledge of international family therapy practice and training as well as awareness of issues specific to international practice and collaboration. Students work independently and together throughout the course to prepare for their anticipated international experience.

Students in this course will begin developing:

1. Knowledge of international professional associations and opportunities for working internationally;
2. An understanding of potential impact of global power dynamics and resource distribution on international collaboration;
3. An anti-colonial perspective that demonstrates awareness of issues of transferability of professional knowledge and deep respect for cultural differences while maintaining commitment to promoting just practice across all contexts;
4. Greater awareness and willingness to challenge ethnocentrism, nationism, language discrimination, etc. in development of self-of-the-therapist, and
5. Plans for engaging in professional international collaboration and training.

CPSY 557 Global Awareness

An overview course designed to enhance global awareness from a systems perspective. By viewing the world as a single place with interconnected social, political, environmental, economic, and biological dynamics, students are encouraged to recognize the impact of the global in all local contexts, including counseling and education. This course includes readings, lectures and discussions aimed at increasing global awareness of global dynamics on everyday life in all contexts. Content includes issues of international power and economics, colonization and de-colonization, the impact of the global on the local, and self-of-the-professional within a global context. Awareness is raised through the use of media, dialogue, and exercises in and out of the classroom. The course starts with more general understandings of global systems, human rights, and environmental justice. Students then apply their learning to their professional field.

Students in this course will develop:

1. A global systems perspective;
2. An understanding of the dynamics of colonization, power, and global resource distribution;
3. The ability to relate the global to the local, including placing one's own history and experience within a global perspective;
4. Deeper consideration of U.S. privilege relative to global relations;
5. A stronger sense of global responsibility, and
6. Strategies for applying what they learned in the course to ensure more just practices in their respective professions.

Internships Abroad

Internships in Uganda and Colombia are in the process of being developed. Students will enroll in CPSY 588 during the Summer term of their externship (students will pay for additional course fees that include airline ticket, etc.) This course will involve supervision on site as well as virtual supervision with a faculty member at Lewis and Clark. Some externship sites abroad may provide opportunities for work to offset costs. The following steps have to be completed by the student in their second year practicum rotation,

1. Contracts with internship sites in the U.S. must end by April of externship year.
2. Portfolios must be completed before traveling to externship placement.

3. Externship supervisors abroad must sign contract before placement.

Frequently Asked Questions

1. *How do I sign up for the international track?*
You may sign up for the International Track by completing an International Track Plan of Study and turning it into the CPSY office after meeting with your advisor
2. *Can I only do the trip?*
Under special circumstances, you maybe allowed to go on the trips without pursuing the track.
3. *Can I choose to do some courses but no the whole track?*
With the approval of the faculty, you may take some courses but not the whole track.
4. *Who do I discuss my plans with?*
Your advisor
5. *What is the cost and how do I pay for it?*
Each trip is different but the cost involves your credit fees plus an additional program cost of under 3,500 that pays for air travel, lodging, etc.
6. *How do I do an internship in another country?*
You must speak to your advisor and to the CPSY 902 instructor if interested
7. *Do I need to speak another language?*
That depends on the trip; you need to speak to the International Track Coordinator
8. *Can I count my clinical hours in an externship abroad?*
Yes, with guidance from the clinical coordinator.
9. *Who will supervise me when doing an externship abroad?*
Supervision will be provided, however specific arrangements will be made with that country.

Appendix A
International Course Application

Course _____
Semester _____

Applicant Information

<p>Legal name _____ <i>As it appears on your passport/government ID</i></p> <p>Preferred Name _____ Student ID _____</p> <p>Current Address _____</p> <p>Phone Number _____ Cell Phone Number _____</p> <p>Email _____</p> <p>Emergency Contact Name(s) _____</p> <p>Emergency Contact Address _____</p> <p>Emergency Contact Phone Number _____</p>	
<p>In order to participate in an international program, you must have a passport that is valid for at least 6 months BEYOND the end of the program. Please attach a copy of your passport declaration page. You are responsible to obtain visas for any country that requires one before landing.</p> <p>Passport Number _____ Place of Issuance _____</p> <p>Date of Issue _____ Expiration Date _____</p>	

General Information

Have you traveled overseas previously? _____

If so, which countries? _____

Which language(s) do you speak? _____

Do you carry health insurance? ____ If yes, attach proof of coverage for this international program. If no coverage is available, you will be required to purchase international health insurance for this trip at an additional cost.

