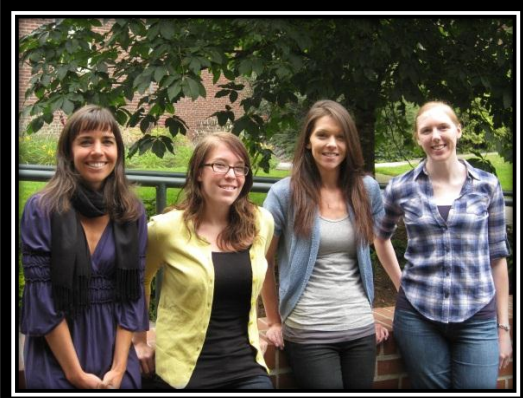


## Congratulations August Graduates!



The Lewis and Clark MCFT program is proud to introduce our newest graduating class! Eleven of our thirteen graduates have begun working in the field and one is on her way to a doctoral degree. Congratulations to:

Erin Althuisius  
Nicole Cullen  
Dupic, Steven  
Kristin Harper  
Heckler, Sarah  
Sara Hergic  
Freyja Miller

Kimberly Oest  
Sheena Shippee  
Anne Sitorius  
Gillian Sleeman  
Nicky Ton  
Danielle Wilcox

It has been a pleasure working with each of you. Please keep us posted on your many achievements to come. We wish you the best!



*As we say goodbye to our graduates...we welcome our new students!!!*

New MCFT students came together for the first time at New Student Orientation. Our enthusiastic new class joins us from all over the nation bringing in a vast array of interests, talents and energy. We are thrilled to welcome them to the Counseling Psychology department and MCFT family. We look forward to learning more about each of you and encourage you to build friendships with one another as we move forward in the new year.

For those  
new to  
Portland...

**PDX EATS!**

**Southwest:**

-Seasons and  
Regions

-Salvador  
Molly's

-Buffalo Gap

-Bella's  
Garage

**Southeast:**

-Cricket Café

-Observatory

**Northwest:**

-Little Big  
Burger

-Hoyt Dog  
(outside  
Gypsy)

-Ken's  
Artisan  
Bakery

-Silk

**Northeast:**

-Thai Pod

-Cadillac  
Café

-Lucca

## A word from your program director...

It is my great pleasure to welcome our new MCFT students into our program. The MCFT program is about to enter the new academic year with many positive changes in our faculty and staff, in addition to the tremendous energy that the new student cohort is bringing into the program. I am thrilled to be a part of the MCFT community and I am grateful for the very warm welcome that I have received. I cannot tell you how invigorated I am to be working with a team of enthusiastic and talented people ready to roll up their sleeves to strengthen our community. Dr. Teresa McDowell will continue in her role as department chair and fully involved in the program planning, teaching, advising and doing research. Dr. Andrae Brown will continue in his role as internship director in addition to teaching, advising and conducting research; Dr. Sebastian Perumbilly will begin this fall as Assistant Professor and will fully bring his expertise in family therapy and addictions in addition to teaching, advising and conducting research.

On a personal note, my husband and our three beagles arrived in Portland only a month ago. The area is new to us and it will take us some time to learn about Portland's culture and get adjusted to the weather and this way of life. For now, we are basking in the wonderful beauty of the city's parks and friendliness. We are all very happy to be back in the West Coast! My fall office hours are Mondays, 10-12 pm and Wednesdays, 1-5 pm and by appointment. Please stop by!

Pilar Hernández-Wolfe, Ph.D.

**STUDENT**  
**CONGRATULATIONS**  
**MCFT students for their**  
**accepted works for the AAMFT conference!**  
**Kyle Zrenchik:** Class and Classism in family  
therapy praxis: a feminist Neo-Marxist approach.  
**Journal of Feminist Family Therapy.**  
**Liz Parker and Asmaa Alotaiby:** Lessons  
in cross-cultural family therapy training  
in Uganda and the United States.  
**Journal of Systemic Therapies.**

**SPOTLIGHT**

**MCFT SOCIAL**

All MCFT students are invited to join us for our Fall semester social on **OCTOBER 27<sup>TH</sup>, 2011** at 8:00 p.m.

Location is to be determined and will be announced in the October newsletter.

Please mark the date on your calendars and be ready to have some fun!



**SHOUTOUT!!!!** Dr. McDowell and her co-author, Marisol Garcia, have been selected as the recipients of the Anslem Strauss Award. **Please join us in congratulating Dr. McDowell for this national honor!**

More information to come in the November newsletter as Dr. McDowell accepts the award at the NCFR's annual conference.



**Faculty Updates: Congratulations Dr. Perumbilly!**

Sebastian Perumbilly successfully defended his doctoral dissertation on August 11, 2011 at the University of Connecticut. The title of his dissertation is “Substance Abuse and Addiction Treatment Programs in India: Exploring the Voices of Indian Treatment and Research Professionals.” He received his Ph.D. on August 24, 2011.

Dr. Perumbilly will be presenting two research reports/posters at the national conference of AAMFT in Dallas, Texas this month. His research reports are the following: “Role of family in substance addiction treatment: Indian perspectives”; and “Substance Addiction treatment in India: innovative perspectives.”

Dr. Perumbilly’s clinical service in Seattle, Washington

At the Samaritan Center of Puget Sound, Seattle, Dr. Perumbilly, has designed a six week long (2 hours each per week) “Marriage Preparation Seminar” for couples getting ready for marriage. In this seminar, couples explore the relationship areas that have proven to be the most challenging for couples, including:

- Expressing intimacy and affection
- Accepting and reconciling differences
- Using their money, time and space well
- Coping with life’s inevitable changes
- Understanding their own family systems
- Balancing the complexity of work and play
- Living into their spirituality day-to-day

Additionally, seminar participants consider how they balance autonomy and connection, which is the secret ingredient of growing in intimacy. They explore how each person’s developmental trajectory as well as his or her experience in each of their families of origin play into the dynamics of their relationship.

Upcoming Events

<p><b>Oregon Association for Marriage and Family Therapy Northwest Regional Conference</b></p> <p>October 21-22, 2011</p> <p>Heathman Lodge in Vancouver, WA</p> <p>For more information, visit <a href="http://www.oamft.org">www.oamft.org</a></p>	<p><b>6<sup>th</sup> Annual Liberation-Based Healing Conference</b></p> <p>October 21-22, 2011</p> <p>Raritan Bay Area YMCA in Perth Amboy, New Jersey</p> <p>For more information, contact the Center for Community Engagement at (503) 768-6040</p>	<p><b>2011 AAMFT Annual Conference: “The Science of Relationships”</b></p> <p>September 22-25, 2011</p> <p>Fort Worth, Texas</p> <p>For more information, visit <a href="http://www.aamft.org">www.aamft.org</a></p>	<p><b>TransActive &amp; PFLAG to Present “Of Trucks and Tiaras” Workshop at Iris Pride Festival</b></p> <p>September 18, 2011</p> <p>Historic Anchor Inn, Lincoln City, OR</p> <p>For more information, visit <a href="http://www.oregoncoast.org/iris-pride-festival/">http://www.oregoncoast.org/iris-pride-festival/</a></p>
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