

## DAY 1: REGISTERED PROFESSIONALS & COMMUNITY LEADERS

### FRIDAY, OCTOBER 16, 2009 - 8:30 am– 2:00pm

8:30- 9:00           Registration (Parlor)

9:00 - 9:30           Welcomes – Conference Overview (Sanctuary)

9:30- 11:00           Morning Dialogue (Sanctuary)

9:30-10:10           *Panel 1 Liberation based healing: Current models of practice*

Panelists: Rhea Almeida, Etiony Aldarondo, Cornel Pewewardy, Carolyn Tubbs

10:10-11:00           *Panel 2 Liberation based healing: Current models of practice*

Panelists: Carmen Knudson Martin, Sally St. George, Dan Wulff, Gene Combs, Jill Freedman

Facilitator: Teresa McDowell

During this morning dialogue, each panelist will be invited to take 3-5 minutes to present her/his work relative to mental health and social justice. The dialogue facilitator will then invite panelists to address: how their perspectives depart from traditional models in mental health; how their practices attend to the intersection of gender, race, class, culture, and sexual orientation; trends in the field of family therapy/mental health they view as supporting oppression; what they think promotes change and is empowering to families and communities that are marginalized and oppressed; ways they see social justice and equity paradigms as fundamental to sustainable change; how they measure success in their approaches; and impediments to achieving successful outcomes. The morning dialogue will conclude with a question and answer session.

11:00- 11:45           Lunch – Provided  
Native Storytelling by Ed Edmo (Sanctuary)

11:45- 12:30           *Clinical Examples of Liberation Based Work* (Sanctuary)

Rhea Almeida will facilitate viewing client video and other film clips which, demonstrate the work of some of the morning panelists. She will engage the conference participants throughout in dialogue about liberation based clinical work.

12:30-2:00           *Envisioning liberation based healing: What would make a difference?*(Sanctuary)

Facilitators: Andraé Brown & Nocona Pewewardy

This dialogue will occur between conference participants, inviting all of us to consider how our own work can better support social equity and liberation. Group members will be asked to identify elements that a social justice approach should have to address liberation in our communities; how this approach would address the intersections of gender, class, ethnicity, sexual orientation, ability and other nuances of power, privilege and oppression; how each of us will integrate a greater focus on social justice into our approaches/models for healing/work; and ideas about how we can impact the current dialogue on health care reform. Groups will report back to the larger group and we will end with all participants and panelists engaging in a question and answer session.

**DAY 2: REGISTERED PROFESSIONALS, COMMUNITY LEADERS, AND COMMUNITY MEMBERS**  
**SATURDAY, OCTOBER 17, 2009 - 8:30-2:00**

- 8:30 – 9:00      Registration (Parlor)
- 9:00- 9:30      Welcomes and overview of the day (Sanctuary)
- 9:30- 10:30      Interactive Skit - Healing Roots Center and Alliance for Racial & Social Justice (Sanctuary)
- 10:40– 11:40      *Breakout Sessions - Cycle One*

**Note: Conference participants will choose one of the following breakout sessions to attend in the morning and then choose a second of these same sessions to attend in the afternoon:**

*Domestic and Community Violence: Working Together Toward Community Based Solutions* (Sanctuary)

Facilitators: Kyle Frazier, Rob Ingram, Keva Miller & Gabby Santos

*Community Healing: Examining the links between Religion, Spirituality and Health* (Parlor)

Facilitators: Imam Muhammad Najieb, Sebastian Perumbilly & Pastor Frederick Woods

*Community Organizing and Activism: Building Transformative Communities* (Library)

Facilitators: Stephan Herrera, Avery Welkin & Amara Perez

*Community Health: Mental & Physical Wellness* (Lounge)

Facilitators: Andraé L. Brown, Leslie Gregory, Sheila Warren

- 11:45- 12:30      Lunch – Provided  
Musical Selections by Linda Honnbuckle, LaRonda Steele, & Janice Scroggins

- 12:30- 1:30      *Breakout Sessions - Cycle 2 (Same Sessions as Cycle 1)*

*Domestic and Community Violence: Working Together Toward Community Based Solutions* (Sanctuary)

Facilitators: Rob Ingram, Keva Miller, Gabby Santos & Idris O’Ferrall

*Community Healing: Examining the links between Religion, Spirituality and Health* (Parlor)

Facilitators: Imam Muhammad Najieb, Sebastian Perumbilly & Pastor Frederick Woods

*Community Organizing and Activism: Building Transformative Communities* (Library)

Facilitators: Stephan Herrera, Avery Welkin & Amara Perez

*Community Health: Mental & Physical Wellness* (Lounge)

Facilitators: Andraé L. Brown, Leslie Gregory, Sheila Warren

- 1:30- 2:00      *Concluding Session* – Large group discussion (Sanctuary)  
Moderator: Andraé L. Brown

- 2:00-3:00      *Post Conference Networking/ Fellowship* – (Sanctuary)  
Hosted by Healing Roots Center- Refreshments provided