

Lewis and Clark Marriage, Couple and Family Therapy program proudly welcomes Marisol Garcia to the faculty team!

Both an adjunct professor and visiting scholar to Lewis and Clark, Dr. Garcia is not a new face to the MCFT team. However, she is taking on a different role as the newest addition to the MCFT faculty.

Dr. Garcia will take on a new teaching load, but has taught the following courses at L&C Advanced Family Therapy, Family Therapy: Theory and

Practice and Treatment Issues in MCFT: Domestic Violence/Sexual Abuse.

Dr. Garcia is enthusiastic about her new role, "I am very excited to join the MCFT team at Lewis and Clark. Not only is the MCFT program providing the highest quality of education, but it is also breaking new ground in our field. Progress and innovation, with purpose, are the things that give me energy and hope". Students have much to look forward to as Dr. Garcia joins the community to share her passion and expertise. Please join us in welcoming Dr. Garcia this fall!

A word from your program director...

Dr. McDowell and I travelled to Cali and Bogotá, Colombia, to initiate and develop international collaborations that will expand the recently established International Family Therapy track in our program. The Javeriana University in Cali offers a family therapy master's program similar to ours. This will allow us to collaboratively teach online courses and develop a student exchange program in which students can take family therapy courses that may count towards their degree at Lewis & Clark College. In addition, we began discussions related to research collaborations with faculty who work directly with Indigenous groups and Afro-Colombians. Cali is located in Colombia's southwestern region, a region roughly 995 meters above sea level. It has a diverse landscape of coast, foothills and it contains the Andean cordillera, an area which is rich in archaeological artifacts. The city has the second highest population of people of African descent in Latin America. The people are warm, welcoming, laid back and love dancing the salsa. Thus, the cultural immersion experience promises to be very fulfilling.

The National University in Bogotá is another institution where we plan to develop collaborative relationships involving research and training with the political science department and with the center for psychological services. Family therapy is a recognized specialty in clinical work, an area where students and faculty have the opportunity to learn alongside the local faculty and practitioners. Working towards creating an understanding of how family and couple therapy is done there will help our students and faculty address family issues from a global perspective. Nestled high in the Andes at 2620 meters, Bogotá is a large city, a city of contrasts, High-rise buildings standing next to colonial churches, universities, theaters and shantytowns. A city where there is great material wealth and material wellbeing, which coexists with areas of abject poverty. Bogotá will offer us another opportunity to address the issues of social justice while embedded within these contrasts.

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-Pilar Hernández-Wolfe, Ph.D.

Lewis and Clark

wis and Clark Counseling Center -> -> -> Q&A with Antonia Mueller

The Lewis and Clark Counseling Center opened its doors to the Portland community in January. Faculty and students have begun to use the space to see a growing number of clients. The counseling center Director, Antonia Mueller, updates us on the center's progress.

What are some of the exciting programs or events going on at the center?

apparent of the need for low cost counseling and therapy services. I receive countless calls and emails from local providers and Portland residents voicing their excitement of our existence.

The Community Counseling Center is actively working on developing and deepening already existing relationships in the community. Specifically we are reaching out to the underserved populations from diverse racial, ethnic, and sexual orientations. Our approach serves the needs of these individuals and communities by recognizing the large impact that social and societal structures have on their lives.

How does the center fit into the program?

The Community Counseling Center takes what is learned in the classroom and puts it into practice. Experienced and knowledgeable faculty observe sessions and give students guidance, support, and immediate feedback. I believe that this will change the pace of student development by learning through the classroom and direct experience with the community and professionals.

How are students responding to the center? How does the center enhance the student experience?

It has been exciting as the Center Director to see student's willingness to learn about what it takes to provide professional services as it relates to clinical care and business practices. I've had the opportunity to watch the classes create an atmosphere I would compare to treatment teams.

It is amazing as it undoubtedly enhances the already existing working relationships between faculty and students. As the students enter the helping profession they will have a better understanding of therapeutic dynamics and the needs of the community.

How does the center impact the community?

Lewis & Clark College and the Counseling Center are responding to the economic needs of the Portland Community by providing low cost counseling and therapy services. By offering a central and accessible location to the public, the Graduate School and Counseling Psychology Department have added a crucial service to an already existing list of community treatment.

The Counseling Center will focus on meeting the needs of the underserved through community partnerships, trainings, and direct care.

Welcoming New Students, Building Community...

With a new cohort soon to arrive, we hope to help with their transition by pairing them with current students. Please email Dolly at <u>dollynguyen@lclark.edu</u> if you are interested in being a "buddy". You can also find them on our Facebook group at <u>http://www.facebook.com/groups/244649022300307/</u>.



The Oregon Association For Marriage and Family Therapy



Bonnie Badenoch, Ph.D, LMFT Author of *Being a Brain-Wise Therapist: A Practical Guide to Interpersonal Neurobiology*

OAMFT 2012 Fall Conference

November 9th-10th Sheraton - Portland Airport

For more info and to register visit <u>www.oamft.org</u>

Opportunities to write for OAMFT (Oregon Association for Marriage & Family Therapy):

- Have you discovered a book that you think would be valuable reading for fellow MFTs? How about a movie that offers professional value to your colleagues or clients? The OAMFT newsletter is looking for a few good writers to do the occasional book or movie review. Word length should be roughly 400 – 600 words.
- As you have seen featured in past issues, the OAMFT newsletter welcomes student perspectives and clinical insight pieces articles that portray specific clinical experiences that offer educational and/or inspirational insights to your colleagues. Word length can vary, but should be in the range of 800–1200 words.
- OAMFT is specifically seeking articles from minority students on issues related to diversity and inclusion in the MFT/CFT field.
- Article deadlines: July 1st, September 1st, December 1st, March 1st.
- Articles can be submitted to OAMFT for consideration at <u>oamftboard@gmail.com</u>

Upcoming Events

Depression in Relationships: It's Hard to Dance When You Can't Get Off the Couch

June 8th, 2012

Lewis and Clark College

Instructor: Layne Prest, LMFT

https://graduate.lclark.edu/li ve/news/15482-depressionin-relationships-its-hard-todance-when Northwest Institute of Addictions Studies Conference - Treatment Innovations in a Changing World

July 18th-20th, 2012

Monarch Hotel & Conference Center Portland/Clackamas, Oregon

For more information, email cce@lclark.edu

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Northwest Council on Family Relations 2012 Conference

> May 18th, 2012 8:00 am-5:00 pm

> The Eliot Center Portland, Oregon

Keynote Speaker Stephanie Koontz

http://nw.ncfr.org/conferenc e.htm