

“In order really to listen, there must be a capacity to hear through many wrappings, and only a mature listener, listening beyond the outer layers of the words that are spoken, is capable of this.” Douglas Steere

Introduction to Professional Counseling
CPSY 503 Graduate School of Education and Counseling
Lewis and Clark College
Spring 2007

Fridays 9:15 a.m.-2:15 p.m. May 18th, June 1st, June 16th 2007 Rogers Hall 219

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Catalogue Description:

Basic theoretical assumptions of the counseling profession, with an overview of its historical roots, social, cultural contexts, types of practice, ethical principles, and professional orientation.

Textbooks:

Contemporary Issues in Counseling 2007

Pamela K.S. Patrick

Culture, Psychotherapy, and Counseling; Critical and Integrative Perspectives 2006

Lisa Tsoi Hoshmand ED

Ethical Guidelines:

Students will obtain and bring a current copy of the ACA or AMFT Ethical Guidelines to class.

Learning Objectives: Guided by the CACREP standards of learning about professional identity. This class will provide an understanding of:

- ❖ History and philosophy of the counseling profession
- ❖ Professional roles, functions, and relationships with other human service providers
- ❖ Professional organizations like ACA, divisions, functions, and services to members
- ❖ Professional credentialing, certification, licensure, accreditation practices, professional organizations, journals and effects on public policy
- ❖ The role of professional counselor in advocating on behalf of the profession
- ❖ Advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients

- ❖ Ethical standards of ACA and related entities, and applications of ethical and legal considerations in professional counseling
- ❖ The current modes and settings of the counseling practice
- ❖ How to be conversant about philosophical, ethical, and political issues regarding the role of counselors in various settings through both discussion and writing
- ❖ Researching information about counseling which includes the use of technological competence and computer literacy

Class Assignments:

1. Write a three to four page position paper describing your interest in the counseling profession include some elements of how this has been informed by your cultural, political & social context.
2. Class work creating a history of counseling timeline
3. Be prepared, after 14 assigned chapter readings (see schedule below) to bring 2 questions related to each reading written on a 3x5 card. Be prepared to be randomly selected for leading a small group discussion surrounding the chapters and the questions submitted.
5. Final Paper: Choose 6 Chapters (total) with at least 2 of them NOT the ones required for class reading. Write a six to ten page APA formatted paper reflecting on, and integrating some main themes that relate to the profession of counseling and the application of clinical practice. This should include contexts of social, political, philosophical, religious and cultural impact. Discuss issues that are important to you and your future role as a professional counselor.

Position Paper 15 pts

History Timeline 5

Participation in class discussions points 30

Final Paper 40

A 100-90 B 89-80 C 79-70 below 70 failure of class

Attendance:

Notification of absence required. Any absence requires make-up assignment. More than 1 hour of absence is possible failure to complete the class and is at the discretion of the professor.

Students are expected to read and abide by the ACA or AMFT guidelines. Failure to follow guidelines can be cause to fail the class.

Please notify instructor of any special learning considerations that need to be taken in to considerations as covered by the American Disabilities Act.

Laptops and Cell phone use:

No use of cell phones during class time (inc. txting) except for emergency

(you may have them on vibrate if necessary to be alerted to necessary incoming calls)

Laptops maybe used in class during times designated by the professor

Break times and lunch times are free for cell and laptop use

May 18th

Syllabus

Being a listener

Intentions-Group

Ethics

Being a graduate student/clinical work

History of the profession timeline

June 1st

Reading and Questions due:

Patrick Chapters 1-2-3-4

Hoshmand Chapters 1-2-3

June 16th

Reading and Questions due:

Patrick 7, 8, 10, 11

Hoshmand 6, 7, 10

Paper Due July 1st