

“In order really to listen, there must be a capacity to hear through many wrappings, and only a mature listener, listening beyond the outer layers of the words that are spoken, is capable of this.” Douglas Steere

Introduction to Professional Counseling
CPSY 503 Graduate School of Education and Counseling
Lewis and Clark College
Spring 2007

January 8th - February 12th 2007
Monday 5:30-8:30
SCCC room 107

Margaret Eichler Ph.D. NCC
Advising hours Monday 1:00 to 5:00 p.m.
For an appointment call CPSY Office 503-768-6060
503-522-1225
meichler@lclark.edu

Catalogue Description:

Basic theoretical assumptions of the counseling profession, with an overview of its historical roots, social, cultural contexts, types of practice, ethical principles, and professional orientation.

Textbook:

Contemporary Issues in Counseling 2007
Pamela K.S. Patrick

Ethical Guidelines:

Students will obtain and bring a current copy of the ACA or AMFT Ethical Guidelines to class.

Learning Objectives: Guided by the CACREP standards of learning about professional identity. This class will provide an understanding of:

- ❖ History and philosophy of the counseling profession
- ❖ Professional roles, functions, and relationships with other human service providers
- ❖ Professional organizations like ACA, divisions, functions, and services to members
- ❖ Professional credentialing, certification, licensure, accreditation practices, professional organizations, journals and effects on public policy
- ❖ The role of professional counselor in advocating on behalf of the profession
- ❖ Advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients
- ❖ Ethical standards of ACA and related entities, and applications of ethical and legal considerations in professional counseling
- ❖ The current modes and settings of the counseling practice

- ❖ How to be conversant about philosophical, ethical, and political issues regarding the role of counselors in various settings through both discussion and writing
- ❖ Researching information about counseling which includes the use of technological competence and computer literacy

Class Assignments:

1. Write a two to three page paper describing your interest in the counseling profession include some elements of how this has been informed by your cultural, political & social context.
2. One quiz on the history of counseling
3. Presentations on textbook readings. Coordinate with group members for a 30 minute presentation on your chapter. Include 2 questions to hand in for class discussion.
4. Library research:
 1. Go to the library and find a journal related to Counseling Psychology or the field of mental health and Xerox the abstract from two articles in the journal series. Hand in the title of the journal and the two abstracts.
 2. Go online to the library and find three articles that are related to your counseling interests. Hand in the names of these articles as well as four to five sentences about each article.
5. Create a 10 minute power point exploring your particular area of interest in the counseling field. Provide some developmental background; theoretical support and current practice. Cite at least five references.

Grading:

Paper=25 pts

Quiz on History=20

Participation in class discussions 10 points each week=40 pts

Library assignment=30 pts

3 group presentations 20 points each=45 pts

Power Point=40

A 200-180 B 179-160 C 159-140 below 140 failure of class

Attendance:

Notification of absence required. Any absence requires make-up assignment. More than 1 hour of absence is possible failure to complete the class and is at the discretion of the professor.

No absences allowed on the final class night.

Students are expected to read and abide by the ACA, AMFT, APA or NBCC guidelines. Failure to follow guidelines can be cause to fail the class.

Please notify instructor of any special learning considerations that need to be taken in to considerations as covered by the American Disabilities Act.

Date	Discussions & Activities	Due	
8-Jan	Introductions Syllabus Ethics Portfolio Group Work Readings Knowledge base		

22-Jan	Licensing Associations , Credentials Quiz on History Presentations & Discussion <i>Social Forces in Counseling Impact on Practice & Preparation</i> <i>Economic and Political Issues Influence on Counseling Service Delivery</i> <i>Diversity & Multiculturalism Inclusive vs. Exclusive Definitions</i>	Read Handout History Read Chapters 1-2-3- Paper Presentations	
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29-Jan	Elaine Herass-Library Presentations and Discussion Research and the Counseling Practice The Bio-Psycho-Social Model: Integrating Science and Practice Ethical Challenges to Counseling Practice Counselors as Advocates for Practice and the Profession	Read Chapters 4-5-6-7- Presentations	
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5-Feb	Presentations and Discussion Stress Induced Challenges Internet Counseling Innovative Counseling Methods	Read Chapters 8-9-10-11 Library Assignment	
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		Counseling and Spirituality			
12-Feb		Final Power Point Presentations			