Health and Diet Questionnaire

1. Do you have any allergies to insects, food, medications, pollen, etc? _____
If yes, please describe: _____

2. Do you smoke? _____ Does it bother you if other people smoke? _____

3. Please mark "Yes" or "No" for the following conditions:

Chronic Illness _____

Recent surgeries (in last two years) _____

Asthma _____

High Blood Pressure _____

Bone fractures, ligament or tendon injuries _____

Back, shoulder, knee, ankle or any joint injuries _____

Diabetes, seizures, heart conditions, hypoglycemia _____

Any other conditions _____

Please describe below any of the conditions for which you marked "Yes" and describe any other conditions not listed above.

4. Are you currently taking any medication? _____

List all medications, including all prescription medications you are currently taking and/or will take by the time of the trip.

Medication	Dosage	Frequency	Bringing on Trip?

Note: If you plan to bring medication, it is advisable to bring double the amount needed.

In preparing for your trip please understand that you may be traveling to areas where you will not have access to significant medical care or medications, including any medications listed above. You should pack adequate supplies of medications that you need for your well being. You understand that Lewis & Clark is not responsible for your health or medical care on your trip. You should research the types of care available where you are traveling if you have any concerns in this regard. You will be asked to sign a RELEASE of liability where you will agree not to hold Lewis & Clark liable for any injury, illness or other damage you might suffer on your trip.

5. Year of last tetanus immunization: _____

6. Have you ever been treated for a psychological problem? _____

If yes, please describe when and how you were treated, current symptoms and/or treatment, hospitalization, etc.

7. Note any allergies or aversions to cold, heat, crowds, food, religious beliefs, animals or people. Note any restrictions on physical activity or diet, whether imposed by physician, religion or self.

Major Advisor

I have met with the student applicant and agree that this program is appropriate for the enhancement of the on-campus curriculum at Lewis & Clark.

Name _____ Date _____

Program Director

I have met with the student applicant and agree that this program is appropriate for the enhancement of the on-campus curriculum at Lewis & Clark.

Name _____ Date _____

Faculty Sponsor Signature

I have met with the student applicant and agree that this program is appropriate for the enhancement of the on-campus curriculum at Lewis & Clark.

Name _____ Date _____

**Lewis & Clark College
Graduate School of Education and Counseling
International Course**

1. **General Release.** Participant agrees to: a) Release Lewis & Clark College and any cooperating institution and their officers, trustees and agents from any and all claims and causes of action for damage or loss of property, medical or hospital care, personal injury, or death, arising in any manner out of any travel or activity conducted under the control of, or sponsored by, or endorsed by Lewis & Clark College or cooperating institutions as part of the overseas or off-campus activity for which Participant is applying; b) Indemnify and defend Lewis & Clark College and any cooperating institutions and their trustees, officers and agents from and against any and all claims and causes of action which are alleged to have arisen in whole or in part out of Participant's acts or failure to act, alone or in concert with others in connection with the overseas or off-campus activity for which Participant is applying.
2. **Related to Safety and Medical Needs.** Participant grants the College full authority to take whatever action the College, in its discretion, determines to be warranted to preserve the health and safety of Participant with regard to Participant's participation in activities, whether organized or self-directed, while on the overseas or off-campus program for which Participant is applying. We understand that actions the College may take include, but are not limited to, prohibiting any activities the College deems to be risky and placing participant in a hospital, or, if no hospital is reasonably available, place Participant in the care of a local physician, at Participant's expense. If the College in its discretion determines that Participant should be returned to the United States for medical treatment, Participant agrees to reimburse the College for any transportation costs incurred, less any savings the College realizes as a consequence of Participant's non use of the return ticket provided for in the announcements of the program.
3. **Termination or Modification of Program.** The College may cancel or alter the program at any time if in its discretion it determines the conditions of force majeure (such as natural disasters,

- epidemics, political and economic crises, low enrollment or unavailability of a program leader) would make it unreasonably difficult for the College to continue with the program. In the event of such cancellation or alteration, the College shall refund all of the money previously collected from Participant which has not been actually spent or committed to be spent. The allocation of the refund among Participants will be determined solely at the discretion of the College.
4. **Withdrawal of Participant.** In the event the group membership of a student is terminated by the Participant before departure, the following schedule of fees will apply: a) \$300 deposit will be retained by the College if termination happens at any time before departure date. (The nonrefundable deposit will be applied toward any additional forfeiture fees assessed.); b) Cost of airfare if a nonrefundable ticket has been purchased in the student's name (the ticket will be turned over to the student); c) Cost of any other monies spent or committed to be spent by the College on behalf of Participant. In the event Participant voluntarily withdraws from the program after departure for the program site, the College will observe its published policy of charge adjustment applying it to the International course cost in its entirety.
 5. **Rules of Conduct.** 5.1 In addition to Participant's usual responsibility to the College to comply with its rules and regulations, Participant must assume added responsibility to the group and to comply with the laws and customs of the country in question. The College reserves the right to terminate participation of a Participant in the program, either before or after going abroad, for any of the following causes: a) failure to prepare conscientiously for the program, including irregular attendance at orientation sessions, inadequate study of assigned materials, and unsuccessful completion of program prerequisites; b) being placed on academic warning or probation; c) failure to perform at a satisfactory academic level during the program; d) possession or use of illegal drugs; e) intemperate or illegal use of alcoholic drinks or public intoxication, f) participation in black market activities or g) failure to follow the reasonable instructions of the faculty sponsor.

In the event the membership of Participant is terminated by the College for any of the foregoing reasons before going abroad, the first \$300 will be automatically forfeited and the College reserves the right to withhold, from any additional fees paid, an amount, to be determined solely by the College, sufficient to reimburse it for any expenditures it has already made or will be compelled to make on the Participant's behalf. In the event the Participant is terminated by the College after going abroad for any of the aforementioned reasons, the College normally will not refund any part of the fee. Any refund for compassionate reasons will be solely at the discretion of the College.

The College is not able to assist students who break the law in a foreign country and is not responsible for legal fees or other costs while attempting to secure the release of Participant from foreign custody. Lewis & Clark students are subject to the law of their host country and community. Neither the College nor the US Government has the ability to protect Participant from punishment with respect to drugs or other criminal offenses.

6. **Severability.** If any word(s), phrase(s), or term(s) of this agreement are declared unenforceable by any court of competent jurisdiction for any reason, the remaining work(s), phrase(s), or term(s) shall be valid and enforceable and construed as if the invalid or unenforceable word(s), phrase(s), or term(s) were deleted.

Signature of Participant

Date

Note: Applicant must sign and return the original with the application. This form CANNOT be accepted as a fax or copy. It is highly recommended that the applicant keep copies for their files.

Appendix E Application Procedure

Graduate School of Education and Counseling International Courses

We welcome your interest in this International course, and look forward to working with you during the application process. Please read this information carefully and keep it for future reference.

Application Procedure

Enclosed in this application packet are several forms including an Application and a Release and Agreement. In addition, you will be required to participate in an interview with the faculty sponsor. At that time, you will receive specific information regarding the program and have the opportunity to ask questions.

It is required that the student register for the course prior to the start of the semester in which the program takes place. All applicable program fees (tuition and course fees) are due and payable according to the College's regular schedule of [Billing and Payment Standards](#). A minimum \$300 non-refundable deposit is due at the time of registration. This deposit is applicable toward the program fee. In the event a student withdraws from the program prior to departure, a minimum \$300 non-refundable deposit will be retained. Additionally, any funds spent or committed to be spent by the College on behalf of the student will be assessed as forfeiture fees to the student's account. This amount may be up to, but not exceed the full course fee amount.

The course fees are not itemized and do not commit the College to allocate specific portions of the fee to any category or expense, but commit the College to provide the services offered and described in the course description. The fee includes round-trip travel from Portland, Oregon, in-country travel, room and board, and instructional fees.

The student must provide written proof of international health insurance coverage 30 days prior to departure date. International health insurance must include coverage for cost of evacuation for medical reasons. The student is responsible to purchase their own international health insurance coverage. A list of possible health insurance carriers is available from the faculty sponsor.

Not included in the course fees are books and supplies, passports and visas, any departure fees imposed by the host country, international health insurance, medical expenses such as inoculations, incidental expenses and personal travel scheduled before or after the program.